

FOLLOW US
Twitter: WUCollegian
Facebook: Willamette-Collegian
Online: willamettecollegian.com



NEWS

“Look at not the published scientist, but rather the compassionate, human side of the man.”
pg. 3



LIFESTYLES

Standing O for Willamette theatre: the absurd America of Robert Rauschenberg.
pg. 5



FEATURE

Cig stigma: Does the smoking ban do more harm than good?
pg. 6-7

Tobacco's out

Campus to be smoke free by 2016, says new policy

 RYAN GAIL
STAFF WRITER

Citing a desire to improve health on campus, the Willamette administration officially announced on Sept. 21 that the University and all other properties under their control will become smoke-free as of Jan. 1, 2016.

The ban was proposed by a committee headed by former Director of Bishop Wellness Center Margaret Trout and included input from various administrators as well as two ASWU senators. According to a Sept. 21 Bearcat Bulletin article, the goal of the ban is to “eliminate the harm of secondhand smoke exposure and to help smokers prevent a lifetime of associated health problems.”

In a document published by the Tobacco Free Initiative Committee detailing their recommendations, the new smoking ban will apply to “all members of the community” including “academic appointees, staff, students, alumni, volunteers, contractors, visitors, and anyone entering onto University controlled properties” and will specifically prohibit, “the use of regulated and unregulated nicotine products, including use of electronic smoking devices such as e-cigarettes.”

Students seeking to quit smoking will also be able to access free over-the-counter nicotine replacement products and other cessation resources through Bishop Wellness Center.

Campus Safety plans to enforce the ban with warnings, education and direction to cessation resources. However, consistent non-compliance will be “addressed by actions progressing into personnel action and fines”, according to the Committee’s policy proposal. Community members will be fined \$35 after their third policy violation.

Opinions on the smoking ban have been mixed.

An ASWU survey conducted in the Spring of 2014 cited that 58 percent of students surveyed were ready to implement a smoking ban. However, the current level of statistical support for the ban among the student body is unknown.

In terms of Willamette staff, an informal survey done at last year’s Employee Benefits Fair found that 93 percent of event participants wished Willamette was tobacco free. Dean of Campus Life David Douglass also reported the smoking ban “was met with applause” when the ban was announced at a recent meeting for Classified Rank Staff Members. Classified Rank Staff Members, according to Douglass, have the highest number of smoking participants among Willamette employees.

See ADMIN Page 2

Grieve your own way

Grieving is a personal and highly individual experience. How you grieve depends on many factors, including your personality and coping style, your life experience, your faith, and the nature of the loss.

The grieving process takes time. Healing happens gradually; it can’t be forced or hurried – and there is no “normal” timetable for grieving. Some people start to feel better in weeks or months. For others, the grieving process is measured in years. Whatever your grief experience, it’s important to be patient with yourself and allow the process to naturally unfold.

People typically experience five stages of grief: denial, anger, bargaining, depression, and acceptance. If you are experiencing any of these emotions following a loss, it may help to know that your reaction is natural and that you’ll heal in time.

However, not everyone who is grieving goes through all of these stages – and that’s okay. Contrary to popular belief, you do not have to go through each stage in order to heal. In fact, some people resolve their grief without going through any of these stages. And if you do go through these stages of grief, you probably won’t experience them in a neat, sequential order, so don’t worry about what you “should” be feeling or which stage you’re supposed to be in.

While loss affects people in different ways, many people experience the following symptoms when they’re grieving. Just remember that almost anything that you experience in the early stages of grief is normal – including feeling like you’re going crazy, feeling like you’re in a bad dream, or questioning your religious beliefs. Other symptoms are:

Shock and disbelief – Right after a loss, it can be hard to accept what happened. You may feel numb, have trouble believing that the loss really happened, or even deny the truth. If someone you love has died, you may keep expecting them to show up, even though you know they’re gone.

Sadness – Profound sadness is probably the most universally

experienced symptom of grief. You may have feelings of emptiness, despair, yearning, or deep loneliness. You may also cry a lot or feel emotionally unstable.

Guilt – You may regret or feel guilty about things you did or didn’t say or do. You may also feel guilty about certain feelings (e.g. feeling relieved when the person died after a long, difficult illness). After a death, you may even feel guilty for not doing something to prevent the death, even if there

attacks. The death of a loved one can trigger fears about your own mortality, of facing life without that person, or the responsibilities you now face alone.

Physical symptoms – We often think of grief as a strictly emotional process, but grief often involves physical problems, including fatigue, nausea, lowered immunity, weight loss or weight gain, aches and pains, and insomnia.

There are multiple ways to cope with grief after a loss. One

ilar losses can help. To find a bereavement support group in your area, contact local hospitals, hospices, funeral homes, and counseling centers.

When you’re grieving, it’s more important than ever to take care of yourself. The stress of a major loss can quickly deplete your energy and emotional reserves. Looking after your physical and emotional needs will help you get through this difficult time.

Face your feelings. Trying to avoid feelings of sadness and loss only prolongs the grieving process. Unresolved grief can also lead to complications such as depression, anxiety, substance abuse, and health problems.

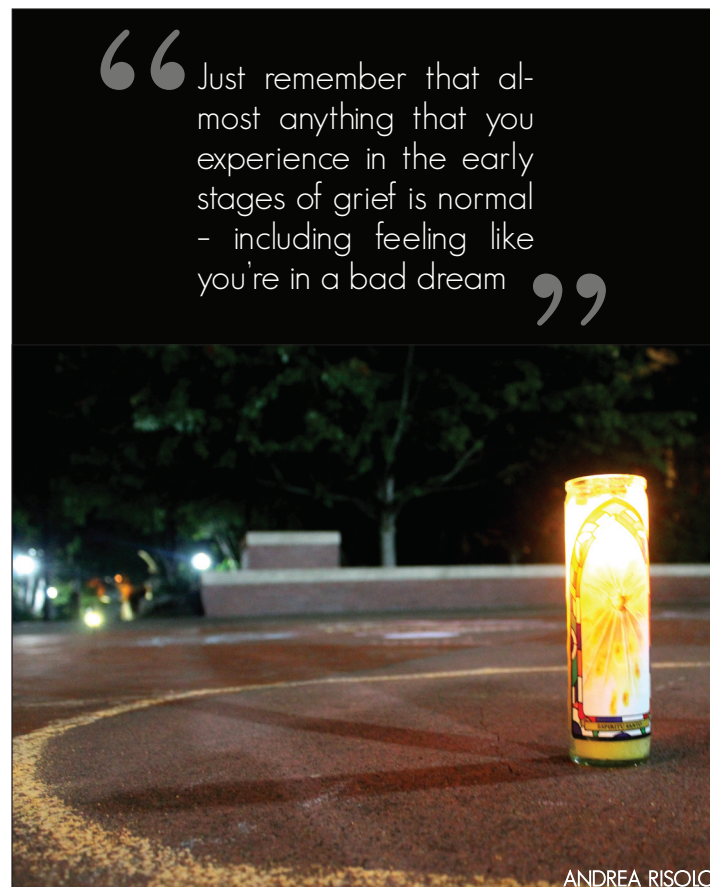
Express your feelings in a tangible or creative way. If you’ve lost a loved one, write a letter saying the things you never got to say; make a scrapbook or photo album celebrating the person’s life; or get involved in a cause or organization that was important to him or her.

Look after your physical health. The mind and body are connected. When you feel good physically, you’ll also feel better emotionally. Combat stress and fatigue by getting enough sleep, eating right, and exercising.

Don’t let anyone tell you how to feel, and don’t tell yourself how to feel either. Your grief is your own, and no one else can tell you when it’s time to “move on” or “get over it.” Let yourself feel whatever you feel without embarrassment or judgment. It’s okay to be angry, to yell at the heavens, to cry or not to cry. It’s also okay to laugh, to find moments of joy, and to let go when you’re ready.

Plan ahead for grief “triggers.” Anniversaries, holidays, and milestones can reawaken memories and feelings. Be prepared for an emotional wallop, and know that it’s completely normal. If you’re sharing a holiday or lifecycle event with other relatives, talk to them ahead of time about their expectations and agree on strategies to honor the person you loved.

See BILL OF RIGHTS Page 10



ANDREA RISIOLLO

was nothing more you could have done.

Anger – Even if the loss was nobody’s fault, you may feel angry and resentful. If you lost a loved one, you may be angry at yourself, God, the doctors, or even the person who died for abandoning you. You may feel the need to blame someone for the injustice that was done to you.

Fear – A significant loss can trigger a host of worries and fears. You may feel anxious, helpless, or insecure. You may even have panic

way is to turn to friends and family members. Now is the time to lean on the people who care about you. Draw loved ones close, rather than avoiding them, and accept the assistance that’s offered.

Another is to **draw comfort from your faith**. Spiritual activities that are meaningful to you – such as praying, meditating, or going to church – can offer solace.

Grief can feel very isolating, even when you have loved ones around. Sharing your sorrow with others who have experienced sim-

Do something nice for yourself: WU goes Outdoors

 BETH HLADICK
GUEST WRITER

The Willamette microcosm can be an increasingly difficult space to escape. Not having transportation, cash or affordable time with the impending doom of midterms are the usual excuses students unsurprisingly submit.

Yet the Outdoor Program can entirely solve all of these problems. They provide transportation on all of their trips, affordable gear rentals, a low trip cost, experienced leaders/guides and motivation to get your homework done: an awesome, worthwhile outdoor adventure.

This past weekend, the pro-

gram led a hiking trip to South Sister, Oregon’s third highest peak standing at 10,358 feet tall. The group camped at the base of the trailhead to rise early in the morning and conquer the 12-mile hike.

The mountain itself is a 50,000-year-old volcano that can be summited only after 4,900 feet in elevation gain, about 4.5 hours

of hiking and several necessary snack breaks. Along the way is a clear view of the highest lake in Oregon, Teardrop Pool, and the largest glacier in Oregon, Prouty Glacier.

See WAY UP Page 8

Your tuition could buy printers

KATIE LIVELY
STAFF WRITER

Two ad hoc committees were formed at the Residence Hall Association's Sept. 21 meeting to research the costs and benefits of installing printers and more water filters in residence halls.

First year Matthews 2nd Hall Representative Raina Arberry proposed the residence hall printers committee. It is tasked with obtaining information from WITS regarding the cost of purchasing printers for each hall, the process of installing them and how much extra paper they would be likely to use.

"Although there are a lot of printers in all of the buildings where classes are, there aren't any in the actual residence halls," Baxter 3rd Hall Representative Will Kwako said.

Arberry said at the meeting that a lot of people in her hall would like to have a printer closer to their rooms. The idea was given the all-clear from there. As the creator of the committee, Arberry has the right to recruit her own members.

"There are not enough printers on campus," Arberry said, a first-year. "College is new for most of us freshmen and we still don't have everything together yet and I feel that having printers in the buildings we are living in would be a tremendous help."

