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Willamette University



Bring on the transparency! ASWU Pres. Shamir Cervantes opens up committee proceedings for the rest of us.

pg. 3



Sophomore Josh Trissel gets the five star treatment everywhere he goes. pg. 4



Don't go breaking my heart: Senior Anya Rogala reveals the secrets to staying friends with an ex. pg. 6-7

Campo clash on campus



Community Mentors and Campus Safety officials butted heads earlier this school year after a Campus Safety Officer searched a CM's room without their consent. Ross Stout, the Director of Campus Safety, described the situation that occurred during Opening Days as a catalyst for discussion across campus about negative experiences between authority figures and the general public, including incidents of police brutality that have been in the national media spotlight in recent years.

According to the incident report filed by Area Coordinator Alicia Lewis as well as the testimony provided by a Community Mentor who asked not to be named, the CM was walking a friend to Pi Phi house on Aug. 22 around 2:30 a.m. Once the two arrived, the Pi Phi resident noticed that her key card was missing, prompting the CM to use his-since, to his knowledge, CMs had swipe access to all residencies on campus. Once this failed, the CM called Campus Safety and spoke with an officer who notified him that men were not allowed into Pi Phi at this time of night and asked for his name to look up his information. The resident of Pi Phi also spoke to the officer, but the call was unexpectedly dropped.

The resident of Pi Phi then found her ID and the CM returned the call to Campus Safety because he thought their assistance was no longer needed. However, the officer was already planning on going to Pi Phi because of "laughing" heard during the phone call and suspected that the two parties were under the influence of drugs and/or alcohol.

Once the officer arrived, they began asking the CM if he had been drinking. The CM was confused by this line of questioning and told the officer that he had not been drinking, but the questioning continued. According to the CM, the officer stated that they were going to follow him to his room because he was acting "strange." The officer then drove to the CM's residence hall with the CM where AC Lewis was called by one of the parties.

The officer requested to conduct a visual scan of the CM room, but the CM did not consent to a search. AC Lewis explained that the officer did have the authority to search the CM's room if he was thought to be under the influence. The CM continued to deny consent for a visual scan.

Not your 2002 computer game: On the Oregon trail



Community members gathered their wagons this past weekend at the Willamette Heritage Center and hit the trail with their oxen in tow.

SARAH HAGHI GUEST WRITER

A large gathering of townsfolk blazed trails at the Willamette Heritage Center on Saturday, Sept. 19 as part of the fourth annual live action version of the classic Oregon Trail computer game. One minute I witnessed college students dressed as forest animals fleeing the rapid fire of Nerf guns and the next minute, a man dressed as a cow spouted educational facts about the Trail. This endeavor was certainly a creative take on history.

Not only were the participants of the game dressed as pioneers, but they spoke like them too. Families, couples, seniors, and children dedicated themselves to the theme so much so that I felt out of place in my typical jeans

and t-shirt. Anyone could have common occurrence since "the walked into the Heritage Center without being familiar with the computer game that the festivities were based on; it was not too difficult for anyone to catch on and participate. One of the activities involved three-legged races that were due to the unfortunate occurrence of dysentery. Another involved a priest and a dirt grave for burying ill-fated members, a

trail claims many lives!" Medics were at a standstill with nothing to worry about because the participants appeared to enjoy themselves, despite being plagued with disease.

See OREGON Page 5

Volleyball lights up Cone Fieldhouse







Willamette fans were "diggin" the volleyball team's performance Friday night.



spectively. On Friday night they were up against arch rival Linfield inside the friendly confines of Cone Fieldhouse.

"The crowd Friday night was the best I have ever played in front of since coming to Willamette," said senior outside hitter Sarah Fincher.

Despite the raucous crowd, Linfield was able to win the first game. The teams were knotted in a 15-all tie until Linfield caught fire and went on 10-2 run, which allowed them to easily take game one. However, this would be the last hoorah for the purple 'Cats as the lady Bearcats regrouped in

They won the second game 25-19 and were led by Fincher who recorded 6 of her team high 13 kills in the second game. Linfield jumped ahead and was leading 14—12 in game three until Willamette went on a 5-point run and never looked back, winning 25-21. The Bearcats would easily take game four 25-16 and defeated the Linfield Wildcats. They were dominate at the net as they were able to hold Linfield to a .085 hitting percentage for the match.

ASWU does detective work, \$93,995 allocated for ASWU's budget this year

KATE LIVELY STAFF WRITER

According to an address at last week's ASWU meeting by Treasurer Caroline Brinster, \$178,337 in funds have been allocated for students this year.

According to Brinster's presentation, Willamette's student body of 2,097 paid a total \$185,498 in student fees. ASWU received around 93 percent of this money after the University took a small cut of the fees.

Of the \$178.337 ASWU received, \$48.151 is allocated to WEB, \$32,101 is allocated to the Collegian, and about \$22,000 goes toward the fall office budget. Smaller amounts are distributed to other people and organizations around campus such as ASWU

Sound and Blitz the Bearcat.

ASWU also received funding by zeroing out club accounts. This involves taking all excess funds from clubs that had extra money at the end of the spring term. After subtracting a quarter of the clubs' collective surplus for a mandatory endowment deposit, ASWU was left with \$26,782 in extra funds for this year. This was added to the remaining student fees, totalling up to approximately \$93,995 in unallocated funds for this year.

Some clubs however, started the academic year off in debt. Active clubs in debt included B Movie Club, NSCS, WU WIRE, Headband and the Willamette Dance Company.

Brinster said that a common cause of clubs going into debt was

error by previous treasurers.

"Treasurers forget to allocate money for the club," Brinster said. "They'll sign off on reimbursements thinking 'Oh yeah, the money is still in the account.' As soon as the treasurer signs that reimbursement that club [member] will be able to receive their reimbursement money, which will debit their account if the money doesn't really exist in that account."

Additionally, the CLA Music Teachers Association was listed as being in more debt than any other club, with more than \$700 in unpaid fees. Brinster said this was rare for a club.

She later "did some detective work" by talking to G/L Account Coordinator Jan Kenitzer and learned that the club had been given a recycled account number that previously belonged to the Hip-Hop Congress, which accumulated debt in 2011.

"When that recycled account number was reactivated, it was also reactivated with the old existing debt," Brinster said. That debt got relabeled under the Music Teachers Association's club.

Since the problem was discovered, the Music Teachers Association has been moved to a new account number and is no longer listed as being in debt.

Brinster is using this incident as a valuable reminder to her of the importance of staying on top of her responsibilities.

"Whoever is going to be the treasurer next year, I hope that in the beginning of their year, they don't have to go through the same thing I went through," Brinster said. "I feel like that should have been caught last year, when they first became a club in the fall. How does a club that just started and has never asked for any money already have this much money in debt?"

In hopes of avoiding further incidents, the accounting office is moving to a new system in which account numbers will have a longer string of digits.

"This was a very uncommon incident," Kenitzer said. "Once we start using the new chart of accounts, we will no longer need to recycle G/L account numbers, so that will resolve the issue in the future."

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Senator steps down

KATE LIVELY STAFF WRITER

An election will be held today to fill the vacant ASWU Senate seat previously held by junior Maile Symonds. Junior Liz Gill is running for the position unopposed.

Symonds stepped down from her position earlier this year after being a senator for three years. She cited increased involvement in other activities around campus as being the basis for her decision.

Symonds said she is excited to begin volunteering at WU Academy and assisting Associate Professor of Politics David Gutterman with a research project. Symonds is also a Community Mentor this year.

Symonds called her decision "pretty sad" and emphasized the value of her time as a senator.

"I think we're not utilized enough as a representative of the student body," Symonds said. "My biggest takeaway is that people need to get involved and try to make change on campus any place they can."

Symonds was one of the two student senators on the Tobacco Review Policy Committee that recommended the implementation of the new smoke-free campus policy. However, neither Symonds nor the other student were present at the final committee meeting of the year.

The lone candidate to fill Symonds' position is junior Liz Gill. As the only candidate, Gill says that the election process has differed from her other campaigns in which there have been other candidates, but that she has gone through all of the official steps.

Gill did not run for senator in the spring because she expected to be abroad this term but gladly took the opportunity when it arose again this fall.

"With the new leadership, I believe ASWU will have a very successful year, and I was excited by the possibility to run for the position," Gill said.

ASWU Vice President Rebecca Brownlee says that voting results for this election will be sent to the junior class by 6:00 p.m. on Sept. 23.

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Is Campus Safety "culturally competent?"



Campus Safety said that this occurence was isolated, but questions have still been raised about aggressive tactics used by officers.

