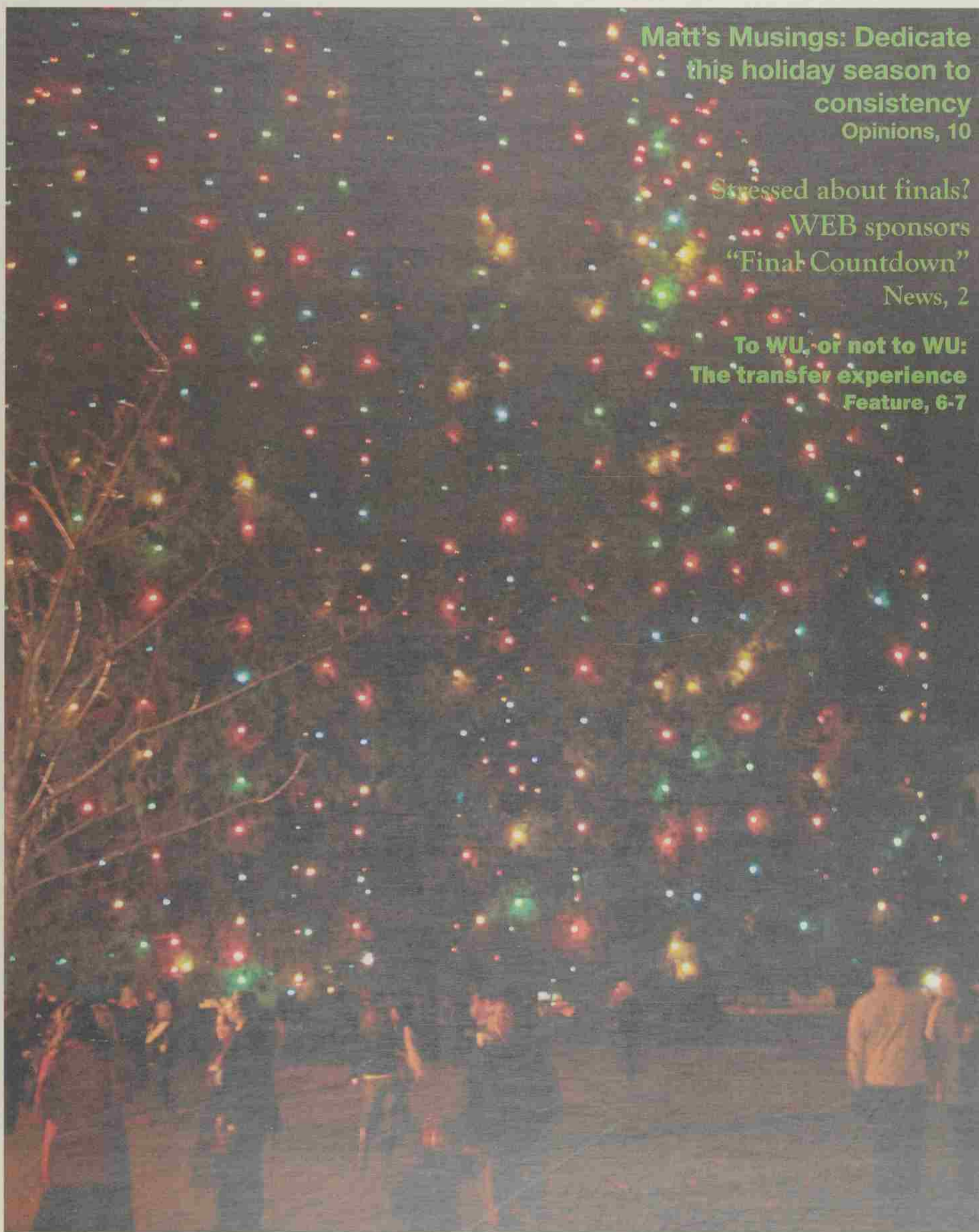


# CILLEGAN

2008-2009 ONPA GENERAL EXCELLENCE WINNER • VOICE OF THE WILLAMETTE CAMPUS SINCE 1889 • VOL CXXII • ISSUE 14 • DECEMBER 8, 2010



