



ALUMNUS ABROAD

A taste of Japanese history and culture

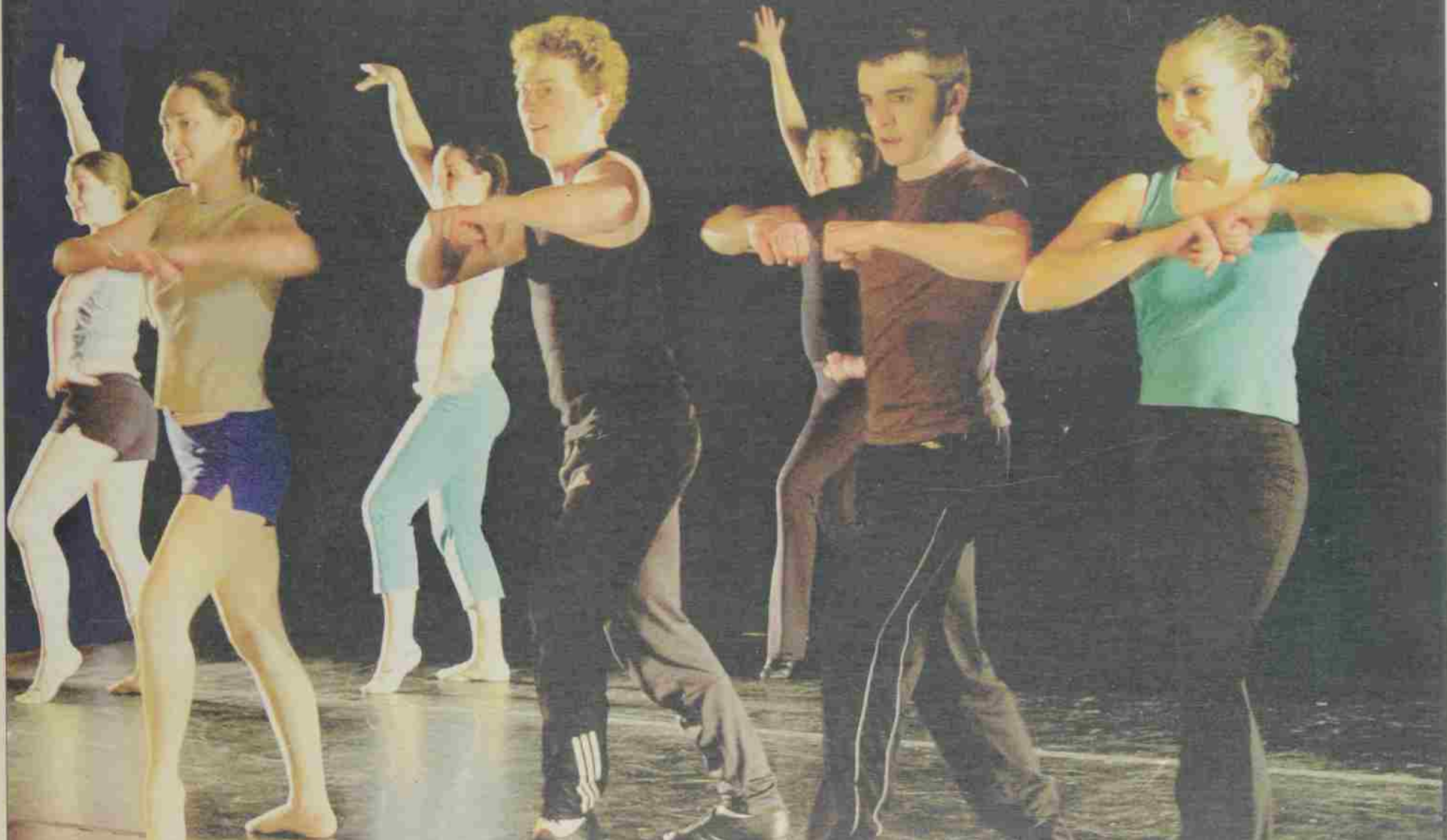
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THE COLLEGIAN

2005 -
2006
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PAGE 1 PHOTO CREDIT: LEIA THOMAS

ASWU budget deficit prompts
new Oversight Commission

By SASHA BERKOWITZ
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Last semester, most clubs at Willamette received less funding than they had come to expect in previous years due to a deficit carried over from the previous year. In response, Senator Sara Barnes called for a Financial Oversight Commission for ASWU, giving students an avenue through which they may investigate the budget allocation process.

Many student groups are upset that they were not adequately funded, according to ASWU Director of Public Relations Jordan Rash. "I think what's going on is that people are upset and wondering why they aren't getting as much money as last year. Why did this group get money but we did not?" Rash said the issue is primarily between clubs and the ASWU Finance department.

ASWU President Tyler Reich said that the ASWU budget was significantly smaller this year than in the past. "This year, because of some of the finance mistakes that were made the year before, we were in the hole, and so we had to take some of the budget from this year to pay off that debt with the university."

Reich said that last year's ASWU Sound budget was underestimated, and the overages came out of this year's money. "That left us with a much smaller budget, so everyone's a little bit angry that they didn't get as much as they wanted, or they didn't get anything."

To make the budget process more accessible in the future, Barnes introduced a Senate resolution creating a

Financial Oversight Commission. "This year's budget process brought a lot of controversy. Many students were unhappy with the results, and a lot of them came to talk to their senators," Barnes said. "I believe that in order to fairly and accurately investigate student concerns regarding the budget, a third party should be the one to examine since they would not be biased in this situation."

"It's an idea that finances shouldn't be opaque; they should be transparent," ASWU Vice President of Finance Aaron Floyd said. "There's always problems in doing that, because how many people want to look at spreadsheets all

day? A very small number. And what we thought was, why not bring in outsiders to at least look at the process?"

Floyd said the commission would not be directly involved in the budget allocations, but would be able to offer input on the process and results. "It's more of a suggestion board. It's been talked about for a while, and some of the senators finally sat down to write a resolu-

Why Didn't My Club
Receive Funding?

1. Request was unclear, or not relevant to ASWU.
2. The overall budget was constricted, lessening the amount allotted to individual clubs.
3. Request was not made in a timely fashion.

Needs More Cowbell



MAGGIE SHANEYFELT,
CHRISTINE RIIPPI, BRE STEPHENS

The Millstream is flowing, the squirrels are mating, the students are drinking . . . it's finally February! The word "February" derives from the Ancient Greeks, where "Feb" means "Month" and "Ruary" means "of questions". Will there be 29 days, or only 28? Will Phil pop his head out of the ground and see his shadow, or not? Where was the mysterious free cake on Founder's Day? And finally, the most important: Will you get a valentine?

Let's face it, gang: Valentine's Day is the single most important day of the year. This is bigger than your mom's birthday, Founder's Day and the Winter Solstice combined! We've saved up the little candy hearts from last year

and are ready to re-gift to our current crushes. Will he respond to the little innuendos like "Be mine" and "Email me"? Only time will tell.

Ultimately, Valentine's Day is a day to tell people you love them; don't limit this to just your Boo. Feel free to tell friends, family, hall mates, professors, campus safety officers and those nice people who work in the Mail Center how you feel about them. Just be careful what you say, because you could get arrested, or worse, expelled.

We're cheap. We don't want to buy individual valentines and have to go through the pain of selecting which valentine goes to whom. There are only 14 cards in our Batman valentine pack—that's just not enough love! So we're using the Collegian as our personal valentine to show everyone on campus our appreciation.

A big, red, heart-shaped balloon to President Pelton for exercising with us at Sparks. We don't love that another person is taking up one of the precious elliptical trainers, but we're glad it's you.

Twenty candy hearts to the hard-working construction people for giving our campus a facelift and removing the scaffolding from Waller Hall. It's good to see you again, Wally!

A box of Hershey's Special Dark

Applications for positions on the ASWU Oversight Commission should be appearing within the next week.

tion." According to Reich, the Inter-Campus Relations committee wanted to ensure that the budget process was fair to everyone involved. "We're working really hard to make sure that there is oversight, and that there are stronger and more ethical rules... for students and clubs to get an equal chance at the budget for next year."

Reich said that the oversight commission will consist of a faculty advisor to be selected through an application process, Sarah Barnes, chair of the Inter-Campus Relations Committee, and five students with no connection to ASWU, but who are involved in campus activities. "We want to make sure there's a good rounded group of students there that don't have any investment in the inside politics of ASWU," says Reich. "They would have access to all the financial documents, they'd do audits, they'd investigate, ask the right people the questions they need to ask, and then report back to the ASWU Senate."

According to Reich, applications for positions on the ASWU Oversight Commission will be released next week.

Barnes said that once the committee comes up with a set of operation guidelines, it will be able to get to work. "It is very important for this committee to have a clear process to follow," Barnes said. "The overall hope is for this committee to make ASWU finances more transparent and to address student concerns in a fair, impartial way."

Chocolates to Nancy Norton for keeping us up-to-date on jobs and internships via email. However, no valentines to the new email "quota-keeper-tracker-thing," which tells us how many emails we're allowed to have in our boxes. We're not going to apologize for living in the Red Zone.

A fruit basket (to replace the fruit that desperate students keep stealing) hand delivered to the people at Goudy and Bon Appetit for making an effort to improve the food selection on campus by providing healthier food. "Heart"

One plush teddy bear for Jerry from Maintenance. Thanks for always alerting students that you are behind them, as opposed to running them over like other golf-cart creepers we know. A heart-shaped quesadilla to Doreen from the Cat Cavern. We love you!