CONTINUED from Page 1

The officer entered the CM's room without consent and proceeded to conduct a visual search. Although the CM's roommate was in their room at the time of the search, the officer closed the door, keeping the CM in the hall. In the CM's satement he said that his roommate felt confused. The CM attempted to enter the room at some point during the search, but according to his testimony, the officer put their arm across the CM's chest and said that Salem Police would be involved if there was a confrontation. The officer then asked the roommate why they seemed nervous and questioned

whether they were also under the influence. The officer did not find any substances or paraphernalia during the careh

during the search. The CM said that after the search, the officer told the roommate that they thought he and the CM were in on something together and were hiding it, even though nothing was found in the room. The officer remarked once more that the CM was defensive and agitated for someone that did not have any substances in his room. The CM said that he experiences large discomfort around police figures. The officer said they were going to file an incident report, which prompted AC Lewis to do the same because of how distraught the CM

was after these events.

The CM ended up discussing what occurred between him and the officer with fellow CMs. This prompted CMs to include their resident halls in the discussion.

In a Matthews hall meeting organized by CMs, they advised their residents to take precautions when calling Campus Safety.

One CM suggested including a third party witness if a student needs to interact with Campus Safety officers.

Although Stout claims these incidents are isolated, Stout said that some officers are more diligent than others and may be perceived more negatively because of that. Stout did not mention that there

was any distrust between CMs and Campus Safety, but he is still taking preventative measures with his staff. In order to be proactive, Stout has disclosed information about new training for Willamette's officers.

Campus Safety is "very close to identifying a woman who is going to provide training in what we [Campus Safety] are labeling cultural competency." This program expects to teach officers how to behave with sensitivity toward minority groups in order to make sure incidents are handled sensitively for all parties involved.

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NEWS

Cervantes pushes for big changes in administrative transparency



Many students were surprised to hear the University's plan to ban smoking next semester. Cervantes hopes increased communication will help bring them into the loop in future decisions by admin.

RYAN GAIL STAFF WRITER

Have you ever been surprised by a new policy at Willamette University?

Events like the closure of Zena Farm, the change in location for The Inclusivity Hearth, formerly The Center for Equity and Empowerment, and most recently the new smoking ban that plans to make the University tobacco free starting Jan. 1, have caught many students off guard. For ASWU President Shamir Cervantes, this highlights a problematic trend of policy changes decided but only "known to the students once they took effect."

"The main problem here is a lack of reporting," Cervantes said. "Big changes in the University happen in committee and that information I think should be shared to students."

This gap of understanding is why Cervantes has made it his goal as President to improve communication between students and administration. In particular, making the proceedings of the University's the committee tually decided While son this lack of regularity and action, Cervalian to be the case.

committees that typically consist of administration, staff, faculty and student representatives more open is one of his primary concerns.

President Cervantes believes that this problem with committee reporting is causing students to be caught off guard by significant changes that may affect them and their educational experience at Willamette.

"Students find out about things only once they are about to take effect," Cervantes said, in regards to students receiving official statements from the University. Any prior information, according to President Cervantes, is most often found out through "people telling other people and word of mouth."

Even if the presence of a committee is known to students, Cervantes feels that students "aren't aware of how to get in communication with the committees where things are actually decided."

While some may speculate that this lack of reporting is an intentional action, Cervantes does not feel this to be the case

These situations, according to Cervantes, don't "come about from a desire not to report to the students or the desire not to be transparent."

He instead feels that the University is lacking the means by which to facilitate this transparency in a concrete, codified way.

Informing Willamette's community of the work committees are doing "isn't just an initiative that's concerning ASWU," Cervantes said. He feels that administrators have also shown the desire and the willingness to report to students, but don't know how exactly to do it most effectively.

"I don't think we should be as harsh with [administrators] as we have been in the past," Cervantes said. "I think we are going to give them the opportunity to show students that they are dedicated to doing what's best for them and I think we should hold off judgement on their decisions until we see their willingness to embrace or not embrace [this] project."

In order to solve this problem of communication, Cervantes said he ASWU committee. This ASWU com-

wants to implement three points of change.

First is providing students with more information about how to contact representative members who form the various decision-making committees.

Secondly is keeping students aware about the work that is being done in those committees on a regular basis.

The third and final point of change he suggested is to make sure students are aware of decisions before they take into effect, particularly on controversial issues.

One program that Cervantes is considering is a "Campus Development Report" that would ideally be printed in *the Collegian*. The intention of the report would be to keep students updated on work being done in various committees around

When explaining how it would work, he stated that information for the report would first be sent from existing committees to a new central ASWII committee. This ASWII com-

mittee would then report to the Collegian with detailed information about changes going on around campus.

This ASWU committee would also be able to provide additional information should students want to contact committee members.

Cervantes does admit that the administration will sometimes make mistakes in decision making.

"We should view those as mistakes," President Cervantes said. He believes focus needs to instead be on correcting "the ways by which those mistakes are made rather than focusing on the specific people involved."

While President Cervantes sees committee communication as a significant challenge for ASWU, he does believe that the problem can be over-

"I think that's where ASWU has room to grow," Cervantes said. "That's the burden I'll take on."

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CAMPUS SAFETY

EMERGENCY MEDICAL AID

September 15, 7:28 p.m. (In a Campus Residence): A student working for Willamette Watch radioed in that they observed a student who had fallen off their skateboard and needed medical assistance. An officer responded and assessed the student. The student declined a transport to the ER. The injured student was urged to call if their situation changed. Approximately thirty minutes later, the student called and requested to be transported to the ER.

September 17, 7:56 p.m. (In a Campus Residence): A student requested medical attention after injuring their wrist. WEMS con-

cluded the student did not need further treatment, and advised them to contact Campus Safety again if their condition worsened.

TRESPASS

September 15, 2:47 p.m. (Star Trees): An officer observed an individual under the Star Trees. The subject was told to leave campus. The individual did not leave, and made threats to the officer. Salem Police was called to and he was escorted off the scene.

September 17, 9:21 a.m. (Cottage Street): An individual who has received multiple warnings from Campus Safety for trespassing on campus was seen by the Hatfield Fountain. Campus

safety officers approached the individual and notified him that Salem Police had been called. Campus Safety officers followed the individual to Cottage Street, where Salem PD intervened. The suspect was served a trespassing notice and was removed from the property

THEFT

September 18, 9:50 a.m. (Ford Hall): An officer confiscated a laptop from a student, as it was reported stolen by WITS. The laptop was then returned to WITS.

September 14, 10:00 a.m. (Kaneko Commons): A student came into the office to report the theft of their bike. The bike was

locked up with a cable style lock to the bike rack outside Kaneko. The student made a theft report, and was referred to Salem Police's' non-emergency number to make an additional report.

UNAUTHORIZED USE OF A MOTOR VEHICLE

September 16, 1:30 a.m. (University Apartments Parking Lot): A student called to notify Campus Safety that the individual had just filed a report with Salem Police about his car being stolen. The student had parked their car in a campus lot and when he returned to the lot 24 hours later the vehicle was missing.

WELFARE CHECK:

September 14, 10:23 p.m. (In a Campus Residence): Campus Safety received a call from the parents of a student who were requesting a welfare check. Officers responded and contacted the student with a message to call home.

*PLEASE CONTACT CAMPUS SAFETY IF YOU HAVE ANY INFORMATION RE-GARDING THESE INCIDENTS.

Arts

Fan of the inexplicable and the bizarre? Look no further than Willamette Theatre Department's production of "bobrauschenbergamerica." The production explores the life and work of artist Bob Rauschenburg in an artistic manner. Opening night is Thursday, Sept. 24 and tickets are \$8 for students.

Enjoy a cup of coffee and free Portland based music on Friday, Sept. 25 at The Governor's Cup Roasters. The Weather Machine will be jamming at 9 p.m. What's the catch? The show is 21 +. So if you're legal, or a piece of plastic says you are, drop by and stay a while.

Quirks, quilts and more are on display at the Willamette Heritage Center until Wednesday, Sept. 30. This exhibit shows "Quilts throughout Time" as a way to promote their October event "Quiltopia." Admission is free and it is just a short walk across the street from Kaneko.

Got culture? Contact Lifestyles Editor Christine Smith <cssmith>

Give nothing, get something... every time



JOSH TRISSEL CONTRIBUTOR

The phrase "five-star" may dig up flashbacks from middle school, but Salem's is not the kind of "five-star" that ends with a painful red handprint on your face or the center of your back. Rather, it is the constellation that ends with you receiving a free drip coffee from the IKE Box Coffee Shop. What a relief.

FiveStars Rewards is a new rewards program being adopted by shops in downtown Salem. This program allows you to accumulate points by spending money at participating stores, enabling you to cash those points in for free stuff. The allure of the program is that you only need to enter your phone number once at any of the locations that have partnered with FiveStars. After that, you simply enter that same phone number at any location they are partnered with to earn points and eventually get tangible rewards. They give you a card after you register, but you do not even need it.

In fact, you can toss all of your

other rewards cards in the trash too because there are dozens of stores around Salem participating in Five-Stars. You will not have to guess whether this card is going to finally be the cause of your wallet bursting, and you will never again need to be that one person holding up the line while scrambling for the rewards card buried deep in your wallet.