**Matt's Musings: Dedicate  
this holiday season to  
consistency**  
Opinions, 10

**Stressed about finals?**  
WEB sponsors  
"Final Countdown"  
News, 2

**To WU, or not to WU:  
The transfer experience**  
Feature, 6-7

## 'Final Countdown' event provides pre-finals stress relief

ANNA MENCARELLI  
STAFF WRITER

As the month of December falls upon the campus, so does the imminent shadow of finals week. During all of the stress of the week to come, the Willamette Events Board (WEB) is planning a weekend stress-reliever with several events to give students a break from studying and a chance to revitalize prior to finals. This Friday, Dec. 10 at 4:00 p.m. in the Kaneko atrium, WEB will host the "Final Countdown," an event similar to the "End of the Year Extravaganza" featured in the spring semester.

Co-Chairs of the WEB Campus Events Committee freshman Eli Utne and sophomore Sveta Krishna began organizing the event in November. "About a month ago, when they [WEB members] asked us to think about some possible events to conclude the semester, I figured maybe we could have an open mic on campus. However, I learned that there was a need at Kaneko to garner support on campus. So, I figured that we could schedule the event similar to the Spring Extravaganza in Kaneko," Utne said.

Senior rhetoric and media studies major and Kaneko Council member Alex Lopez worked with Utne to present the event idea to WEB and Kaneko Council. Lopez said she believes that Kaneko is an ideal venue for the event and will further her goal of creating a "stronger connection between Kaneko and the main campus. Kaneko is a beautiful space with so many great resources. The Kaneko Council is great at enabling students to put on all sorts of events from hall dinners to large-scale events like the 'Final Countdown.' I think Kaneko is a place that sometimes we think is just for the people that live there, but it really is for everyone at Willamette," Lopez said.

Utne said he hopes that the event will continue to be annual and finds the atrium to be

an ideal venue for such an event. "Kaneko is a great place for students to be outside some of the traditional spots. We have a great open area for everybody to hear music and at the same time participate in all sorts of activities. We would like to encourage students to get to interact and see Kaneko in a different light," Utne said.

Utne, Krishna and Lopez intend to utilize the atrium's size and resources to provide students with a variety of different activities. The event will showcase student musicians and performances from TIUA students. Those who attend will also have the opportunity to participate in hand-making crafts, get henna tattoos, create unique trail-mix recipes, sample s'mores and more.

