

COLLEGIAN

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After Charlottesville

KELLEN BULGER
NEWS EDITOR

Today is the one month mark since the Charlottesville riots and the act of terrorism that resulted in the death of Heather Heyer. The logical question would be: what have we learned?

Christopher Cantwell, the 36-year-old who came to notoriety after a Vice News documentary was released following the events in Virginia, was arrested and charged with two felony counts of illegal tear gas and another felony count of malicious bodily injury by means of a caustic substance. This should come as no surprise as Cantwell in the now viewed nearly 40 million times documentary called for a white “ethno-state.”

While many reprehensible characters were broadcast far and wide for all people who watch cable and network television to see, it is certainly the lasting conversations we have following the mayhem and the responses derived, in which the lasting impact will be seen. That’s exactly what transpired on Willamette’s campus at the Cone Chapel last Thursday during a convocation centered around the so-called “Alt-Right.”

In Willamette’s attempt to assure the safety of its own students and provide some relevant conversation on the rise of this so-called “Alt-Right,” a small group of professors and administrators within the university were brought into speak.

“Alt-Right” is a mask for regular conservatism, when it’s not— it’s really white nationalism” urged professor of History Ellen Eisenberg at the beginning of the convocation.

It’s worth noting that of white nationalists are different than your white cloaked villains of the past— at least in appearance they are. White nationalists in 2017 have attempted to integrate themselves with classical conservatism.

Take one of the most prominent white supremacists today in Richard Spencer for example, a man who has a bachelor’s degree from the University of Virginia and a master’s degree from the University of Chicago. Spencer is a representation of what makes white nationalists so dangerous in the views of many. They’re not your typical caricature of what many think of when they imagine a bigot.

Their degrees may be more impressive, their clothes cleaner, but the ideas are just as egregious as they were fifty-years ago.

THE “ALT-RIGHT”, 3

Eagle Creek fire: Looking back



AMARIT UBHI

WILLIAM GUPTON
OPINIONS EDITOR

For the past few weeks, due to an astonishingly hot and dry weather pattern, Oregon and much of the western United States have been battling raging wildfires that have been covering thousands upon thousands of acres.

But for those living in central and northern Oregon, the most prominent fire is the Eagle Creek fire, which, as of Tuesday morning, covered over 35,000 acres around the

Columbia Gorge with only 11 percent containment.

However, the discovery that this fire was suspected to have been started by a local 15-year-old boy caused a great deal of fury among many Oregonians. Since the Oregon State Police made this announcement, the public backlash became so angered and aggressive that the police decided not to name the suspect for fears of his safety.

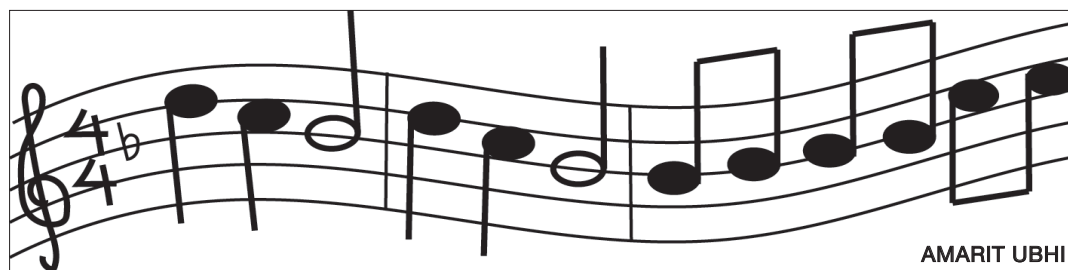
This leads me to my point: what does it say about our society that the police had to decide to keep this suspect

anonymous for fears he would be attacked and assaulted?

While it is possible that this boy may have started one of the largest fires currently active and may have threatened thousands of lives, does that give the public an excuse to demand vengeance against him? Since this suspect was announced, I have seen an astonishing number of posts on social media blaming, threatening or attacking him, and I find this to be appalling.

EAGLE, 10

Your summer albums list



AMARIT UBHI

EMMA GIRON
STAFF WRITER

An eventful summer would not be complete without some background music. To find out more about what students at Willamette are listening to, four undergraduates at Willamette University were interviewed on their favorite album of the summer. We wanted to know what full albums each student though was most memorable during summer break.

Student: Jake Ros
Album: DAMN.

Artist: Kendrick Lamar
Length: 55:54

In response to “What full album did you listen to this summer?”, Jake Ros replied “definitely listened to K.Dot, Kung Fu Kenny, Kendrick Lamar’s DAMN.” Ros listened to this album about 5 times through the course of the summer while hiking. As a long time listener of Kendrick Lamar’s, Ros had been waiting for this album to come out for a while. While Ros considered this a very experimental album, he says does not compare to Kendrick’s others al-

bums such as Section.80 or Good Kid, M.A.A.D City.. For Ros, the most memorable “story” on the album, DUCKWORTH contained “notions that I had not thought of before” and “told a story [Kendrick] could have told four albums ago, but he chose to save it” Ros recommends this to all music lovers, including his grandmother. The album has something for everyone in it, “even if you’re not a big hip-hop fan.”

He gave this album 4.5 stars out of 5.

WILLAMETTE, 4

Willamette Volleyball downs top team

JARED SPOHR
STAFF WRITER

This weekend, our own volleyball team took a trip to the midwest to compete in the Prairie Wolf Invitational at Nebraska Wesleyan University.

On Saturday, the ladies showed dire determination against a previously undefeated team. University of Wisconsin-Platteville held a sizeable advantage in kills (58-38), but the Bearcats committed 15 less attacking errors, had 5 less serving errors, and had two more total blocks than UW-Platteville. This led to a thrilling 5 game match in which the Bearcats came out on top, 3-2.

The Bearcats had some stellar performances in this match. Sophomore Kendall Fox recorded 11 kills, Sophomore Jennifer Lane put up 8 blocks, First Years Elena Vasquez and Jaiden Mason both had 9 digs, and Junior Morgan Webster booked 3 service aces.

This was a huge win for the Bearcats. Coach Tom Soji commented in an interview that

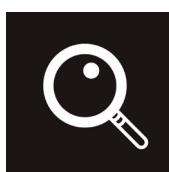
“We really stepped up and played, so far this season, our best match for sure,” Shoji commented. “It was just a total team effort by everybody. It was just great to see. Huge learning curve took place and it was a huge confidence builder because of who we played ... they’re really good.”

Webster commented that “I think the biggest reason why we were able to pull out a win was because of our heart. We knew that we were just as good of a team physically, it was just a matter of which team wanted a W more. We picked up our energy and focused on what we needed to do in order to win. We minimized our errors and stuck to our game-plan.”

Webster played a key role in this victory, subbing off the bench, achieving 11 assists and 3 service aces. When asked about her game-plan she said,

“As an individual, the thing that I try and focus on every game is to celebrate every point. Our coach talks about the things we can control, and energy and positivity are a few of those things.”

YOUNG, 8



FEATURE

Mental Health around the world is at an all time low; what options do WU students have?
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NEWS

Second-year Lizzie Hyde details Oregon’s new tobacco law.
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LIFESTYLES

Need to improve your study skills? See “Study Smarter, Not Harder”
pg. 4



Students attend forum to express concerns over changes in health services

MATTHEW TAYLOR
STAFF WRITER

In the weeks since the sudden and shocking announcement that the University was moving all physical health services from Bishop Wellness Center to Salem Health Center, discussions regarding the administration's priorities and transparency have raged across campus. In an attempt to assuage student's concerns, ASWU hosted a forum on Thursday addressing the changes to student health services.

About 50 students attended the forum, which was led by the Director of Bishop Don Thomson, Vice President of Student Affairs Ed Whipple and the Associated Dean of Students Dominic Thomas.

After brief introductions, Thomson gave a detailed overview of how the university arrived at their decision to cut services at Bishop, expressing the difficulty of the situation they found themselves in. Originally, the university had intended to continue physical health services at Bishop at least through this school year, but after a series of unanticipated departures by Bishop's healthcare workers, they were forced to seek other options within an extremely limited timeframe. "A lot of work was done over a three day period," said Whipple. "It's a work in progress."

The option they arrived at was a partnership with Salem Health Center, located across the street from campus. "We were very very fortunate," said Whipple, "Salem Health could not have been more cooperative." The hospital, which is rated among the best in Oregon, worked closely with the university to create a working partnership before students arrived on campus. "They mean business," said Whipple.

After describing the context of the decision, Thomson explained which

services would be moving to Salem Health Center, which would remain on campus. While most physical health services will move, STI testing, birth control, Plan B, vaccinations, physicals and other sexual health services will remain through the 2017-2018 school year. All mental health services, including counseling and limited psychiatric care will also remain.

Throughout the forum, the importance of increased communication and student input was a consistent theme.

"This is a really important issue," said Whipple, "student input is critical." In response, many of the gathered students acknowledged the disconnect between the students and the administration, and called for better transparency and communication from the university. "We're here now, and we're angry, and we're scared," declared one student.

"There needs to be more transparency," said Michelle Hicks '20 after the meeting, "they didn't tell us what we're losing."

This type of frustration was evident during much of the question and answer portion of the forum. Students questioned the administrators on everything from how the university prioritized the funding of Bishop and what the universities intentions were, to specific queries regarding the future of Bishop and how certain groups of students, such as DACA students, would be affected.

Despite any differences those assembled had, all recognized the difficulty of the situation and sought solutions that they viewed to be most beneficial to the Willamette community. "We are all part of Willamette," said Whipple. "Our job is to focus on what is best for our community."

mstaylor@willamette.edu



ALAYNA RILEY



ALAYNA RILEY

Top: Don Thomson fields students' concerns. Bottom: Students listen to administration details the transition.

CAMPUS SAFETY

Burglary

September 3, 3:45 p.m. (Kane-ko Commons): Campus Safety received a report from an individual stating that they had had some bottles of liquor stolen for thier residence room.

Emergency Medical Aid

August 27, 5:40 p.m. (On Campus): Campus Safety received a call from an individual asking to be transported to the hospital. An officer responded and escorted the individual to the Hospital.

August 29, 1:00 a.m. (On Campus): Campus Safety received a call from an individual asking to be transported to the hospital. An officer responded and transported the individual to the Hospital.

September 3, 11:00 p.m. (Doney Hall): Campus Safety received a call that an individual was in need of medical attention. An officer responded and paramedics were called. They transported the individual over to the Hospital.

September 8, 3:40 a.m. (On Campus): Campus Safety received a call from an individual asking to be transported to the hospital. An officer responded and transported the individual to the Hospital.

Found Property

September 9, 6:46 a.m. (Kane-ko Commons): While on patrol an officer noticed an unsecured bike. The officer brought the bike back to the Campus Safety office for safe keeping until it is claimed.