The standard for earning points with FiveStars seems to be that \$1 equates to 1 point, with most stores allowing you to earn free stuff one you have cashed in between 20-40

points, with better prizes as the points accumulated go up. FiveStars also has an app on the app store for iPhone and Android that allows you to register businesses that you frequent for—that's right—even more points.

Unfortunately, the points do not carry over from one business to the next, so you can't binge on \$35 worth of beer at Venti's Café and Basement Bar and then satisfy your drunchies with free candy at Ricky's Bubbles and Sweets, unless you have accumulated points at both places.

FiveStars is a huge supporter of local small businesses. Creating a business around here is tough as it is; keeping in business is even more difficult. The shops that linked with FiveStars promote their businesses through the program, with benefits like offering free truffles on your birthday or random coupons. These promotions increase traffic to the unique downtown shops.

FiveStars is available at shops such as Venti's Café and Basement Bar, IKE Box Coffee Shop, Ricky's Bubbles and Sweets, La Margarita, Gamberetti's Italian Restaurant and more. So go ahead and sign up. Go wild, Bearcats. Get that free stuff; you deserve it.

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Review: O'Sushi, move o'ver



DEVIN VINORAY CONTRIBUTOR

There is a problem-free oasis in the Historic Reed Opera House that is 503 Sushi Bar. In 1938, legislators at the Oregon State Capitol saw that Willamette students had trouble finding their way back to campus after wandering out late at night, so they installed a Golden Man to guide students like the North





Star. In 2015, Willamette students were then faced with the problem of Donald Trump and his horrific presidential campaign. While there may be no end to that problem at ing. I

the moment, this sushi bar proves

to be a temporary solution.

This small sushi tavern dishes out affordable sushi without sacrificing the quality of top class dining. It is just a few short blocks from campus and is a hidden gem, ready to host customers for all occasions. Their sushi bar is perfect for the enjoyment of drinks with dinner and their sushi chef (and owner) Kay Lee has a plethora of jokes to tell.

Looking for a quiet and intimate dinner for two? The restaurant has a section for you love birds as well as an entire side of the restaurant dedicated to serving large groups. All of 503's sushi ranges from \$2 for simple rolls and Nigiris, to \$5 for specialty rolls. Among their most popular dishes are the Oregon roll, which is a California crab roll topped with fresh salmon and avocado. Another favorite is the Tataki roll, which has seared ahi on it.

503 Sushi Bar is located at 189 Liberty St. NE, on the second floor of Reed Opera House. They are open for lunch from 10 a.m. to 2:30 p.m. and dinner from 4:30 p.m. to 9 p.m. Monday through Saturday.

It is quite an adventure to locate this hole-in-the-wall, and you mostly likely will get lost in the Reed Opera House (or distracted by the random assortment of shops within). If you manage to come across this gem, 503 Sushi will make the trip worth it. The mezzanine seating offers an interesting bird-nest view of downtown unique to this location. The floor layout of the restaurant is in the shape of the letter "O," so basically each seat comes with a window.

The restaurant has only been open for three weeks now, but a lack of foot traffic keeps the place from being too busy—so do not expect a long wait time for seats. This is one of the best kept secrets of Salem and is sure to give O'Sushi and Fuji Ricetime a run for their money as far as engaging college students goes.

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Oregon Trail Live: More fun, less dysentery



A pair of Oregon pioneers prepare their wagons to ford a rushing river.

CONTINUED from page 1

One of the most interactive activities was when the pioneers fought their way through the raging Platte Rivers under the brutal spray of rough rapids. They ran at an impressive speed, even with wagons in tow. As they carried their small paper wagons over the chalk ocean of ferocious fish, they braced themselves for the "rapids" of blue pool noodles. On the other side of the river were some slightly smaller pioneers who grasped tiny fingers around yarn strings that dragged wagons through the North and South side of the river, represented by blue plastic inflatable pools with designs of ocean animals on the bottom. These little ones were very invested in saving their wagons when a heavy rainstorm (spray bottles filled with water) rained down unexpectedly on their fragile paper wagons.

With a barn full of music and food and that man dressed as a cow still rolling around the grounds, I was lucky to catch a moment when a daughter and father participated in a threelegged run. The girl's mother was encouraging and reminded her that winning or losing the race was not a big deal. The mini-pioneer clenched a bit of his shirt in her palm as she concentrated on matching her steps with her father's. As they reached the finish line, a whole crowd of participants clapped and cheered for the beaming trail blazer.

It was quite a day, and many of the participants looked exhausted as they happily stumbled away from their time-traveling extravaganza.

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Once a firefighter in the city, now a bagpiper on the stage

NEBRASKA LUCAS STAFF WRITER

"The thing about bagpipes is, they are either something people love or something people hate."

On Sept. 24, Willamette will be giving students the opportunity to decide for themselves what side they are on. The upcoming theater production of "bobrauschenbergamerica" will feature a brief interlude of "Scotland the Brave," performed by Darroll Moorehouse, a retired firefighter who previously resided in San Jose, California.

For those unaware, bagpipes did in fact originate in Ireland, which is something I quickly clarified with Moorehouse due to the ounce of Irish pride I claim to have. Moorehouse confirmed but was quick to respond with, "Being a Scot, we like to say the Irish made 'em, but we improved them."

It turns out the dual Irish and Scottish heritage has played a significant role in the popularization of the bagpipes among-specifically, and surprisingly-firefighters. Out of all the bagpiping firefighters in Salem, Moorehouse stepped up to volunteer and share this tradition with the Willamette community.

The bagpiping-firefighting community, says Moorehouse, "came to be from the Irish and Scottish immigrants, many of whom couldn't get good-paying jobs, who had to take up jobs as firefighters and wound up bringing their music with them." These communities existed primarily along the Eastern seaboard up until the attack on the World Trade

"Since then, there's been a real explosion of firefighters being bagpipers. We saw what happened [on 9/11] and thought, 'that just can't be so a lot of us started taking up the pipes as a means to show support,"

The rapid spread of bagpiping firefighters on the West Coast may have been the final push that convinced Moorehouse to take up the bagpipes (he began roughly twelve years ago) but he reveals his fascination with the instrument began much earlier.

"It's something that's been on my mind since I was a child. My dad used to take me to children's parades and I remember looking up at the bagpipers, with their big hats-to me, I mean I was just a small kid, but they looked like giants. The music entranced me."

Now, Moorehouse teaches others how to play the bagpipes. He says that the majority of his clientele are local high school students and that it takes roughly a year for a student to become capable of reading music before playing it.

"There's only nine notes on the bagpipes. There's no volume control. It's a pretty straightforward instrument. Once you learn the finger placements, it's pretty easy to play. But there are hundreds, maybe thousands of tones written from those nine notes."

The proceeds from both Saturday matinee performances of "bobrauschenbergamerica"-Sept. 27 and Oct. 4—will be donated to the Salem Firefighters Pipe Band charity.

"I always think it's cool when we are able to work with folks beyond the Willamette community... He's doing us a huge favor by helping us out," Theatre Manager Andrew Toney said.



bagpipes, or they hate them. If you fall into the category of the former and would be interested in learning to play the bagpipes, you can contact Moorehouse and arrange for les-

People either love the sounds of sons. He has been a valuable asset to Willamette's theatre department and is eager to pass on his talents to others.

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Swipe right for friendship

CHRISTINE SMITH LIFESTYLES EDITOR

Swipe left, swipe left, oh definitely swipe right on that one. Imagine an app with a similar concept to Tinder, but with a not so shallow standard used to rate people and the end result of the interactions simply being a new friend, not a random hook up.

Staying in does not necessarily equate to wallowing in sadness, but it can be extremely difficult to resist going out when every single one of your friends is out on the prowl or already has plans. There are some weekends when I do not want to go out, but I also am still putting off homework at all costs. These are the nights I want to venture out into the local music scene, go bowling or find some other form of entertainment. I could not possibly be alone in these feelings, but when every individual in my contacts is booked for the night it sure can feel like that is the case.

The ideal phone app, especially for a small campus in the not always so bustling $\,$ city of Salem, would link people to fellow enthusiasts. Enthusiasts of what in particular is all up to the user. Maybe you dig staying up until 2 a.m. grubbing on takeout and bingeing on "Gilmore Girls." Or maybe you really need a fifth person for Lazer Tag but have no idea who else to add to the team. Either way, this dream app would link people up based on whatever adventure they are up for that day.

The idea would be that every quick profile would include what a snapshot of the individual and a few things they are looking to have an adventure partner for, and it can be constantly changing. Also included in the listed information would be some of their general interests overall. It could be divided by outdoor activities, cheap local attractions and indoor relaxed activities.