RHA will decide whether to proceed with the proposal based on the expected cost of the purchases. Kwako says there is not a specific dollar amount at which the RHA would cap the purchase.

"We do have a budget, but we were told that it would be unlikely that we would run out of money this year," Kwako said. "But that's not to say that we should spend it without needing to."

A water filters committee was formed by Eastside CM Liaison Emma Giron. The committee's long-term goal is to have a water filter on every floor instead of just one per residence hall. For example, Baxter 2nd has a water filter at the end of the hall, but Kwako believes student access would be improved if the third and fourth floors had them as well.

Director of National Residence Hall Honorary Carlos Luevanos believes that improvements such as additional printers and water filters are important to the campus community because they enhance residence life.

"I feel that students should have a say in what they want around campus, because it's their money," Luevanos said.

Luevanos encourages all students to attend meetings and share their ideas about other changes that should be made around campus.

"If someone is interested in forming a committee, they should come participate in RHA general assembly," Luevanos said.

Both of the current committees are required to bring the information they received to the next RHA meeting in two weeks. At that time, RHA will hold a vote to determine whether to proceed with the two projects.

kglively@willamette.edu

Administration bans smoking on campus

CONTINUED from Page 1

ASWU President Shamir Cervantes has expressed support for the ban stating that it is a good idea in his personal opinion.

However, President Cervantes does acknowledge that the habit is a "significant part of people's lives" and that there should be means in place for students to continue with their routines.

Strong criticism of the ban has also erupted among many students who feel that a general ban on smoking is flawed in terms of its goals and implementation.

addressed," he said. "It's frustrating to see our administration push forward a policy without a holistic and inclusive debate on the matter."

Landoni added that considering the residential nature of Willamette's campus, students should have had a greater role in dialogues about the smoking ban.

"Ultimately, we live on this campus; not the administrators," Landoni said.

Because of the varied reactions to the smoke-free campus policy, students can expect the issue to remain a significant topic of discussion as the school year progresses.

rgail@willamette.edu



SHAYNA WEIMER

Developing awareness and encouraging a culture of compliance are important to this policy's effective implementation.

"A blanket smoking ban on campus is shortsighted and doesn't take into account smokers themselves, their motivations, safety, or mental health whatsoever," junior Seth Callahan said. "It's a pretty blatant case of dehumanizing [and/or] othering from a school so proud of its acceptance of all individuals."

Junior Anna Carlin, who is currently spending a semester studying abroad at American University in Washington D.C., feels that the the ban will do little to discourage smoking among Willamette students. Even though American University is a "smoke-free" campus, Carlin said that she has observed that the ban doesn't appear to actually cut down on student smoking at all. Most smokers, from Carlin's observations, simply move their smoking to sidewalks on the border of the campus. Carlin also worried that smokers will be unsafe if they have to go off campus to smoke late at night.

Sophomore ASWU Senator Joseph Landoni, like many students, said that he believes the ban was not properly communicated to the student body as a whole.

"Student concerns regarding the smoking ban have not been

Students with questions or suggestions about the ban are encouraged to contact the Bishop Wellness Center at 503-370-6971. Information for this article was taken from the Smoke Free Campus Policy attached with the Sept. 21 Bearcat Bulletin, as well as documents detailing the findings and recommendations of the Tobacco Free Initiative Committee.

Art department draws global talent with new hire

JOSEPH LINDBLOM-MASUWALE
NEWS EDITOR

There's a new associate professor of art in town this semester and her name is Cayla Skillin-Brachle. Like many of the Willamette students she teaches, Skillin-Brachle is a world traveler brought up with a liberal arts education.

Born in Vermont and educated at Beloit College, Wisc., Skillin-Brachle cultured an interest in sociology, politics and women's and gender studies. She said these influences still shape her artwork today.

Also notable is Skillin-Brachle's two year stint in Thailand, where the artist relocated after receiving her undergraduate degree. The professor credits the move as the first opportunity to pursue her artwork outside of the classroom.

Thailand, however, wasn't the first time she had been to Asia, having spent a semester abroad in India during her junior year. Since then, Skillin-Brachle said these experiences shaped the trajectory of her work.

After receiving her Master of Fine Arts at Ohio University in Athens, Ohio, Skillin-Brachle spent another year in India from 2012-13 as a Fulbright scholar.

Skillin-Brachle worked on a variety of projects during her

time in India, using multiple media platforms including drawing, photography, video and performance art.

"I consider my own practice [of art] to be transdisciplinary," Skillin-Brachle said.

By that, she continued, she means not necessarily incorporating all the disciplines together simultaneously, but recognizing when her projects need to find expression through other mediums as they unfold.

Though she does use mixed-media in some of her projects, the professor said it would be more accurate to say that her projects "move through media."

"I'm always learning something new, because I realize that I need to do something for a project that I may not know how to do yet," Skillin-Brachle said.

"I don't feel restricted by media. I try to match the conceptual question that I want to

answer with the media that can best answer that question."

Skillin-Brachle is excited to teach because of the opportunity to learn about new work and connections she makes as part of her job.

She said she's always being surprised by the work and ideas of her students and appreciates being able to honor their different approaches.

jlindblo@willamette.edu



CAYLA SKILLIN-BRACHLE

While on her full ride scholarship in India, Skillin-Brachle completed a variety of projects, including drawing local trucks.

Exercise science celebrates prestigious win for Harmer

GORDON CLARY
SPORTS EDITOR

Exercise science Professor Peter Harmer has been named this year's winner of the Mentor Award from the Medical Research Foundation, sponsored by the Oregon Health and Sciences University.

The award, which routinely goes to faculty from the Oregon Health and Sciences University, came as a pleasant surprise to Harmer.

"It was gratifying that the Medical Research Foundation recognized the value of providing undergraduates exposure to careers in the medical field," he said.

Professors are nominated for the prize based on letters written

“Harmer is described as a man one can seek advice from for any academic or personal dilemma they may find themselves in.”

by former students. Harmer has been nominated for the award before, but had never won until this year. Biology professor Gary Tallman won the award in 2011 and had been the only other Wil-

lamette faculty member to win the award.

When asked about what he thinks inspired former students to nominate him, he credits two reasons.

"First, by holding students accountable and holding their feet to the fire...making students realize what their real limits are," Harmer stated. "Secondly, recognizing that there is no predetermined path for graduates...[I am] open to helping students pursue their own interests."

Harmer began his time at Willamette in 1992, when the exercise science department was called "physical education." He soon made changes to the program including the name change, recognizing that the former title did not fully encompass everything that students achieved. Since then, he has developed a compelling and motivated culture within the department.

Indeed, students hold high regard for him. Harmer is described as "a man one can seek advice from for any academic or personal dilemma they may find themselves in," according to senior exercise science major Charlotte McGeever, who is also a member of the exercise science executive board. "While I hold respect for all the professors I've had at Willamette, I haven't met an educator as dedicated, influential, intelligent and kind as Peter."

Harmer's praises do not end with students.

"It is difficult to find people so well educated and so driven and committed to remaining compassionate and kind," Stasinios Stavrianeas, exercise science professor and colleague of Harmer, said.

"Look not at the published scientist, but rather the compassionate, human side of the man."

Harmer is currently on sabbatical and has been using the time conducting research with longtime collaborator Fuzhong Li. The duo recently received a \$3.3 million federal grant and have recently begun working on a project that is expected to take five years to complete.

When asked about Harmer receiving an award for mentorship, exercise science Professor Michael Lockard put everything into perspective. "He cares as much, if not more about his students than any other faculty member at this school," he said.

A banquet will be held honoring Harmer and other honorees in Portland on Nov 12.

ASWU bankrolls budgets for fall club events

GIA ANGUIANO
STAFF WRITER

ASWU council members agreed to pass the fall club budget with little to no edits at their last meeting on Sept 28. Council members watched and discussed presentations from different groups such as the Outdoor Activities Council, Hawaii Club, and Burning Bright. Presenters fell into two categories: above \$1500 or below \$1500.

Many clubs requested funds for office supplies this year. Club leaders claimed the supplies were needed for the many events they had planned for the year, but these justifications were met with mixed sentiments from senators. The council voted on a motion to remove all office supply requests from every club. 10 senators were in favor of this motion, but 11 opposed and ultimately made the motion void.

Many of the club leaders also requested new materials specific to their clubs. Taiko Club requested more drums due to a drastic increase in membership. In the past year alone, Taiko Club has gained 20-30 new members. They assured the council that the drums are of the utmost quality and would last for years and that their \$2000 budget request was in the council's best interest.

Dia De Los Muertos Club also requested a large lump sum to finance the annual day of the dead event. This year, in addition to typical cuisine, they'd like to have more entertainment. Dia De Los Muertos Club also wants to organize dance lessons that coincide with the traditional dances that take place on the holiday. Like Taiko Club, they too want to invest in decorations that can be recycled every year in order to save money in the forthcoming years.

Now that the council has finalized their draft of the fall club budget, they will begin work on other tasks.

President Thorsett told council leaders that ASWU needs to be a stronger organization in order to effectively take matters into their own hands and accomplish things for themselves and the student body. The council must undergo one more process in order to completely fulfill the finalization of the fall budget, but that process will be finished within the week.