The point is (yes, there is one) that Valentine's Day does not have to be about sex, drugs or spending copious amounts of money on a stuffed monkey that holds a heart reading, "I'm bananas about you!" Valentine's Day is about showing the love and being sentimental and cliché for a day. On the 15th, go back to being cynical bastards—in the meantime, send those valentines and candy grams. But none for Gretchen Weiners. Bye.

NEWS MAKERS

VAG-MONS MONDAY, TUESDAY
8 p.m. Smith Auditorium, tickets:
\$5 (student), \$8 (general).

Performances of the Vagina Monologues take place annually on college campuses and in communities all over the globe. The performances seek to raise awareness about violence against women and girls as well as address issues women commonly face. Our performance is entirely student-produced, directed and funded. Each year, SHE donates the proceeds to a local organization of its choosing. The production is high-energy, empowering, sexy and fun! V-Day (Feb. 14) is a global movement to stop violence against women and girls, including rape, battery, incest, female genital mutilation (FGM) and sexual slavery. For more information, contact <dalb- bert> or go to www.vday.org.

BLACK TIE TICKETS ON SALE

Tickets for A Black Tie Affair went on sale earlier this week. Black Tie is an annual formal dance put on by the Willamette Events Board. Held this year at the Tiffany Center in Portland, from 8 p.m. to midnight, the event will feature our very own award-winning Jazz Band and Willamette Singers. Tickets will be sold in the UC on Feb. 9, 15 and 16, and at Goudy on Feb. 10, 13 and 14. For details, contact <tkko>.

STRING QUARTET TO VISIT WU

Since its founding in Madrid in 1997, Cuarteto Casals has quickly become recognized as one of Europe's most distinguished young string quartets, garnering top prizes at many international competitions including the Yehudi Menuhin First Prize at the 2,000 London International String Quartet Competition and first prize at the Johannes Brahms International String Quartet Competition in Hamburg, 2002. A recent review from "Die Welt" said: "Cuarteto Casals...its sound simultaneously powerful and sensitive...impressed the audience with its technical sovereignty and passionate joy of playing." The Cuarteto Casals will perform Wed. at 7:30 p.m. in Hudson Hall. Tickets are \$3 for WU students.

Jazz legend Jimmy Heath to perform

By SARAH MILLER
smiller@willamette.edu

Willamette University has welcomed some impressive public figures in the last year, and this Saturday's 25th annual Jazz Festival is no exception. This year's festival will feature legendary tenor saxophonist Jimmy Heath, whom a recent press release referred to as "a brilliant instrumentalist, composer and arranger."

The festival, according to senior music major and jazz pianist John Englund, serves as "jazz education for high schools during the day and a jazz concert for the Willamette and Salem community at night." The festival welcomes 24 high school jazz bands from Oregon and Washington, offering them not only an educational opportunity, but also the chance for one band to perform alongside Jimmy Heath and the Willamette Jazz Ensemble.

Heath, active witness to the development of more than a half century of jazz history, carries with him an impressive résumé. The musician has performed with a slew of the most recognized names in jazz, including Miles Davis, Dizzy Gillespie, Wynton Marsalis, Howard McGhee, John Coltrane and many others. Heath's more than 125 compositions have been performed by an equally impressive group, including Chet Baker and Ray Charles.

The Director of Bands, Professor Tim Robblee, explained that in choosing Heath for the festival he "sought out a name that goes back through jazz history. Jimmy Heath has played with virtually every famous name of the past 60 years of jazz. Mr. Heath is now 79 years, and still plays great. Very few people can tell the



Jazz great Jimmy Heath electrifies the crowd with his saxophone skills.

photo courtesy of JIMMY HEATH

story of jazz as vividly as Jimmy Heath."

Some Salem area schools participating in the festival will include South Salem, Sprague and West Salem high schools. The bands will participate in clinics all day, after which five adjudicators will select the most outstanding band of the day to open the evening concert. The day "is set up primarily as an educational experience for the schools, not a competitive experience," Englund said.

Willamette music students will participate in the administration of the festival, leading bands to and from clinics, setting

THE STATS

Heath first performed in 1948 at the age of 21 in the First International Jazz Festival in Paris.

Heath has performed on more than 100 albums and has written over 125 compositions.

Heath recently concluded an 11 year career as a professor of music at the Aaron Copland School of Music at Queens College.

up equipment, and of course, performing as the featured ensemble Saturday evening.

Professor Robblee expressed great enthusiasm for the upcoming weekend. "The chance to rehearse and interact with a jazz legend is unbelievable," he said. "To play side by side with someone who has recorded with Miles Davis is an ecstatic and humbling experience. As an educator, I get an incredible rush out of seeing my students working side by side with someone who can share so much talent and history and is also genuinely excited to see young people playing 'his music.'"

Sat. Feb. 11

7:30 p.m.

Open to the Willamette and Salem communities

Tickets available at the music department

\$12 for adults

\$6 for students or seniors

For more information:

www.willamette.edu/go/jazzfestival

- 8,200 people die per day from AIDS
- 15,000 people become infected with AIDS each day
- 42 million people around the world are living with HIV and AIDS
- Only 1 million AIDS patients have access to effective treatment

fightglobalaids.org

Students fight against AIDS

By JEN ASZKLAR

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The start of the semester saw the beginning of a new group on campus dedicated to raising student awareness of the AIDS pandemic sweeping the globe. Using the first WEB movie of the semester as a platform to generate interest, Willamette's chapter of the Student Global AIDS Campaign established themselves as a visible group on campus.

The move to start a chapter of the SGAC at Willamette was inspired in

part by the showing of the movie 'A Closer Walk' on campus by junior Carolyn Burns in honor of World AIDS Day last Dec. 1. Several interested students felt it important to establish a charter of an advocacy group such as the SGAC at Willamette. SGAC is an organization with 85 chapters nationwide, but Willamette is one of the first chapters on the west coast.

Mara Hansen, a member of the SGAC, thought the campus needed an organization like this. "At Willamette I sometimes feel like I become educated about issues of social justice, but I don't have an easy way to make a difference," said Hansen. "Our group is dedicated to providing students with an easy way to feel like they can change things."

Freshman Will Nevius, another member, agreed that the campus had been looking for an outlet like this. "We always talk about how it's hard to get outside the Willamette bubble and see the bigger picture. This is a true global pandemic affecting the world and students need to be aware of this issue and how they are affected by it on some level," Nevius said.

The group started their work on campus at WEB's showing of the movie 'Rent,' which tells the story of a group of friends dealing with AIDS. In the foyer of Smith Auditorium, where the movie was shown, students were encouraged to sign up for the group's listserv and sign a petition to Gilead, one of the largest pharmaceutical corporations in America, to encourage them to

provide more low cost drugs to 97 countries with the greatest need.

"I feel like this issue really brings home a lot of various problems, like global poverty and sexism," said sophomore and SGAC member Elliot Williams. "For me, it is important to use some of the advantages that I have in life to work for the well-being of other people."

Willamette's chapter of the SGAC has started working with community members on campus to further encourage student involvement. Matthews and Shepard dorms have already held screenings of a 30 minute video on AIDS in Africa, followed by time for questions and discussion, as well as the circulation of another petition for trade representatives. The group is currently planning six other programs on campus in the next six weeks. According to Hansen, "everyone on campus will have a chance to get involved."

Hansen and Nevius will represent Willamette's chapter at the SGAC's annual national conference in Washington, DC later this month. They hope to gain insight from researchers, experts and speakers to further their ability to mobilize students. Eventually the group hopes to help start chapters at the University of Oregon and Oregon State University and expand the SGAC in the Northwest region. Ultimately, the group hopes to make a difference in the world.

"Our generation will be judged by how we face this issue," said Nevius.

Want a great summer job? Apply to be a Summer Resident Assistant!

The TIUA Summer RA is a full-time paid position and is a blend of the typical Willamette RA's responsibilities and planning exciting programs throughout the summer. Help the students enjoy summer "American style" with baseball, BBQ's, beaches, and Oregon outdoor life!



Applications available at the UC Info Desk, the TIUA Reception Desk, or online:
www.tiua.edu/about/opportunities.shtml
Applications Due March 1 by 5pm

Questions? Contact: Naomi Collette <ncollett> x3351 or Jeani Bragg <jbragg> x3313

PROFILE

Guest nutritionalist on Today Show, The View and Good Morning America

Now appearing in your 9:10 lecture

MEET ELIZABETH SOMER

By LINDSAY OHM
lohm@willamette.edu

Visiting professor Elizabeth Somer, a registered dietitian and consulting nutritionist, has plenty of bragging rights. A successful author, lecturer and researcher, Somer has had the opportunity to do something most people only dream about: she makes regular appearances on TV as a nutrition correspondent for shows such as "Good Morning America," "The Today Show" and "The View." But most importantly, she's met Mel Gibson.

"I'd been wanting to meet him for years, so I said, 'This is it.' I got to the studio for 'Later Today' and talked to one of the producers into taking me over. I sat there with my knees knocking and sweat dripping down—that was really, really fun," Somer said.

After graduating from Oregon State University with a degree in Nutrition and Exercise and earning a master's degree from Ohio State University in Community Health, Somer's career began when she writing for free for the San Diego Union Tribune. From there she described her career as 'snowballing' from one opportunity to the next, eventually writing for International Dance and Exercise Association's trade publication and writing for Shape Magazine before moving to writing books. After publishing her first book, "Food for Mood" her publishing house arranged for an interview with NBC's "The Today Show."

"I was incredibly nervous for three months prior, up until they sat me down and miked me up," Somer said. "Matt Lauer started interviewing me and in the back of my mind I thought to myself 'I really like this' and decided that I wanted to do more of this."