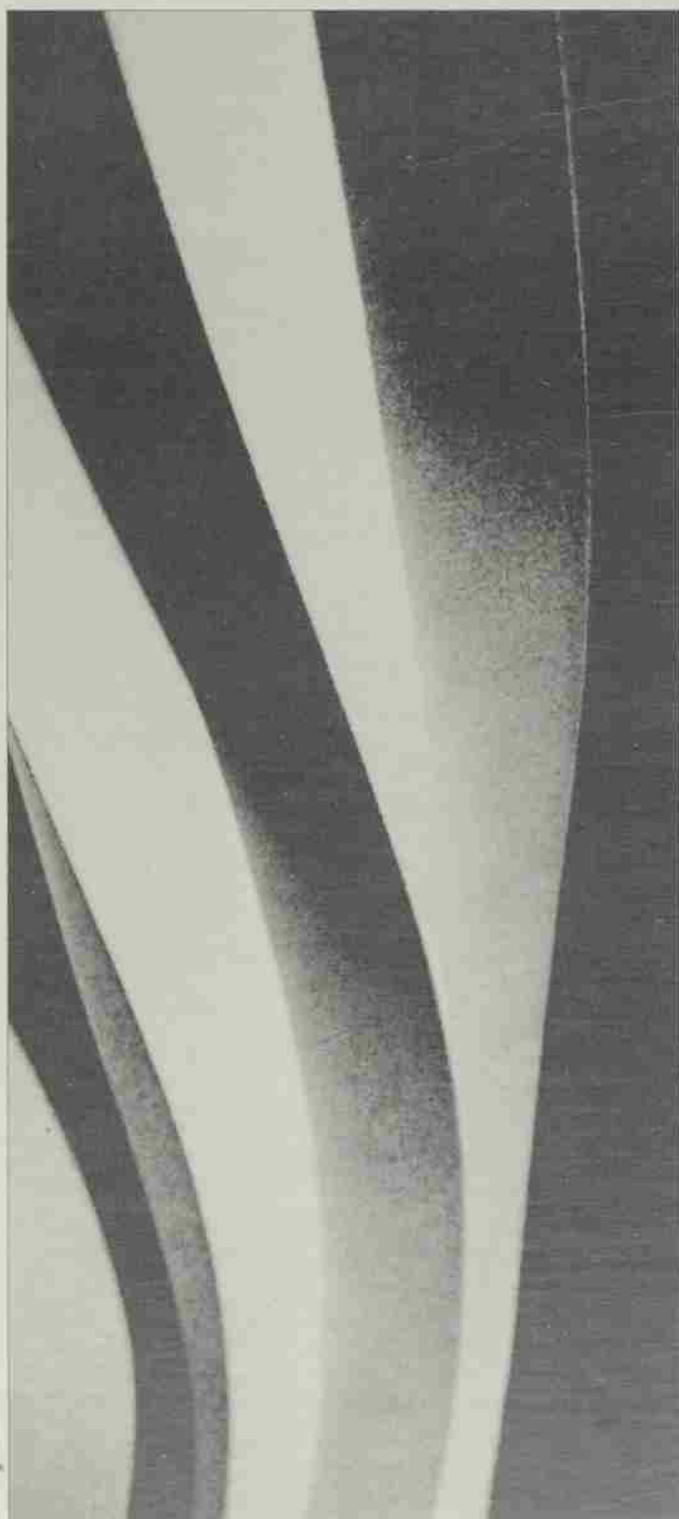
The activities at the various tables will be led by members of different student organizations. "This event is everything a student needs to start their last weekend before finals. Great music, a free trail mix bar, s'mores, crafts and more, so come by any time from 4 p.m.-8 p.m. and party like you don't have papers," Lopez said.

The "Final Countdown" is the beginning of the weekend events that will provide stress relief. "Essentially what we are trying to do is a fun WEB event for the end of the semester, right before finals. I think it's meant to [say] 'you've been studying all weekend and then you can take a break,'" Krishna said.