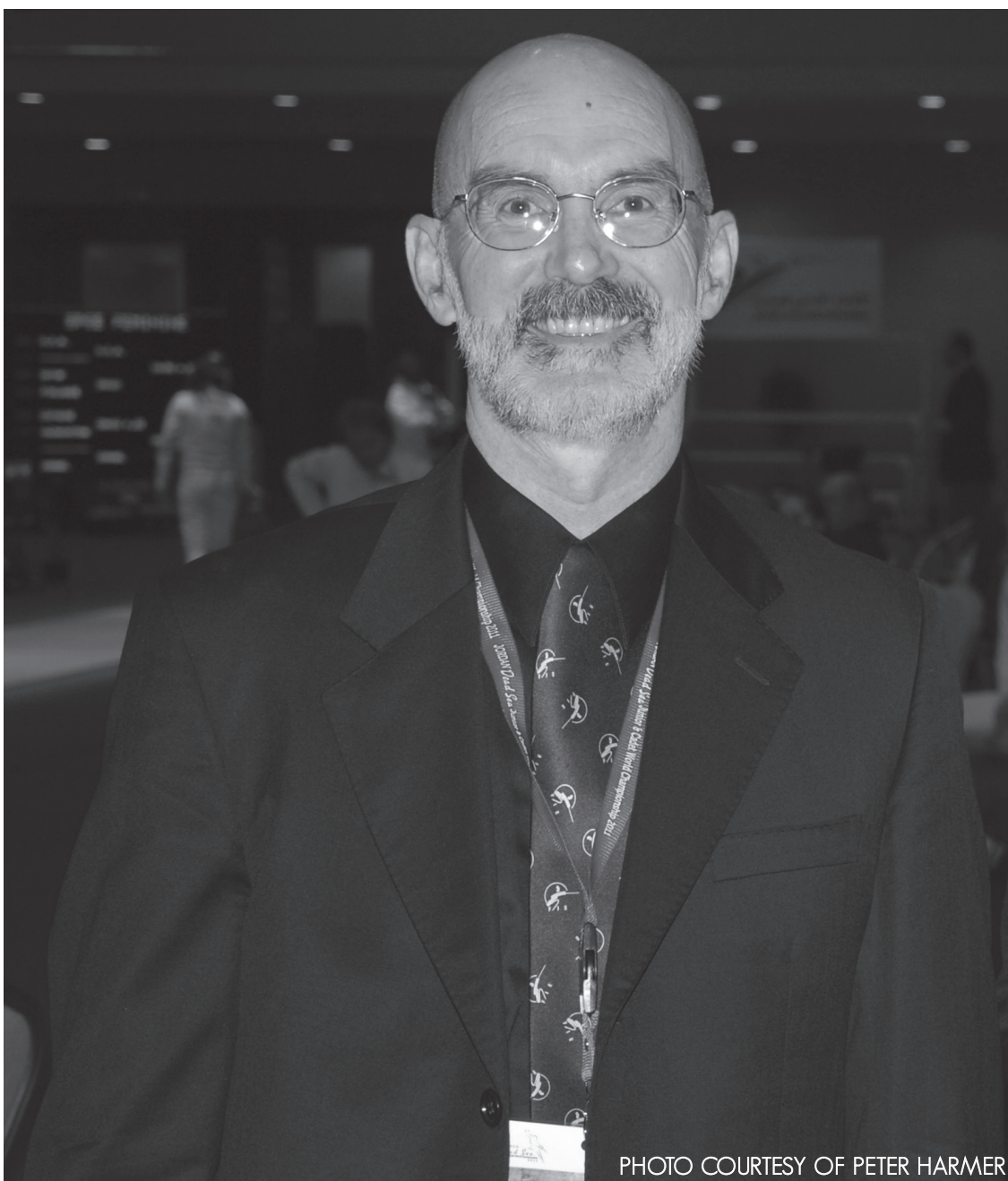


PHOTO COURTESY OF PETER HARMER

This photo of Professor Harmer, known to his students as Peter, was taken at the Junior World Fencing Championships in Jordan where he served as Medical Supervisor.

gclary@willamette.edu

gmanguiano@willamette.edu

CAMPUS SAFETY

CRIMINAL MISCHIEF

September 25, 8:15 a.m. (Ford Hall): An employee contacted Campus Safety reporting severe damage to a classroom door and door handle.

EMERGENCY MEDICAL AID

September 18, 11:38 p.m. (Sparks Field): Campus Safety received a call requesting medical attention for a student who had been hit on the head with a foam sword and was experiencing blurred vision. The student is reported to have been wearing a helmet. After evaluation by WEMS, it was determined the student did not need further

medical attention.

September 20, 1:29 a.m. (On Campus): Campus Safety received a report of an intoxicated student in need of medical attention. The student was conscious, but it was unclear how much they had to drink. Friends reported him being in and out of consciousness 20 minutes prior to calling for assistance. Upon evaluation, WEMS determined the paramedics needed to be called. The student was transported to the Hospital.

POSSESSION OF A CONTROLLED SUBSTANCE

September 19, 12:51 a.m.

(Lausanne Hall): A student called Campus Safety reporting a noise complaint as well as seeing marijuana paraphernalia present in a room. The officer met the on-call Area Coordinator and they made contact with the residents. Alcohol was involved. The remaining alcohol containers were collected and their contents disposed of.

THEFT

September 17, 10:30 a.m. (Atkinson GSM): A student reported their bicycle stolen. The student locked their bicycle using a cable lock. Upon returning to where he locked his

bike, it was discovered that the lock had been cut. The student was referred to Salem Police's non-emergency number to make an additional report.

September 19, 1:00 a.m. (Alpha Chi Omega): Students reported thefts from their rooms. An investigation was conducted and the situation is being resolved.

September 22, 2:25 p.m. (Goudy Commons): A Bon Appetit employee reported their bicycle was stolen from outside Goudy Commons. The bike was locked with a cable lock. The

employee was referred to Salem Police's non-emergency number to make an additional report.

September 23, 12:17 p.m. (Grounds Building): A report was made to Campus Safety about various pieces of grounds equipment being stolen between May 18 and September 23.

*PLEASE CONTACT CAMPUS SAFETY IF YOU HAVE ANY INFORMATION REGARDING THESE INCIDENTS.

Arts

Enjoy all-ages rock and roll music for free on Thursday, Oct. 1, at Level B Theater Pub. Paste and Superchurch will be doing a live radio broadcast on 88.5 FM, 100.7 FM and KMUZ online starting at 6 p.m. Support local music and jam to some energetic sets!

Recreate the “Rebel without a Cause” Griffith Observatory scenes by experiencing Chemeketa Community College’s planetarium. The show starts on Friday, Oct. 2 and revolves around the planet of Saturn. Admission is \$4 for students. Catch the stars every Friday at 7:30 pm until Nov. 20.

The Pentacle Theatre’s latest residents are the ghoulish Addams Family members. “The Addams Family: A New Musical Comedy” opens on Friday, Oct. 2 and closes on Friday, Oct. 18. Catch the haunts for the student rate of \$21.50 on the weekdays and \$22.50 on the weekends.

Come one, come all to the Historic Deepwood Estate for your share of all things spooky. Vintage Trifles is hosting a Halloween “Bootique” from 9 a.m. to 3 p.m. Halloween treasures and vintage goods alike will be on display and for sale in preparation for the spirit of the season on Saturday, Oct. 3.

Got culture?
Contact Lifestyles Editor
Christine Smith <cssmith>

“Big Little Man” explores self

Pulitzer prize-winning journalist Alex Tizon presented a contemporary critique of representation and identity politics in American culture in his new memoir.

CAROL LI
CONTRIBUTOR

In his lecture on Thursday, Sept. 24, “Self, Story, and the Rise of Asian America,” Alex Tizon highlighted several ways he was socialized into viewing himself and the Asian-American identity as lesser. Asian-ness is typically thought of as a homogeneous group of East Asians (Japanese, Chinese, Koreans), however, this pan-ethnic identity of Asian American counters this notion by highlighting a rather diverse group of people under this identity. Tizon also provided one window into the exploration of one’s racial identity and how this is crafted to become a factor of societal and self-perception.

The combination of the absence of Asian and Asian-American leads in the mass media with the presence of frequently defeated and subordinate Asians in the mass media led Tizon to carry feelings of inferiority. He described travelling to the Philippines just to stand upon the very grounds where native chief Lapu-Lapu of the Philippines prevailed over Ferdinand Magellan in battle. Tizon stated that this was one of the few places where “a person who looked like me prevailed over a person who looked like him.” Where there is currently a lack, accurate representation in the media would mitigate the assumption that Asian-Americans are all the

same and have the same stories and experiences.

Tizon currently teaches journalism at the University of Oregon after 23 years in the field. He has reported on a great number of people and news events. His memoir “Big Little Man: In Search of My Asian Self” has various awards and highlights a story about “race, ‘outsiderdom’, and rising out of the hole of ‘being lesser.’” Through his passion for journalism, Tizon was able to gain a perspective that equips him with the ability to see beyond himself as an individual and strive to serve others. With his closing remarks, Tizon encouraged his audience to look beyond the singular, dominant narratives that are imposed upon us while finding a sense of self-fulfillment in the act of serving others and being proud of who we are.

The stories of Asian-Americans and various Asian groups can shape similar experiences, such as orientalism, but they also face different challenges from one another and it is important to become aware of prevalent issues that Asian-Americans and the various groups within the community, face. While the population of Asian-Americans is around 18 million and growing, Asian-Americans still face great challenges that will not be solved by completely forgetting the existence of racial identities. I agree with Tizon that we should



SARAH HAGHI

Alex Tizon faced stereotypes in America that shaped his memoir and lecture.

be allowed to break free from the confines of our imposed racialized boxes, however, I feel we must acknowledge and appreciate the resilience and perspec-

tives of Asians/Asian-Americans as people of color in this country.

csli@willamette.edu

Sweater weather: have a ball this fall with autumn’s true trends



LANCE ROSSI

LYRA KUHN
STAFF WRITER

Why is the fall obsession pumpkin spice? Why not Posh Spice? Or Sporty Spice? Who is this new interloper and why do we not even know who she is dating?

If you are in fact addicted to the pumpkin spice trend, then just mix together cinnamon, nutmeg and allspice in a little plastic bag and bring it with you next time you order a latte. You can wave your hands over your latte and pretend you are being Gandalf in a bad mood, and voilà, you have a pumpkin spice latte for the price of a regular one! (Note: Do not do this at the Bistro, as it is rude. Let the staff pour the spices themselves.)

Fall is awesome because you can shout “sweater weather” and everyone will agree with you and dance in the multicolored leaves and there you have it, you little cult starter, you. Expect a fan letter from Charles Manson, detailing ways in which you can further your influence through handing out carefully carved mini-pumpkins, knitted scarves and sugar cookies designed as tacky sweaters.

Ladies and male swimmers and over-zealous tweezers of toe-hair—you can stop worrying about your body hair! Fall is a free for all and also a contest; do not shave for any reason or for anyone—especially not your significant other. If you are blonde, you can dye your leg hair fun colors and show it off at Thanksgiving; I’m sure

your grandma will just hop on that trend!

Oversized blankets disguised as clothes are considered vogue around this time of year and Kurt Cobain-style sweaters with gross, soft and wonderful flannels can be worn with abandon. Don the fall uniform of baggy flannel, yoga pants (because when you stop shaving, there is a serious porcupine stage that is the enemy of the skinny jean) and some curb-stomping boots, topped with a weird ponytail and you are set.

For a going out look, you can pick up the nearest hedgehog from the ground area, name it Pete or Harold and carry it around in your mittened hands. He will be so adorable and prickly and will stab you so many times with his little prickly spines.

All of the rain means that you don’t really have to shower, you can just stand in the rain and shake yourself like a scruffy dog after the soak. People will think you are funny, until you begin to develop a lingering smell. Even then, if you grab the nearest person and kiss them (with their consent) it will be so close to that scene in “The Notebook” that they will just genetically forget about your stench. It will be cute, until you get pneumonia.

This is called living fall to the fullest, people. Also, the best horror movies come out in the fall, enough said.

lkuhn@willamette.edu

See TED run, see TED talk...in Salem

IRIS DOWD
CONTRIBUTOR

TED is coming to Salem. TED as in Technology, Entertainment, and Design, not some guy named Ted. The event is on Saturday, Oct. 3 and is TEDx rather than plain old TED, meaning that it was organized locally, rather than by official TED staff in New York or Vancouver, B.C. However, all TEDx events must obtain a license from the TED headquarters. 11 speakers will address what it means to be fearless, including several members of the Willamette community.