When in need of another early riser who wants to train for that half marathon, there just has to be at least one other person out there who is looking for that person in their life too. If the whole concept seems way too personal to be framed by the same standards of Tinder, it could even be limited by universities. Perhaps a verified email account could provide for a relatively safe portal of befriending new faces on campus. New faces you probably have passed by every day and never realized that they also watched every single episode of "Friends" over the summer and want someone with this mutual appreciation to accompany them to the pumpkin patch.

Some larger universities even utilize phone apps where an individual will say when they are going to their school's version of Goudy and then anyone else can "check in" and join them. The intention is to never have a student eat alone again (unless they choose to) and to constantly be making new friends in an easy envi-

Sometimes approaching people you have a massive friend crush on involves loads more pressure than someone you are romantically pursuing. What if they think you're creepy? What if their new friend quota for the year is already maxed out? More often than not, people are open to new faces, even if their solid friend group seems to be already established. Some people socialize over the enjoyment of being social, but others need a more tangible reason to form a friendship like a shared interest. The ability to look up people in the area based on a common interest you decide to search could lead to some real friendships, or some awkward encounters. Either way, it's probably better than Tinder.

P.S. I have friends.

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ANYA ROGALA **GUEST WRITER**

We've all been there: that cringe-worthy encounter with an ex (ex-partner, failed hookup, ex-roommate, that friend you just haven't reached out to for too long) which subsequently has you flinging your arms up in the air, declaring that "this campus is too small!"

In these awkward and all-toofrequent interactions, we are faced with a choice: will we ignore each other's very existence, or will we be friends? Will we spend four years navigating how to avoid our exes, or will we learn how to interact in a mature way?

Reeling in the first heartbreak of my freshman year, I decided early on that I would not surrender my small comforts and routines in fear of failed romance. I did not want to give up my earned Bistro territory-my home away from home, my sanctuary of hugs and vegan chai cookies-just because a beautiful barista left my heart in pieces. Instead, I tread on any ground I please with a smile and the offer of friendship for anyone who will take it; ex-lovers included.

That's not to say it's easy. Breaking up hurts, and moving between the rawness and intimacy of romance to the ease and lightness of friendship doesn't happen the moment you utter the words, "I think we should just be friends."

Maybe you've been dating for years, or only hooked up for a few weeks; maybe things went awry with a roommate or you had a falling out with a friend. It doesn't really matter - these steps apply to everyone trying to navigate the murky waters from ex-anything to friend(ly).

Step 1: Know when it's time to break up.

Perhaps the easiest way to sabotage the possibility for friendship in the future is through staying in a relationship past its expiration date. Yes, I'm looking at you, young ones who believe your love has the power to change that misguided, bearded boy in your poetry class. I hate to be a Donald Downer, but give up.

ter. Being a quitter means you are also a doer and a trier, and that you have cultivated enough inner wisdom to decipher when something is not right for you and you're bet-

on with rose colored glasses. They see the relationship for what it is: doomed. This was the case for senior Celine Sannes-Pond and all who witnessed the fateful orange juice incident.

"The day I ended up breaking up with my freshman year boyfriend, we had brunch at Goudy," Sannes-Pond recounts. "At one point I commented that although the juice dispenser claimed to serve 100% orange juice, I had always thought it tasted odd. Boyfriend said, 'hmm,' grabbed my cup of OJ, swirled it like a glass of good wine, wafted the smell towards him, then declared somberly, 'It's concentrate.'

'Later that day he stuck his finger in my cappuccino foam and that was the final straw - we were broken up by the end of the day."

When a relationship of any kind is on shaky grounds, something as seemingly trivial as swiping coveted cappuccino foam with a dirty finger is all it takes to come crashing to the ground. If you want any hope of future friendship with whomever the foam-stealing, OJ snob is in your life, don't let it get to this point. Break up now before it's too late!

I can't say I'm broken up inside about the fact that Sannes-Pond and their ex are no longer friends, and I don't think Sannes-Pond is either. We look back on our hapless freshman days and laugh, retelling $\,$ the pretentious orange juice incident only with incredulity at how long it took for them to realize it was time to break up. Save yourself the trouble, and the cappuccino foam, and call that romance quits.

Step 2: The break up

Even when you are certain it's the right decision, the moments preceding the break up can cause even the most assured person great anxiety.

Take a deep breath. Imagine a not so distant future in which you are happier. Picture what that looks like, what it means to you. Now, where is your ex in this vi-

If they are nowhere to be seen, maybe a continent away or dead to you, then proceed with your life; this article is not for you. Some people prefer the catharsis of burning bridges, void of any potential confusion, and that's okay. Sometimes, when the relationship is toxic, this is unquestionably the right decision. Own your in-

Save yourself the trouble, and the cappuccino foam, and call that romance quits

ter off without it. Know yourself, and know your limits. If you are able to identify these before you've been pushed past your threshold, you are already a step ahead in the game.

Sometimes it's not obvious that a relationship is past its expiration date until all the little irksome things have accumulated and suddenly, you snap. I can probably guarantee, however, that your friends have not been looking brave one.

It's your call, no one else's. However, if you are filled with anguish at the thought of losing this person not only as a romantic partner, but also a dear friend, then a sensitive handling of the break-up and weeks following is

No matter what feelings you have toward your soon-to-be-ex, the break-up is the time to re-

ner strength and charge forward,

Step 3: Create and maintain

Sometimes passion weasels its

and name-calling will provoke

animosity and fear. It's important

you speak your mind, but even the

simple addition of "I feel..." before

your statement helps your partner

receive your message in the heat of

the moment. Avoid "you are" and

"you always" statements because

they likely will make your partner

heard whether friendship is your

goal or not. Be decent, and listen

to what they have to say, too, no

listening to your partner during

this exchange, you are modeling

the kind of communication you

wish to continue. The foundation

of friendship has been built, even

as your romance is deconstructed.

Be proud of your skilled crafts-

In expressing your thoughts and

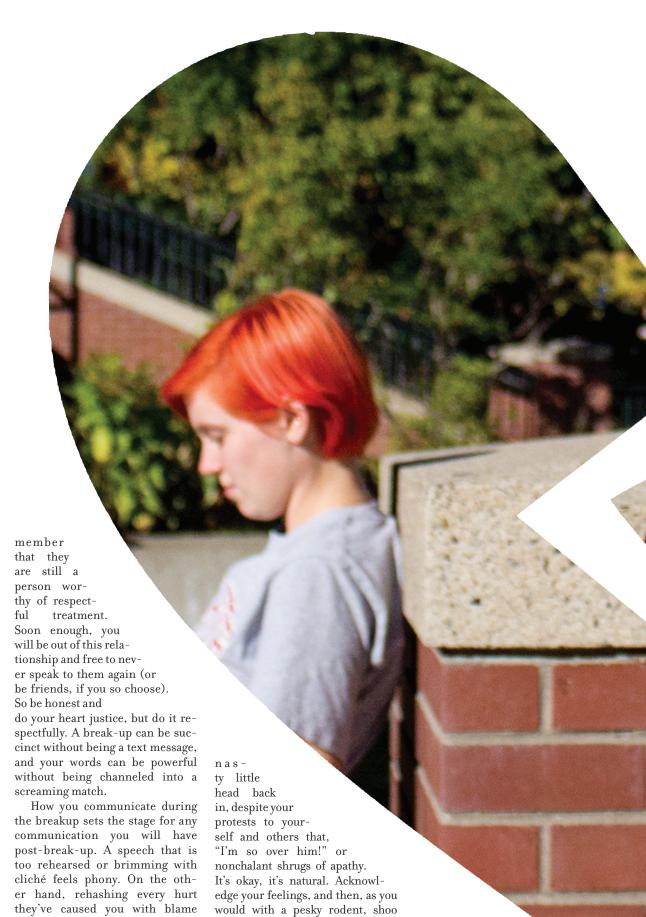
matter how angry you are.

Let's face it — you want to be

defensive.

manship.

Why can't we Heartbreak is not necessaril



them away; they are not welcome here in the realm of friendship. Each person takes their own time healing and moving on, so if you or your ex-partner are not ready, respect this. If it was an intense relationship, maybe jumping into friendship immediately after the fact is not the wisest idea. Just because you aren't instant pals after the break doesn't mean everything is over forever, as was the case with WU graduate Lulu Anderson, whose young romance is still an important friend in her

Anderson recalls, "I really hurt his feelings when I broke up with him. We weren't friends at all for about 8 months. [We] didn't really speak and had to kind of get to know each other again slowly after that time apart. We only hung out in groups at first and then we would hang out in smaller and smaller groups till we fell back into what was basically the same friendship we had before dating. I feel like time

is essential."

Give yourself some time and space and decide on your own what you need from this new type of relationship, and communicate that. If you are saddened by the abrupt distance, say something, giving your partner the opportunity to either reciprocate the sentiment or express their need for space.

Don't force a label where it doesn't fit; if you or your ex still harbor feelings of love and possession and are unable to dismiss these overwhelming thoughts, take more time apart. Love under the guise of friendship is not healthy.