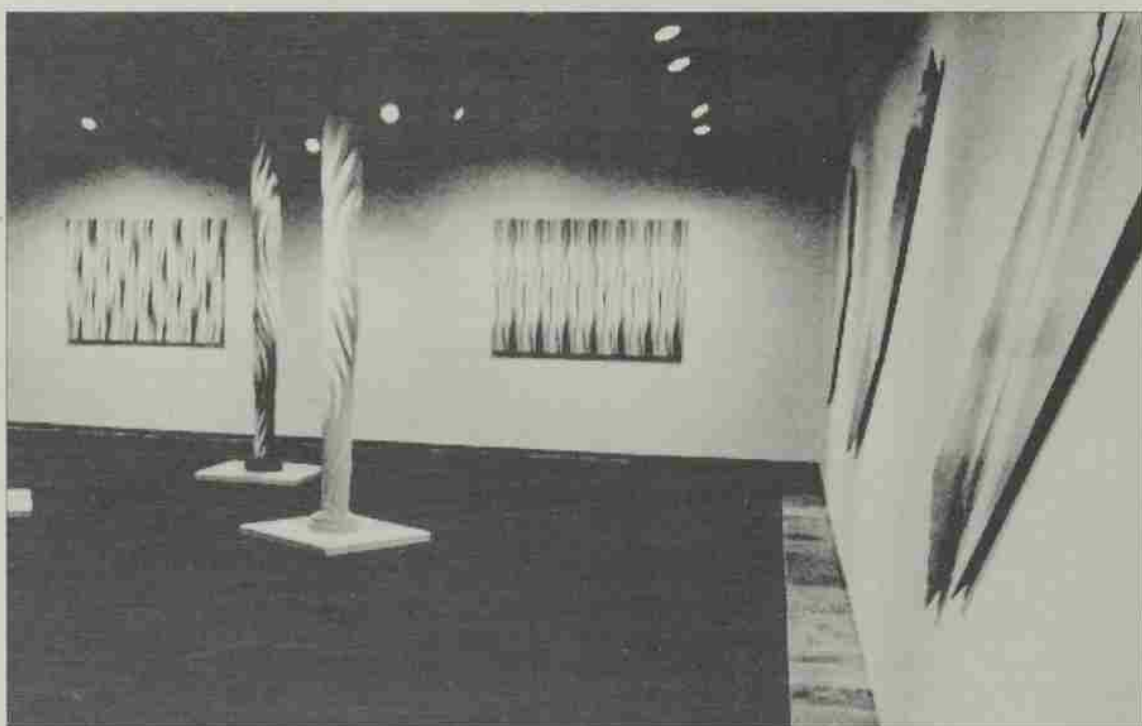
The weekend festivities will end on Dec. 12 with the "Midnight Breakfast" that concludes each semester. The breakfast is from 10:00 p.m. - 12:00 a.m. at Goudy and will also include music, food and creative activities. "This weekend in general is about not thinking about that finals week," Utne said. "On Sunday we get to have one more chance to have a good time before finals."

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## Hallie Ford Museum of Art: Bringing geometry to art



ASTRA LINCOLN



ASTRA LINCOLN

The Hallie Ford Museum of Art is currently featuring the work of Francis Celentano, a modern painter and professor from Seattle who uses acrylics on canvas and high-density styrene to create his pieces. His work utilizes manipulations in color, structure and shape to turn abstract geometrical shapes into art. The exhibit, entitled "Francis Celentano: Form and Color," is a 45-year retrospective collection of the artist's work. The exhibit is open to students and the public until Jan. 16, and the museum will host gallery talks on Dec. 11, Jan. 4 and Jan. 11, each at 12:30 p.m.

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### Willamette's first textbook exchange:

Offering students chance to buy, sell and exchange textbooks

On Wednesday, Dec. 15, Mortar Board, a National College Senior Honor Society, will host the University's first textbook exchange. The event, which will take place in Ford Hall from 2 p.m. to 3 p.m., will give students the opportunity to buy, sell and exchange their textbooks at lower rates than those found at the bookstore. The goal is to bring students together at a common meeting location to acquire needed books or to sell back those that are unneeded. Individuals may set their own prices for their books, and by eliminating the third party, can purchase their books at a reduced rate. For more information, contact [absmith@willamette.edu](mailto:absmith@willamette.edu).

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# Faculty Colloquium discusses vampires and addiction

EMILIE JENSEN  
STAFF WRITER

Held almost every Friday during the fall and spring semesters, Faculty Colloquium is a work-in-progress series in which faculty can present their scholarly work and get feedback. Systems Librarian at the Mark O. Hatfield Library Bill Kelm and Assistant Professor of Physics David Altman are this year's coordinators who take the responsibility at the start of the semester of finding interested faculty that want to present their current research interests.

"The Faculty Colloquium is a good place for faculty to share with colleagues and other individuals the thoughts they may have on a new topic," Kelm said. "Sometimes you even have students and faculty discussing research projects they have worked on together."