She eventually became a correspondent for several nationally syndicated television shows, including ABC's "Good Morning America" from 1996-1999 and from 1999-2000 on NBC's "Later Today." Somer has also had a one-hour PBS special on nutrition and aging that aired nationally in 2000. On the radio, Somer has also been involved in hundreds of local, regional, and national talk shows. She recently published her eighth book, "Ten Habits that Mess up a Woman's Diet," to critical acclaim and a ninth, "Age Proof Your Body," will be published this



Visiting exercise science professor Elizabeth Somer is locally known for her interest in nutrition.

photo by SAGE NUSBAUM

September. Somer is also the co-author of "The Nutrition Desk Reference" and serves as editor for two newsletters that take all of the current nutrition research from over 6,000 journals and compile the data for easy consumption by readers. She has written over 300 articles and also makes appearances on local television programs such as Portland's "AM Northwest," including a segment featured on this Monday's show.

"I love writing and acting as a correspondent—it combines three of my favorite things: learning, meeting new people and communicating. You find out everything you can about a particular topic, you talk with researchers and experts who know things that never make it into publications and then you make that information into something that's interesting for the general public to learn about. It's fascinating and challenging," Somer said of her work.

Though she has traveled extensively for her work, Somer has roots in Oregon.

Somer currently resides outside of Salem with her two children and continues to occupy her unique specialization as one of the very few dietitians who are up-to-date in the world of nutrition research. She also graduated from OSU and briefly taught at Linfield College some years back. Having also taught at larger universities such as Ohio State, Somer said she prefers smaller schools like Willamette. "I love the intimacy. The students are wonderful—they're bright and challenging... and individuals who are capable of thinking for themselves."

As an important figure in the advancing world of nutrition, Somer has been asked to be a spokesperson for products including Dole fruit, Orville Redenbacher popcorn, 8th Continent soymilk and olive oil. Many have dreamed about that illustrious endorsement deal, but for her, it's an actuality. She recently completed a satellite media tour for the milk mustache campaign's weight loss promotion, which she described

as "really, really fun." The tour consisted of being interviewed in front of a camera by news shows across the country via satellite. The interviews took place in New York City's Grand Central Station with actress Molly Ringwald also fielding questions.

Today, Somer continues her role as one of the foremost dietitians in her field. She is well versed in nutrition research and continues to apply her knowledge in the form of books, articles and presentations. Somer enjoys sharing her knowledge and passion for nutrition with the general public, explaining, "I just have a really fun job." She particularly relishes sharing with students the experiences she has had in her career as a nutritionist.

"The thing that surprises me when I look back [at my education] is that when I graduated from OSU, the only thing you were trained for was working in a hospital, or maybe the Dairy Council or the school system...and there are so many fun things to do out there that you never think about."

ASWU RELEASE FEBRUARY 6, 2006

On Jan. 26 the Associated Students of Willamette University senate passed a resolution creating a commission to create a Finance Board oversight committee. The oversight committee would be charged with the responsibility of auditing the Finance Board and the Finances office for the entire senate body, as well as holding hearings for club presidents and students who have questions or concerns about the budgeting process. The resolution, carried by Senators Clough, Barnes and Kohler, passed with only two abstentions.

Created as a result of ongoing issues with club allocations and alleged fund mismanagement, the ASWU senate wished to know exactly how funds are being allocated and where money is going through each step of the budget process rather than receiving a report every other week from the Finances Office. While the senate does not believe that there is any reason to substantiate these claims, they do believe that creating a committee for the in-depth analysis of the ASWU budget is important. It is very likely that the committee will be formed along the lines of the Committee on Student Organizations, in that it is independent of the senate but makes a report when is necessary.

ARTS

The Cat's Pajamas

By MIRANDA RAKE
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VALENTINE'S DAY

I am surely not alone when I admit that I still have trouble remembering not to write 2005 on all my papers. But in actuality, it isn't even January anymore. We are well into February, and you know what that means. Valentine's Day is stealthily sneaking in upon us. Whether you just adore this saccharine soaked holiday or despise it with a venomous snarl, it will arrive, next Tuesday to be precise.

In the spirit of frivolity and overall campus harmony, I propose we embrace the day! The randomly abundant free candy will serve as a reward for your tolerance of disgustingly adorable couples' annual excuse to suspend their adherence to socially acceptable displays of affection. Best case, you'll find yourself lost in said doe-eyed puppy love splendor.

Whichever, I suggest gung-ho acceptance of the holiday as obligatory departure from the doldrums of a normal Tuesday. Lots of excellent things are associated with Valentine's Day. If you are in a relationship, take it as a chance to see what your significant other can come up with present-wise. Ideally, the pressure of the love-drenched day will produce sparkly precious stones and/or a weekend in Paris or Seattle or something.

If you are not in a relationship, and thus in as ideal a position to expect such things, I say not to worry or be bitter! Simply decide that the current loves of your life are yourself and your friends (should you chose to include them) and proceed accordingly. Think of all the things that you might be given and use your insider knowledge of what you'd like most of all! A box of chocolates? Always a classic.

And remember, it is a special occasion, so steer clear of Hershey's or some icky cheap sampler thing from Safeway. I suggest a drive up to Portland and an afternoon at Moonstruck (NW 23rd & Hoyt) or Sahagun (NW 19th & Burnside) —two world-class chocolatiers based out of downtown Portland. Go with friends and truffle and hot chocolate yourselves into glorious endorphine overload. It will be worth your while.

No chocolate for you? Maybe take a day trip to the beach? Make a big dinner for your best friends? Regardless, the point is why grumble about a silly 'made up holiday when you can instead take it as an excuse to celebrate free of reason or strict ritual! We work pretty hard here at Willamette, we've got to make the most of any excuse we have to play the bon vivant.

AND THE NOMINEES ARE...

By CHELSEA WESSELS
cwessels@willamette.edu

You know the one about the gay cowboys? No? If you haven't had a chance to see all the Best Picture nominees (announced last Tuesday) by now, you're in luck because they're all available in Salem right now. And if you can't make it to all five by March 5, here's a break down with all the important info. That way, you can at least talk like you've seen it.

	BROKEBACK MOUNTAIN	CAPOTE	GOODNIGHT and GOOD LUCK	MUNICH	CRASH
THE STORY	Two cowboys make an unescapable connection during a lonely summer in rural Wyoming.	While researching his famous book, "In Cold Blood," Truman Capote forms a bond with his subject, killer Perry Smith.	Broadcast journalist Edward R. Murrow's attempt to bring down Senator Joseph McCarthy, no matter the cost.	The film traces the five men assigned to seek revenge for the murder of 11 Israeli athletes at the 1972 Munich Olympics.	Stereotypes and prejudices are revealed as seemingly ordinary people's lives collide with each other in a series of fateful encounters.
NOMINATIONS	Best Picture, Director (Ang Lee), Actor (Heath Ledger), Supporting Actor (Jake Gyllenhaal), Supporting Actress (Michelle Williams), Adapted Screenplay, Original Score and Cinematography.	Best Picture, Director (Bennett Miller), Actor (Philip Seymour Hoffman), Supporting Actress (Catherine Keener) and Adapted Screenplay.	Best Picture, Director (George Clooney), Actor (David Strathairn), Original Screenplay, Art Direction and Cinematography.	Best Picture, Director (Steven Spielberg), Adapted Screenplay, Film Editing and Original Score.	Best Picture, Director (Paul Haggis), Supporting Actor (Matt Dillon), Original Screenplay, Film Editing and Original Song.
WHY IT'S GOLDEN	Oscar loves a hot-button topic, but this film is a lot more than an "issue" movie. The acting is superb and the story will break your heart.	Hoffman's stunning performance as Capote is at the heart of an intimate portrait of a famous writer.	Despite the black and white cinematography, the film is tellingly on target in its critique of today's media.	It's Spielberg.	The deft handling of the subject matter, anchored by a phenomenal cast and a brilliant storyline, make this film a fascinating study of race-relations in America.
PLAYING AT	Regal Santiam 11 365 Lancaster Dr. SE (503) 370-7067	Salem Cinema 445 High St. SE (503) 378-7676	Northern Lights Theatre Pub 3893 Commercial St. SE (503) 304-0280	Regal Santiam 11 365 Lancaster Dr. SE (503) 370-7067	Available on DVD everywhere.

Annual concert features cornucopia of dances

By KAREN JOHNSON
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This weekend, Willamette Theatre will show its annual dance concert "Passages." This season the concert features just about every variety of dance legally allowed on a university stage: ballet, musical theatre and even interpretive praying mantis. Five of the six pieces are student choreographed and all are student performed. All of the dances are united by the title theme of "Passages" and though they all express the concept in some way, the choreographers show enormous variety in its interpretation.

The first dance, "Flyswatter," choreographed by Stephanie Austin to the ridiculously catchy song by The Eels, features nifty robotic moves that tell about the rut of everyday life and how it detracts from reality. There is little that can effectively be articulated about the second piece, but for those of you who have ever expressed a deep spiritual longing for something you could not name, Logan Van Ert's solo interpretive dance of the life a male praying mantis, "L(use) Your Head Philly! The Life of Phil the Praying Mantis" is something you must see. The third piece, choreographed by Mariah Smith, is a return to dance's classical roots with solid ballet

work. It is called "The Red Shoes" in honor of the classic ballet film. The fourth piece, "Steam Heat," choreographed by Lauren Pressler is a tribute to Bob Fosse and musical theatre. Dance instructor Virginia Belt choreographed the fifth piece, "Foxwoman." This piece uses ballet and modern dance as an allegory for sexual assault. The final piece, entitled Alchemy, is choreographed by Sarah Hudson and has live flame. 'Nuff said.