On Tuesday Aug. 25, a number of Willamette students attended a fundraiser for and preview of the October event at Venti's Café and Taphouse. The event included a number of mini TED talks by speakers like Willamette chemistry professor Dr. Todd Silverstein. Musicians performed and both artists and audience members elaborated on what fearless is, in order to stir up enthusiasm for the October event's theme.

Willamette junior Maya Kaup will talk about Willamette's chapter of the Food Recovery Network, which she founded last year. The student-run organization, which consists of about 15 volunteers, donates Goudy's leftovers to a local homeless shelter and women's shelter. Thus far, over 10,000 pounds of food have been donated, which otherwise would have gone to trashcans at the Winter St. curbside. Kaup embodies the fearless theme by being the youngest presenter of the day and overcoming this intimidating factor.

"I hope students will be inspired to step up and address the challenges facing our society, challenges that we can help solve if we put our minds to it," Kaup said. "It will help show people



Brian Hart and Carlee Wright hosted August's TEDxSalem event and will be hosting Saturday's fearless talks.

how age doesn't matter. Great ideas matter. Taking the initiative to change the world for the better matters."

Willamette College of Law professor Sukhsimranjit Singh will speak about negotiating and mediation. He serves as the Associate Director of the Center for Dispute Resolution at the Law School. Singh, who was born in Punjab, India, and came to the United States in 2004, will also talk about the role culture plays in how we see each other, and

how cultural differences and similarities shape negotiations.

Biology professor David Craig will talk about birds. More specifically, the role birds play in our understanding of the environment that surrounds us. Did you know that we found out that the pesticide DDT was harmful because it was disrupting birds' birth rates? David Craig will also talk about how birds with tracking numbers and phones with cameras can help inspire a new generation of birdwatchers, and

help scientists along the way.

This is an all-day event featuring 13 speakers like the ones mentioned, along with an Emmy-winning director, a local artist and more. Student tickets are \$40 which includes access to all the presentations, a goodie bag and meals for the day. TEDxSalem is hosted at the Salem Convention Center which is just a short walk away downtown.

irdowd@willamette.edu



The thirst is real

CHRISTINE SMITH
LIFESTYLES EDITOR

People often grow attached to inanimate objects, but Nalgene water bottles seem to be a special case. Nalgene's are oddly aesthetically pleasing; their translucent take on everyday colors caught my wandering eye. The fact that they are practical in reducing waste is also appealing.

I witnessed a Yik Yak conversation going on the other day on the subject of water bottles. Dozens of students (myself included) were required to conduct surveys and obtain 100 responses for a class. One student yakked about a survey saying something along the lines of "It's just like environmentalists on campus to put out a survey about getting rid of plastic soda and water bottles without offering an alternative." Over 30 replies ensued after this bold statement, making for quite the argument. Many argued that it was their right to drop a dollar on a single-use plastic bottle, especially without alternatives. One rational mind mentioned that the clear alternatives are already in existence and take the form of water fountains and of course—Nalgene's.

They are more than a safety blanket or a thirst quencher; they are part of a persona. The way people decorate the bottle directly reflects on the individual. I slap a sticker on mine whenever I get the chance, and from those stickers you can quickly discover that I love the outdoors and appreciate the vegan lifestyle. In the same way, I can scan a classroom and learn a little more about my peers just based on their water bottles and immediately rule out incompatibilities with the likes of hunters and people who hate Taco Bell. A lot of thought goes into those stickers because people are aware that they will be showcased to everyone in passing. What stickers are deemed worthy of placement on a Nalgene is very telling to an individual's personality.

I take my water bottle with me everywhere I go. I got it one of my first weeks at Willamette and since then, it has experienced some serious wear and tear. In fact, it currently smells and tastes faintly of an orange juice concoction, much to the disappointment of my dehydrated Sunday morning self.

It has been dropped, thrown and left behind many times, but I always am reunited with it after some frantic retracing of steps around campus. I often do not wash it for weeks which is a bit concerning, but it seems indestructible. It even braved my twentieth birthday at Mad Decent Block Party and still made it out unscathed.

Some weekends it has accompanied me to murky basements and come out of the event covered in unidentified grime. It has been a small token of so many of the best times of my life to the point that it became a small part of me and I did not even realize it. I have hiked to Tamolitch Pool, backpacked to Triangulation Peak, spent a spring break in the Redwoods and seen the most beautiful sights of my life, all with my trusty Nalgene.

I was given a new Nalgene for my birthday earlier this month—a shiny, beautiful green REI bottle—and it was strange to replace my old partner. The original, old battered blue one still rests on my shelf, waiting to be used again on a hike or run.

cssmith@willamette.edu

Review: American history takes the stage



PHOTO COURTESY OF ANDREW TONEY

The cast of "bobrauschenbergamerica" brings art to life on the stage.

ALAYNA RILEY
STAFF WRITER

Despite having seen about 50 theatre productions over the years, I have never seen a show quite like "bobrauschenbergamerica." I entered the theatre expecting a biography of artist Robert Rauschenberg; instead, I was treated to glimpses of contemporary American histo-

ry expressed by Rauschenberg in his art. While stories from Rauschenberg's personal life do come up, playwright Charles Mee mainly uses Rauschenberg's artwork as a frame for what it truly means to be American. Willamette's production of "bobrauschenbergamerica" perfectly portrays Rauschenberg's American spirit in this hilariously bizarre show.

The tremendous cast members of "bobrauschenbergamerica" all possess brilliant comedic talent in everything from deadpan to slapstick. The actors embrace the outlandishness with situations bordering on absurdist and make the audience howl with laughter. My particular favorites in the cast were senior Carly Christensen ranting while stuffing her face and first year Dylan McCombs lamenting in a pizza delivery meltdown. The actors have terrific chemistry that leads to some very sweet moments, particularly between actors first year Will Forkin and sophomore William Bremer. Each actor got the opportunity to carry a scene on their own and show off their individual stage presence. A few musical numbers within the show highlight the cast's vocal and dancing abilities as well.

Director Jonathan Cole and his creative team bring Robert Rauschenberg's art and era to life onstage through breathtaking design work. Costume designer Bobby Brewer-Wallin gives the actors wonderfully crafted attire that harkens back to the Americana 1950s and '60s. Projections created by Rachel Kinsman Steck and senior Zach Ward coupled with the set created by Chris Harris allow the actors to become part of Rauschenberg's art. The ev-

er-changing projections, and the lighting designed by senior Miranda Waldron, bring alive Rauschenberg's art in a larger than life way that emphasizes his worldview even more. "Bobrauschenbergamerica" bears a gorgeous red, white and blue color palette that underscores the celebration of America throughout the show.

As someone who has gone through the rehearsal process carried on by theatrical productions several times, I realize the blood, sweat and tears that must have gone into "bobrauschenbergamerica." Based on what I saw, the effort of the cast and production staff definitely paid off. After seeing "bobrauschenbergamerica," I cannot wait to see what other creative productions the theatre department has in store. Fans of the theatre will appreciate the creative risk-taking of the show and casual theatregoers will be rolling around laughing at the hysterical cast.

adriley@willamette.edu

Admission: \$8
Location: Pelton Theatre
Dates:
Thurs. Oct. 1 – Sun. Oct. 4,
Thurs. Oct 8 – Sun. Oct. 10



SAM KEECHLER

Senior Mara Brashem favors stricter regulations for smoking on campus.

MARA BRASHEM
 GUEST WRITER

There is no denying it; smoking is a problem on our campus—one for which the solution has long been discussed and debated. Starting on Jan. 1, 2016, smoking, in any form, will be prohibited on all campus-owned properties. The purpose of this policy is stated as follows:

“Willamette University provides an environment that promotes the health, well-being, and safety of all students, faculty, staff and visitors. In addition to causing direct health hazards, smoking contributes to incidents of fire damage, additional cleaning and maintenance costs and employee absenteeism. This policy serves to minimize the negative effects of secondhand smoke within our community.”

As someone with asthma, my health is put at risk every time I have to be in the vicinity of someone who is smoking. There is no way to fully describe how unpleasant it is, especially as a non-smoker, to have to walk through sometimes multiple clouds of smoke on the way to class each day.

I think that smokers tend to forget about how their actions are not only detrimental to their own health, but to those around them as well. According to the Center for Disease Control and Prevention, more than 2,500,000 people have died from secondhand smoke related health problems since 1964.

When someone chooses to light a cigarette in public, they

are making a choice for everyone else around them, and frankly, that’s just inconsiderate. The only way to decrease the appalling number of deaths caused by secondhand smoke is to continue to ban smoking from public locations.

The Salem-Keizer School District enforces a strict no-smoking policy, as do both Corban University and Chemeketa Community College; Willamette is the only school in the area that, up until this point, did not have a smoking ban.

To be completely honest, I have no idea why someone in our generation would choose to begin to smoke. Health effects aside, smoking is a habit that costs a person on average \$1,500 to \$3,300 per year, according to DailyFinance.com. As a college student, I have a hard time wrapping my head around paying for groceries each week, let alone an expensive habit! Hopefully, in adopting a smoke-free campus, student and faculty smokers will feel more encouraged to quit with the resources provided by the university.

Although I am in complete agreement that Willamette should become a smoke-free campus, I think there are some distinct problems in this new policy — problems that need to be addressed before January. The first issue is that we need to recognize that not everyone affected by this policy will be interested in quitting. There needs to be a designated smoking area on campus or somewhere nearby for people who use their breaks in be-

tween classes or work shifts to smoke, and especially for the student smokers who live on campus.

I think that it is important to acknowledge that smoking, for many people, is used for stress-relief, and while that might not be the best way to handle stress, you can’t judge others for finding a method that works for them. If there is nowhere for the smokers on campus to go, it will make being on campus a burden for many.

Another dilemma with this new smoking ban is the apparent lack of a solid enforcement plan. The university states, “Violations of this policy in most instances will be first addressed using standard educational methods...” I am not completely convinced that threatening people with education is enough to dissuade tobacco users from breaking the policy. Furthermore, if community members are going to be tasked with asking their peers to put out their cigarettes, it might become uncomfortable and awkward; I know that I would feel weary about calling Campus Safety if I saw someone I knew smoking.

So therein lies the big problem: how do we ensure that Willamette remains smoke-free after the date of enactment? According to Chemeketa’s policy, people caught smoking in any form on campus are given a warning, and if they choose to ignore that warning they can be fined up to \$50. Maybe we need to have a similarly written out, concrete sanction as well.

All in all, I believe that this

is a sign our university is moving in an immensely positive direction in creating a healthier environment. Americans for Nonsmokers’ Rights reports that between October of 2010 and now, the number of smoke-free college campuses has grown from about 450 to at least 1,577. This whopping increase shows that, as a nation, we are continuing to become more and more aware of the damaging effects of second hand smoke, and that we are putting more emphasis on smokers taking responsibility to recognize the ways in which their actions are impacting those around them. I anticipate that there will be a significant amount of backlash in the implementation of the Smoke-Free Policy.