Anderson echoes this sentiment, saying, "What I really think is unhealthy is when people say they are just friends with exes but also are aware of the fact that they don't want them to date anyone

e be friends?

y the end of the relationship



way then you can't be friends yet! I think a lot of people try to do this with very little success. I'm not friends with my exes except for the sweet sweet boy I never kissed. He's still a homie."

you feel that

Take your time. Don't torment your heart or exes by trying to spend all of your time together as "friends" when you really have something else in mind. This isn't fair to either of you.

Remember that boundaries are not something that can be created and subsequently forgotten. Boundaries must be established early on, but also must be revisited as you grow and change. As time goes on, you likely will need to reevaluate, maybe relaxing, but maybe adding rules.

Even years down the road, your silly banter may provoke nostalgia

confront you once again with the is-

But, because our romance is a distant point in the ever accelerating tempo of our lives, I seldom worry about our old romance rekindling; we are so far beyond where we were at 16, and we've been "just friends" successfully for all of these years. We've both dated other people and talked about it, gone off to different colleges and different countries for study abroad. The romance part of our history feels like a distant, fuzzy dream. But one day, five years later, he asked to kiss me.

inside jokes alive and talk about mat-

ters of the heart with the same fluid

curiosity and openness we had at age

We had spent a day in Berkeley scouting out Simon and Garfunkel records, drinking local ginger ale and snapping dumb photos with our disposables. Good ol' friend activities with a good ol' friend. Or so I thought.

I declined his kiss inquiry, much to my mother's chagrin. For about

friendship is important for your own mental well-being and confidence building. In the time apart, you have the opportunity to turn inward and learn how to cultivate happiness from your own personal resources. These were the most important messages senior Caleb VanBuskirk bestowed in his recollection of the romantic misadventures of first year. Ridden with insecurities, as he

describes himself, young VanBu-

Or, maybe you just don't hate their guts and making conversation is tolerable.

Either way – victory!

When you break up, you say goodbye to what that person symbolized to you during a specific time in your life. Often your conceptualization of this person and their actual being are so tightly intertwined that the unraveling is disorienting. But, in doing so, you are making room to welcome

We are not "just" friends, we are great friends...the shift from romance to friend is not a downgrade; it is something to be celebrated.

skirk was wide-eyed and had his heart on his sleeve, like many of us are in our early romantic experiences. He admits that he was also embracing his sexuality for the first time, causing him to feel swept up in the thrill of new attention and affection and lose sight of the kind of treatment he deserved.

"I put him on a pedestal and made it feel as if he was so far above me and then it turned out that he wasn't," VanBuskirk reflects.

With some distance and new experiences, he was able to realize his own self-worth and celebrate his strengths.

Don't be afraid of being "selfish," and don't be afraid of being alone. Any of us who have spent some time in the dark recesses of our souls know that this is the fertile earth from which all growth emerges. While sharing a life or just a night with another person sounds nice on a lonely rainy night, don't become dependent on this fantasy. Don't underestimate the value of a good long while on your own.

In describing his subsequent relationships, after this period of inward reflection and self-discovery, VanBuskirk says, "They were communicative and they were healthy, and I would return to the former [relationship] and it was like I awoke."

Time, distance and independence are what VanBuskirk attributes to his change of perspective.

class or stroll into the Bistro where

you will inevitably see them and

ask them how their week has been

going. Conversation is bubbling?

Make a coffee date or go on a hike

together! Getting the cold shoul-

der? Focus your precious energies

elsewhere - you know you can't

afford to expend energy where it

is not received. Besides, you have

a new partner named Thesis with

whom you are oh, so happy and

Step 5: Just do your thing

academics, or friends, or whatever

gives you life, will benefit you re-

gardless of your emotional prox-

imity to your ex. Friends or foes,

you are the most important person

in your life, so take care of you!

Truthfully, these should be your

priorities even if you have found

as you gradually ease back into

Sticking to your boundaries

'The One."

Diverting your attention toward

"The key to me seeing him as he is was me achieving self-confidence. I was able to see it more clearly and cultivate friendship."

For VanBuskirk, friendship was a by-product, not the goal, because he is the most important person in

So, if you are desperately trying to make things work with your ex, and you are wondering why you aren't better friends, stop. Step back. Focus on you. Write your thesis, run a marathon, but just do you. All else will follow as it should.

Step 6: Friendship

Seemingly suddenly, you wake up one day without the ache of I-love-you heavy in your chest or vivid memories playing a distracting reel every time you look into your ex's eyes, and you smile at them realizing how happy you are to see your friend.

a new dynamic between the two of you, which can feel as thrilling and wonderful as meeting someone new or falling in love. You can never predict what might happen down the road.

Maybe, you'll even attend a wedding together in Poland two years later!

My tryst with the soft-spoken Welsh boy in the cherry blossom days of freshman year was never meant to last forever. But when we said goodbye at the end of his study abroad semester at Willamette, I never would have anticipated the long-lasting, globe-trotting penpal friendship which describes our relationship now.

It was a weird coincidence that I was studying abroad in Poland when a coworker of his was getting married in Koszalin, a tiny farm town in Northwest Poland, and my friend needed a plus one. Before I knew it, I was on a rickety bus with flashing lights and outdated music playing as we swerved through the dark, side by side with my ex-lover, now friend, on our way to a traditional, vodka-fueled Polish wedding.

All weekend we were ogled by Polish grandmas and English chaps who remarked at what a cute couple we were, which we corrected, "We're just friends," without disdain or discomfort.

But I would like to make a correction: we are not "just" friends, we are great friends. Friendships like these need no qualifier because the shift from romance to friend is not a downgrade; it is something to be celebrated. Screw the notions of "friend-zone" or "just friends" because friendship is fucking awesome.

For everyone with "ex"-anyone, do not feel sorrow. Rejoice! Toss out the labels "girlfriend," "partner," what-"boyfriend," have-you and even "ex," and with them, shrug off the obligation to fulfill these roles. Take another look at yourself and your now unnamed relationship, and journey on to whatever may be!

Who knows, maybe you'll even get to go to some cool weddings in weird places.

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Volleyball kills in their conference opener

CONTINUED from Page 1

On Saturday night, the team loaded up the vans and headed to Newberg to take on the George Fox University Bruins.

"We fed off the positive energy and the confidence we developed from the previous night," junior and middle blocker Taylor Lum said.

The momentum certainly carried over as they won the first game 25-20.

The second game was closely matched, as there were five lead changes and 14. ties. With their backs against the wall the Bearcats rallied for three straight points to tie the game at 24. Eventually the Bruins would take the game 26–24 after two big time kills from their leading hitter Erin Sprowls.

Game three was a completely different story as Willamette jumped out to an early 11-4 lead and never looked back as they came away with an easy 25-14 victory.

The Bruins weren't just going to roll over and let the 'Cats

win game four without a fight, however. There were seven ties and six lead changes in game 4, even a time when the 'Cats trailed 22-21. That was as close as things were going to get as Willamette won the game 25-22.

Senior Lindsey Compton, straight out of Portola, Calif., led the 'Cats all weekend long; as she messed around and recorded a triple-double in both matches this weekend.

The team came into the weekend with a record of 4-4, but they credit their strong start in conference to a tough preseason schedule.

"Preseason games were very tough this year and though we didn't go 8-0, it was good to see how hard this team can fight and how well we work together even when we are down," Fincher said.

The Bearcats look to build on their winning streak as they take on Pacific University Friday, Sept. 25 at 7 p.m. at Cone Fieldhouse.



edelprad@willamett.edu Our 'Cats fought hard all weekend, and after a tough pre season schedule went undefeated this weekend.

Bearcat Spotlight Senior Taylor Ostrander, Cross country



Bearcat Spotlight, a new weekly feature, will inerview personalities, captains and talents from Willamette varsity and club sports. Find out about these athletes, and what they do when they're not at practice! First up, Cross Country and Track athlete from Kenai, Alaska, Taylor Ostrander.

MARK ANDREONI CONTRIBUTOR

- Q: Who is your celebrity A: Joseph Gordon-Levitt.
- Q: Who is your role model? A: My dad.
- Q: Favorite movie? A: "Ferris Bueller's Day Off."
- Q: Favorite TV show? A: Friends.
- Q: Favorite book? A: The "Harry Potter" series or "Gone Girl."
- Q :Favorite Wu-Tang Clan A: I don't know who they are.
- Q: Favorite pop star? A: Harry Styles.

- Q: Favorite cartoon when you were a kid? A: Arthur.
- Q: Most embarrassing moment?
- A: One time I was pretending to go over moguls at practice in the grass and I was just winding around trees when I suddenly fell over really hard everyone thought I had done it on purpose, it was not.
- Q: What album/song have you been listening to over and over again recently?
- A: "Little Lion Man" by Mumford and Sons.
- Q: If you could eat dinner with anyone throughout history who would it be? A: Steve Prefontaine.