September 9, 9:06 a.m. (Off Campus): Campus Safety received a call from an individual stating that they had found a bike on their property with a Willamette sticker on it. The individual stated someone crashed through their yard the night before and left the bike behind.

Policy Violation

September 8, 1:19 a.m. (Doney Hall): Campus Safety received a call regarding the smell of marijuana coming from a room. Officers responded and contacted the residents. Paraphernalia was confiscated and the officers informed the residents about Willamette policies.

Suspicious Activity

September 4, 3:50 p.m. (Sky-bridge): Campus Safety received a call from an individual regarding a male subject who had passed them

on the skybridge. An officer immediately responded and contacted the individual. The officer trespassed the individual from University property.

September 7, 8:13 p.m. (Terra House): Campus Safety received a call regarding a possible bike theft in progress. An officer immediately responded and checked the area. Upon inspection the officer found a single bike tire locked to a bike rack. The officer spoke with the caller who stated that they had seen some individuals putting a bike in the back of a white van.

September 10, 1:55 p.m. (Matthews Parking Lot): While on patrol an officer received a report from an individual regarding suspicious vehicle from the night before. The individual stated that they had seen someone looking into cars with a flashlight the previous night and thought it seemed odd.

Theft

August 27, 9:45 p.m. (Executive Building): While on patrol and officer noticed that some "no parking" signs had been removed from the parking lot. A report was filed.

August 31, 8:29 a.m. (Cascadia Hall): Campus Safety received a report from an individual stating that

their bike had been stolen. They stated that they had last seen their bike the night before and upon their return it was gone

September 4, 1:00 p.m. (Terra House): Campus Safety received a call from an individual stating that their bike had been stolen.

September 8, 7:30 a.m. (Sparks Center): Campus Safety received reports from three individuals stating that they had had some items stolen from a cubby in Sparks. After taking the report the officers reviewed security footage and found an individual who had stolen the items from the cubbies. A report was filed with Salem Police.

Sep . 9, 4:51 p.m. (University Center): Campus Safety received a call regarding a possible bike theft in progress. Officers immediately responded and observed an individual who matched the suspect's description fleeing from property. Officers then responded to the University Center to meet with the callers. The callers stated that they had seen the suspect pick up a bike from the Library and ride it over to the University Center where he then got off that bike, got on another, and rode away. Campus safety officers reviewed security footage.

Trespass

September 1, 7:47 p.m. (University Center): Campus Safety received a call regarding an individual who had been previously trespassed from campus. Officers responded and made contact with the individual. The officers informed the individual that he was trespassing and took him into custody. Salem Police was called.

September 2, 8:50 p.m. (Matthews Lot): While on patrol an officer noticed someone sleeping on the ground. The officer contacted the individual and informed them that they were on private property and asked them to move along.

September 3, 5:50 p.m. (Gatke Hall): Campus Safety received a report of an individual walking past the Art Building who was screaming. Officers responded and located an individual who had been trespassed from campus previously. Officers observed the individual until they left University property.

***PLEASE CONTACT CAMPUS SAFETY IF YOU HAVE ANY INFORMATION REGARDING THESE INCIDENTS.**

Trump administration ends DACA

HEATHER PEARSON
STAFF WRITER

Last Tuesday, the US government moved to end the Deferred Action for Childhood Arrivals (DACA) program, placing around 800,000 undocumented young people at risk of deportation. Under DACA, those who immigrated to the United States without papers while minors and who were still under 31 in 2012, among other requirements, are eligible to apply. These individuals, called “dreamers,” are granted two-year renewable deferrals from deportation and are qualified for work visas.

As of Tuesday, DACA will end on March 5, 2018. Dreamers’ immigration status will not change immediately, but they face risk of deportation if Congress does not pass legislature protecting them by March. This leaves current DACA recipients in a state of uncertainty, heightened by the president’s ambiguous tweets.

The administration rolled out this decision after a June letter from 10 attorneys general threatening to sue if no action was taken to end DACA. However, in response to the declaration, 15 more attorneys general have filed a lawsuit to halt the administration from winding down the program.

On the Sunday prior, students at Chemeketa Community College knew the decision was looming and held a four-mile march from Chemeketa to the State Capitol.

Attendees included families, Willamette students, professionals, and Oregonians of all sorts. The 50 marchers shouted chants of solidarity and hope, garnering honks and fists held in support as they walked. 50 more people were waiting at the capitol, where a candlelit vigil was held and those affected shared their stories.

Willamette student Maria Ortiz Chavarria attended.

Participating in the rally “was a pretty amazing feeling of community and support,” she reports. “And you don’t get that all the time, especially on an all-white campus.”

Local organizations Latinos Unidos Siempre, CAUSA, TURNO, APP and Oregon DACA Coalition helped with the event, and continue to provide resources and support within Salem and the Willamette Valley.

Salem Police also confirm they will continue to operate in compliance with Oregon’s long-held sanctuary law to protect local DACA recipients and families:

“There is a state law that says we don’t enforce immigration laws and that’s how we’ve done business for as long as we can remember,” reported Jerry Moore, Chief of Police for City of Salem. “This executive order doesn’t really change that, so unless someone tells me that it has precedence over state law — it’s business as usual for us.”

Moore is referencing the Oregon Revised Statute 181.850, which

prohibits the enforcement of federal immigration law if an individual’s sole crime is being in the United States without documentation.

On campus, President Thorsett has spoken out against the end of DACA. Alongside 700 other colleges and institutions nationwide, Willamette has officially signed a letter “calling for [the] U.S. to Uphold and Continue DACA”.

Sources confirm that it remains illegal for immigration officers to enter Willamette’s campus. For those with more questions specific to Willamette, Michael Niño, Assistant Professor of Sociology, serves as the contact person for support for DACA and undocumented students.

During this political uncertainty, VP of Equity, Diversity, and Inclusion Jade Aguilar reminds our campus community “to support each other in our stance against prejudice and intolerance...[and] to recommit to our efforts to be a safe and inclusive environment for every member of our University community.”

hpearson@willamette.edu

The “Alt-Right” and their seeming rise in relevance

CONTINUED from Pg. 1

Eisenberg went on to exclaim that, “... if there’s any history that has been erased, it’s reconstruction, not confederate history.”

This was a particular moment of importance stressed throughout Willamette’s convocation that is worth noting; while this is certainly a flash-point that will be seen in history as a moment in which white nationalists are getting more attention and are quite certainly emboldened by the sitting President’s refusal to solely condone them — white nationalism and these race-baiting sects are not new to America, and not even new to our own community in Salem.

An organization that calls itself the National Socialist Movement, is not only a group that participated in the riots in Charlottesville, but this group has an “organized unit” according to their website, that is located in Salem.

Many Willamette students will equally recall when on Aug. 15 when a man who is notorious as being an outspoken Trump supporter by the name of Joey Nations filmed himself walking through Willamette’s campus, where he pretended to be a student, attempted to provoke students and wrote inflammatory statements on a campus chalkboard.

The reality for many non-white individuals in this country and even on a campus as homogenous as Willamette is that these momentary events in which cable and network television are seemingly appalled at racial tensions coming to fruition are nothing new.

Members of the aforementioned National Socialist Movement, have children who are in our public school systems, and individuals are literally walking onto our campus with views that demand refutation. So, while many see the events in Charlottesville as a disgusting blip on the radar, many see the seemingly obvious next step to be one in which involves engagement with our neighbors right down the street. In this case, our neighbors specifically not located on 900 State Street.

Senior Associate Dean of Students, Domanic Thomas as one of the last speakers at the convocation on Thursday. In response to a student who was looking for an answer to a commonly raised question, “Why is not okay to punch a Nazi?” Thomas interjected, “They are waiting for you to act out, they are waiting for you to punch them... this is about education and reform, and if any one of us doesn’t think education is the answer, then I suggest you leave Willamette.”

kpbulger@willamette.edu

Governor Brown makes Oregon 5th state to raise tobacco age

ELIZABETH HYDE
STAFF WRITER

Gone are the days when tobacco could be marketed with the charm of a lost cowboy or a glamorous pin-up doll without stirring the greatest skepticism, or being annexed by a prohibitive law. Anti-smoking campaigns have successfully extinguished a great deal of these old-school appeals, and the effort to combat tobacco use is being continued.

Governor Kate Brown has signed the Senate Healthcare Bill to raise the minimum age for legally purchasing tobacco from 18 to 21 in Oregon. The new tobacco law is effective Jan. 1 2018.

Raising the minimum age to purchase tobacco products is aimed at reducing initiation rates of tobacco users. Reports indicate that most tobacco users began their habit between the age of 18 and 26. Senate Health Care hopes to target and reduce some of these young inductees.

Tobacco consumption in Oregon costs 2.5 billion dollars in medical expenses per year. Tobacco is the number one cause of preventable death and disease, and is responsible for stealing roughly 7,000 Oregonian lives annually. Prohibitive tobacco distribution laws such as this one have drastically reduced consumption of tobacco products. But with an increased public awareness of the detrimental effects of tobacco use, what (besides the inherent nature of addiction) is keeping people using tobacco?

As any ruddy faced hard-working snuff-chewing rural Oregonian can emphatically relate— a person old enough to choose to die for their country, is old enough to choose to



SAMANTHA ZEMANEK

die from tobacco. While that classic statement is reductive and problematic, it is compelling. Especially considering that smoking is more prevalent in those who serve in the military than it is in civilians. The tobacco consumption epidemic brings forth evocative questions about joy, pain and self-medication. A poetic, tragic anomaly that points to the ever-vanishing nature of life and cigarettes. What measures are

we taking for young people at risk of becoming tobacco users that are not only preventative but proactive?

The World Health Organization asserts that out of the 1 billion smokers on planet Earth, almost 80 percent of them are from middle to low income countries. Classism is playing a nasty role in the realm of tobacco addiction. Stigmatizing and illegalizing tobacco does not eliminate all the forces driving young people

to start a habit. Systemic issues such as a lack of mental health treatment, under resourced schools, multigenerational substance abuse and a lack of employment opportunities above the subsistence level, are all factors keeping certain citizens from succeeding. It is ironic that people run around saying cigarettes are bad for you because they kill you slowly, but some people who smoke them need to feel like something is out there

keeping them from feeling like they want to die. In what ways, can we improve the potential for a higher quality of life for Oregonians of all ages, pomp, and circumstance? If we take away a coping mechanism from a young kid in a hard world, how are we replacing it? Not burn-outs, but people looking for a light.

eghyde@willamette.edu

Study smarter, not harder

DORIAN GRAYSON
STAFF WRITER

The best time to introduce new habits is when you haven't had time to build bad ones yet. Therefore, taking this time at the beginning of fall semester to establish some healthy habits will improve your year overall. Some of these might contradict what you think would be good for you so, in that case, don't try to incorporate them! You know best what will work for you.

One of the most important things about your homework is where you get it done. It might not seem to matter whether your laptop is sitting on a clean desk or has its four corners on four ramen cups, but it can make a huge difference to your focus and stress levels.