While this has been a topic that Willamette has been grappling with since at least 2012, I do not recall there having ever been much input taken from the student community. However, like the staff members that wrote this policy, I am optimistic that the new smoking ban will inspire tobacco users in our community to consider reaching out to the cessation programs and resources available. I applaud Willamette in this triumphant change, and hope that those who disagree can try to envision how a smoke-free Willamette will only make our campus a healthier and more enjoyable place to be.

mbrashem@willamette.edu

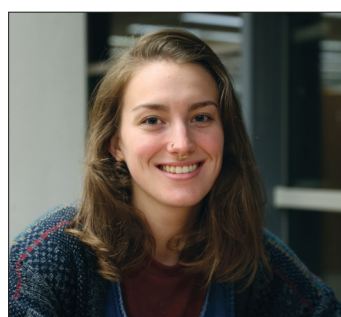
CARLENE BLAUGHER
 JUNIOR



on the ground [on the edge of campus].”

“I definitely see where it’s coming from but it’s going to put students in unsafe situations. I was talking to a friend who goes to a school in Washington D.C. that’s smoke free and it didn’t change anything except [creating] a buildup of cigarettes

EVANN ZUCKERMAN
 SENIOR



The University has far greater things to be worrying about than people smoking on campus.”

“As a person with asthma, I can understand why people are in favor of it as its a habit that affects the health of others and not just the smoker. But the current conditions of it are ridiculous and downright unsafe for students.

Poorly p smoking

Senior Mara Brashem and
 analyze the administrati



“Us Tareyton smokers would rather fight than switch!”
 Join the Unswitchables. Get the filter cigarette with the taste worth fighting for!
 Tareyton has a white outer tip...and an inner section of charcoal. Together they actually improve the flavor of Tareyton's fine tobaccos.
 Tareyton
 FILTER CIGARETTES
 FLICKR



If I'm smoking it, you know I'm enjoying it.
 And what I'm enjoying is Salem Longs. They give me super tobacco taste, just the right amount of cooling menthol and extra length. I'm smoking Salem Longs.
 Salem Longs.
 Warning: The Surgeon General Has Determined That Cigarette Smoking is Dangerous to Your Health.
 FLICKR



Vintage cigarette advertisements from the twentieth century

Planned g ban?

Junior Devon O'Donnell
on's latest campus policy



Junior Devon O'Donnell relaxes 25 feet from the University Center with a cigarette while he still can.

DEVON O'DONNELL
GUEST WRITER

I currently smoke cigarettes because I don't have the time or money for counseling, especially considering Willamette only offers five free counseling appointments a year. Something my D.A.R.E. "education" never taught me was how a cig can help reduce stress or give access to a community of smokers. That's been much appreciated, because going from class-to-work-to-meetings all day means I can't get in a therapy session. However, I do have time to smoke a cigarette and it can help calm me down just a little bit.

Instead of asking the community coherently, Willamette's administration has mysteriously decided for us what is healthy and the best way to deal with this problem. If you ask an admin about a change in policy (such as this smoking ban), they'll likely redirect you to somewhere else and that somewhere else will redirect you and so on until you get the message: "go fuck yourself."

So, let's talk about why there is a ban; second hand smoke can result in medical issues in the future. I'm not going to contest that—smoke can produce long-term harm. Unfortunately, so can Bistro cookies and those brownies at Goudy. The difference is the choice to eat junk food, because no one accidentally inhales the trash that other people are putting into their stomachs. In the status quo, smoking manifests in people getting upset and sick, an argument for the ban.

I can't speak for all smokers, but whenever I'm near other people I don't drag smoke in while people walk by so as to mitigate that harm. For people smoking, there is a burden of respecting space, and I think the best course of action is not to ban smoking, but to be more mindful of that privilege of space.

The second reason the ban is

being imposed is to implement a 'smoke-free corridor' from the hospital to the Capitol. But the policy written has some of the most ambiguous language I have ever seen:

"Enforcement will first be educational, and include an emphasis on providing referrals to cessation resources. Non-compliance will be handled through our established personnel policies, the Standards of Conduct, and enforcement protocol prescribed in this policy."

Recall last week's Collegian article ["Campo clash on campus," Sep. 23] in which a Campus Safety officer targeted and harassed a student who was found to have done no wrong. Under the pretense of concern, this policy will likely become an easy avenue to harass and target folk. There is no way to stop all smoke that will continue to happen. Intersecting identities that have been marginalized are likely to be held to a harsher position than others.

Secondly, the policy puts a burden upon community members to police each other without any incentive or reason to do so. Putting the obligation of policing on the student body is not reasonable because it will, firstly, not work and, secondly, when it does happen, just create unneeded conflict between smoking and non-smoking community members.

From former ASWU President Andrés Oswill's Campus Safety Report, surveys found every respondent had concerns of being on campus at night with even greater safety concerns off campus, specifically from Kaneko to Safeway on 12th St. With students already feeling unsafe, the ban will only makes this issue worse, which is counter-productive to Willamette's obligation to create a safe environment.

On Thursday afternoon, the clouds of smoke from Goudy's grills crept into the entire lunch area—should this be banned?

Would bonfires be banned? Would Poi club be banned?

If the policy's biggest concern is second-hand smoke wouldn't these count as well?

Another factor to consider for this ban is the effect on the international students. According to Willamette senior and former Chief Justice of ASWU Kellen Kaiser, "The costs of any smoking ban [will] fall heaviest on ASP students and other foreign students whose cultures are the most removed from American culture and who often don't have access to the kinds of resources on and off campus to allow them to handle the increased private costs."

The ban disrupts a significant avenue of international education. We will likely see fewer students applying for Willamette because they happen to or choose to smoke. Tokyo International University of America has already informed and will continue to inform that next year's ASP class will know about the ban.

A decrease in international students is really unfortunate as the nature of a liberal arts school is to try to include people from all kinds of perspectives.

Cessation programs are being offered to help folk who want to stop smoking which is helpful, but that's the assumption that people want to quit. Or that cessation programs even work.

Further, one of the more effective cessation tools, electronic cigarettes, which don't include nearly any of the second-hand smoke harm, are banned! The reason electronic cigarettes can help is people can choose the amount of nicotine in the cartridges and one can work their way down to less and less. But, I don't think some people want to quit the things that can help quell their anxiety. Willamette usually brags about how every student is involved in roughly 3 trillion clubs/classes/groups/activities at any given moment—what happens

to the students who have their entire semester down to the minute planned out on their Google calendar? Essentially, Willamette is taking a form of stress relief from students (for some, the only form available), while the stressors still exist.

To synthesize what is at stake I'd like to frame Willamette with and without the smoking ban: with the ban, we would see less second-hand smoke and a smoke free corridor at the cost of student safety, mental health, international cultural exchange and a new avenue to harass and target students and staff. Without the ban, we currently have disgruntled students who do not want to breath in cigarette smoke. In order to solve that problem here's what I propose:

Outside of Lausanne and Doney are two benches with ash trays, which are, to my knowledge, some of the only ash trays that don't violate the 25 foot rule from Willamette buildings. If I were given sheltered space that I could smoke in, away from buildings but still in the Willamette community, I would try to be more mindful and respectful of the space I'm given.

If you disagree with the ban and want to show your support, you can scan this QR code to be taken to a Google form petition. Add your name and email to sign. I'll send this around social media as well, you can also support by stirring your friends to sign up. Maybe enough signatures of dissent will make the university we pay for actually listen to us. If not, catch you at the protests next semester!

dodonnell@willamette.edu



KATY OHSIEK
SOPHOMORE

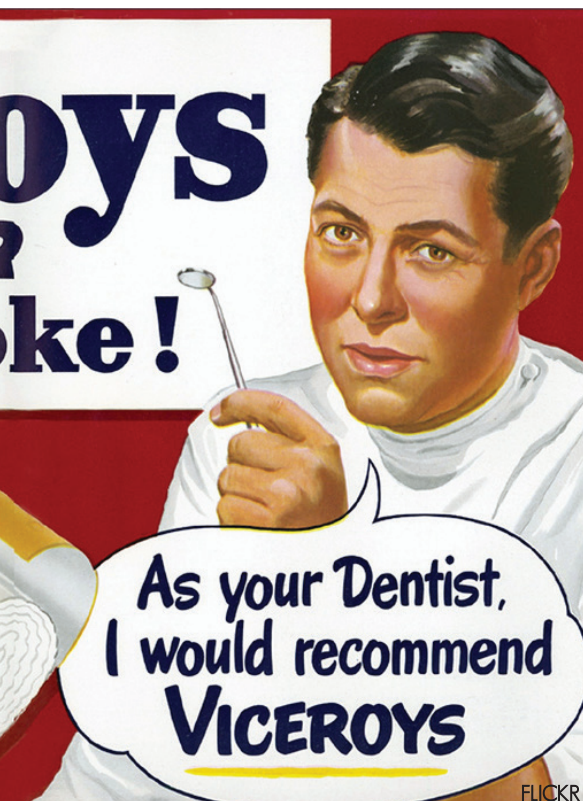


"I see why they're [implementing the ban] but I don't know if it is the University's job to do that. I've never felt imposed upon by smokers."

KAZUTOSHI KOBA
FIRST YEAR



"I used to be a smoker, but I got to a point where I knew it was unhealthy so it'll be good to be a smoke-free campus that promotes health."



are a thing of the past, just like smoking on campus will be.

Way up I feel blessed: The Outdoor Program

CONTINUED from Page 1

On a clear day one can also see the neighboring Sisters, Broken Top, Mount Bachelor, Green Lakes, Mount Hood, Mount Adams and Mount Thielsen.

Besides the breathtaking views, the trip also provided opportunities for students to make new friends. Going on a road trip, camping underneath the stars and sharing the beautiful outdoors with one another is a convenient occasion to get to know fellow

peers you might not have met otherwise.

Not into hiking or backpacking? The Outdoor Program also houses the Kayak, Ski/Snowboard and Climbing clubs. They have over 60 trips already planned this semester, including an "Explore Salem" series to showcase local opportunities right off campus and an "Adventure" series with more challenging expeditions. They even have events on their calendar to take students deep sea fishing (rad), ice-skating and to

various hot springs.

Doing something relaxing, enjoyable or rejuvenating once a week is usually last on the list of students' priorities. However, putting academic/extracurricular commitments aside for a good chunk of time can motivate you to accomplish more both before and after the time set aside for leisure. It also can reduce the amount of time spent stressing throughout the weekend on daunting assignments you probably won't start until Sunday after

2pm anyway.

Whether it's outdoors or indoors, commit to doing something for yourself. The Outdoor Program has you covered if that's making time to "exploregon" (check out their trip calendar online or stop by the office in Montag). Otherwise I can suggest heading to a new coffee shop in downtown Salem, taking a walk amongst the changing leaves in Minto Brown park or nesting in your room to watch Broad City for an extended time with takeout

Thai food, entirely guilt-free.