One of the best things about the dance concert is that it is almost entirely run by students. In addition to the choreographing and dancing, they make technical contribution. Senior Kristen Knutson and sophomore Ann Mazzaferro both worked with professor Bobby Brewer-Wallin in designing the costumes for the show.

The dance concert runs all weekend, beginning with preview Thursday Feb. 9 and shows Friday and Saturday at 8 p.m. with a Sunday matinee at 2 p.m. The cost is \$3 for students at preview and \$6 for students at other performances. Call the box office for more details.

Two dancers perform at the "Passages" dance concert at Kresge Theater. "Passages" will run all weekend and costs \$6 dollars for students.

photo by LIZ CAULEY



FEATURE

How much debt will you be graduating with?



Government lending more difficulty to student loans

By JAMIE TIMBRELL
jtimbrel@willamette.edu

Prepare for higher interest rates on student loans. Last Wednesday, the House approved a deficit reduction bill that would cut \$39 billion from the federal budget. The savings come from such programs as Medicaid, welfare and student lending.

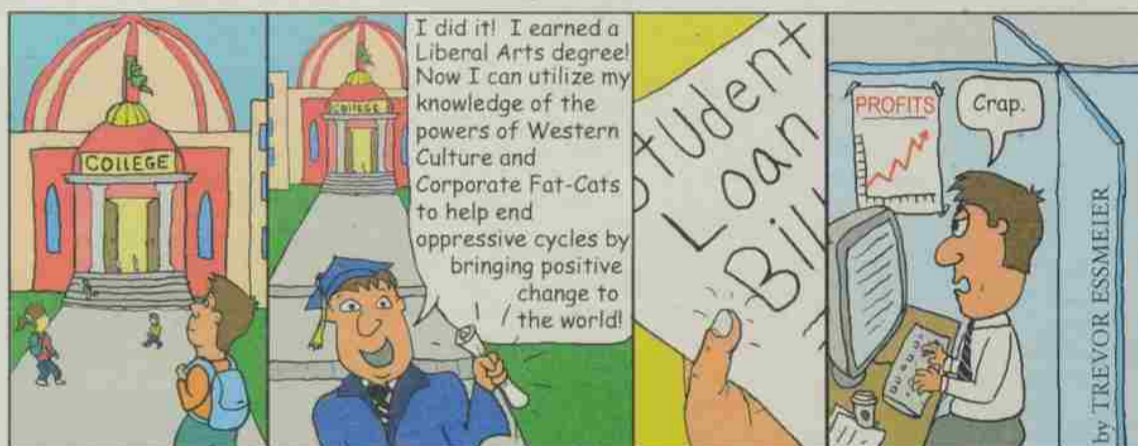
The bill will raise interest rates on Stafford loans to a fixed 6.8 percent. Although, students have until June 30 to consolidate their debt and permanently lock in today's low rates. The current variable rate rests at 4.7 percent in-school and during grace period and 5.3 percent in repayment.

"The main concern that most of us in financial aid have is that the majority of savings is collected from students and not coming back to students. It's

going to other programs in reducing the deficit," Patty Hoban, director of Willamette's financial aid office, said. "The entire deficit bill is recovering \$39 billion. One-third comes from students and higher education and not other sources. I'm not sure it's the best place to take money from."

Even as it makes those cuts, the bill does have some benefits. It increases the loan limits to \$3,500 for first-year students and from \$3,500 to \$4,500 for second-year students. The aggregate amount a person can borrow over the course of their education remains constant at \$23,000.

Some students who plan on borrowing next semester can save money by taking the loan out before July 1 and quickly consolidating it to a low fixed rate. Although, Hoban recom-



mends that "students contact their current lender to discuss their options and determine what would be the best course of action in their individual situation. It won't necessarily be the best thing to do for everyone, but for others, it could really save them some money in the long run."

The bill also creates a new program for students from low-income families. "Another part of the law will be a grant program. It will give federal government money to needy students who took a rigorous course load

in high school who are majoring in math or science," Hoban said.

Economics professor Alison Butler views the new grant program with a grain of salt. "It assumes they [low-income students] have access. If you come out of a low-income area you wouldn't be prepared for a rigorous high school curriculum."

Other cuts occur from reduced child support, reduced nursing home care coverage for the elderly, stricter requirements for welfare and increased premiums and co-payments coupled with decreased benefits for Medicaid and Medicare recipients.

The impact of the bill on the deficit is likely minimal. It will cut less than half of one percent from the estimated \$14.3 trillion in federal spending over the next five years.

The budget bill is "taking money out of things that can improve the economy in the long run without considering that much of the problem is due to a significant increase in spending," Butler said. "I think tax cuts will have more negative effects than benefits and are the primary source of the deficit."

With the average national college debt at \$17,500 and the average Willamette debt at \$18,700 upon graduation, a slight increase in interest rates can cost college students thousands of dollars. A member of the class of 2010 who borrows \$17,000 would end up paying about \$23,500 over time, about \$1,000 more than a student who locked in today's interest rates.

Students are not the only ones affected by the increased loan rates. The 800,000 parents who will borrow to fund their child's tuition next fall will pay even more. The rate for the federal Parent Loan for Undergraduate Students will increase from 6.1 percent to 8.5 percent permanently. A parent

who borrows \$10,000 will pay \$1,200 more come July 1.

Senior Alex Mackenzie worries about the bill's implications on his own life. "I thought it was so unbelievable, so silly that it would never go through. This is probably the first time in my life that politics is directly affecting me. It's gonna cost me thousands of dollars," he said. "We are struggling as it is. We can't afford this treatment. So many of the members of Congress come from the upper crust. They have no concept of reality and how important financial aid is."

"By doing what they've done, screwing the students, they're doing far more harm. College kids are the future leaders. They are the ones dedicating themselves. By the time you get to college, the only kids left are the ones who applied themselves," Mackenzie said.

The art history major Mackenzie stressed that he would not want the budget cuts coming from military spending. "I wouldn't want them to spend less on the war because it would risk our troops lives. There's gotta be a better way to reduce the budget though."

Mackenzie's two brothers, Andrew and Will, both earned college degrees through the ROTC program. "I envy them because they are not gonna have much debt. The air force is helping them pay it off and they have a guaranteed job," Mackenzie said. "It's a good deal, but I'm not ready to lay my life down."

The financial aid office is working towards educating the Willamette populace about the budget bill. They sent out a mass email in late October opposing the bill while it was still in its formative stages. They ask students to contact them directly if they have any questions.

Six Keys for Successful Student Loan Management

- 1. Open all your mail:** An unfamiliar return address doesn't mean the contents aren't important.
- 2. Read anything pertaining to your student loans:** If there's something you don't understand, call your lender's customer service department or contact your school's financial aid office for help.
- 3. Maintain a file of all your student loan documents:** Keep copies of applications, promissory notes, disclosure statements and paid-in-full notices. Include copies of all communications that you originate as well as everything you receive.
- 4. Make all regularly scheduled payments:** Protect your food credit rating and your future success.
- 5. Ask for help if you find yourself heading for trouble:** Don't wait! Contact your lender/holder immediately if you can't make a payment.
- 6. Keep in contact with your lender/holder/servicer:** If you lose touch, call your guaranty agency of school for help.

Source: 1994, Education Finance Center, Inc.

ABROAD

Living life after
Willamette in Japan

Japanese banners fly through the blue skies.

photos by
LOPAKA PURDY



Over 15 feet of snow fell during a long weekend blizzard.

By LOPAKA PURDY

lpurdy@willamette.edu

Lopaka Purdy is a 2005 Willamette alumnus that is in his first year of the JET (Japan Exchange and Teaching) Program. It is a two-year-long program, and he has offered his perspective on living in Japan while teaching young Japanese students.

Onegaishimasu. There are many Japanese words that are hard or even impossible to translate into English. The meaning of onegaishimasu comes close to "please," but the full meaning has no English equivalent. It has been explained to me as meaning something close to, "I humble myself before you and ask that you care for me." After that, the word "please" seems to fall a bit short.

I use this word to help highlight the life that I am now living in rural Japan. Five months ago, on Aug. 3, I arrived at Narita International Airport with about 50 other clueless JET participants from Hawai'i. The ensuing five months have proved to be a memorable time of new friendships, a new language, intense cultural differences,

a new sport, a lot of snow and, most surprisingly, a care-free, happy life.

As our car wound through narrow mountain roads, I was nervous, having only met my non-English speaking supervisor at the Shinkansen (bullet train) station a few moments earlier. I was about to see what would be my new home for the next two years, and as the car rounded the last mountainside, my mouth fell open. In the valley below was Nakasato-mura, a peaceful village cradled by the Shinano River and enveloped in green fields yielding a grain of rice that is renowned all over Japan.

From the first day here in Niigata Prefecture, I've felt at home. Nakasato is a small town in every predictable way - a main street, community center, one grocery store and everyone knows your name (especially if you're the only foreigner, you happen to be from Hawai'i and you

also happen to teach every single child in the village).

As I write this article, we are just finishing a weekend blizzard that has added another foot of snow to an already mind-boggling 15 feet. I have experienced the most intense winter of my life, and one that has both made the record books and claimed over 100 lives.