Designate what a 'clean' version of your desk looks like, whether it's actually clean is up to you. For example, my version of clean includes a bunch of Magic the Gathering cards stacked together. The point is to set a baseline that you will always return to before you stop working for the day. Making sure everything is where you expect it to be is critical for preventing disastrous errors where you forget your lab materials and aren't able to perform the lab.

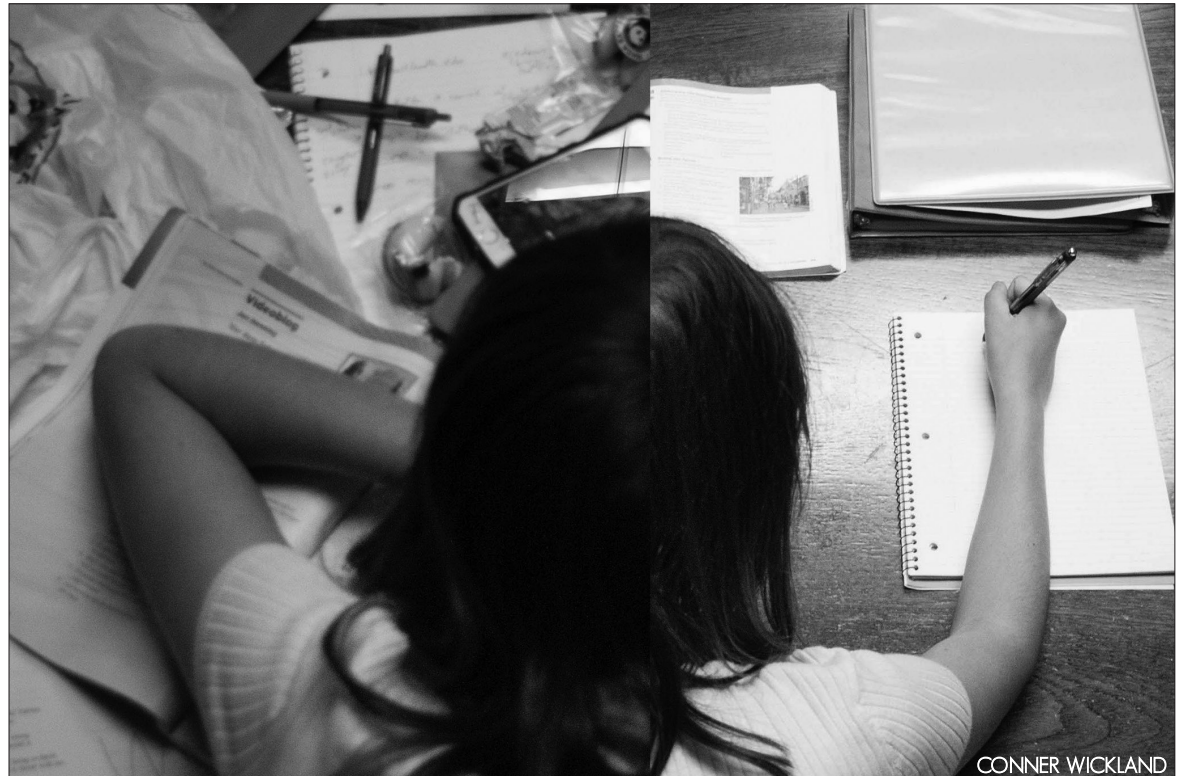
But wait, there's even more you can do with your desk to improve your working life. Your brain loves

contexts; it's a machine for categorization and loves to have things clearly defined. For example, when you binge-watch Netflix in your bed and then try to go to sleep, you're confusing your brain as to what the purpose of your bed is. This works the same with your desk.

If you use your desk as both a spot to do your homework and fun things, you're more likely to get distracted and be less efficient in getting your work done. It's unreasonable to expect you to have two different desks in your dorm room, so try to find a place near your room that you always go to study. Having this clear delineation will help your brain realize that when you go to that spot, you mean business.

I don't know about you, but the hardest classes for me tend to language classes. The amount of memorization and information tends to be overwhelming. However, vocabulary doesn't have to be that hard. Your brain learns like a muscle, and you improve the most when it's the hardest to recall.

Drilling flashcards you already know doesn't actually help you remember any of them better, whereas drilling flashcards you barely remember is the most effective way to study. Knowing this, you are able to space your studying out accordingly. A simple way of doing this is to have multiple piles of flashcards



CONNOR WICKLAND

on your desk, moving from left to right. You study the left-most pile the most often — every day, every other day — whereas you study the right-most only right before the test. Usually there are five or six piles, but you can choose what will work best for you.

Every time you get a flashcard right, you move it up one pile and every time you get a flashcard

wrong, you move it back to the first pile. This maximizes the amount of effective studying you do while minimizing the ineffective studying.

Hopefully these tips help you start off your semester right. If these interest you and you want to find out more about how learning works, I'd recommend looking into the work of Cal Newport, Barbara

Oakley, Thomas Frank or Benedict Carey. But, of course, it won't be any of these facts that help you get through the semester, it'll be you. I believe in you! Good luck!

dgrayson@willamette.edu

Willamette's summer soundtracks

CONTINUED from Page 1

Student: Nat Walker
Album: Die Walküre
Composer: Richard Wagner
Conductor: Herbert von Karajan
Act I: 65 minutes, **Act II:** 95 minutes, **Act III:** 75 minutes

Nat Walkers has been listening to parts of this opera since he was in middle school, but this summer was the first opportunity he had to listen to the entire performance all the way through. The album was recommended to him by his twin sister.

Performed by the Berlin Philharmonic Orchestra, the opera is "emotional and heavy," and is a great listen for anyone who is "interested in deeply emotional music." Walker listened to this recording all summer and even received a noise complaint from his neighbor.

He gave this album 5 out of 5 stars.

Student: Abigail Lahnert
Album: Desprendimiento de rutina
Artist: Antilopez
Length: 53:28

Lahnert came across this album while studying abroad in Spain. Aside from the memories Lahnert has when listening to this album, she also enjoys its rap influence and musical complexity.

This album was something she could bring back from abroad and share with her friends. Lahnert enjoys playing this album in the Bistro while she is working. If you spend any time in there you may hear this playing in the

background. Lahnert would recommend this album to anyone who "likes interesting music" and enjoys when "each song on the album is different."

Though the album is not "the most melodious or nicest album" she has ever heard, it is still interesting. Lahnert highly recommends listening to this album while riding the bus.

She gave this album 4 out of 5 stars.

Students: José Luis Fausto
Album: Funk Wav Bounces Vol. 1
Artist: Calvin Harris
Length: 37:40

Fausto found this album looking through apple music. The song "Slide" was enjoyable enough that he decided to check out the rest of the album.

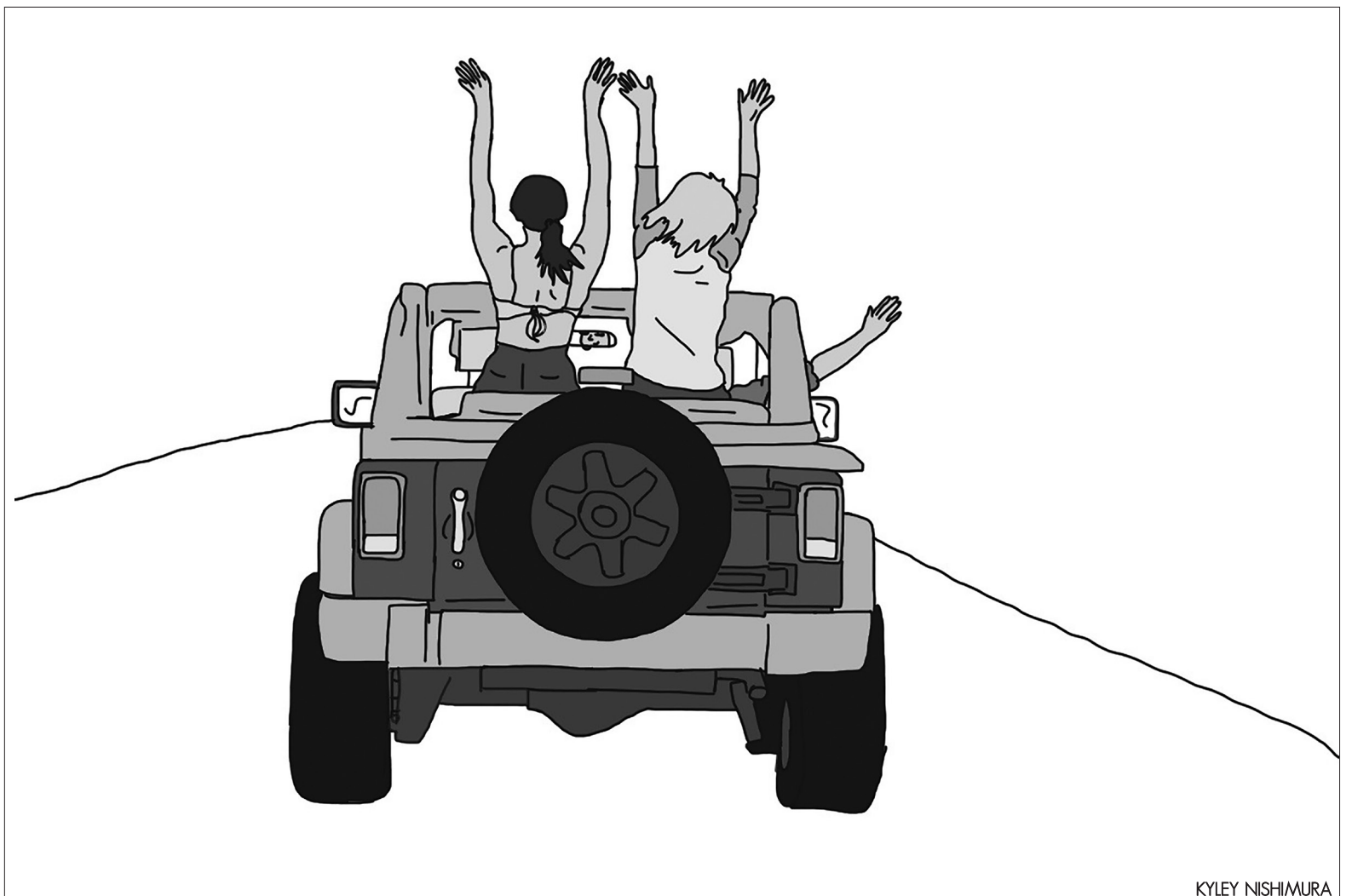
José had to make five hour commutes for his job this summer,

so he spent most of his time listening to this album in the car on loop. The album "hyped me up to get home and to work." Fausto enjoyed that every track had an upbeat and energetic rhythm.