My best friend/roommate Holly Petersen once told me whilst lying on the floor in my bedroom contemplating life, "Life moves pretty fast, Beth." Truer words have probably never been spoken. Opportunities abound in order to take advantage of your time here at Willamette and it's never too late to start seeking those out.

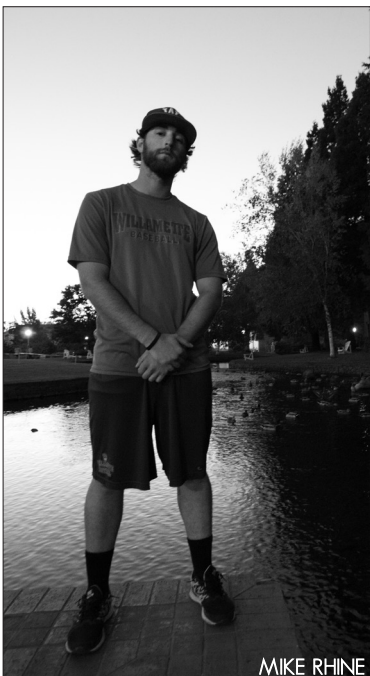
bhladick@willamette.edu



RACHEL FLEENER

Those present for the Outdoor Club's trip to South Sister were treated to a breathtaking view of the snow clad peaks and surrounding landscape.

Bearcat Spotlight



MIKE RHINE

Gordie Clary Senior, Baseball

MARK ANDREONI
CONTRIBUTOR

Bearcat Spotlight, a new weekly feature, will interview personalities, captains and talents from Willamette varsity and club sports. Find out about these athletes, and what they do when they're not at practice. This week, baseball athlete and

Sports Editor from Vacaville, California, Gordie Clary who explains why Henkle Gym is the best place to live.

Mark: First question, who is your celebrity crush?

Gordie: Alright celebrity crushes, I have several. One of them is definitely Charli XCX, she's awesome and pretty. And I also really like Riff Randell, who isn't really a celebrity but a character in a movie. [She] might've been my first crush.

M: What movie?

G: "Rock N Roll High School." She was cool. Those are the main ones.

M: Alright, Who is your favorite member of N.W.A.?

G: You know, I used to like Eazy-E the best, but then I saw "Straight Outta Compton" and realized how much I like Ice Cube, that guy is so awesome. I was all about Ice Cube in that movie.

M: What was your favorite cartoon to watch when you were a kid?

G: I was a big Dexter's Lab guy. I think they kinda stopped making new episodes, and they didn't have new ones for a while. When they finally had new ones it was different and lame and it pissed me off, to

be honest. Dexter's lab is an all time cartoon.

M: If you could live anywhere on campus that wasn't a residence hall where would it be?

G: Fantastic question...Does the law school count?

M: Yeah totally.

G: I don't know.

M: Are you trying to think of a comfy space?

G: I don't think I want a comfy space. I'd probably go the basketball court but not the main one. Henkle Gym.

M: Oh, where would you sleep though?

G: Just like on the ground somewhere.

M: Wouldn't people notice you there?

G: That wouldn't really bother me.

M: If you could teach any college level course what would it be?

G: Barbecuing 101.

M: What is your go to plan for a first date?

G: All right I'm assuming this person likes sushi, 'cause who doesn't. So we'd get sushi and have lemonade.

Then after dinner we are going to go drive around some backcountry road really fast. Like recklessly. And just like hang out, windows rolled down listening to music and talking and stuff.

M: And whatever happens happens.

G: Yeah, just going in with very low expectations!

M: Nice, that's a great plan. What's the worst job you've ever had?

G: My best friend and I worked with his dad one summer for some company called Rathbun Industries that make parts for machines and I'm not sure what exactly it was that I was doing. Well, I know what I had to do— I just didn't know what it was for. There were these boxes of little pieces of laminated material that were about the size of a playing card and I had to put a different colored dot sticker on each one of them. The boxes came with like 400 of these cards and the boxes were endless. I don't even know what they were for.

M: If you were a super villain what would your master plan be?

G: I want a boat someday but I don't know if I would want to purchase it on my own. Like a big-ass boat. I guess my master plan would be to somehow get a boat.

M: So you want to be a pirate?

G: Uh. Yeah I guess so.

M: Now we are at the weekly themed questions, which are couple questions about a theme given to us each week from the previous interview-ee. If you could be any animal, why would you be a duck?

G: Because they look cool I guess? I wouldn't just want to be a regular duck, I would be a mallard because of the colors. Iconic colors.

M: What is your favorite thing ducks do on our campus?

G: They just kind of sit there and chill and just don't really care about anything.

Mark: Donald or Daffy Duck?

G: I'm gonna have to go Daffy, because Donald kind of sucks.

M: Why is Daffy better?

G: It's not that Daffy is better it's that Donald sucks.

M: All right now what is your theme for next week?

G: Gardening?

mandreon@willamette.edu



this week in sports

sun	mon	tue	wed	thu	fri	sat
1 	2 	3 	4 	5 	6 	7

BRAYDON CALDER
STAFF WRITER

NBA

Four teams started training camp on Saturday because they are participating in NBA Global Games. They will all travel and play different teams from around the world starting next week.

All the other teams started training camp on Tuesday. The first preseason game between two NBA teams is on October 2, when the Denver Nuggets travel to Los Angeles to play the Clippers.

NHL

Remember that game I told you to watch? The Sabres ended up beating the Wild 3-2 after being down 2-1 after two periods.

The Wild have bounced back this preseason though and won their last game 8-1 against the

Winnipeg Jets.

However, the Winnipeg Jets have yet to win a game this preseason after an impressive 43-26-13 season last year.

MLS/NWSL

Hopefully you took my advice from last week and also watched Toronto play because, well, Sebastian Giovinco scored again and also assisted a goal. He now has 20 goals and 15 assists on the season. That's a league record.

However, Kei Kamara has scored more goals this season than Giovinco. Kamara netted his 22nd goal on the season against the Portland Timbers on Saturday night. The Timbers Fanendo Adi was able to score a brace that game though and they pulled away with a 2-1 victory. They are still barely holding on to that last playoff spot.

The Sounders traveled to Kansas to play Sporting Kansas City. They came away with a 1-1

draw. Obafemi Martins scored Seattle's goal. Seattle have now gone five games unbeaten. They play the LA Galaxy next week, who are coming off a 3-2 victory over FC Dallas.

The NWSL championship game between FC Kansas City and the Seattle Reign is this Thursday. It is a rematch of last year's championship game, which saw FC Kansas City emerge victorious.

MLB

The San Francisco Giants were eliminated from the wildcard race last week, but weren't eliminated from the playoffs altogether until last night. It is, after all, an odd numbered year.

Bryce Harper and Johnathan Papelbon got into a fight in the Nationals dugout. Papelbon grabbed Harper's throat and shoved him back before teammates broke them up. The Nationals announced that Papelbon would be suspended for four games.

The Mariners are on a five game losing streak. That's all I'll say on that.

NFL

The San Francisco 49ers took a beating from the Arizona Cardinals, losing 47-7. It's not a great time to be a San Francisco fan.

The Seahawks picked up their first win of the season after beating the Chicago Bears 26-0. Tyler Locket returned a kickoff for 105 yards to start the scoring for Seattle in the second half. They play the Detroit Lions next week that are 0-3 on the season.

The Raiders won again for the second week in a row! They played the Browns though, who are 1-2 on the season and lost to the Jets. Who cares, for now the silver and black are back!

bcald@willamette.edu

SPORTS BRIEFS

VOLLEYBALL

The Bearcats sit atop the NWC standings at 4-0. Lindsey Compton narrowly missed her third consecutive triple-double on Friday, as she recorded 9 kills, 12 assists and 10 digs against Pacific. On Saturday, Sarah Fincher had 15 kills and Alexa Dowdell had 18 digs as the 'Cats overpowered Puget Sound. They look to continue the hot streak against Lewis and Clark on Wednesday night.

FOOTBALL

The Willamette football team had a bye week this week, and were preparing for a Saturday matchup against Puget Sound at home. Kick-off is set for 4pm.

CROSS COUNTRY

The 41st annual Charles Bowles Willamette Invitational will be held this weekend in Bush Park.

ROWING

The first regatta of the year for the rowing team was completed last weekend, in Portland at the Women's Collegiate Row for the Cure. The race benefited the Susan G. Komen foundation, and the team raised over \$400.

MEN'S GOLF

The Bearcats travelled to Washington last weekend to compete in the PLU Invitational, and tied the Lutes for first place. Trent Jones took home 3rd place overall, Chase Lamothe was 4th and Kenneth Sheldon was 5th.

Women's soccer snags first place, men earn first win

TROY CONWAY
GUEST WRITER

The Willamette University women's soccer team held down the fort at Sparks field last weekend, beating both Whitman and Whitworth and not allowing a single goal.

The weekend began with Saturday's clash with the Whitman Missionaries. Sophomore Kelsey Walker scored first in the 40th minute, heading in a beautiful corner kick from senior McKenzie Andringa for her first goal of the season. Willamette then put the game away thanks to the right foot of sophomore Marley Duncan. At 87:16, Duncan received a pass from Andringa and blasted it off the left post and past the keeper to seal the Bearcats 2-0 victory, and give junior goalkeeper Emily Sewall her third shutout of the season.

The women's soccer team continued their pursuit of excellence on Sunday, beating Whitworth 1-0.

In the 24th minute, senior Jill Phillips put a shot on-goal that tipped past Whitworth goalie Andrea Stump, only to be batted down by Pirate defender Megan McCart. McCart was sent off with a straight red card, leaving the Pirates with only 10 players for the final 65 minutes. The Bearcats defense resembled a brick wall and finished with yet another shutout.

The red-hot women's team looks to keep their three-game winning streak rolling as they travel to George Fox and Lewis & Clark this coming weekend.

On the men's side, the 'Cats broke even in last weekend's matchups.

The Bearcats traveled to Forest Grove to face the Boxers at Pacific University last Saturday. It was a rather quiet game for both teams, with each team only registering one shot through the game's first 11 minutes of play. The Bearcats were then faced with bad luck after a handball in the box gave

the Boxers a penalty kick in the 39th minute. Pacific's Matt Kimball was able to beat senior Willamette keeper Braydon Calder and give them the 1-0 lead.

Trying to find the equalizer, the Bearcats had two quality chances in the final two minutes. In the 88th minute, the Bearcats' freshman Joe Plaster struck one off the post. In the final 49 seconds, forward senior Tyler Yates put one on-target, but the save was made and the Bearcats suffered their third conference loss.