- Q: If there was burrito/sandwich/pizza named after you what would be in it?
- A: Peanut butter, and marshmallow cream.
- Q: What would your entrance music be?
- A: "Final Countdown" or "Eye of the Tiger."
- Q: What was the worst job you ever had? A: The worst job I ever had
- was being a pizza delivery driver, but it was also kind of the best job because I met really cool people even though I also had some really sketchy experiences, overall I liked it though.
- Q: If you were a super villain what would your master plan
- A: I would con everyone into

- giving me Bistro cookies.
- Q: What is your favorite jellybean flavor? A: I don't like jellybeans
- Q: What animal do you identify with at the moment? A: Caribou.
- Q: If you could learn any musical instrument what would you learn?
- A: Piano.
- Q: If you could gain any skill what would it be?
- A: Confident public speaking.

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SPORTS BRIEFS

FOOTBALL

Two different Bearcats were recognized by the Northwest Conference for their performance in Saturday's game against California Lutheran. Junior free safety Damian Jackson, was named NWC Defensive Student Athlete of the Week, he had eight total tackles, a forced fumble, and an interception against the Kingsmen. This was also freshman placekicker Cameron Cole's first collegiate game, and he made the most of it, nailing a 31-yard field goal, and was a perfect three for three on extra points. This performance earned him NWC Special Teams Student

Athlete of the Week honors.

VOLLEYBALL

Senior Lindsey Compton had a big weekend for the Bearcats, recording triple-doubles in the games against Linfield and George Fox, earning NWC Volleyball Player of the Week honors. She had 11 kills, 20 assists, and 21 digs against Linfield on Friday and 19 kills, 22 assists, and 18 digs against George Fox on Saturday.

MEN'S GOLF

The men's golf team performed great at the Pacific Fall invitational

at Quail Valley Golf Course, winning the overall team title by ten strokes. Trent Jones, in his first collegiate tournament, shot three-under over two days to win first place. Willamette golfers Peter Mitzel and Clark Wilson finished third and fourth in the tournament, respectively. Jones was awarded the NWC Men's Golf Student Athlete of the Week award after the weekend's performance.

WOMEN'S GOLF

The Bearcats competed in the Pacific Fall Invitational golf tournament over the weekend. Maddi Barnett, a sophomore, placed fourth in the tournament, shooting a 164.

MEN'S SOCCER

The 'Cats lost two tough games over the weekend, the first a 1-0 loss to Whitworth and the second a 1-0 loss to Whitman. The Bearcats fall to 1-5-1, with each of their losses coming by one goal.

WOMEN'S SOCCER

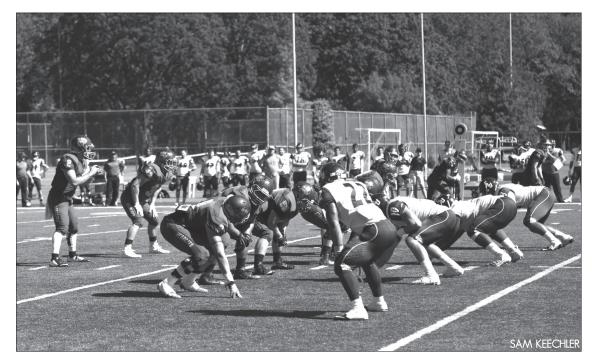
Willamette won their first game of the year Saturday at Pacific Lutheran. Junior Kinsey Keene had a big game; scoring both of the WU goals in the 2-0 win. Junior Emily Sewall

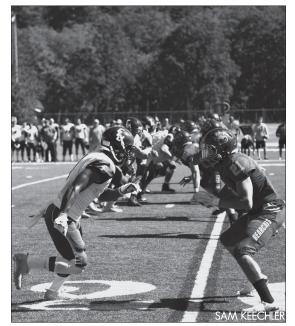
had 5 saves between the posts. Sophomore Marley Duncan added a goal in a 2-1 loss against Linfield on Wednesday.

WOMEN'S TENNIS

Willamette hosted the USTA / ITA Northwest Regional Women's Tennis Championships last weekend. Sophomore Mikaila Smith performed well for the Bearcats, making it to the singles tournament round of 16.

Bearcats can't complete the comeback







Our Bearcats fought valliantly both on offense and on defense to bring home the win but they were unalble to clinch thew victory during their second half comeback.

ERIC SPRESSEF
GUEST WRITER

After trailing 27—3 midway through the third quarter, the Bearcats scored 21 unanswered points in the fourth quarter but ran out of time as they fell 27—24 to the visiting Kingsmen from Cal Lutheran University.

As the offense struggled to get things going, the defense did well to hold the Kingsmen from reaching the endzone on multiple occasions in the second quarter. After a Cal Lutheran touchdown with 14:53 remaining in the 2nd quarter, the Bearcat defense was able to force a fumble on their next drive.

After an eight-play, 83-yard drive, Cal Lutheran had a 4th-and-goal on the 2-yard line. As the hand off was given, junior Paimon Jaberi was able to force a fumble by hitting the running back on the 1-yard line, and the Bearcats' junior Nick Brickous recovered the ball for the Bearcats on the 3-yard line. The next two drives for the Kingsmen ended in the red zone once again, as the Bearcats defense came up big to hold the opposing offense to two short field goals. Willamette was able to head into the locker room with the game still within reach at 20—0.

The Bearcats offense looked much better in the second half and their first drive of the 3rd quarter lasted 11 plays and 70 yards but came up short of the end zone, resulting in a 31 yard field goal from freshman Cameron Coe to cut the score to 20—3.

Entering the 4th quarter trailing 27—3, the Bearcat rally began with an interception by junior Damian Jackson which led to a 63-yard drive for Willamette, capped off by a 3-yard touchdown pass from junior quarterback Trent Spallas to junior Mark Mulligan. After the defense forced a three-and-out punt, the Bearcats were able to go 63 yards for a touch-

down once again, this time finished off by a 21 yard TD pass on 4th-and-11 from Spallas to tight end Austin Jones.

Now trailing 27-17 with just 3:15 left to play, Willamette sent Coe out to attempt an onside kick which was recovered by sophomore Taylor Livingston of the Bearcats after Cal Lutheran bobbled the first clean look at grabbing it. After a pass interference call and a 17-yard rush by Spallas, Willamette had the ball on the CLU 31 yard line with just less than 2 minutes left in the game. The next play by the Bearcats was a successful fake double-reverse pass as Spallas handed the ball off to sophomore receiver Jordan Fickas who then faked a hand-off to freshman receiver Jeremiah James before launching a perfectly thrown ball to senior receiver Ryan Foote for a touchdown to cut the lead to just three after the

With just 1:49 remaining, Willamette had to attempt another onside kick, but this time the ball bounced out of bounds and by the time the offense was able to get back on the field there was only three seconds remaining and a last ditch effort came up short. Spallas finished the day throwing 16—35 for 231 yards with two touchdowns and no interceptions. Jones led the way receiving with five catches for 123 yards and a touchdown, and junior Jimmy Sharpe rushed the ball 21 times for 106 yards. On defense, Brickous, Jaberi, and senior Henry Adelman each had nine tackles.

The Bearcats, who are now o—2 after two tough non-conference opponents, have a bye next weekend before gearing up for Northwest Conference action. They will be looking to bounce back and start conference play off with a bang against the University of Puget Sound on Saturday, Oct. 3 right here in Salem at McCullough Stadium.

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this week in sports sun mon tue wed thu fri sat 1 2 3 4 5 6 7

BRAYDON CALDER STAFF WRITER

NBA

Last weekend was the 2015 Naismith Memorial Hall of Fame enshrinement. The class of 2015 included Dikembe Mutombo, Lisa Leslie and nine other players and committee members.

Players start reporting to their teams this week.

NHL

The preseason has started. The Nashville Predators and Florida Panthers played a doubleheader on Sunday, which is generally a baseball thing, but they only do it once a year so we'll let it slide. They split the series, with Nashville winning the first 5—2 and Florida the second 3—2.

Most games will have been played on Monday, but I am writing this on Sunday and can't tell the future, so that's it for the NHL.

MLS/NWSL

You should just watch Toronto play because Sebastian Giovinco keeps scoring and its fun. Plus, he has a sweet nickname, Formica Atomica, which means atomic ant.

The Timbers lost at home for the first time in 10 games. They also failed to score a goal as they lost 0—2 to the New York Red Bulls. The Timbers sit in sixth place in the Western Conference with five games to go. That's the

last playoff spot, but with their recent form they'll be lucky to keep it.

The Sounders beat the Vancouver Whitecaps 3—o. With that win, they claimed the Cascadia Cup, which goes to the team with the best record in the matches between the Sounders, the Whitecaps and the Timbers.

The Galaxy got demolished by Real Salt Lake. However, they still sit comfortably in third place in the Western Conference.

The NWSL championship game isn't for another two weeks.