It was the perfect summer album because it reminded him of sun, people partying and being happy. Fausto recommends this to anyone who needs a good study album because it is upbeat and most of the songs don't have words, making it easier to concentrate.

How many stars would you rate this album? 4 stars, but only because "if I give it a 5, all the music fanatics are going to roast me." He added that he would personally rate it a 5.

egiron@willamette.edu



KYLEY NISHIMURA

Moving on from mourning Oregon

SARA FULLERTON
 STAFF WRITER

A couple weekends ago I spent an afternoon at Oneonta Gorge in the Multnomah Falls area. As we drove away, we were jolted by the sight of the hillside in front of us alight with flames. The oncoming traffic was a flurry of fire trucks. It must have been a matter of hours until the trails we'd walked were ravaged.

The next morning, I woke to find news images of the iconic Oneonta tunnel that we'd recently passed, invaded by the fire that began in Eagle Creek.

The theme of blocked access has been majorly felt in the upheaval of the past couple weeks. Oregonians have been mourning loss of land that

was previously accessible through networks of trails, and this barred access certainly has a larger resonance with the recent DACA decision. There is significant suffering right now caused by natural disasters, and land that's been physically taken is only one form of lost land. For many immigrants in the United States, the land they've known as their home is being threatened.

This considered, I've been focusing on celebrating a piece of legislation that — though miniscule in the face of the current threat — protects land access and is personally felt here in Oregon.

In response to the fires, many are feeling pulled to visit those places of natural wonder that are still accessible and unaltered. In Oregon, one

major component of this is coastal land, and we shouldn't take this for granted. In 1967, the state of Oregon set the Beach Bill in motion, which made all beaches in the state public property. This means that no private landowner can monopolize a beach, and therefore you should be able to visit any stretch of coast you wish.

To honor this bill's 50 year anniversary, a Salem band called The Weather Machine has created a musical tribute. The Weather Machine actually formed at Willamette. Although all its members have since graduated, they still return to play shows at local venues like Gov Cup, Ventis and campus. Recently, the band's lead singer — Slater Smith — has been working in collaboration with Oregon State Parks to create a concept album. The

band has just unveiled the Oregon coast as their muse. Smith spent his summer traveling the lengths of it and writing songs.

I hope you all get the chance to celebrate the Beach Bill's anniversary with many trips to the beach this year. Destinations like Lincoln City or Neskowin are just about an hour's drive from campus.

This past May, I spent a few days backpacking along the northern portion of the Oregon Coast Trail (OCT), which spans Oregon's coastal length. Learning the coast this way gave me a deeper connection to this state which I knew very little about before I moved here for college.

Making time for trips outside is lovely for destressing, and it's also important. There is such a perva-

sive disconnect between land and humans strong enough that a group of teenagers didn't comprehend the huge impact that starting fireworks at Eagle Creek would spur. Interacting with the land through hiking and backpacking trips has strengthened my awareness of my interconnectedness with the land around me, and my potential impact.

If you're feeling pressed for time at the moment and unable to plan a coastal getaway, taking a listen to The Weather Machine's new music is a great alternative. Their songs encourage us to notice the beauty that we have the opportunity to behold, and if nothing else are a nice way to relax while studying.

sfullert@willamette.edu

First-years, meet first-years: housing changes affect those newest to campus

SOPHIE BUNCH
 CONTRIBUTOR

With the arrival of the class of 2021 students may have noticed an influx of first-year students, lanyards in hand and probably in need of directions. Yet, there may be less evidence of new arrivals than the university has seen in previous years.

This year, Willamette administrators released a new change to first-year housing. While in previous years first-years and sophomores lived together in the same residence halls, this year all first-years will live in Eastside halls. Though many first-years are confused by the grouping of them into one corner of campus, many upperclassmen and faculty members are embracing the change as beneficial to incoming students.

The first-year class, overall, is largely puzzled at the newly instated policy. As with the health care shift, first-years are at a disadvantaged position to form strong opinions on the issue, simply because they haven't experienced anything different.

Yet, a major concern among the first-year class is the lack of opportunity to socialize and interact with upperclassman. Because many first-years take introductory classes and now live in exclusively first-year

dorms, the opportunities to meet and form relationships with Willamette's older students seem to be more limited than they have been in the past.

Another concern is that first-years don't have as many examples of older Willamette students who know various procedures and protocols for dorm life.

To be frank, first-years have little grasp on what to do in different situations, whether that's running out of toilet paper for the weekend or accidentally setting off the fire alarm. Having sophomores around, students say, would help avoid some of the confusion and hesitancy that many first-years are feeling in their first few weeks living on campus.

From a different angle, many upperclassmen don't see the change as an issue. Many of them lived in eastside residence halls their first year at Willamette and experienced much of the same confusion too. Having upperclassmen around doesn't appear to have made a major difference in their dorm experience and many assume this change will offer more opportunities for first-years to rely on each other. In addition, first-year students may forge better relationships with their resident advisors (RAs) because of the change.

Instead of going to other students with problems, concerns and inqui-



Matthews Hall: home to first-year students.

CONNOR WICKLAND

ries, first-years will now be able to direct their issues to the RAs, who are employed by the school for exactly that reason.

By fostering stronger connections between residents and their RAs, first-years will be able to learn how to get help and where to go for it. In addition, by utilizing the unique relationship between RA's and first-years, future residence hall programs will be better equipped to understand where

first-years tend to have issues adjusting to their new home.

In the grand scheme of things, both students and faculty will have to watch and see how this year's first-years navigate through dorm life and what extent the change will have on their experience. As the new class enters into the third week of college life, the shift seems to have little effect on their adjustment.

If anything, the housing shake-up may have created a positive at-

mosphere in which first-years are not concerned with how young they seem, compared to the more-experienced students living on other parts of the campus.

Eastside is where anyone can ask for directions and not worry about coming off as merely another lost first-year. Instead, there is a definite air of understanding among the first-year community, because adjusting to college is tough.

samendelson@willamette.edu

Moving off campus: the next stage

JAROD TODESCHI
 CONTRIBUTOR

For students around the world, the time to move off campus is a moment to look forward to. Willamette students are, of course included in this collective desire. There is often a pending joy at institutions similar to this one, which require admitted students to pay their dues on campus in order to "foster a healthy and energetic community," according to Willamette's own website.

Bearcats are lucky that the surrounding market offers affordable real estate options when that monumental moment comes. The median rent in Oregon's capital city — via real estate tracker, Trulia — is just \$1,525 per month. When divided among a handful of friends, the off campus cost of living seldom inspires complaint, especially when stacked against bi-coastal hubs: Manhattan,

NY and San Francisco, CA at \$3,695 and \$4,425, respectively.

Willamette's annual cost of room and board is nibbling towards \$12,000 this year, which upon comparison makes off campus accommodation the clear, financially responsible choice for students looking to keep as much spare change in their pockets as possible.

But what secrets can these Salem neighborhoods hold through their keyholes and cracked windows, one might ask? Beyond the stray cats and roses running up and down the streets, the move off campus proves an interesting lifestyle adjustment.

The type of neighborly interactions I've experienced have changed in my time beyond the campus limits. Personally, living among an eccentric group of people, a typical day might entail a quick chat with my kind opposite, organizing his tool shed, or the sight of old and clumsy Marilyn

stumbling down the sidewalk — that poor dog has lived better days.

The older couple residing to my left is never spotted without their pet parrot firmly on one of their shoulders. To the right is a large and loud family with a mischievous 10-year-old boy, often peeping through the windows, or flashing lights my way in the hopes of earning a wave hello.

Off campus, you are no longer squeezed between that random dude on the football team and the girl with the green headphones, down the hall from what's-her-name from your colloquium and that one person who spilled their drink on you last weekend.

The frequency of personal responsibilities will get a boost as well. Trash day, for me, is a weekly highlight. Loyal like the sunrise, Tuesday morning's routine — with recycling every other — marks time for me in ways a syllabus could only dream to.

I will be honest and say that occasionally, I catch myself feeling nostalgic for my fleeting time on campus. It takes a moment to remember that the magic Goudy wall of dishes is all that I truly long for. It's easy for the dishes to gang up on you and though one can find some tranquility in putting on a podcast and going at it with a scrubber, they can just as easily go ignored.

With things like the trash and the dishes, the addition of bills, laundry and general cleanliness practices, unexpected roommate conflicts can emerge in the off-campus reality. Friendships can flourish or flounder depending on the dynamics of all involved, and after living with someone, there is always a chance things won't be the same on the other side.

Growth, transitions and evolving maturity can dictate the compatibility of friendships at every level of the college game. Social adjustments after the move off campus are not dis-

similar to the weeks following Opening Days, when people settle where they may after some trial and error.

Taking the step off campus expands the opportunity for personal growth beyond the walls of your typical Willamette classroom, and pushes individuals to establish balance with navigating socializing and sustenance on their own terms.

Truthfully, the transition is not unique from any other shift in routine that might come around. The fear of loneliness or isolation can follow students no matter where they reside, similar to the expectation of a non-stop party. One always has the choice to pop their head out the door or knock on a friend's to see what's going on. Just like life in the residence halls, off campus living is what you make of it.

jtodesch@willamette.edu



Dealing with mental

GIANNI MARABELLA
EDITOR-IN-CHIEF

Mental Health at Universities

Students across the world are reporting more issues with mental health than any previous generation. Levels of depression and anxiety are at an all time high, and the supply for strong mental health services haven't risen quickly enough to meet the demand.

Reports of college students requiring the use of on-campus counseling services have never been greater in number. According to a 2015 summary report by the Center for Collegiate Mental Health, the student demand for mental health facilities increased five times as fast as college enrollment growth in the past decade.

A study conducted by the Institute of Public Policy Research in the United Kingdom found that female students were five times more likely to report mental health concerns in 2015 than in 2010, and that male students were three times more likely. According to BBC, the report concluded that, "universities should spend more money on student mental health services" and that there is a need for "better national data on which interventions most improve student mental health."

According to the National College Health Assessment conducted annually by the American College Health Association (ACHA), 62 percent of students felt overwhelming anxiety and 39 percent of students felt so depressed it was difficult to function at some point in a twelve month period before fall 2016. These were 13 percent and eight percent increases respectively since the 2008 survey. Only 8.3 percent of students surveyed felt they had less than average stress levels in the past twelve months.

In the spring of 2016, the ACHA's Willamette specific survey results exceeded both the Oregon average and the national averages in both the above categories, with approximately 70 percent of students feeling overwhelming anxiety and over 50 percent feeling debilitating levels of depression. The results also found that Willamette students had a higher risk of finding academics, social relationships and intimate relationships traumatic or difficult to handle, and that stress, sleep problems and co-curricular activities were more likely to affect academic performance here.

Over the span of 10 years, the number of students seeking crisis appointments at Bishop Wellness center rose from seven in 2005 to 203 in 2015. With the pressure of classes, student loans, personal relationships and the need to plan a strategy for taking on an incredibly competitive job market, it is more common than ever for students to find themselves inescapably overwhelmed.