Willamette looked to bounce back on Sunday in their battle against George Fox University. The Bruins struck first in the 12th minute on a counterattack finished by Miguel Lopez Ixta past the charging keeper Calder. Willamette nearly answered 17 minutes later, with strikes from senior Yazan Hishmeh and junior Jack Elton both missing wide left. A mere 30 seconds later, Willamette junior Julian Hanlon-Austin blew past GFU's keeper Murray Noble, but his shot was blocked at the near post by a defender.

The Bearcats finally broke through the Bruins defense and sent two goals into the back of the net in the final minutes before halftime. At 42:40, Elton sent a free kick into the box and senior Matt Bauer hammered it home past the keeper from four yards out. At 43:50, Hanlon-Austin hucked a throw-in into the box, and after taking a deflection from a defender, senior Garrett Ross placed one top shelf from eight yards out, giving the 'Cats the eventual game-winning goal.

The men's team improved to 1-3 in the Northwest Conference and looks to keep the momentum going this week in Washington to face Puget Sound and Pacific Lutheran.

tconway@willamette.edu



SAM KEECHLER



SAM KEECHLER

Top: Junior Madelynn Ellis dribbles past a Whitman defender
Bottom: Senior Veronica Ewers scrambles after a loose ball

A grieving person's Bill of Rights

CONTINUED from Page 1

You have the right to experience your own unique grief. No one else will grieve in exactly the same way you do.

You have the right to talk about your grief. Seek out others who will allow you to talk as much as you want, as often as you want, about your grief.

You have the right to feel a multitude of emotions. Confusion, disorientation, fear, guilt, and relief are just a few of the emotions you might feel as part of your grief journey. Others may try to tell you that feeling angry, for example, is wrong. Instead, find listeners who will accept your feelings without condition.

You have the right to be tolerant of your physical and emotional limits. Your feelings of loss and sadness will probably leave you feeling fatigued. Respect what your body and mind are telling you. Get daily rest. Eat balanced meals. And don't allow others to push you into doing things you don't feel ready to do.

You have the right to experience "grief attacks." Sometimes, out of nowhere, a powerful surge of grief may overcome you. This can be frightening, but is normal and natural. Find someone who understands and will let you talk it out.

You have the right to embrace your spirituality. If faith is a part of your life, express it in ways that seem appropriate to you. If you feel angry at God, find someone to talk with who won't be critical of your feelings and abandonment.

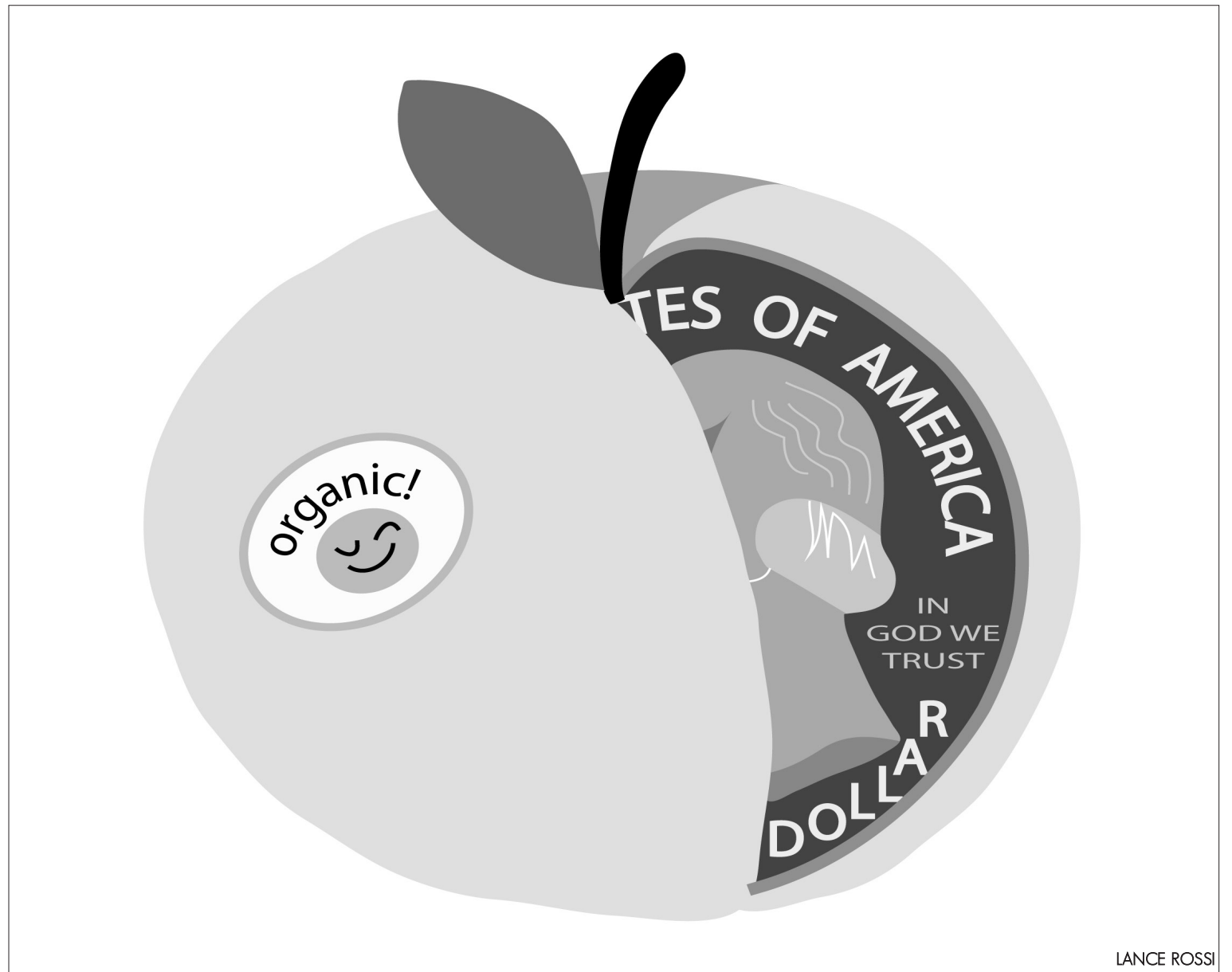
You have the right to search for meaning. You may find yourself asking, "Why?", "Why this way?", "Why now?". Some of your questions may have answers; some may not.

You have the right to treasure your memories. Memories are one of the best legacies that exist after the death of someone loved. You will always remember, so instead of ignoring your memories, find others with whom you can share them.

You have the right to move forward in your grief and heal. It will not happen quickly. Grief is a process, not an event. Be patient and tolerant with yourself. The death of a loved one changes your life forever.

If grief is too much, call a mental health professional with experience in grief counseling. The office of the Chaplains provides grief and loss support groups throughout the year. Anyone interested in checking out or participating in one of these is encouraged to contact assistant chaplain Gary Ellison at: gellison@willamette.edu or call the office at 503-370-6213. For more grief support resources, please visit: <http://modernloss.com>. To reach the Employee Assistance Program for Faculty and Staff, call 800-433-2320. Information courtesy of the Office of the Chaplains.

That green, organic monster: the privilege of sustainable living



LANCE ROSSI



JESSE SANCHEZ
COLUMNIST

Sustainability is for everyone. It's a mantra I've heard repeatedly. If only it were always true. In reality, a lot of low-income people—particularly people of color—face immense challenges to the everyday practices we take for granted. While Willamette should absolutely pride itself on the ever-increasing presence of compost and the solar panels on Kaneko, we must recognize what an immense privilege it is to have these resources on campus.

Not to target anyone, the ability to be vegan is a major expression of economic privilege and even white supremacy. Asking why everyone doesn't have solar panels on their house or drive a Prius leaves out a lot. How, you might ask? Vegetables cost money. Sustainable housing costs money.

We live in a system that's set up to give the best resources to the

most productive people who hold the most capital. The starting point for who holds that capital has been shaped by slavery and segregation that has literally kept people of color out of decent housing and grocery stores with decent food.

While there's been some improvement since the 60's, segregation is alive and well. If you don't have access to a decent grocery store, you can't eat all-organic, totally ethical and sustainable vegan meals. If you can't afford the rising rents in increasingly bougie downtowns, you can't live in the hip new solar-powered high-rise.

Not to mention, meat has a lot of cultural significance for some groups. That doesn't mean that there are no vegans of color or that we should all be ashamed of ourselves for suggesting the idea of altering our diets. It means that rather than judging people for not making the same decisions as us, think about what circumstances shape the decisions of others. Think about how we can create a more sustainable and more eq-

uitable world. That won't happen through shaming every person in the chicken stir-fry line.

Many people would love to have more vegetables in their diet, but we live a McDonald's culture that makes it easy to pick up a cheeseburger during breaks in your 60 hour work week. People of all classes and races do that. Because it's easy. For some people, it's one of only a few options. Getting the most calories per dollar is difficult to reconcile when there are choices to be made between which utility bill must wait to be paid.

There's a toxic trend of passing judgment on the world outside of Willamette (not to mean that we're all doing this), and even communities within it. For those in a position of privilege, think of it comparatively. No one wants to be shamed and put down for every microaggression or misstep in talking about identity.

So why is it fine to shame someone who doesn't know that materials are compostable? With that, keep in mind that a lack of eco-

nomical and social privilege prevent many people from having access to certain knowledge or even the means to implement it for those who do.

When it's a struggle to pay the bills every month, getting new bins and setting up a compost system in the kitchen is not as easy as it sounds. Education should be a culture of mutually sharing. Have conversations. Think about how we can spread our knowledge in non-oppressive ways that don't come off as educating the poor or raising up people of color out of ignorance.

On the surface, it might seem that environmentalism has little to do with race, class, gender or sexuality, but there are glaring differences in what's available to marginalized people. In fact, when environments are destroyed, the same people shamed for their habits are often pushed to live in those spaces. We all have a vested interest in a sustainable world. The environment is another road in the intersection.

jsanchez@willamette.edu

Letter to the Editor

Week after week I find myself wondering when the *Collegian* made the switch to full-on satire. Last week's "A crumbling foundation and the right to disagree" by Jessica Weiss — a piece that featured such gems as "Why would you assume that someone who supports Trump's racist immigration stance is a racist?" (paraphrased) and scare quotes surrounding every use of the word triggering or triggered — struck a unique cord between "Uh?" and "Are you kidding?"

The Trump hypothetical was so baffling and nonsensical that it was almost funny. It leads to the point that this strawman student still deserves a voice and a chance to defend their views, which: sure, fair enough. But the problem with Weiss's example is that Trump is racist, in a very public, inarguable way;

this is common sense. The steps Weiss has taken to even minutely defend this hypothetical student ("they might just be worried about domestic jobs and the lack of border security") is so reaching it's embarrassing.

But if that sounds unnecessarily nitpicky, the real problem lies with the exhausting idea that anyone with opinions has some Responsibility to the Institution of Higher Learning to defend themselves tooth and nail whenever any old rando wants to play devil's advocate. Because it might just be devil's advocate to them, but it's an entire life to someone else. Maybe they can't engage in discourse for the sake of discourse every day because they know not to die on that hill. To Weiss, this may sound like some whiny liberal excuse to not be part of the solution, but

to many, it's how to survive.