MLB

Barry Zito made his comeback to the major leagues after being in Triple A for most of the year. He gave up two runs in his one inning of pitching. The Athletics still sit in last place in AL West, so it doesn't really matter.

Right above the A's in the standings are the Mariners. They had a winning record this week! They went 4–2, winning series against both the Angels and the Rangers. King Felix became the first pitcher to reach 18 wins in the AL, the one bright spot in the hard life that is being a Mariners fan.

There was a bench-clearing brawl in the Royals and White Sox game. At first there was a lot of shoving, but then some punches were thrown and there were a few kicks. It lasted way longer than it should have.

NFL

The Raiders won! They hardly ever do that. There was a controver-

sial penalty called on the Raiders' winning drive but that's sports. Go Raiders.

The Seahawks lost again. The Packers got revenge after losing to the Seahawks last year in the Playoffs. Aaron Rodgers hasn't thrown an interception in a home game since December of 2012. It is kind of hard to beat someone that solid at home.

It was not a good week to be a 49ers fan. They lost to the Steelers 43-18. One neat thing happened in the game, though. Jarryd Hayne, who is from Australia, fair caught a punt from the Steelers Jordan Berry, who is also Australian.

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Uniqueness is not a curse, so embrace it



NNDIVHALENI NETSHIAVHELA GUEST WRITER

What does it mean to be beautiful in your own unique way in a society that constantly shoves the definition of beauty down our throats and expects to easily digest it without discerning?

Anything that is not conventional is subtly projected as unacceptable. The definition of "true" beauty is narrowed down to the skinny girl

with long legs, perfect skin and high cheekbones or the good-looking, buff guy. Everything else comes second

Being born in a community that stigmatized being a Black, dark-skinned girl, I navigated my child-hood with extreme difficulty. I was made to believe that I could have been much prettier if I was lighter. The worst part of it was waking up to a family that was dominated by people with lighter skin tones. Fights

with my siblings resorted to name calling and the constant reminder that my shade was darker and less preferable. I started being conscious of my skin tone, fantasizing about being light skinned, seeking validation in everything and hoping that one day I would miraculously wake up lighter.

I carried this weight in my spirit throughout high school. Every time a relationship or friendship wouldn't work out, I blamed it on my dark skin. I felt like if I was lighter I would have been more acceptable and so many people wouldn't walk out on me. I was always in conflict with myself. I used products that would help me gain complexion and worked hard at school so that I could be successful one day and do something about my skin tone.

A deep spiritual encounter when I was 16 years old made me realize that my melanin is naturally rich, and it is okay. Still doubtful, I con-

tinued to perceive people with a lighter skin tone as better, prettier and more superior. This mentality haunted me until I got to Rhodes University in Grahamstown, South Africa (I am an exchange student), where my skin tone was shockingly embraced. I searched deep inside and began unlearning this whole notion of "lighter is better" and decolonizing my mind. It took God, and the ongoing process of unlearning that I am not enough for me, to walk towards the path of liberation. Although acceptance is a continuous battle, especially because avoiding the media is impossible, I am thriving and embracing my skin tone.

I am not angry at my community for teaching me that I wasn't pretty enough, nor do I blame anyone who called me names. I am angry at the media and the ideologies they have instilled in all of us that our uniqueness is not enough, that we could have been better if we were not us but what they prefer. I know that every human being who is reading this article has something about themselves they do not like, simply because of preconceived ideas of what beauty should be.

Whether you are thick, thin, tall, short, muscular or curvy, you are beautiful and don't need validation from the media or anyone. True beauty is to be free from societal standards of beauty and embrace yourself. It cannot be limited within the confines of a particular body shape, structure, skin tone, colour or features that some magazine deems as beautiful. It is deeper and more complex than that.

I believe the simplest explanation of beautiful is You.

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A crumbling foundation and the right to disagree

JESSICA WEISS COLUMNIST

The response I received for my column last week was overwhelmingly positive. I was congratulated for being "courageous," and many have expressed that they feel similarly but are afraid of speaking out about it for fear of backlash from the outspoken majority.

This is unacceptable, and a liberal arts institution with the goal of fostering critical thinking ought to be doing more to create an atmosphere that welcomes discourse.

Currently, we are not effectively able to do that because many students who hold views that run against the grain here are shut down, disregarded and isolated very quickly, causing them to either remain quiet to avoid further conflict, or close off into groups of people who share similar views who then contain their ideas within the group for the same reason.

The issue lies with the fact that as a small school and community, we have developed a norm of safety and politeness in order to prevent confrontation and getting ostracized. The risk of seeing people every day after you have pissed them off, and constantly feeling anxious, is something we all hope to avoid. One way to address this is to push for a separation between

viewpoints and social interaction, and encourage students to promote free speech, because this is currently not happening. If you or anyone you know has ever spoken of an experience in class where a "conservative" viewpoint was brought forward, I am sure the retelling of that experience was anything but pleasant.

Of course there is no evidence of this, but just imagine someone in a politics course claiming that they agree with Trump's immigration policies for economic or national security reasons. I shudder to think of what would happen to that individual, not only in the class where they most likely will fierce majority opposition, but outside where word will spread quickly that this individual is racist when they just might be worried about domestic jobs and the lack of border security. We also go to a small school, so word will travel fast.

Now you may not personally agree with this, and you may feel as if this individual supports a racist ideology.

You are not supposed to be comfortable. Let them speak and hear them out, and then respond and create a discourse.

I think as an institution we need to do a better job of recognizing where we marginalize genuine attempts at discourse, and actively work towards discouraging that, particularly out of the context of actually discussing issues.

As a critical thinker, it is your job to check yourself and others when they are hindering attempts at discourse, regardless of how you feel about certain issues. You are in college to learn how to defend and stand for your ideas, and respect others who may disagree with you. This does not happen when you end up in a closed environment where the only people talking more or less agree with one another and are simply adding more layers of analysis.

layers of analysis.

But what about conversations that will make certain groups feel targeted or uncomfortable, and the need to protect these individuals? This one is tricky because there is no way of measuring the degree of harm someone may experience when faced with uncomfortable topics. As I stated last week, I think individuals should have the right to not participate if they feel it will harm their ability to learn, but I think that there needs to be a certain degree of accountability.

I hear of so many instances on college campuses across America where students have protested texts and course material because of the "triggering" content, effectively censoring the material for everyone. This is unacceptable because your experiences should never impact the op-

portunity of others to learn, but also, it is irresponsible for institutions to allow for such insulation from problems that students will inevitably have to face to a much harsher degree after graduation. No matter what you choose to do after graduation, issues like rape culture, sexism, racism and homophobia continue to exist, and by the looks of politics in the U.S. today, they seem to be pretty rampant.

To shut down that conversation because someone may be "triggered" does harm to the individual and students as a whole. We shield these students and give them "safe spaces" where they can avoid thinking about their trauma altogether, which only serves to harm them. It's a Band-Aid solution for a sick, systemic range of issues that we need to be discussing.

By silencing viewpoints that we deem traumatizing, we do not need to confront them. When we do not confront them, we push them away and do not think about them. Sure, you understand how messed up society is and are actively working towards combating many of these issues, but what about everyone else? Many people do not think about these problems everyday and thus do not think they are problems. Even if they know about many of these problems, plenty hold viewpoints or opinions that some may deem harmful to the cause,

such as being in support of defunding Planned Parenthood, or claiming that rape culture does not exist and people just want to be victims.

It does not matter what type of a value judgment you make about this individual, the fact is that this viewpoint exists and is widely held. Your job is to confront these issues in spaces where dialogue is encouraged, and break down why you hold your beliefs while learning why others hold theirs.

Our well-intentioned obsession with creating an environment that we deem to be best for everyone has inhibited our ability to learn and think. Quoting Obama, "Engaging with ideas you might disagree with is a foundational element of higher education." I am scared that we are unintentionally destroying that very foundation. As college students we are not doing enough to protect that foundation and the right for someone to disagree with us, and what is even scarier is that we may even think that it is not a problem. If you do not agree with me, then please tell me. Please respond, and let's talk about it. I am here to be disagreed with, and maybe I could learn a thing or two from it.

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Letters to the Editor

I'd like to begin by saying that Todd P. Silverstein made some excellent points in his response to Noor Amr's article regarding her experience in Israel/Palestine ("Letter to the Editor", Sept. 16). There were some points he cleared up that were justified and informational. However, I see his reaction as irresponsible. The inability to admit culpability on behalf of Israel is one of the biggest problems that is faced when discussing the Israel/Pales-

Silverstein mentions that Israeli airport security cannot find "the few Arabs wishing to harm Israel" without further detail of why those attacks are happening in the first place. Is retaliation of some form not expected when people are removed from their homes by the thousands and then denied just and humane treatment in the subsequential decades?