Aside from the decidedly intense winter, my life in Japan has been exciting on all fronts. I am slowly, very slowly learning Japanese - eight years of French has been a slight deterrent to learning another language. I am a teacher, and this job is a blessing. I come to work every day and I have fun. My students are a big part of my life here. I have been a kendo student for the last four months, and I am enjoying the sport very much. My sensei is a 70-year-old dentist who surprises me at every training session.

My friendships have allowed me to discover the Japanese family and home, cultural differences and similarities, a multitude of perspectives on my home country, incredible food and excellent beer. I feel healthier than any other time in my life, and I am beginning to see how the Japanese often live to see their centenary. Japan is abundant in natural beauty, my mountain village being a prime example. In all respects, Japan is very comfortable; it's the right place for me.

After sixteen years of formal education, studying, papers, committee meetings, athletic practices, family matters and America, Japan has given me a place to reflect on all that I have accomplished, learned, failed at and loved in my life. In every respect, this is the first time in a long time that I truly have time for myself. I think often of Willamette and my time there. Konnichiwa to all my friends and my brilliant mentors/professors. To the freshman class: you made the right decision! Congrats to the Class of 2006! And to those applying to the JET program: Good luck and yokoso!



Purdy poses with his students, proudly showing the symbol for peace, recognized in countries all around the world.

GLOBAL PULSE

SEARCHING FOR RECONCILIATION BETWEEN CHINA AND JAPAN

In April of 2005, thousands of people gathered in Beijing and Southern China to protest against Japan, and then proceeded to attack the Japanese embassy in Beijing. What initiated the protest was the publishing of new textbooks which, in the eyes of the Chinese, seemed to gloss over the atrocities committed by Japan during World War II.

This is just one of the more recent acts by the Chinese that demonstrates the bitter remnants in their country. In 1999, shortly after the United States "accidentally" landed a bomb on the Chinese embassy in Belgrade, there were threats



HEATHER HUDSON

made on the U.S. embassy in Japan.

More than sixty years after World War II, the relations between China and Japan are still very much strained. What happened between the two countries may not have been anything more horrible or scarier than what occurred between any of the other countries at the time, yet with these two, there was never much reconciliation.

Many politicians and historians point out that there have been meager attempts by Japan to smooth relations, thus letting the tension grow thicker every year. One Japanese woman who works to promote peace and understanding between the two countries was interviewed by the BBC and said, "The German people are very transparent. They acknowledge what they have done wrong and they have apologized - and they are teaching at school

what they have done, in order that the same sort of thing doesn't happen again."

It is no secret that within education, the minds of the learners are very malleable. What can be said a dozen different ways will be said one way, and that will consequently frame the way the child understands it. In this case, there is not a question of who is right or wrong. Rather, is the truth being revealed so that history can be understood from all sides?

A second and more current reason for the ongoing antagonism is economic relations. A little over 10 years ago, when Japan held more economic power and gained a great deal of publicity from hosting the 1998 Winter Olympics, there was much to celebrate. The country towered in Asia and held a fairly solid voice internationally.

But looking into more recent years, in

2004, China's economy faced one of the largest economic booms. As a country often found in the shadows, it began to step up to the job of being an international power, thus threatening its neighbor Japan.

Of course there are bound to be tensions as a result of historical mistakes and misunderstandings, but in the case of Japan and China, the path to reconciliation proves to require a bit more effort. Pointing fingers and holding grudges does not settle the argument, but then again, neither does bombing and strict economic competition. On the side of Japan, there must be acknowledgement of past mistakes, while on the side of China, there must be a willingness to accept it.

Heather Hudson is a senior in the CLA. She can be reached at <hhudson>.

OPINIONS

Cleanse your Pallett

Sometimes I wonder how my life would be if I carried it out in the manner of President Bush or people in his administration. I'm not talking about changing my political ideologies, I mean just refusing to ever admit I did anything wrong no matter what logically sound arguments are made against me. What if my response to any argument opposing my own was to just repeat what I said earlier without at all responding to what other people were saying? Just repeat so often that people just get sick of it and roll over. I mean it is pretty effective, right? Just listen to Attorney General Gonzales answering questions about the NSA wiretapping. The man just says over and over again that it is a legal program, even though Senators are explaining that it is not. Really, how freakin' awesome would that be to just refuse to respond in any way, shape or form to what is being asked? Let's find out.



JOE
PALLETT

Thesis Advisor: Joe, I really don't believe that you have done much work up to this point. It doesn't appear that you have laid any groundwork for your thesis. No real outline, not much research and I really don't understand what exactly it is you are working on.

Me: Like I said earlier Professor, I believe I have presented to you a clear plan for success on this matter and I would refer you to that.

Thesis Advisor: You mean this so called "outline"?

Me: Right, a clear and concise plan to the victory of graduation.

Thesis Advisor: It is a stick figure drawing of you turning in a piece of paper to what appears to be a fatter version of me, followed by a picture of what looks like you dressed in a graduation robe passed out drunk in your own vomit on stage with what looks like President Pelton mooning the crowd next to you.

Me: I really don't know what could be more explicitly clear about what I am planning on accomplishing here.

Thesis Advisor: And do you have any plans for the paper that you are depicted turning in to me?

Me: I'm sorry at this point in the process that is classified information.

Thesis Advisor: Right. If you just get out of my office now, I will give you a C- and I never want to see or hear from you again.

Me: Mission Accomplished, baby.

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LETTERS TO THE EDITOR

We invite your letters to the editor. Letters can be received by postal mail, email, campus mail or fax (see contact info on page 2).

Letters are limited to 150 words, must include your name and phone number and must be submitted by noon Monday, the week of intended publication. The Collegian may edit letters for length and clarity.

EDITORIAL CARTOON:

Super Bull XL



graphic by

TREVOR ESSMEIER

LETTERS to the EDITOR

A lot of attention has been focused recently on Kappa Sigma's charter being revoked, over what many have termed "just being a fraternity." Now I make no claims whatsoever to having any substantive knowledge about the Greek system, but it seems to me that an organization formed solely for the purpose of breaking the law (providing alcohol to minors) would not have survived long, so underage drinking probably isn't what frats are really about.

I think the problem boils down to a lack of personal responsibility. If you don't want to accept the possible consequences of your actions, DON'T DO IT! Right now, consumption of alcohol for persons under 21 is illegal, as is providing alcohol to people under 21. If that bothers you, don't get mad at people for actually enforcing the law; either accept the consequences of breaking the law or get organized to change it.

BRENTON CLARK
FRESHMAN

Over the past two weeks, I've been reading the Collegian and the opinion articles involving the drinking here on campus. I have to say that I'm appalled at the beliefs being shown with regards to the Kappa Sigma incident, specifically underage drinking in general. I'm not against drinking, I'm 21 and I sometimes go out with my friends, nor am I against Kappa Sigma as I've known Dan Kelly since grade school and I respect him.

That being said, when I read the articles by Mikey Inouye and Fred Engell, I can only hope their opinions are not with the majority of students at Willamette. Mikey promotes underage drinking as something admirable, a part of everyday life. I was under the impression there were still laws in this country. If you want to promote fraternities as an organization dedicated to wild parties and underage drinking, then I have no problem seeing them disappear from campus.

MATTHEW HARRIS
JUNIOR

EDITORIAL:

U.S. should begin dialogue with Hamas

The past month and a half has seen a series of dramatic events come to pass in the Israel/Palestine territory. Following a somewhat forced pullout of Israeli citizens from outposts in Gaza and the West Bank, Israeli Prime Minister Ariel Sharon of the conservative Likud party suffered a massive stroke and has yet to fully regain consciousness. Sharon's actions before his stroke had created a de facto Palestinian state and many believed that this could have been the first steps to creating two states, Palestine and Israel living side-by-side, maybe even peacefully. After Sharon was left incapacitated, many believed the peace process would fall apart without his leadership.

Recently, the Palestinians held elections with the Fatah party, which has dominated Palestinian politics for the past 40 years, and allowed opposing parties to be on the ballot. No one, especially in the U.S., gave other parties much of a chance. This was supposed to be a vindication of Bush's promotion of democracy in the Mid-East platform. Instead, Hamas, the radical fundamentalist Islamic group who basically invented suicide bombing, won 76 of the 132 Parliamentary seats. Hamas has declared one of its primary goals to be the destruction of Israel and reclaiming all its lands. Leaders of Hamas have spoken out against America's support of Israel and demanded an end to its presence in the region. Now most believe peace is again a distant dream.

However, that may not be necessarily true. Voting for Hamas may not be a simple call to arms, but a protest. For weeks, leaders of the U.S. and the E.U. have said that if the Palestinian people elected Hamas leaders they would stop providing international aid. Doing this has undermined the very idea of a democratic election and may have insulted the people of Palestine. Also, Hamas is notoriously well organized and capable of politically reaching its people, something that Fatah, crippled by corruption was unable to do.

Still, all this leaves the question of what the U.S. should do. Bush appears to be moving away from Hamas, saying he will not engage in talks with the group or provide aid to the country. But what does this say to the world about democracy? Cutting this group off would only further enrage their rhetoric and poverty, furthering fundamentalism. Negotiations must begin and again, both sides must be made to realize that compromise is the only path to peace in the region. Once faced with the responsibility of doing what is right for their people, Hamas, now legitimized, can help find the footing on this path.

CLASSIFIEDS

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Overinvolvement lowers lazy people's self-esteem

Apparently a couple of you are doing some extra-curricular activities. In fact according to the Willamette website and the Collegian, every other student is a Truman or Fulbright Scholar, the president of six different clubs and spent their Spring Break feeding the homeless in south Chicago.



FRED ENGELL

Where do you people find time to do this?