"Our American College Health Association data reflects that Willamette students struggle more with mental health issues in many domains than students at other Universities," Bishop Counselor Suzannah Townsend said. "We think this is in part due to the high achieving nature of Willamette students, and the cultural pressure that exists here to appear as if college life is always easy. We are working hard to fight this stigma, with the support of students."

Everyone's mental health is unique, and different people have different needs when it comes to coping and dealing with their issues. There are a number of different options that people have here on campus and in the Salem area, and here are a few.

Bishop Wellness Center

For most students at Willamette, the most convenient place to receive care for issues related to mental health would be Bishop Wellness Center, located in the Baxter Complex above the Montag Den. The facilities are open from 8 a.m. to 5 p.m. from Monday-Friday. All degree-seeking students have access to Bishop during the school year. All information disclosed during an appointment is confidential; no one can even confirm that you've been in for an appointment without your written consent.

Intake appointments, walk-ins, follow-ups, crisis appointments and all such counseling needs are free at Bishop. The only costs associated with these ap-



pointments would come either if an assessment for medication was desired and a meeting with a psychiatrist had to be set up, or if you missed an appointment, for which the fee is \$25.

"The format is much like a traditional doctor's appointment: a student checks in with our office manager, may be asked to fill out forms, is met in the waiting area, and directed to a private office for a conversation with a therapist," Townsend said.

Bishop Wellness Center is currently going through a time of transition, with physical health services being taken over by Salem Health across the street. However, mental health services have been able to remain untouched despite the budget deficit due to their importance to students.

The counseling staff are all professional degree holders who are accountable to either the Oregon Board of Licensed Professional Counselors and Therapists or the Oregon Board of Psychologist Examiners.

One of the main obstacles that gets in the way of students receiving care at Bishop is the fact that it is in such high demand. There are four counselors, and only two of them work full time hours. Because of this, the wait time to get an appointment can go on for weeks. Students have the option to show up for a 20 minute walk-in appointment from the hours of 11:30 a.m. to 12:30 p.m. on any given weekday, but these are on a first come first serve basis, and may not be enough for students who require immediate care. This is the primary reason that students also seek other options for mental health care.

Outpatient Services

Some of the issues that plague students require a more comprehensive care plan than what Bishop has the resources for.

"Due to demand for services at Bishop, the highest frequency that students can generally be seen is every other week at Bishop, and we also conceptualize our services as short-term work," Townsend

said. "That means that most students with more intense mental health needs, such as a need for weekly long-term counseling, will be referred off campus. We have tried to make this as easy as possible by developing guides (available at our front desk and our website) about how to start therapy with a therapist in the community."

Students who find that they need regular sessions for the foreseeable future may consider finding providers in Salem itself. Students can get help finding these resources at Bishop.

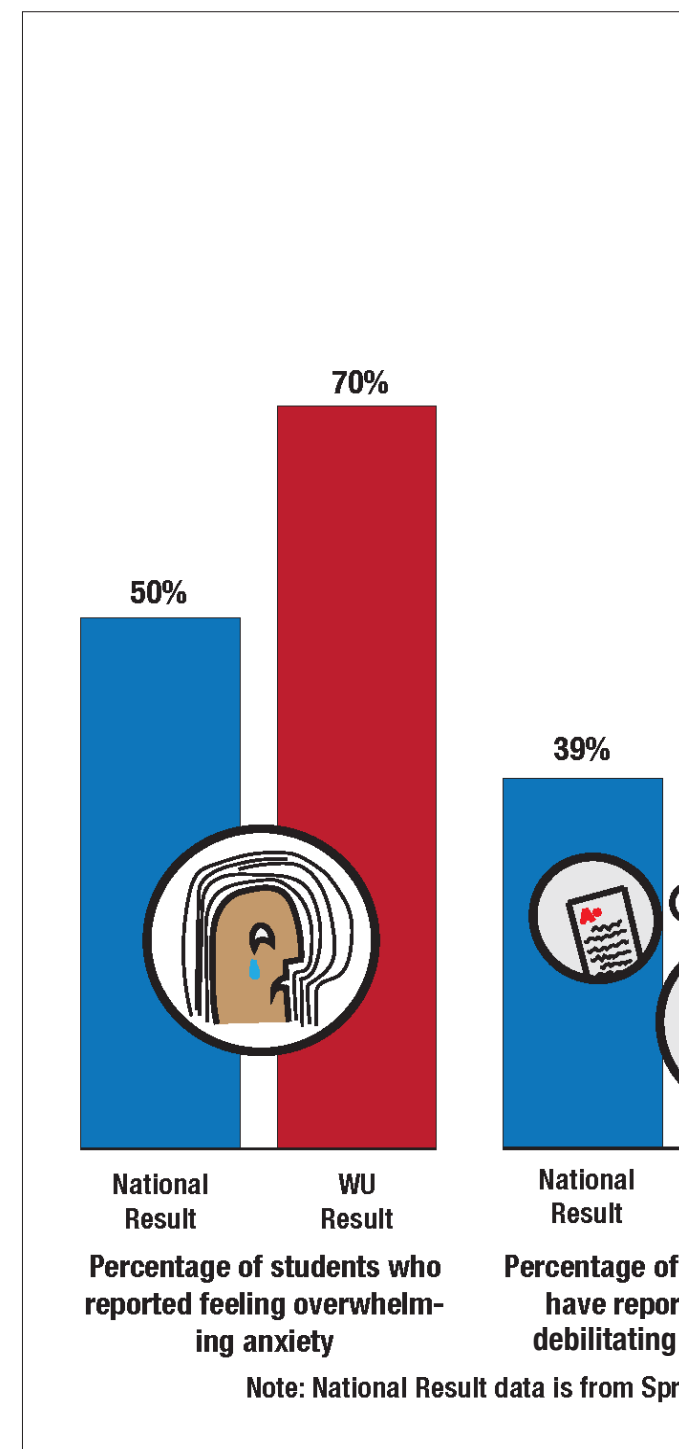
"We do our best to help students get referrals to mental health services in the community. Salem has many options for outpatient mental health care, and Bishop maintains a list of service providers, available for pick up at the front desk," Townsend said.

However, students should be aware that the demand for mental health care is high everywhere, not just at Bishop.

"The demand for mental health care in Salem is thought to outpace resources. It is important to know that, unfortunately, outpatient therapists in the community frequently have wait times," Townsend said. "In addition, if a student needs a higher level of care, such as therapy several times a week or inpatient hospitalization, Bishop can provide referrals to these services on an individual basis."

WUTalk

Early in 2016, the University partnered with a company in Portland called ProtoCall, a provider that specializes in behavioral health services given via telephone. ProtoCall began as a non-profit in 1992, but an influx in demand for their services



health at Willamette

caused them to turn to a paid model. However, the Willamette designated line called WUTalk is free for students.



WUTalk is a 24 hour crisis hotline for students at Willamette. It is funded by the Dean's office for Campus Life. When students call the WUTalk number, they are referred to ProtoCall to speak with a licensed counselor. Students can't schedule follow up appointments on WUTalk, but the counselors have the option to refer students to Bishop staff or community resources.

"One common misconception is that it is only for students who are suicidal," Townsend said. "We want students to know that any student can use the line for any type of mental health crisis. It is staffed in collaboration with ProtoCall Services, and for this reason, there is generally not a concern about calls going unanswered due to volume of calls."

WUTalk was partly created so as to alleviate the wait times at Bishop, giving students the opportunity to have a comprehensive discussion about their mental health with a professional. It was also created so that students had somewhere to turn to during a crisis after hours or on weekends. This way, students have a confidential and qualified individual to talk to even in the middle of the night.

WUTalk has been in use for less than two years, but the response has been positive thus far.

"It was started because we wanted to offer a 24/7 resource and also to fill any gaps in service when a student needs to talk to a therapist immediately, and Bishop services are totally full," Townsend said. "We are happy with the levels that it is being utilized and consider its implementation successful."

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The Chaplains Office

Students may be cautious when it comes to visiting the office of the chaplains, thinking that it is reserved for those of the Christian faith. However, the office is meant to be a place that encourages spiritual growth in everyone, regardless of their beliefs.

"We are confidential, non-judgemental and welcoming of all students regardless of religious or spiritual orientation. A large number of our students report that they are 'spiritual but not religious.' Many also identify as agnostic, atheist or exploring. We seek to support students of any and all perspectives," University Chaplain Karen Wood and Assistant Chaplain Gary Ellison said in a shared statement.

Students can go there for help with personal or spiritual issues, when counseling isn't the kind of help they are looking for.

"The chaplains are prepared to support students who are experiencing stress around life challenges such as homesickness, interpersonal difficulties,

family issues, sexuality, grief and loss and illness," Wood and Ellison said. "We can offer support and guidance around managing stress, providing and seeking help, communicating with others and working through important decisions."

An important program set up by the office of the chaplains is the meditation sessions offered. These are offered at different times throughout the year, and daily during exam time when stress levels are at their highest.

Every weekday at 12:15, the chaplains office hosts a 10 minute guided meditation (drawn from mindfulness apps and websites) in UC 217, on the southwest corner of the 2nd floor of the UC. Longer sessions are held on thursdays from 4:15-5:00 in the Cone Chapel.

"The mindfulness meditations on Thursdays include longer sits that may be silent, in which we focus on breathing and calming the mind, or they may include other types of meditation, including longer guided sessions and even walking meditation. All mindfulness sessions are open to students, staff and faculty of all levels of experience — we often have beginners as well as some veteran meditators," Wood and Ellison said.

The chaplains are a resource available to everyone independent of their levels of stress and anxiety.

"Studies show that even a brief mindfulness practice can reduce stress and help us be less anxious, more centered, and more able to be present to whatever life is bringing us — the good, as well as the difficult," Wood and Ellison said. "We are also aware that approximately one in four students experiences the loss of someone close to them during their undergraduate years. We are available to help students navigate the often difficult journey of grieving while in college. We provide resources, advocacy, individual counseling and when appropriate, support groups for students."

Student Events and Programs

The community here works hard to create an environment that is inclusive and gives options for people to relax and meet other students.