On that point, what fantasy world does Ms. Weiss live in where a student says they're uncomfortable and the entire class is shut down, no questions asked, unjustly silencing the few brave souls who dare speak against some social justice hivemind? I've heard literal rape jokes in class that nobody spoke up against and I've read more think-pieces about the dangers of political correctness than I've read actual call-outs against these toxic cultures. To quote Alex Lanz's excellent response in last week's *Collegian*: "If you think, when I call out bigotry when I hear it, that I am powerful enough to actually silence you, please know I'm flattered." Weiss may think that safe spaces (a phrase she puts in scare quotes) are actually harmful to indi-

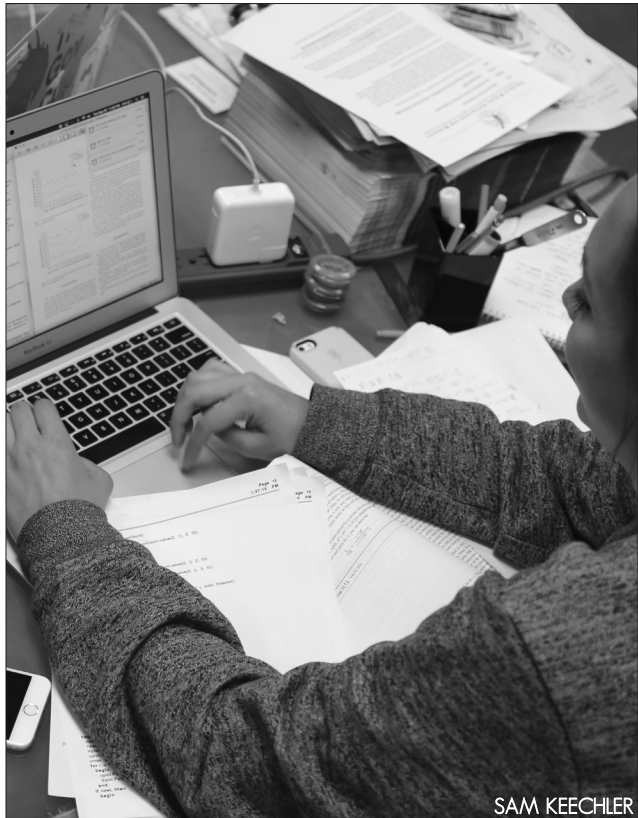
viduals wishing for a momentary reprieve from their trauma, but again: it's how to survive. It's how to breathe. Sometimes people need Band-Aids.

Jackie McKenna
Class of 2017

The *Collegian* invites its readers to submit corrections for publication. Errors found in print can be sent to emanouki and will be corrected in the next edition of the paper.

We invite you to submit letters to the editor. Letters are limited to 150 words, must include your name and must be submitted by Monday at noon on the week of intended publication. The *Collegian* reserves the right to edit for length and clarity. Please email letters to emanouki.

Give me lab credit or give me death



SAM KEECHLER

Students spend additional hour outside of class working on labs.

SHELBI JENKINS
 GUEST WRITER

It seems like just about everyone at Willamette gets off on being the busiest little Bearcat there ever was, but unfortunately, for all the effort we put into being so busy all the time, a lot of us here aren't really getting anything tangible out of it.

I'm talking about all the time that many of us spend suffering through labs during our college career.

As a senior physics major, I can safely say that about half of my time here at Willamette has been spent in one lab or another. Heck, I've been in the lab so much I practically dream in LaTeX syntax.

And what do I have to show for it? Not a god damned thing. And I would bet the other sciences, social and computer included,

would share a similar experience.

Of course people are going to argue that labs help you later in the classroom and so forcing you to go through them three hours a week is totally justified. But you know what else helps me later in the classroom? Doing all of the homework, skill sets and studying that takes up the "2-3 hours outside of class for every one hour in class." If I'm already working my designated nine hours a week for my one credit class, then my extra 3 hours in lab plus all the time it takes to do the pre-lab, post-lab and write-ups better damn well get me some extra credits.

Now I can't speak for the non-physics majors, but since my first year, I've had to take part in at least five mandatory labs. Most labs were once a week, some of

them twice, for about three hours each session. With roughly sixteen weeks in a semester that's 288 hours of time just spent working in the physical lab. That number doesn't include any time spent on labwork outside of the lab. That's twice the amount of time it takes a class to qualify as a one credit course.

So why exactly does my hard work, my 288 hours, not count for anything? Imagine the things I could do if I wasted my 288 hours on something else that would give me absolutely no benefit! I could walk to Portland and back 8 times. I could sit at home and talk myself out of going to the gym 1,152 times. I could watch the entirety of "Orange is the New Black" 10 times! But I don't get to do any of those things. Nope. I get to go to lab, I get to work for hours on end and

I get to wipe my tears with chem wipes instead of tissues.

Maybe it's unfair to allot more credits to one subset of majors over another. Maybe credit for labs might throw a wrench into the maximum credits allowed to be taken in each department, or into planning the average of four credits taken each semester. There are many caveats, but you can't argue that labs aren't a significant drain of time and effort.

I say, screw anyone who says this is a fair and justified system. This system sucks. I have spent an ungodly amount of time on this system waiting to get something useful out of it, and three years later I'm still waiting. If Willamette is gonna make me jump through hoops to get my degree then they had better give me some credit.

sjenkins@willamette.edu

Riding with protection: safety first



SAM KEECHLER

Senior Holly Petersen exemplifies one of a helmet's most productive uses: a makeshift vase on a sunny day.



SAM KEECHLER

Palmgren's use of the helmet keeps her safe from all injuries. Even if she falls, she doesn't get a scratch.

MARIKA MCCARTHY
 OPINIONS EDITOR

As Indian Summer gives way to the rain and gloom of fall and winter, this is one of the last times you have consistent good weather to ride your bike around. It's a great way to exercise: It gives kick-ass legs, a rush of endorphins and doesn't feel like self-inflicted punishment.

But the best cycling accessory—not to say that a pump or spare tubes are inessential—is definitely a helmet.

While helmets are not legally mandated for riders or passengers over the age of 16, here are some reasons "brain buckets" are handy... And pretty cool, too.

1. Your brain is the most valuable part of your body. Protect it!

The price of 2015-2016 Willamette tuition is \$45,300. Over four years—if the cost of attendance continues to rise—that is almost \$200,000 invested in your noggin'. And

that doesn't even count the price of years of K-12 education, whether that be taxpayer's dollars or a private school education.

2. Nice for carrying things

Some clip their caps to their packs, but one of the best advantages of carrying a helmet around is the opportunity to use it as a lil' purse. Keep your phone in there! Wallet! Lunch! Heck, put a hamster in there and carry it around all day.

3. Lookin' cool, because safety is cool!

Helmets come in all shapes and colors, so there are many choices to match your desired aesthetic... Especially if your aesthetic is "No Concussion."

And if you decide that you want to protect your head, carry your things or, once again, look cool, it's important to wear your helmet correctly... So buckle your brain bucket.

mimccart@willamette.edu

EMILY PALMGREN
 CONTRIBUTOR

Okay, Bearcats, let's talk style: sometimes you just want to feel like a model when you bike the chic streets of Salem, and sometimes that means you ditch the helmet.

"Wow! That concussion was totally worth it! I looked flawless!" You'll declare as you hobble out of the intersection, not at all embarrassed or crying or hyperventilating as several bystanders phone the police.

Getting hit by a car while riding my bike was the perfect way to ring in senior year. And don't forget that priceless conversation I got to have with my mom when I told her I wasn't wearing my helmet

when I ate it.

I'm totally fucking with you: if I could go back to that morning, strap my helmet on my sweet head, and avoid the trauma, pain and ER visit, of course I would. Concussions are terrible: nausea, no class, no screens, no books, no drinking.

Wear. Your. Helmet. Wear your helmet to protect yourself from idiot drivers. Wear your helmet because you've invested a lot in your brain. Wear your helmet because you look dumb without it. Wear your helmet because you love your mom. And eat your vegetables.

epalmgre@willamette.edu

Humans of Willamette

What do you want to be when you grow up?



Alyssa Perreault
 Senior

"I hope to be working for Nike, possibly in their marketing department or product testing for athletes and doing cleat design."



James Kelly
 Freshman

"I would be a scuba dive instructor on the coast of Thailand."



Anna Jane Neshyba
 Sophomore

"I would be an underwater cave spelunker. What a fascinating idea that so much of the world has gone unseen."



Lyra Kuhn
 Senior

"I would be a professor of Hogwarts and revolutionize the Transfiguration department. I'd get to do magic and read cool books."



Collyn Johnson
 Junior

"My dream job is teaching puppies to howl because I'm a [music education] major and I feel like I could really improve the timbre of each howl."



Miles Hollinger
 Junior

"My dream existence would be working as a photographer for National Geographics and traveling the world."

PHOTOS BY SAM KEECHLER

SUDOKU

Input a digit from 1 to 9 in each box, so that every row, column and 3X3 subregion contains each number exactly one time without repetition.

								9
4					3			
6		2			7			3
				6			7	
5		7	9		8	2		3
	6			3				
	8		1			9		6
			6	2				4
2								

				3			8	
						4	5	2
			9		1		3	
	5		6			3		
1	8							5
3	7				4	2		
4	1							
	2	8	1	5	9			
		7	3	4				

Oh my word, it's a search

G S F V S C E V G X W Q X Q Y B J K U K
 W P G H C Q B X K K U T T Y A P N H D Y
 X G B R B E X B L X E W L K F S D C Y S
 U S J G I N Q M P O O P P L T S Q O T B
 M L X Z Y F G B C E F N Q W A L G I R M
 X D G H D X F A X O E A Y O S M W N B S
 G L Z W Z W F I C W R M K Y T V E Z T C
 U L J J X R I S N G L O B T Q D K T V P
 C J N X I K K J V P W D Q V F P O G T P
 O M I H I B I G T E O Z M P D S W B C E
 N A I G E L L O C M B E I H X B K Y T S
 V T R R Z J H R O I H N S E I J T R U W
 O N O Q J A L E W L S E A S N U Y M S X
 O Z O S J B E I U L I T T M W L M M B T
 E A E D K L S L W S F R R E N E R D B Q
 K S E W N Y U X I T O U T M R E B S I E
 T A B O Z I L K R R L P V A E U D Z J Z
 A J S I G R L A E E X X N O P L Q L K B
 G A B E A R C A T A J D O K E N A K O S
 J A S W U K T F K M D S X V U Y G S A G

ASWU Bearcat Bistro Collegian Fish bowl	Gatke Golden man Griffin Jason Lee Kankeo	Mill Stream Salem Summer and D WEB Willamette	WITS WU Wire
---	---	---	-----------------