At the majority of the meetings, faculty present on something they are currently working on or an upcoming article that they are about to have published. "In the past this event was usually held later in the day on Fridays, but this year David and I decided to try it at an earlier time to see if more people would attend," Kelm said. "We have also made sure that it is included on the campus calendar and a couple of other news sources this year."

The Colloquium is an opportunity for faculty to show

case the work they have been doing outside of the classroom. The Faculty Colloquium has been around for some time and every year it rotates individuals responsible for organizing the speakers for each semester. "Faculty are able to choose their own topics, so it is always interesting to see the different things each individual is working on within their own discipline," Kelm said.

At last week's Faculty Colloquium held on Friday, Dec. 3, Professor of English Fran Michel presented a paper that brought together a number of her personal interests: the work of Octavia Butler, who wrote mostly science-fiction novels, vampires, because of the recently popular interest in the subject and addiction, which is a contested but widely noted concept that illuminates some of the ways American culture thinks about subjectivity and will.

Butler's latest novel, "Fledgling" (2005), draws on long-standing associations between addiction and vampirism in ways that question the cultural condemnation of addiction and challenge conventional oppositions between the addict and the purportedly autonomous and invisibly raced and gendered subject. "Unlike the Gothic vampires of the past, who might represent repressed desires," Michel said, "the blood-drinking Ina species of Butler's vampire romance remind us that desires are not the core of the self."

The novel suggests that the possibilities for new forms

of the community and alliance may be enhanced by the acknowledgment of subjectivity as hybrid, divided and changeable. A key part of understanding this novel comes also from "Understanding desire as something that is created by power," Michel said.

After giving her talk, Michel was also able to answer a few questions from the audience members were further interested in her novel analysis. When student Rachel Gowland asked, "How have moral ideas and conflicts shifted in contemporary vampire novels compared to traditional classics such as 'Dracula?'"

Michel replied, "The perception of vampirism began to change beginning in the 1970s with Anne Rice's novel 'Interview with the Vampire.' People no longer look at vampires as being bad and dangerous like their portrayal in 'Dracula,' but rather as sympathetic characters that are beautiful and sexy; readers and characters often want to become one of them."

To learn more about the topic of vampires in literature and society and/or read Michel's entire analysis of "Fledgling," contact her at [fmichel@willamette.edu](mailto:fmichel@willamette.edu).

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## Student participation

YASUKO SECHARA  
GUEST WRITER

We have already introduced some differences between America and Japan in regards to college life. At this time, I would like to talk about a class style difference between these countries.

Currently, I'm taking a class at Willamette and I found an interesting difference in class style in terms of the number of students and how tests are taken. In Japan, the average number of students in a class is around 40 to 50. The biggest class in TIU has more than 100 students. For example, there were 50 students in the economics class that I took at TIU last year. The professor lectured using PowerPoint presentations and spoke through a microphone.

There were no discussions between students and the professor during a class, so it is said that Japanese classes are conducted in a one-way style. On the other hand, there are less than 20 people in a Willamette class. It helps each student not only to understand class work more deeply, but also to make new relationships easily.

Here are three TIU student opinions about these differences. First, Shinya Ito, whose major is language communication, said that he prefers the Willamette class style to the Japanese one because there is a chance for students to share their thoughts through a presentation. On the other hand, he thinks that just sitting during a class stands out in Japan. However, Japanese professors are more formal than American professors.

Second, Kazuma Okamoto, also a language communication major, stated that the classes at Willamette require students to be more active and participate in class more than in Japan. Through harder work, he said he feels more of a sense of achievement and learns more at Willamette than TIU. Even though he had an opportunity to communicate with his professor in Japan, he said he could not help feeling a lack of motivation because of simple class work and a textbook.

Third, Koto Yamamoto, who is also a language communication major, argued that American classes have a more informal and highly-motivated style than in Japan. For example, she takes a Chinese class in both countries. In Japan, we are likely to focus on only the textbook, while in America we value speaking Chinese instead.