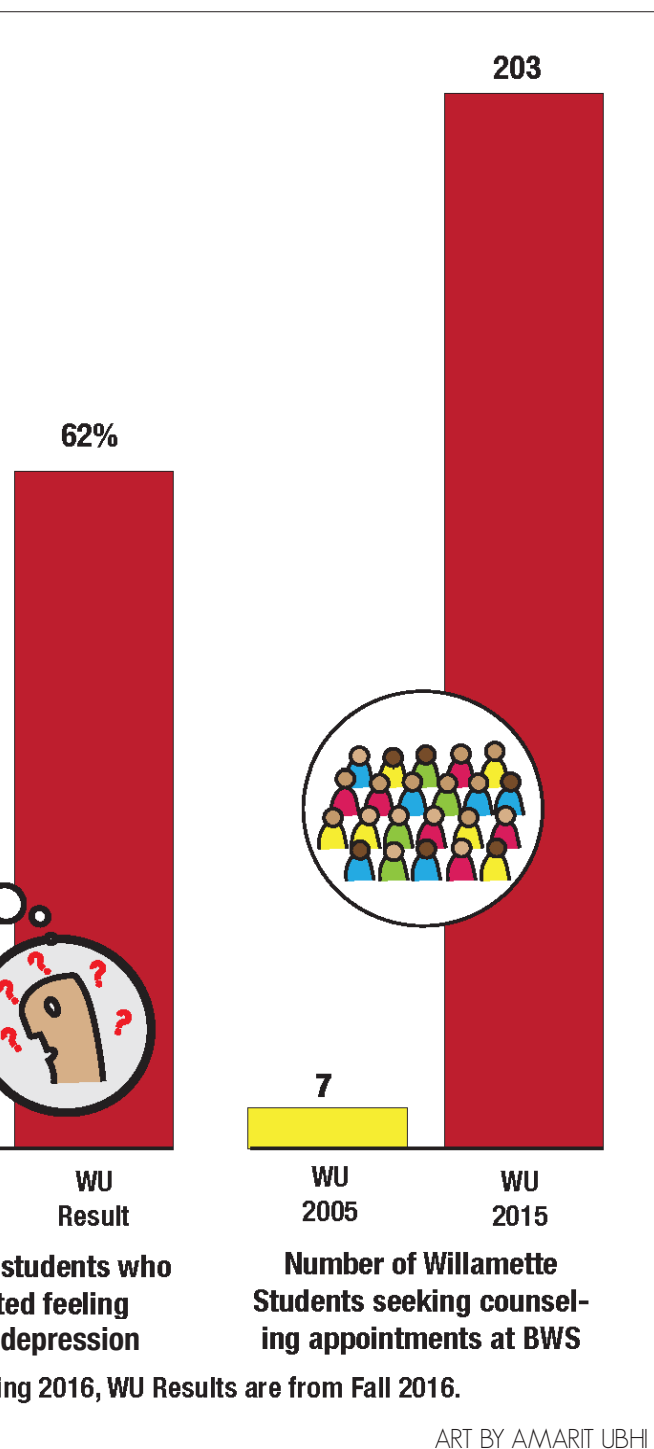
The Willamette Events Board is consistently putting on events such as movie nights and musical events that are open to students. On an almost weekly basis, there is something around campus happening that is dedicated to stress relief and enjoyment.

Earlier this year, Professor Jeanne Clark's Rhetoric and Leadership class set up a mental health awareness week from March 13-17. Each day, members of the group put together special activities designed to raise awareness on mental health struggles and support those in need of help.

Keeping a close eye on one's email and bulletin boards can go a long way toward dealing with issues such as anxiety and depression. Beyond that, there are other resources that students can turn to depending on their position.

"Students may also find they are able to gain the needed support through Accessible Education Services, Academic Support, SARAs, or through their faculty advisor, dependent on need," Townsend said.

Now matter how deep your struggles with mental health go, no one is without options.



ART BY AMARIT UBHI



Womens Tennis starts season at Lindfield

ERIC DEL PRADO
SPORTS EDITOR

Saturday saw nine Bearcats take the court. It was also the debut for coach Bryce Parmelly. The Bearcats played nine singles matches against the Linfield Wildcats and nine doubles matches against the George Fox Bruins. The Bearcats were not able to win a match, but gained valuable experience for the season.

On Sunday, the Bearcats played nine more singles matches against George Fox and five doubles matches against the Linfield Wildcats. The Bearcats were able to win two singles matches. The number seven singles match was won by Willamette first year Sylvia Marr. Marr dominated the match winning 6-4 and 6-2. The other victory for Willamette came at the number eight singles position with junior Allie DiPasquale winning 6-4 and 6-1. The Bearcats also had two heartbreaking losses in singles. At the number five singles first year Sarah Dean lost in a super tiebreaker, as she won the second set 6-0. The number nine singles match was also an exhausting match as senior Noemi Cruz-Cruz also lost in a super tiebreaker. Cruz-Cruz won the first set 6-0, but was not able to hold on as she lost the second set 6-2 and then the tie breaker 10-4.

The Bearcats look to right the ship after a tough season under new coach, Bryce Parmelly. Parmelly brings a wealth of experience to the program. He was the NCAA Division III assistant coach of the year at Middlebury College for the 2016-2017 season. He was also the West Region assistant coach of the year at UC Santa Cruz for the 2008-2009 season. Combine Parmelly's wealth of knowledge and the talent of the team and this year should be a vast improvement.

edelprad@willamette.edu

Intramurals kick off

DRU DRAPER
STAFF WRITER

Hey Bearcats! This week we are kicking off intramurals with soccer and grass volleyball! Thank you to everyone who signed up. If you know someone with a team, it's not too late to join it. Just go to IMleagues.com, make a profile and ask that team to send you an invitation to join. Just a reminder, 6v6 soccer will be held over at McCulloch Stadium while 4v4 grass volleyball will be in Brown field outside of Goudy. All different skill levels are encouraged to join. There are many different leagues for all different skill levels. There are co ed beginner and competitive leagues, as well as men's and women's leagues. It does not matter if this is your first time playing the sport, or you were your local star back home. The leagues also meet on different days, so you can join a team that fits your schedule. Most importantly, the winning team will receive an Intramural Championship T-shirt. Make sure you come to your first game with your league fee payment. Get ready for a great season and have a lot of fun!

dcdraiper@willamette.edu

Young players shine at invitational

CONTINUED from Page 1

In the next game on Saturday, Willamette put up a strong fight against Nebraska-Wesleyan, but fell 3-0. The second set featured eight ties and five lead changes before Willamette fell victim to a comeback effort by the Pioneers. In the third set, the score was neck-and-neck, Willamette losing 25-23 to end the set and conclude the match. Throughout this tournament, the Bearcats played

excellent volleyball against tough competitors.

"This tournament helped us prepare by showing how mentally and physically tough we will have to be in order to pull out a win. It's not always going to be easy, but if we are able to play with consistency and intensity the entire match, we will be extremely competitive within our conference." Senior Emma Liband said.

The Bearcats' young core of players played a key part this weekend. When asked about how

important the young core of this team is to maintaining success and how they will keep up the great work, sophomore outside hitter Kendall Fox responded, "Our team is very young this year with almost half the team being first-years. They are already a very important part of contributing to our team's success this season. Everyone on our team brings something different to the table which makes us very well rounded. We've put a lot of hard work and preparation

into getting ready for this season and we're already off to a good start. We need to stay focused and work hard & I have no doubt that if we do that we'll continue to see improvement and get the results we're looking for."

Go support the Bearcats as they open up conference by playing archrival Linfield this Friday at 7 p.m. in McMinnville!

jspohr@willamette.edu

Men get first win, Women win tournament

CARRIE FOX
STAFF WRITER

The women's soccer team traveled to Texas this weekend to take on Concordia University Chicago (CUC) and the University of Texas at Dallas in the UT Dallas Challenge Cup. In their first game in Texas, the Willamette Bearcats and Concordia University Chicago Cougars tied 0-0 in two overtimes.

WU goalkeepers, sophomore Kristen Barclay and first year Kahiau Freitas both played outstanding games. Barclay recorded her first save of the game in the first overtime against CUC, and Freitas, who played the second half, recorded two saves. The Bearcats outshot Concordia Chicago 8-1 in the first half, 23-7 overall, with sophomore Shanna Keil and first year Caroline Adams each taking two shots early on. Marley Duncan, Adams and first year Lacey Jones also recorded shots.

Willamette added 11 shots in the second half, while CUC only managed three. Senior Kelsey Walker took a shot in the second half which ended up hitting the crossbar, and then took two more shots which were blocked by defenders shortly after. Jones took another shot which was saved and senior Manset also tried for two shots in the second half.

Neither team was able to score, and the game remained scoreless for two overtimes. Willamette earned the only two shots in overtime, one by Duncan and WU goal keeper Barclay provided the Bearcats with 5 saves for the game.

In their following game against the University of Texas at Dallas, the Bearcats fought hard for a 2-1 victory. Manset scored the tying goal after intercepting a pass near the Comets' goal, as well as, the winning goal in overtime following a pass by Isabel Duxbury.

"Texas was a really great trip for our team. Not only did we win the whole tournament, but we were able to do some sightseeing for the past few days. Especially with this win today, I am so confident that this season is going to be a great one!" Manset said.

The Bearcats are scheduled to take on Whitworth University in Spokane, Washington on Saturday, Sept. 16, for the start of their Northwest Conference games.

The men's soccer team pulled out a 1-0 win against the University of California Santa Cruz (UCSC) this weekend with sophomore Nick Ballenger scoring the Bearcats only goal with a long pass from first year Max Berner-Hays.

Ballenger said, "It felt great to get the first win of the season, the goal definitely helped boost the morale, but more than anything it was a team win. We just have to take the positives from it and use the momentum we gained from this game to our advantage in the next one."

Willamette was outshot 10-3 in the first half, but ended up out-

shooting UCSC 8-5 in the second half. Prior to the game-winning goal, first year Mack van der Velde had a shot from 30 yards out which hit the crossbar. Senior Alan Hernandez also recorded a few shots throughout the game.

Junior Marco Gonzalez-Yanez of Willamette was strong in the goal, finishing the game with four saves. Two other Willamette

players also earned team saves by blocking shots from going in the net.

The Bearcats will host University of Puget Sound on Saturday, Sept. 16 to begin Northwest Conference play, and will take on Pacific Lutheran University the following Sunday, Sept. 17.

wfox@willamette.edu



Bearcats Swarm UCSC attacker



Junior Maxwell Mckee shields ball away from a UCSC player.

Cross Country speeds to a fast start

ERIC DEL PRADO
 SPORTS EDITOR

The Willamette University men's and women's Cross Country teams ran in the Ash Creek Preserve Invitational on Friday, Sept. 8. The invitational was held at Western Oregon University. The women's team ran a 4.6 km race, while the men's team ran 6.2 km race.

The women did not enter into the team portion, but had several runners that ran very well. Senior Hannah Swanson led the pack as she finished 7th. The first 5 runners were from the first place team, Simon Fraser University. The race was extremely bunched up, as Swanson finished just 5 seconds out of third place.

The only other two runners for the Bearcats were junior Emily Evans and sophomore Jamie Smith. Evans came in 35th place, with a time of 17:56.9, while Smith completed the course with a time of 18:38.6. Swanson was extremely pleased with the team's first race.

"We only had 3 of our 7 girls compete in this first race, but we all had very solid performances for this early in the season. It was Jamie Smith's first race back since last fall, and she looked and ran really strong. Emily Evans also improved her time on that course by over a minute since last year which is insane." Swanson said.