He attempts to defend Israel by stating the obvious fact that many countries perpetrate injustices. This is entirely unhelpful to his argument and I've heard this from the mouths of many Israelis in defense of their state but it lacks evidence as an actual argument because it doesn't forgive the wrongdoings of Israel. If it was just a tool to ask "Why attack Israel specifically?" then the answer is simple. The United States supports Israel and has not taken a stance against their involvement in Palestinian territories and the funds we send them inevitably assist the IDF, who are in responsible for many of the problems Palestinians encounter at the borders between Israel and

The phrase, "If we consider American history, the United States could be labeled a 'settler-colonial apartheid state' that discriminates against minorities" struck me in particular. He goes on to say that that isn't constructive but fails to realize that to the oppressed, admittance that there is a problem is the first step to winning the battle for equality. How can you look at the way [Amerindians] have been and continue to be treated and say that you want the same for the people who lived on the

He goes on to address that "Arab-Israeli" shouldn't be pejorative, how "African-American" isn't. He ignores that African-American is pejorative to PoC who are not of African descent but are black or black passing and fails to recognize that Arab-Israeli is pejorative because that same family could have lived in Israel before it was Israel and now their Arab root is tinged with an identity that they may not connect with.

There is also issue with how Israel's aggressive behavior towards Palestinians is defended. He fails to mention that for every Israeli civilian killed by militia, several Palestinians are killed by the IDF. There is a huge issue with his failure to address the difference between the attacks faced by Israelis and Palestinians. Israelis live in what has been described to me a "practically Western" country by an Israeli friend, whereas Palestinians have faced constant surveillance, attacks and systemic pushdown by Israel and the IDF. The difference in their quality of life is substantial and failure to mention that is irresponsible on his part. To defend a country, one must also realize its faults. During the conflict in 1948, there were mass killings of Jews which, however tragic, is not a result of an attempted "ethnic cleansing" but rather a response to war. If I were talking about the Vietnam War and used the number of Americans dead as a claim that they were try-

ing to cleanse the area of Americans, the fault in the logic is obvious.

Now, the personal bit. I live here, in the United States, because my great grandmother's Arab, Christian family was allowed to leave the country, then sent on a boat supposedly sent to America that landed in El Salvador, where no one had been forewarned and boatloads of Palestinians were allowed to remain but not granted citizenship, leaving them countryless. Even my grandmother, born in El Salvador, was refused citizenship because of

Is retaliation of some form not expected when people are removed from their homes and then denied just and humane treatment?

how her parents had entered the country. But thousands didn't even get that "lucky." Many of them have died because of their inability to escape. Others live in refugee camps in the same land their familial predecessors called home. If I were still there, my future would be uncertain, my place in society would be uncertain and I would most probably live in a refugee camp in Bethlehem, I even know which one I probably would have landed in.

I don't mean to say that there isn't a Jewish

right to that land, but, like he mentioned, they had lived in that land before the separation of the State of Israel. They could have continued a peaceful cohabitation of the country but Zionists craved a homeland after the horrors they faced, which, however understandable, is not a reason to force people out of their homes.

By neglecting to recognize and highlight how their actions in 1948 continue to cause turmoil in contemporary Israel/Palestine, this perspective becomes part of what is a bigger issue throughout this conflict. Israelis have,

> time and time again (in my experience), refused to accept and apologize for what they have done and claim the most of pride in their country without recognizing faults. Separating farmers from their land, causing constant problems for Palestinians at the borders for no reason, and denying Palestinian rights to live where their family had for ages is just the beginning and placing all the blame on

"Right-wing Jewish settler extremists" seems to be separating oneself from the cause of the problem, which is unproductive and neglectful of issues faced by real people attempting to live their day to day lives in Israel.

Natasha Zedan Sophomore

In late August, a homeless Latino man was brutally attacked and humiliated. Two white brothers from south Boston beat him with a metal pipe, then urinated on him. They invoked Donald Trump as they did so. If Jessica Weiss could reach out to this victim of racist violence, would she say, "The PC progressives brought it out in

Trump, blame them?" That particular line in her piece ["Backlash theory," Sept. 16] was mean-spirit-

ed given the serious nature of the reactionary activity Trump's campaign has invigorated. Nothing "hilarious" about it. The rest of her questions I take in good

Sure, maybe the social justice lingo, largely derived from sociology, is too high flying. Are the ideas of priv-

to change the world merely trickling down around every turn. Are they all emotionally from the ivory tower? And if not, where do

They come from our lives – no privileged access required. These are concrete experiences, to which this academic language gives a particular voice. And I figure it's within reason use such language, given that we are in an academic setting.

Weiss characterizes the typical PC student as a frothing at the mouth progressive ideologue who can't handle challenging ideas because of such trivial reasons as "traumatic experiences." In short, we are all being too emotionally frail for the hostile "real world."

Students from undocumented families are revealing their status in order to fight for change. Trans women are going to class, risk-

The idea that really deserves a challenge is that language is in any way neutral, subject to standard procedure like a free throw.

ilege and microaggression that are supposed ing the safety of their bodies and humiliation frail? Are they not already getting "the real world" in a daily mega-dos

Weiss sees "challenging ideas" as innocent in and of themselves. But these ideas include notions that trans, disabled and non-white students are less than human. The line between free and offensive speech is not "murky." The idea that really deserves a challenge is that language is in any way neutral, as Weiss portrays it, subject to standard pro-

cedure like a free throw. If a piece of speech is even indirectly predicated on the denial of humanity to a marginal group, it's not just another shot at the basket like any other.

And political correctness has never been limited to progressive policing. I have some strong and unpopular opinions, including an anti-war stance which I would proudly call extremist. I'd happily bellow "Following orders is no excuse! Support the troops that desert and sabotage army property!'

But I don't, because it's conceivable someone in earshot might have served, or has family that serves. And if I'm in a school or professional setting, such things would be harassment (as defined by local and federal laws). We've all made sacrifices.

Let's cut to the chase: The PC question has never been about anything as grand as constitutional rights, only what you agree or disagree with. The complainers in Weiss's position would do well to follow her prescription: uncover your ears, stop screaming and hear us out, please.

If you think, when I call out bigotry when I hear it, that I am powerful enough to actually ence you, please know that I'm flattered Weiss's premise that this is, in fact, what's happening is not only unfounded but clichéd.

I finished my education at Willamette emotionally exhausted. (Those microaggressions will wear you down.) It seems the white students don't know or care how they come across to non-whites. There is no common bassline to how we see the world, but only

the white side of things holds authority. Language is instrumental to this arrangement. Challenging that language is where the real learning opportunity is to be had.

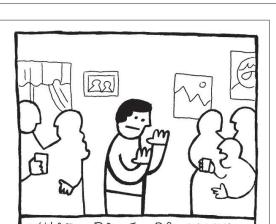
Let's not derail the issue with false and irrelevant hierarchies for these oppressions. Black students have been viciously attacked and even killed on college campuses. Language is not a subordinate aspect to how this violence has come about. The stakes are high and they are right here.

14-year-old Ahmed Mohamed was shackled and perp-walked out of his school for bringing a homemade clock to class. Is "Muslims are bomb-makers and terrorists" just a silly stereotype that ends with your disagreement? How many black and Muslim students thought in those hours how easily it could have been them?

Alex Lanz History B.A. Class of '15

The Collegian invites its readers to submit corrections (emanouki) and will be corrected in the next edition of the paper.

We invite you to submit letters to the editor. Letters must include your name and must be submitted by Monday at noon on the week of intended publication. The *Collegian* reserves the right to edit for length and clarity. Please email letters to <emanouki>.



AT

PARTY?

HANDS

Things to do with your hands at parties

- 1. Pretend to text.
- 2. Wring your hands because your notice. crush is there.
- 3. Wave them in the air (whether hand of a new friend. or not music is playing).
- 4. Have your phone in one hand awkward situation. and your keys in the other, like

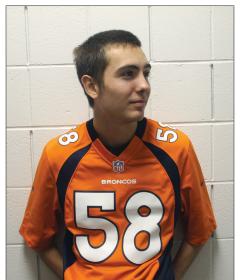
you're ready to leave at a moments

- 5. Hold your friend's hand... or the
- 6. Fire off finger guns to diffuse an

mimccart@willamette.edu

Humans of Willamette

What important thing did you bring with you to college?



Brandon Kennedy Sophomore

"My Broncos jersey. I used to watch the games with my family every week so now I wear this jersey and still watch all the games! It reminds me of home."



Forrest Smith Sophomore

"I brought up all my backpacking gear from home. I love backpacking and it's awesome to carry that reminder of home with me on the trail."



Sarah Brush Sophomore

"I brought a map of the Olympic Mountain Range and the Puget Sound. It's really beautiful and it reminds me of the adventures I've had back home."



Todd Denning Junior

"I have a stuffed owl that my boyfriend gave to me to cuddle. He loves owls and it reminds me of him! His name is Bubba Owl."

PHOTOS BY SARAH HAGHI

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