Moreover, in America students have a high motivation for studying. They almost all are in class on time and try to challenge a reading test without a textbook. We can find good characteristics in Japan because a professor tries to create a better atmosphere for studying by offering a quiet reading environment.

Therefore, we come to the conclusion that there are many differences in class style between Japan and America. It seems that the American teaching style is much better than the Japanese one; however, I believe the differences come from different cultures. Thus, we are not truly able to compare the two and judge one or the other as "better." If we think that there is a good thing Willamette does, then we will try to bring it back to Japan.

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## JSU celebrates its members' heritage

KATE BARKER  
CONTRIBUTOR

The University's Jewish Student Union (JSU) is a student-run organization on campus. "Our mission is to provide Jewish and non-Jewish students an opportunity to celebrate Jewish holidays," Co-President Alex Mozell said.

These opportunities consist of weekly dinners every Friday for those who want to partake in a Kiddush, a way of welcoming the Shabbat, or Day of Rest, on Friday and Saturday. During this time, "we schmooze, light candles, say blessings and eat challah bread," Co-President Rebecca Stanley said. "This tradition unites Jews from all over the world."

In addition to weekly dinners, JSU also celebrates Jewish holidays and puts on events pertaining to those holidays. One such holiday is Hanukkah, which started last Wednesday, Dec. 1. According to Mozell and Stanley, this traditional celebration started in the second century when Judea, the area that is now the southern part of Israel, was controlled by the Greeks. At night a band of warriors, called the Maccabees, attacked Greek soldiers and defeated them.

This led to the expulsion of the Greeks a few years later. Since their temple had been desecrated by Greeks, the people worked to commemorate it by lighting a hanukia (candle holder) with olive oil. Though it was only expected to last one night, it lasted for eight.

It has been commemorated by lighting candles for eight nights and eating foods fried in oils like latkes (pancakes made from potatoes) and jelly donuts. Last Friday, the club held a Hanukkah party in Montag Den, where they ate various foods like latkes and played the traditional game dreidel with chocolate gold coins.

Other important holidays are celebrated as well, such as Passover in the spring. Passover commemorates the Jews' escape from Egypt to Israel, during which they lived off of unleavened bread. To celebrate this, they eat flat, or unleavened bread, called matzah.

Rosh Hashanah and Yom Kippur are two other important holidays recognized in the Jewish religion. Mozell said, "Rosh Hashanah respectively marks the Jewish New Year and Yom Kippur is a day of atonement." The week-long celebration in September is started off with Rosh Hashanah for the first two days and is followed by Yom Kippur at the end of the week. Yom Kippur is a day that is begun with fasting and atonement as a way to welcome the New Year. The point is to ask God for forgiveness.

These holidays are considered the holiest. During this time, JSU has vans for anyone who wants to go a synagogue in Salem and can request the rabbi there to set up celebrations at various members' houses.

All are welcome to attend JSU meetings in the Fireside Room in Matthews Hall at 6:30 p.m. on Fridays for those interested in attending any of these events.

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BOOK REVIEW: 'Elegance of the Hedgehog' by Muriel Barbery

# 'Hedgehog' translates well

RACHEL FIFIELD  
CONTRIBUTOR

Muriel Barbery's "Elegance of the Hedgehog," translated from its original French into English, is more a book of ideas and characters than of plot. A bestseller in France, it explores the persistent concepts of class conflict and conventional social roles, through the vehicle of intertwined lives within a posh Parisian apartment building.

The book's chapters alternate between two narrators: a precocious but disillusioned 12-year-old named Paloma, and an equally brilliant middle-aged concierge named Renee. The concierge, a plump, unschooled woman with a taste for art films and philosophy, creates a stereotypical façade of what she believes to be "her class," which consists of an enormously fat cat, a faked admiration for soap opera and minimal interaction with others.