I can barely roll out of bed before 1 p.m. on the weekend, but apparently everyone else has already worked a good six hours at their internship at Smith & Barney by then. I've always known that people do a lot of extracurricular activities, mainly because the fact is shoved down my throat everyday. You spent your summer as an Opening Days leader? You spent Christmas break collecting clothes for homeless teens? Really? Well thanks for making me feel guilty and lazy for the thousandth time.

I think the only reason people volunteer and build resumes is to make the rest of us feel bad. Well the jig is up. I've found a hole in your insidious plot. Everyday I'm going to wake up at four in the morning, and run around the school naked while I self-flagellate. Like that, huh? Let's see you top that.

If you want to do a federally funded study on endangered woodchucks you better start self-mutilating if you want to be as selfless as me.

Now of course it could be said that I'm just one of those stuck-up middle class do-gooders. I'm just a spoiled little rich kid, who doesn't understand the sufferings of others, who's never had a "real job," who has been fed with a silver spoon. Well of course, that's why I need to start beating myself up, god forbid I have a real job like most of America who is forced to work for a living. God forbid I enjoy the wealth and privilege that my parents earned through hard work, by slumming around during my college years. I'll be starting my light tomorrow; meet me at four in front of the golden statue. No wait, its College Night tomorrow at the Ram. Screw it, I'll start next week.

Fred Engell is a junior in the CLA. He can be reached at <fengell>.

Professors' dawdling kills students' budgets

How many of us students have stayed up late consuming gallons of coffee and energy drinks just to complete a paper or class assignment on time to avoid the penalty of a late assignment? Almost every professor and academic department on Willamette's campus has a policy in regards to the timeliness of student work.



PATRICK MULLIGAN

Some professors do not accept any late work, while others deduct fractions of letter grades for every day an assignment is late. This is a commonly accepted policy, which the professors hope will foster the practice of completing goals and meeting deadlines in the students enrolled in their classes. However, professors here at Willamette are not following what they are teaching and, in fact, are doing a disservice and costing the university and the students thousands of dollars every year by failing to turn their textbook orders in on time.

Before I go further, it is necessary that you see how the textbook ordering process works. All professors who are teaching a class that requires students to buy a textbook must turn their book orders in a month before the Willamette Store holds textbook buybacks. The reason for this is so that the Willamette Store knows which books it can buy back for 50% of the new book price, even if the book was purchased used. If the professor has not turned in their book order before the buyback, the company the Willamette Store hires to staff the buyback will only give students between 0-33% of the book price. After buyback, the Willamette Store starts to place orders for the books that they were not able to buy during the buyback period. If the professor's order is on time, then the order can be placed quickly and more used books can be

purchased before other colleges and universities place their orders and the book distributors run out of the used textbooks, which happens every year. Then, we students walk into the bookstore, look at the prices and walk right upstairs to the Financial Aid Office or call our parents to get more money to cover the high prices.

The upsetting thing is that the students could each save a lot of money to put to better uses if the professors would just turn their orders in on time. According to the Willamette Store, only around 25% of the professors on campus turn their book orders in on time, a month before the buyback period and by the time buyback occurs a month later only around 40% of the professors have turned them in. Most professors teach more than one class a semester and many of these are classes they have taught before and classes that many students still have the books for. Therefore, students in more than half the classes offered at Willamette are having to pay higher book prices because professors are failing to turn their book orders in on time. These late orders not only cost money but they cost time as well. Some orders are turned in so late that the books are not in stock by the time classes start, so the schedule for the class must be

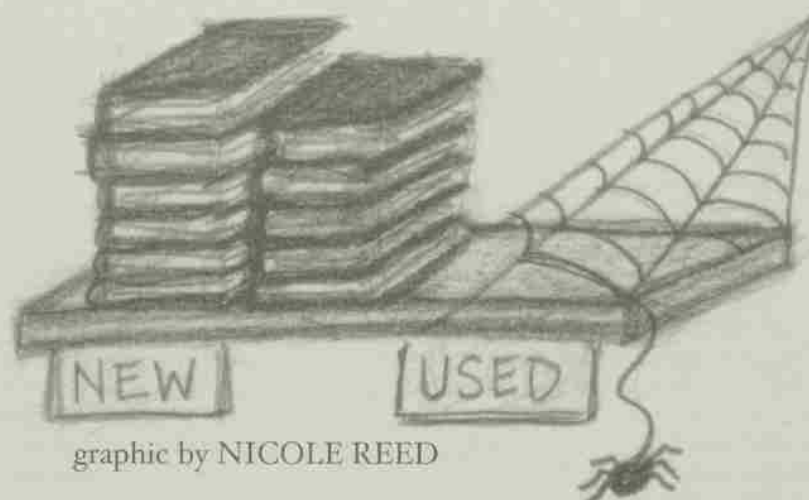
changed.

Right now there is no penalty for late textbook orders, instead the students and the University have to pay for professors' mistakes. That is why it is up to ASWU and us, the students, to do our best to prevent high textbook prices. ASWU recently passed a resolution that I co-authored along with Senator Sara Barnes that is going to try and help the problem of late textbook orders.

The resolution urges The Collegian to publish the list of names of those professors who have yet to turn in their textbook orders after the due date so that the students can contact their professors and urge them to turn their orders in before the buyback. The list of professors will also be listed on the ASWU website at www.willamette.edu/org/aswu.

As a Senator and a bookstore employee, I see everyday the effects of late textbook orders and how much money and time they are costing the university. It is now up to us, the students, to remind professors that part of their academic obligation is providing textbooks for their classes in a timely fashion.

Patrick Mulligan is a junior at the CLA. He can be reached at <pmulliga>.



graphic by NICOLE REED

Anti-war activist oversteps bounds

Over the years, it's always been entertaining to see American celebrities travel to countries that have been declared our enemies. We've seen Jane Fonda spin around on an artillery platform in North Vietnam, John Kerry travel to Hanoi in



CASEY SPARKS

hopes of brokering peace at the end of the Vietnam War, and Donald Rumsfeld shake hands with none other than Saddam Hussein while on a diplomatic mission to strengthen our alliance with him in the Iran-Iraq War. Sometimes the missions have been for the purpose of reaching out to an embattled adversary at the close of a long period of conflict between our country and theirs. At other times, such ambassador-cum-dignitaries have taken these trips out of disgust for our own government's practices, and possibly even out of a bit of sympathy for our foes.

I opened my inbox on Monday morning to read that renowned peace activist Cindy Sheehan had traveled to Venezuela this weekend for an annual gathering of anti-war and anti-globalization activists. At the conference, Sheehan officially received the support of Venezuelan President Hugo Chavez for her plans to protest - for a third time - the continuing war in Iraq. Sheehan will be protesting outside Bush's ranch in Crawford, Texas this spring.

Throughout her time in the spotlight as a critic of the Bush administration's policies in Iraq, I've really admired the work Cindy Sheehan has accomplished for her cause. The mother of a son who was killed while on duty in that faraway country, she comes across as a legitimate spokesperson for military families mourning the loss of their sons and daughters. When I shook hands with her at an anti-war rally on the steps of the state capitol last March, I sensed a deep and sincere devotion to bringing an end to the policies that brought about the death of her son, Casey.

However, the event that sparked this article in the first place - the purpose of Sheehan's visit with Chavez - was not to work on achieving the sort of peace that Kerry or Rumsfeld had sought to bring about in their visits. Nor did she carry out the sort of mission that won those men respect for their efforts.

News reports tell us that over the course of the anti-war conference Sheehan participated in last weekend, Sheehan held a private meeting with Chavez. During the meeting she is said to have thanked him for "supporting life and peace." She is also said to have extended an invitation to Chavez to join her, at Crawford, in her protest this spring. Chavez, taking the stage during the conference, later suggested to the assembled participants and the media that, well, he just might take her up on it.

This, before launching into a rant that

included, in true Chavez form: "Enough already with the imperialist aggression! ... Down with the U.S. empire! It must be said, in the entire world: Down with the empire!"

The problem isn't that Sheehan - or, for that matter, the thousands of activists that accompanied her - went to Venezuela for the conference last weekend. The problem lies in the interaction she had, while she was there, with a man who stands today as one of the world's most militantly anti-American heads of state. There's something wrong when an activist bearing considerable grievances against the policies of their own government flies to another country to meet with someone who is actively in opposition to those very same policies - as well as to the country, in this case, the activist's own country, that initiated them in the first place.

And, as much as I hesitate to say it - as someone who believes in the importance of maintaining diplomatic relations and communication with even the most hard-line, tin-pot dictators and leaders of oppressive regimes in our world - I would venture to say that this, the sort of thing Sheehan and her fellow activists did last weekend, borders on treason.

Like Jane Fonda, conveying her apolo-



graphic by NICOLE REED

gies to the very officials of the cold-blooded regime that were responsible for torturing her nation's missing prisoners-of-war in Vietnam, Cindy Sheehan is betraying those who serve our country, both at home and abroad - men and women just doing their duty, just like her son was, before his untimely death. Hers is an unconscionable act, one that I - one that we - simply cannot condone.

Casey Sparks is a freshman in the CLA. He can be reached at <csparks>.