Sophomore Michael Montague led the men's team to a fifth place finish. Montague came in 13th place

with a time of 19:21.2 and first year Morris Wecker came in 14th place with the same time. First year Cayce Reese took 26th place with a time of 19:47.8, fellow first year Max Frankel also took 28th place with a time of 19:50.7 and sophomore Kellen Bulger ran the course in 21:15.5. The men's team garnered 136 points, good for fifth place in

the meet. Montague also had great things to say about the start.

"The team did a great job doing exactly what we were supposed to do, which was to be competitive in the front pack. Individually, I feel pretty good about my race. I think the hard work and training over the summer is going to start to show in the upcoming races."

The Bearcats will continue to work hard in practice as they will be heading to Minnesota this weekend to compete in the St. Olaf Invitational. The Bearcats will start their conference races later in the season, but Swanson is looking optimistically at those races.

"Despite our small numbers this year, our team is looking really

promising going into Conference. We're ranked second, but with more than a month left until Conference, we're planning to do some big things." Swanson said.

edelprad@willamette.edu



Montague and Reese bunch around a turn.



Evans and Swanson make their break.

this week in sports

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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AARON ODA
 STAFF WRITER

This week in sports has been full of record breaking winning streaks as well as record breaking losing streaks. The NFL season started this week and I know most people-including myself-are excited for the season to be back. We also saw some great games in college football as the season is well underway and most teams are about to start conference games.

MLB

This week in the MLB we have a team that is hitting their stride at the right time. The Cleveland Indians have won 18 games in a row and are looking to break the record of 21 straight wins by the

Chicago Cubs in 1935. The most recent team to attempt to break this streak of 21 straight games was the Oakland A's in 2002 winning 20 straight games. This is a noteworthy streak because in a sport where you play 162 games in a season and you have a game nearly everyday, to win 20 or more games in a row means you have not lost for about a month.

Something else of note in baseball is a team who's previous streak has turned in the opposite direction. The Los Angeles Dodgers, who have already been featured in previous editions of this week in sports for their amazing season, have hit a wall. A team that was once on pace to set the record for total wins in a single season now have found themselves losers of 10 games in a row, and have also lost 15 of its last

16 games. The fall from the top has been quick and sudden, but it shows the struggle of an MLB season.

NFL

To open the NFL season we saw the defending Super Bowl-Champs, the New England Patriots, host the Kansas City Chiefs in the league's premier Thursday night game. The unveiling of the championship banner did not go as planned for the Patriots as the Chiefs defeated them rather handily, by a score of 42-27. 40 year old quarterback Tom Brady had a subpar game completing 16 of 26 passes for 267 yards and no touchdowns. The Chiefs had an MVP like performance from rookie running back Kareem Hunt, who had 178 yards rushing

with a touchdown also adding 98 yards and two touchdowns catching the ball out of the backfield. The local Seattle Seahawks also lost their week one matchup to the Green Bay Packers by a score of 17-9. Russell Wilson's performance was also lackluster as he completed 14 of 27 for 158 yards and no touchdowns. The Seahawks in general had no offense to show for in week 1 only amassing 225 yards as a team compared to Green Bay having 370.

NCAA

One of the big games this week was between number two ranked Ohio State Buckeyes and number five Oklahoma Sooners. With the higher Buckeyes playing at home and against a team that the had beat last season, the Sooners

were able to get some revenge with an impressive 31-16 victory. The storyline of the game was Oklahoma quarterback Baker Mayfield who completed 27 of 35 passes for 386 yards and 3 touchdowns. The defense also played a big factor for the Sooners and was able to hold Ohio State to only 183 yards of total offense compared to 386 for the Sooner offense.

On a sad note, the UCLA Bruins beat the University of Hawaii Rainbows by a score of 56 to 23. Bruin quarterback Josh Rosen completed 22 of 25 passes for 329 yards and 5 touchdowns. But the Hawaii offense was able to out gain the Bruins offense, with the Bruins gaining 505 yards and Hawaii gaining 515 yards. Till next week, K DEN.

aoda@willamette.edu

The Politics Punch: A short summary of recent events in politics

WILLIAM GUPTON
OPINIONS EDITOR

1 President Trump made a deal with Senate Democratic leaders to pass a bill that would provide a three-month increase in the debt ceiling along with \$7.9 billion in federal aid for damage caused by hurricane Harvey. This agreement has shocked Republican leaders who were pushing for a long term debt ceiling increase. Most of the \$7.9 billion would be specifically designated to go towards the Federal Emergency Management Agency (FEMA) while the rest is slated to go towards the small business association.

2 Republican Congress leaders are preparing for a push towards accomplishing tax reform after pressure from President Trump who has made this issue his current central focus. Donald Trump has made tax reform a central feature to his platform since early on in his campaign. To many policymakers, this issue is a necessary but feared policy mission due to the complex tedious and partisan nature of tax reform. This shift in focus follows recent failures in many other parts of the administration's agenda, including in healthcare and border security.

3 Hillary Clinton releases new book, "What Happened," reflecting on her defeat in the 2016 Presidential election and speculating on the causes of her loss. This release has sparked some controversy, with Clinton placing blame for her loss in many places, including the rise of Bernie Sanders as well as the interference of Russian hackers in the election. Many critics have declared that her thoughts on what happened in the election may not represent the reality of the situation, but this book nonetheless represents the most comprehensive reflection Clinton has provided after her loss.

4 The Federal Emergency Management Agency (FEMA) is scrambling to respond to natural disasters and is nearly out of budget, with some reports suggesting it ran out of money to respond to crises last weekend. The combined damage from hurricanes Harvey and Irma have pushed FEMA to its budgetary limit, and many fear it is not equipped to respond to these current situations, much less any future disasters that may arise. Congress will vote to allocate more money to the agency on Thursday.

5 The Supreme Court grants a request from the Trump administration to uphold some parts of the ban on refugees traveling to the United States. This does not constitute the full ban the administration originally proposed, but would bar some 24,000 potential refugees. This is not a final court ruling upholding the ban as a whole, but reflects an attempt by the justices to stabilize the many court decisions made about the travel ban so that deliberations on the entire ban can continue in the high court for the next few weeks.

6 United Nations passes increased sanctions proposed by the United States on North Korea following their 6th nuclear test in an attempt to dissuade further attempts at the regime towards becoming a nuclear power.

wrgupton@willamette.edu

Who has the right to free speech?



TOBIN HUITT

JESSICA WEISS
STAFF WRITER

Campus free speech dynamics is a topic discussed today in ways that undervalue the rights of students to that very principle so many believe they are defending. Critics of campus politics dynamics follow the same lines of argument and reasoning that they did back when I was saying things like: "The process of learning requires challenge. And learning is uncomfortable. You are a young adult entering the real, cruel and Trump-supporting world, and by protecting yourself from this reality through the silencing of noise you do not wish to hear is the equivalent of covering your ears and screaming." (reference "Backlash theory: political correctness and capital," from a September 2015 edition of *The Collegian*).

In the past two years after my foreshadowing of the increasingly divisive political atmosphere in this country and on campuses, we still see countless think-pieces giving supposedly groundbreaking critiques and analysis of campus politics every time there's another example of a controversial speaker being

turned away from speaking on a campus.

We hear it time and time again; that students need to uphold some unclear standard of respect when it comes to free speech, and that our insularity is preventing us from being truly open-minded.

But what exactly is that free speech and liberal atmosphere that all these opinions columnists are speaking of? Our understanding of free speech is often hindered by our belief that unpopular speech must be legally and physically protected from being communicated, but what about speech that may be popular in the environment that it is being exercised in?

The Atlantic, known for their extensive coverage of campus free speech dynamics, published a piece in June titled: "Who's Afraid of Free Speech?" where the author questioned the difference between coercive pressures to suppress speech and social pressures to suppress speech. In this piece, social pressures, such as protesting or rallying to prevent a speaker from coming to campus, is defined as speech in and of itself as long as the use of physical intimidation and violence is avoided.

Defined as counter-speech while still remaining in line with the principles of free speech, the only time these social pressures are put into question is when counter-speech actively attempts to drown out the ability for a speaker to communicate their ideas.

This begins to explore the idea that perhaps college students are not simply too ignorant to hear opinions that are not in line with their own, they are just exercising their own rights in a community where their views are the majority, and their ideas are winning out in the "marketplace of ideas" that is their college campus.

Is this antithetical to the values of free speech, given that social pressures can act as a form of intimidation? Perhaps. But the inherent nature of counter-speech, utilizing tactics like shaming and calling out potentially offensive ideas, is to intimidate and threaten ideas. The nature of conflicting ideas is just that; conflict. And if there is anyone that is "overly sensitive" when it comes to the issue, shouldn't it be the controversial speaker walking into a community knowing their ideas will be unpopular, but feeling entitled to an unchallenged space?

This is an odd standard to expect, given that protections of free speech are often physically and emotionally painful. It was gut-wrenching to see the Supreme Court protect Westboro Baptist Church when they protested a military funeral with signs that read "Thank God for Dead Soldiers." It was even worse to see in 2017 there were seemingly more police protecting the rights of Nazis to march in Charlottesville than those shutting down the protests when people brought their guns in private militia uniforms and performed Nazi salutes.

Our pretty conservative legal standards acknowledge the right to protect speech even in cases that it may be threatening societal norms and standards of decency and tolerance. So why is it that the "marketplaces of ideas" is this fun liberal concept up until the point that certain viewpoints don't get any love from that very "market?" Pretty fragile, if you ask me.

jweiss@willamette.edu

Eagle Creek: We didn't start the fire

CONTINUED from Page 1

First and foremost, at this time he is only a suspect; guilt is already being assumed by the public even though nothing has been decided in court. This is against the core values of our system of justice, which assumes suspects to be innocent until they are proven guilty. Anything short of this constitutes an authoritarian mindset that is strictly against the ideals of this country.

But let us assume for a moment that he still is guilty. Even if it may have been the case that he did start this fire, that in no way excuses the threats he has received through social media. So many are calling for retribution, yet they seem to be forgetting that the target of this is a 15 year old. There is no excuse

to treat a minor this way, innocent or guilty. Shouting in favor of vengeance only feeds a never ending cycle of aggression, no matter what form the vengeance takes or who it targets.

Make no mistake, I am not saying that person guilty of starting the fire should be absolved of everything and forgiven without consequence. If it is true that this boy started the fire, then there need to be consequences.

But these must be carried out in a court of law, in a just and unbiased manner. Crimes have due punishments and we have systems in place to carry these out, but no one deserves to be tried in the public before the legal system has done his part.

Because of this, I ask that everyone watch their tone as this story develops. If you find yourself attacking or criticizing

this suspect, ask yourself: what gives you the authority to do so? Without all of the facts, without the rulings from the legal system and without letting justice take its course, none of us have any right to make any declarations about the situation.