SPORTS

NWC
STANDINGS

Men's Basketball

Puget Sound Loggers	11-1
Willamette Bearcats	10-2
Whitworth Pirates	9-3
George Fox Bruins	6-6
Whitman Missionaries	5-7
Lewis and Clark Pioneers	5-7
Linfield Wildcats	3-9
Pacific Lutheran Lutes	3-9
Pacific Boxers	2-10

Women's Basketball

Puget Sound Loggers	10-2
Pacific Lutheran Lutes	10-2
George Fox Bruins	7-5
Whitworth Pirates	7-5
Lewis and Clark Pioneers	7-5
Whitman Missionaries	7-5
Linfield Wildcats	5-7
Pacific Boxers	1-11
Willamette Bearcats	0-12

Men's Swimming

Whitworth Pirates	7-0
Puget Sound Loggers	6-1
Linfield Wildcats	5-2
Pacific Lutheran Lutes	4-3
Willamette Bearcats	3-4
Lewis and Clark Pioneers	2-5
Whitman Missionaries	1-6
Pacific Boxers	0-7

Women's Swimming

Puget Sound Loggers	7-0
Lewis and Clark Pioneers	6-1
Whitman Missionaries	5-2
Whitworth Pirates	4-3
Linfield Wildcats	3-4
Pacific Lutheran Lutes	2-5
Willamette Bearcats	1-6
Pacific Boxers	0-7

#30 Tracie Nygaard guards Whitman shooter in Saturday night's game.

photos by
BRANDON
BENNIGHT



Sports Profile: TRACIE NYGAARD

Nygaard proves to be an inspiration on and off the court

By ALLISON DELLWO
adellwo@willamette.edu

When Tracie Nygaard is on the court, she plays tough and has the bruises to show for it. A sophomore and one of the team captains for the Willamette women's basketball team, Nygaard has always had a passion for the sport. In third grade, she began her basketball career in the Knappa Hoops Program in her hometown of Knappa, Ore. Little did she know at that time that she would end up being one of the key players in the Willamette women's basketball team. Growing up, Nygaard started playing basketball because it was a highly supported and followed sport in her hometown. She knew as a child that she would end up playing the game. "I was excited to start playing the game as soon as [she] could...it was always [her] favorite sport," Nygaard said. In high school, her basketball team was first in all-league in the high school 2A Northwest League for 2004. Individually, Nygaard was a Dairy Farmers of Oregon Academic All-Star. Her high school experience was not completely encompassed by the game of basketball, however.

Besides playing varsity basketball, she also competed in volleyball and cross country as a student at Knappa High School. Outside of school, Nygaard was dedicated to showing horses, which she had done since the age of eight, and was also an accomplished dancer, taking ballet and jazz for 14 years. Being such a well-rounded athlete can sometimes take a toll on a student's grades, but this was not the case for Nygaard. She ended high school as the Student Body President and also the Valedictorian for her class. She still maintains this balance as she continues with basketball and numerous other activities at the

college level.

Now enjoying her second year at Willamette, Nygaard is one of the team captains while also maintaining her busy schedule of academics, clubs and activities. On campus she is involved with Chemistry Club, National Society of Collegiate Scholars, Alpha Lambda Delta and her sorority, Pi Beta Phi. Nygaard not only plays on the varsity basketball team but also demonstrates great effort on the field and court for her intramural soccer, volleyball and flag football teams. In the meantime, she is looking toward math as being a possible major, while she is not completely sure of her plans for the future yet.

Voted as the "Most Inspirational Player" for the Willamette 2004-2005 basketball season, Nygaard stays positive and motivated even during rough seasons. When speaking about her teammates, she said, "We play because we love the game and I think that the important thing to do when you have a hard season is to compose yourself, play together and most importantly, to have fun." Even when not having a winning season, Nygaard values the importance of never giving up or having a negative attitude. She believes that "you owe it to yourself to play every game with 100 percent of your heart and body, or else, why go through all the work of practicing, conditioning and weight lifting?"

An important aspect of her positive mentality is her respect for her teammates and coaching staff. The coaches' "intensity, work ethic and attitude inspire better play from everyone" Nygaard said. All of the coaches came to Willamette with a wealth of experience. Head coach Bruce Henderson has coached for 22 years, with experience from Oregon State University, Portland State University and also at Willamette in previous years for the men's basketball program. The three women assistant coaches played varsity basketball in their college years, two at Portland State University and one from Willamette University. With this amazing staff of experienced coaches, Nygaard and her teammates hold a lot of respect for them. She also has a lot of admiration for her teammates, saying that "we all get along really well and I think that each one is a hard worker."

As far as the future goes, in the upcoming basketball season Nygaard hopes that the team as a whole begins the season by putting their best foot forward and getting competitive with the top teams in the league. As a personal goal, she would like to

WOMEN'S BASKETBALL

"become stronger and play with more confidence." Nygaard looks forward to "seeing this young team merge together and actually show people the talent that is really under the surface."

NEXT UP:

Come cheer on the women in their next home game on Feb. 10 at 6 p.m. against Pacific University in one of their last games of the season.

IM
Basketball:
Cutting
Up the
Courts

By ANNETTE HULBERT
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With a new semester underway, intramural basketball is kicking off yet another exciting season of competitive play. A variety of men's, women's and co-ed teams within specialized leagues look to dominate this year, and continue into the off-season playoffs. It isn't only the coveted IM championship T-shirt that will be on the line this season, however. The winners in each 5v5 league will go on to play at the Northwest Regional Basketball Tournament, sponsored by Washington State University.

In the women's 5v5 league, teams look to step up and fill the place that four-year IM champions The Silicons held.

While The Silicons reigned supreme on the courts last year, the graduation of individual members has other teams vying for the championship title. Last year's runners-up in the tournament, the Clamdiggaz, hope to step up to the challenge. "The season's already looking good. Beth Davidson and her team have finally graduated, so we're ready to take over," said junior Jessica Motais de Narbonne. The competition will be stiff, with teams from Willamette Law providing ample challenge for the women.

In the men's division, multiple leagues will make for a variety of competition. Two Sunday leagues (Open and 6' and

under), a Tuesday/Thursday league, and a Monday/Wednesday league are currently in existence, the jury is still out on which teams will rise to the top. Current favorites in the Men's Open are the Eastbay Funk, runners-up in last year's championship game.

The upcoming season looks promising, with the Northwest Basketball Tournament rapidly approaching. Junior Christine Riippi puts it into perspective: "Intramural basketball is all about respect and honor...and a T-shirt." With high hopes and hoops, teams in both the men's and women's divisions look to excel in the upcoming season.

Christy's SIDE LINE

For all those die hard winter sports fans, here is a little preview into the upcoming Winter Olympic Games that are going to kick off this Fri. with the Opening Ceremony in Torino, Italy. The winter games include alpine skiing, cross-country skiing, freestyle skiing, figure skating, speed skating, ice hockey, snowboarding, ski jumping, the biathlon, bobsled, curling, luge, nordic combined, short track and the skeleton. Currently, the USA holds third place for gold medals, second for silver and first for bronze. USA stands at second overall behind Germany.

If you have not heard of the biathlon, let me familiarize you. It is a fascinating sport that became an official medal sport in 1960. Athletes alternate between skiing and shooting a .22 caliber rifle. The biathlon gives athletes two contrasting challenges: the aerobic demands of skiing and the precision of marksmanship. It has been compared to running up a flight of stairs then immediately trying to thread a needle.

The luge is similar to the skeleton and the bobsled races, but differs because it is the fastest of the three, reaching speeds that can exceed 90 mph. The athletes, known as sliders, lie flat on their backs and use their feet to navigate a sled down a curved track of ice. This year, the luge races will be held on a track in Cesana, a town 55 miles from Torino. The construction of the track cost approximately \$93 million dollars and will also serve as the location for the bobsled and skeleton races. The sport of luge has a language of its own. Kufen is the term used for the runner of the sled, while the g-force is the term describing the unit of inertial force, equal to the force of gravity that holds the sled to the wall on banked turns.

The skeleton requires athletes to lie on their stomachs and sled head first down the track. The sliders can reach speeds up to 80 mph on fast tracks. Keep an eye out for 19 yr. old Michelle Steele from Australia. Steele, who saw snow for the first time in her life last year is a former beach flags competitor in the Aussie sport of surf lifesaving which requires speed and explosiveness, an essential for the skeleton. 2002 Olympic gold medal winner Tristan Gale stated of Steele's fast development, "Conventional wisdom says you shouldn't be able to do this - go from ground zero to the Olympics in 19 months."

Keep an eye out for some of the top US athletes including freestyle skier Jeremy Bloom, snowboarder Lindsey Jacobellis, speed skater Chad Hedrick, bobsled racer Todd Hays, figure skater Sasha Cohen, the reigning U.S. champion, and skater Michelle Kwan, a nine-time U.S. champion. Stay tuned starting this weekend for the excitement of the '06 Winter Games.

Sources: USA Today
NBCOlympics.com

Christy Newell is the Sports Editor and is a sophomore in the CLA. She can be reached at <cnnewell>.



CHRISTY
NEWELL

Split victory for Bearcat Basketball

By BRIAN BEST
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Willamette University men's basketball suffered their first loss at home this season at the hands of Whitworth, but the Bearcats bounced back with a sound victory over the Whitman Missionaries. The loss to Whitworth was the first handed to the team at home and accounted for the team's second loss of the season in the NWC. With their loss to Whitworth, Willamette sits in 2nd place in the NWC behind UPS who the Bearcats beat just a few weeks ago.

On Friday night, Willamette played against the formerly No. 2 ranked Whitworth who came to Salem looking to upset the number one placed Bearcats. Willamette trailed the Pirates throughout the game and closed to within five points with a score of 60-55 and five minutes remaining but could not get any further. Working with a 7-0 run, John Olinger hit a clutch three-pointer but then committed his fourth foul while Whitworth responded with seven unanswered points to secure their win in the last few minutes of the game.