Mourn the tragedy of this disaster and be concerned for the people affected, but don't let your frustration turn into anger, hostility or bitterness. Instead of being distracted by a hunt for a person to blame, use the feelings you have in a productive way. There are dozens of people putting their lives on the line to prevent the fire from spreading and even more people have been forced out of the area, and both of them need support.

If you want to help, you can support Friends of the Columbia Gorge, which is an organization

that will be working on the restoration and protection of the impacted areas, as well as Gorge First Responders, which has a GoFundMe page to support volunteer firefighters in the area. Furthermore a quick google search of ways to help will present you with other ways to help.

Instead of taking out rage or aggression at this situation, I encourage you to find a positive way to help the impacted land and people.

wrgupton@willamette.edu

The failing democracy at the top

MADELYN JONES
LIFESTYLES EDITOR

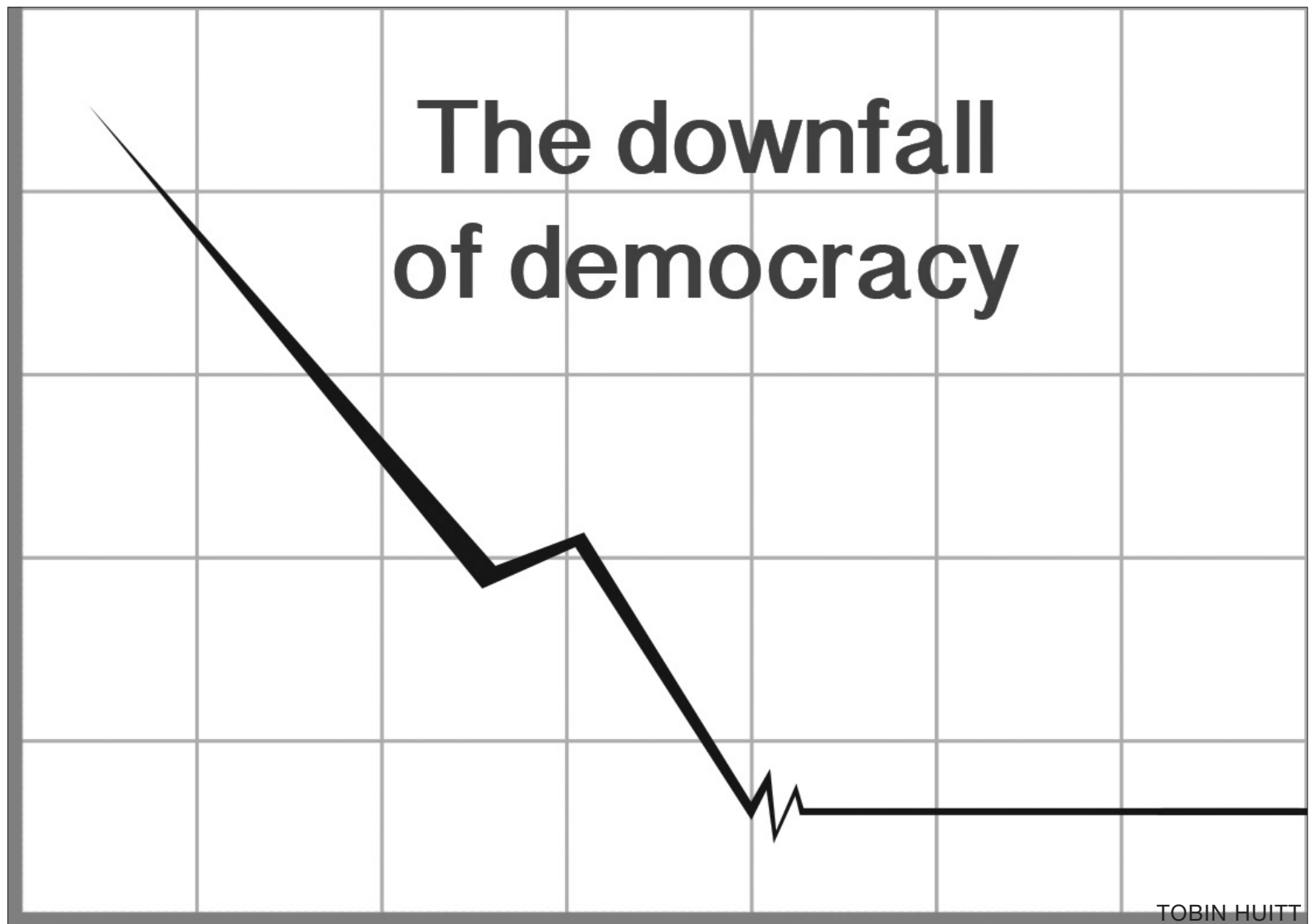
The United States is widely associated with the ideals of freedom, liberty, and above all, democracy. Many people look to the US as the ideal democracy, the type of democracy other countries should strive to achieve. However, current events are showing the United States is not the perfect democracy it is commonly highlighted as.

The Economist's Democracy Index of 2016 labels the US as a flawed democracy, their reasoning being a decline in political culture. For a well-functioning democracy, it is important that the people have faith in their government, that they believe they are capable in making the right decisions.

Their studies have shown that the people's trust in the government is historically low. While President Donald Trump was not the cause of this decline, he is continuing it with his rhetoric and actions against media.

Widespread independent media is crucial to maintaining a healthy democracy because it allows a free-flow of information that comes from sources other than the government. Government control of the media is often seen in strict and controlling authoritarian governments that aim to squash opposition. This is completely opposite to freedom of speech and press, which belong to the foundation of democracy.

Trump's anti-media sentiments are dangerous. He is trying to make the people not believe indisputable facts because they are not flattering to him. Scroll through his Twitter to see him attack multiple news sources and people for spreading what he dubs "fake news." This started on his first day in office when pictures of his inauguration were released and he claimed the photos were taken at angles to purposefully cut out much of the crowd.



To express his power even more, when the National Parks Services' twitter retweeted pictures of Trump's and Obama's inauguration side-by-side, he ordered them to stop tweeting until further instruction. Later on, the account tweeted again to say the retweet was a mistake. This situation shows the Trump administration has been trying to silence voices of opposition since the moment it had enough power to. It seems our President is okay with silencing the truth and spreading false information to make him look more favorable.

Accurate and accessible information is incredibly important in a democracy, since this type of government relies on having informed voters. The government is supposed to work for the people, and spreading false information is working against them.

Trump seems to believe the media is out to destroy him, which is the foundation of this dangerous mindset. He looks at freedom of speech and press as a threat to him and the government, not as individual people using their rights.

This repression of these facts shows he wants to media to cover current events from his point of view, which sounds dangerously familiar to the authoritarian idea of crushing opposition.

Unfortunately, the US is not getting any closer shedding its new title of flawed democracy under Trump's leadership. His willingness to spread false information and perception that the media is out to get him goes against the basic ideals of democracy, the institution he is supposed to be trying to protect.

The United States should not be idolized as the best democracy with such conflicts in the realm of media. Americans already have such little trust in their government, and blocking the spread of information is only going to make that worse.

mgjones@willamette.edu

Let's get real about reality TV

CAITLIN FORBES
MANAGING EDITOR

I'll be honest, I am slightly addicted to reality television. I could try to make it sound more deep or substantial than it really is, the drama is just compelling. These people live larger than life with mansions, 20 car garages, exotic animals in their backyard and diamonds almost too big for their hands to take.

Don't get me wrong though, it's not the glitz and glamour that draws me in — the acclaim to fame that these D-list celebrities crave. It's the action, the drama and conflicts that they invent. One may ask what problems arise when you have accomplished everything — or at least everything in the sense of money and success. The problems that arise are petty drama blown out of proportion: whose boyfriend insulted who, who is lying to the press, who got too tipsy and word-vomited over their fake friendship.

Why do we continue to reward this behavior? The way that the cast of any of the Real Housewives se-

ries acts is honestly appalling and it has escalated over the years. The show started off with petty problems like unnecessary gossip and escalated to faking cancer. The last season of "The Real Housewives of Orange County" followed the storyline of someone's boyfriend who

I pointedly watched every episode to see the digression of this man's life and the pack mentality of this group of women who too readily attacked his character. Not to say what he did wasn't despicable; it was horrendous and such a dirt-bag thing to do, but why was there

the faults in others to bring these people who are seemingly above us to our level as "basic humans." The evidence for this phenomena is right in front of our faces, if we choose to not support the deviant behaviors we observe then the Real Housewives franchise would nev-

est common denominator. Once one person allows this to become popular or enjoyable it immediately makes it okay to indulge this behavior. After a while everyone starts to assume that it is the new cultural norm to be hostile, judgmental and cross boundaries. This eventually affects how we as people grow. It is no secret that reality television can be scripted, exaggerated and manipulated to show a certain narrative. However the more and more we expose ourselves to this canned "reality" the easier it will be to inherently incorporate this into our own lives, conscious or not.

So the next time you're enjoying the Bachelor or Big Brother, try to incorporate some sense of boundary. The awareness is essential when watching these shows. So go, feel free to binge, but don't forget that what you see are the caricatures of human flaws blown up to an extreme and shouldn't follow you into your life no more than our president cares about healthcare and human rights.

caforbes@willamette.edu

This cycle of mistreatment can only stop when we start assuming that we are better than the lowest common denominator.

questionably was diagnosed with cancer. In the real world, if someone was diagnosed it's usually not questioned, however in this fake-tanned world we question everything. And that's what the group did. It eventually ended with the boyfriend actually faking cancer.

And the saddest part is that we ate it up. I hate admitting this, but

a part of me that wanted to see his lies?

Looking at the bigger picture of this reality television centered argument we see a society in which we support this terrible behavior. This isn't super shocking, just look at our president. Why as humans do we like to see the bad behavior? Perhaps it's all about seeing

er have expanded, we most likely wouldn't have Donald Trump in the Oval Office and Gordon Ramsay wouldn't be a household name. Instead we want to see the betrayal and yelling (and sometimes crying).

This cycle of mistreatment can only stop when we start assuming that we are better than the low-

Humans of Willamette

What are you looking forward to most about the Fall season?



Holly Peterson

Senior

I'm excited to get to wear sweaters again when it gets colder.



Joel Westby

First Year

The rain, definitely.

INTERVIEWS BY CAITLIN FORBES
PHOTOS BY CONNER WICKLAND



Whitney Widrig

First Year

I am really looking forward to being included and involved in the Willamette community here, I am running for ASWU and if that doesn't work out I still plan on going to a bunch of meetings and stuff to know what's going down.



Michael Ryer

Junior

Probably the trees, they look really nice. I think the campus really rocks the fall. And it's cooler and I like that feeling.

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GINGERSNAPS
LEMONLOVEGOODS
VEGANCHAI

PEANUTBUTTER
SHMIDTYCOOKIES
COWBOY
SNICKERDOODLES