For the game, Willamette shot 38 percent from the field and for

the first time shot under 50 percent in their past seven game winning streak. Whitworth shot 44 percent and combined with 12 Bearcat turnovers against the Pirates' seven, secured the second and only conference loss of the Bearcats.

For Willamette, Olinger scored 17 points including several clutch three-pointers, as Jason Luchterhand chalked up 14 points as well as nine rebounds.

After the loss to Whitworth on Friday, Willamette matched up against the Whitman Missionaries with thoughts of redemption from Friday night. Willamette trailed behind the Missionaries until the second half when the Bearcats came out with renewed vigor. Trailing by seven, Willamette turned a seven point deficit into a commanding lead within 24 seconds, spurred by CJ Stuvland and Josh Erickson as the Bearcats went on a 15-0 run. Olinger and Erickson scored back-to-back lay-ups after the run to continue a lead that Willamette would hold for the remainder of the game. Whitman came within one point with less than two minutes to play, but a lay in by Jason Luchterhand followed by free throws from Olinger

MEN'S BASKETBALL

brought the lead back up to 80-75 Willamette. Willamette finished with an 84-78 win over Whitman and brought their conference record up to 10-2, still trailing a half game behind UPS, who is ranked No. 1.

For the game, Stuvland dropped 25 points shooting 7-13 and draining all of his seven free throws, Olinger had 21 points with three from behind the arc and Luchterhand chalked up 10 points along with six assists and seven rebounds. Erickson and Brennan Garrelts also contributed to the Bearcat victory, Erickson scoring 11 points and Garrelts adding eight points as well as three assists and three rebounds.

Junior CJ Stuvland commented, "Even though we split this weekend...we still control our own destiny because if we win the next 4 games...then we are the NWC regular season champs and the #1 seed in the playoffs!" Willamette will play Pacific next Friday for their last home game of the season followed by games against Linfield, UPS and George Fox where the Bearcats will hopefully emerge No. 1 in the NWC.

Relaxation by massage: tips to relieve stress

By BRENNAN HINDMAN
bhindman@willamette.edu

If you've never tried a massage before, I have to suggest you book one right away. Better yet, grab a roommate or a friend, or read on to learn how to give a shoulder self-massage for a healthier, more relaxed you! Massage is one of the simplest ways to relieve sore, tense muscles, stimulate oxygen flow and circulation to the body, eliminate stress and tension, and increase focus and concentration. At one point or another, we can all relate to these negative symptoms and the need for release from them, which massage offers. Self-massage provides the benefits of physical

contact by increasing endorphins, which are chemicals produced by the body that make you feel happy and energized! The best part is that you can do self-massage anytime, anywhere. However, if self-massage just isn't your thing, I would suggest checking out the Oregon School of Massage downtown. They offer one hour massages for \$25. If you are looking for more luxury (and can afford it) try the Above and Beyond Aveda Concept Salon off Market and 17th. One hour massages run around \$60, and they also offer an Oriental Bar massage where you get worked by feet instead of hands. It's different, but worth a try if you want a deeper tissue massage.

EXERCISES YOU CAN DO AT HOME

We tend to hold a ton of stress in our neck, upper back and shoulders, whether it's from too much time hunched over a keyboard, slouching in class or just an accumulation of stress from everyday life. It's an ideal place to begin for self-massage.

1. With one hand, reach for the opposite shoulder and, beginning at the base of the hairline, slowly knead one side of your neck using your fingers to press and feel for tense areas. Move down the neck to the shoulder, stroking along the curves of your body using deep, slow movements. Switch sides.
2. Make one hand into a fist and place it just behind the ear on the same side. Begin to press into the flesh with your knuckles, slowly moving down the side curve of your neck with long strokes. Try rolling your knuckles from top to bottom, and then switching to bottom to top. Switch hands.
3. Grab opposite shoulder with one hand squeezing the muscle as you move down the arm to your elbow. Work your way back up and switch sides.

Sports Profile: NICK SYMMONDS

Rutschman award icing on the cake for Symmonds

By APRIL KYRKOS
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TRACK AND FIELD

Nick Symmonds has achieved more in his college athletic career than I will probably ever achieve in my life. For those of you who have not heard of Symmonds, he is the running sensation of Willamette. He was a leader and great competitor right from the start.

Approaching his senior season, Symmonds has already won a total of five NCAA championship races. He won both the 800 and 1500 as a freshman, but was plagued by injury his sophomore year and only raced the 1500. Making a full comeback his junior year, he walked away with two more champi-

onships in the 800 and 1500, not to mention he ran the 6th fastest NCAA Division III time ever in the 1500. Symmonds' two victories assisted the Bearcats in a fourth place finish at last year's nationals, the best showing ever for a Bearcat track team. Following his double victory, he was named Male Track Athlete of the Year last season as well as a member of ESPN The Magazine CoSida Academic All-American first team.

Not only is he amazing at Track, but he has proven himself to be a complete runner by winning the Conference

Cross Country individual championship earlier this year. Symmonds and his cross country teammates have won five straight NWC titles and four straight West Regional Cross Country championships.

To put the icing on an already impeccable career, on Jan. 29, out of 75 finalists that were selected by a statewide panel, Willamette's very own five-time national track champion, Nick Symmonds, was awarded the Ad Rutschman Small College Male Athlete of the Year Award at the Oregon Sports Awards Banquet in the Tiger Woods Center at Nike. Symmonds shared the award with Linfield quarterback Brett

Elliot.

What is the Ad Rutschman Small College Athlete of the Year Award? The award was named in honor of Linfield's longtime football coach and director of athletics. The award is one of eight prestigious awards given out at the Oregon Sports Awards Banquet, which is a continuation from the Hayward Banquet of Champions that annually honored Oregon's best amateur and professional athletes.

Symmonds is just beginning his senior career and you can bet we will see more great things from him.

April Kyrkos is a senior in the CLA. She can be reached at <akyrkos>.

EXTRAS

Campus Safety Report

January 28 - February 4, 2006
by Steve Woodward

BURGLARY

February 4, 3:45 a.m. (University Apartments): Students reported a man had entered their unlocked room while they were in bed. The suspect then left without taking anything.

CRIMINAL MISCHIEF

February 1, 11:51 p.m. (Sigma Chi): An unknown person forced open the front door and threw excrement into the lobby.

EMERGENCY MEDICAL AID

January 30, 12:14 a.m. (Matthews Hall): A student was assisted by WEMS after injuring his finger. He was transported to the hospital for further treatment.

February 1, 6:51 p.m. (University Center): A student suffering from an allergic reaction was transported to the Hospital.

February 2, 10:29 a.m. (Smullin Hall): Campus Safety assisted a student who fell and suffered abrasions.

February 4, 12:34 a.m. (Shepard Hall): A student was assisted by WEMS after reporting symptoms of possible food poisoning.

HIT & RUN ACCIDENT

February 1, 9:23 p.m. (900 Mill Street): A caller reported witnessing a hit and run accident. A woman backed into another vehicle and then left the scene. The victim was contacted and her vehicle received slight damage to the front bumper. The suspect has not been identified.

PROPERTY DAMAGE

January 29, 4:00 p.m. (Lausanne Hall): The top of a large tree broke off and damaged the roof of the building. Elwood's tree service was contacted to remove the debris.

THEFT

January 30, 12:45 p.m. (Sparks Center): A student reported his jacket had been stolen. He had left it in the locker room for less than one hour.

January 31, 9:00 a.m. (Executive Building): A student was reported to have unauthorized possession of a University master key. The student returned the key after being questioned and the matter was turned over to the University's Judicial Office.

February 1, 6:20 p.m. (Goudy Commons): A student reported her backpack stolen but later found it.

TRESPASS

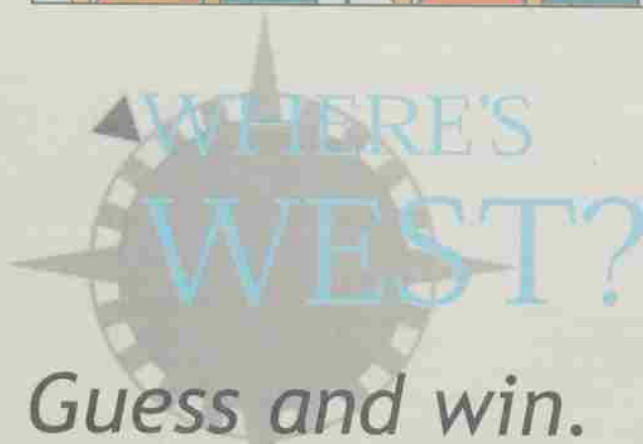
January 31, 11:50 p.m. (Law School): A man was trespassed from campus after employees reported seeing him removing items from the recycle bins.

February 1, 8:57 a.m. (Goudy Commons): A woman was trespassed from campus after she was reported to be soliciting money from students. She was contacted in Goudy and admitted to solicitation. She began talking about conspiracies against her and then left campus.

February 1, 8:38 p.m. (Haseldorf Apartments): Officers responded to a report of a man lying near the building. He was conscious but began making incomprehensible statements. Police took him into custody so he could be evaluated.

* If you have any information regarding these incidents, please contact Campus Safety.

by Trevor Essmeier



Guess and win.

Be the first to submit a correct guess of the location of the photograph on campus to Stacy West at <swest> and win five Bistro Bucks.

Last week's winner was Jordan Charboneau. The location was Waller Hall, under the steps on the North side, looking through to Collins. Brannan Barrelts did not win, but provided the picture's location by 44.75N latitude and 128.75W longitude.



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Thursday, Feb. 9 3-4 p.m. University Center, 3rd Floor - Harrison Room