Barbery's description of her disguised behavior and affect is always dryly funny, such as when she mentions that her slippers are so stereotypical that only a coalition between a baguette and a beret could possibly contend in the domain of cliché.

Paloma, who lives a few floors above in a family she claims is composed of holier-than-thou-leftwing-intellectuals, "is building a similar wall, composed of feigned stupidity and silence at the pretentiousness of others. Both of them are deeply unsatisfied with both the world around them and how others react when they exhibit flashes of brilliance that indicate what they are truly thinking.

But when a new neighbor moves into the apartment building, the wealthy Mr. Ozu, both narrators drop their façades in front of him. Mr. Ozu appreciates the world around him, even as he understands why people may choose to mock it. His presence in the building increases the pace of the frequently-wandering book, as his friendship with both narrators begins to convince them that the world is a place worth living in. As a result, Paloma and Renee become friends and begin to examine the way that they live their lives in relation to the outside world.

Character development is the strongest point throughout the book, and it is done very well, with Renee understandable as a slightly distant, very practical middle-aged woman, and Paloma's voice convincing as a 12-year-old. She is a very bright girl, but still not an adult, and the juxtaposition between her brilliance and occasional naïveté is one of the most realistic parts of "Hedgehog."

The emphasis on character developments means that very little plot actually exists until the final few chapters, and there are sections of the novel that seem to only serve as segues into philosophical text. In the original, these transitions may have been more fluid, but they are compelling. Still, the story remains appealing, as both narrators grow in self-awareness, and most of the translation (by Alison Anderson) is smooth and clean. This is an interesting novel for an in-context look at people who consider philosophy in their daily lives.



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**What's Hot @ Willamette?**  
Alex Lopez  
Class of 2011



**What do you read?**  
"I read many things. Traffic signs, the ironic t-shirts people wear to feel special. So basically anything that wanders into my peripheral vision."

**What do you watch?**  
"Modern Family' and 'Boardwalk Empire' are my must see TV shows right now. I recently just watched 'Scott Pilgrim vs. the World' and found it pretty amazing."

**What do you play?**  
"Any games dealing with fruit are my weak spot. Apples to Apples and Bananagrams are the only ones I know of at this time, but I am always looking for more. Also I am a freak for Street Fighter. I even have it on my iPhone."

**What do you listen to?**  
"The new 'Gül Talk' album is on repeat for me right now. I've also been revisiting my 'Now! That's What I Call Music!' collection from junior high."

**What do you eat?**  
"I am fueled purely by Four Loko."

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ALBUM REVIEW: 'Cannibal' by Ke\$ha

# Am I drunk or is this Ke\$ha's new album?

TILL GWINN  
CONTRIBUTOR

In recent years, pop music has taken some both strange and great turns. While Katy Perry and Lady GaGa have finally steered the top 40 in a decent direction of craziness and bursts of originality, Ke\$ha is in the backseat pulling at the wheel, yelling about the rest area they missed.

While GaGa, Perry and Ke\$ha are in the same iTunes genre of "pop," they are quite different from each other. I find that pop music is very much like vodka: while the Gray Goose Lady GaGa is preferable, I couldn't turn down Ke\$ha's HRD.

That was my experience with "Animal." It all started with the bitter first taste of "Your Love is My Drug," but by the time I reached "Boots & Boys" I was "Dancing With Tears In My Eyes." That album was dirty pop without shame. Also, for all the clichés that flow through her career, Ke\$ha did address issues that I identify with but have gone unsaid before ("Yeah, Genii, why you gotta tell secrets 'bout my sex life?" from "Backstabber").

Her new EP "Cannibal," though, is more of a Central Washington FourLoko (R.I.P.) with dusting of PCP. The first swig (the title track) is a wretched slurring of lines about a boy who is "up [her] anus," which is all fine and dandy, but to follow it with "I'm gonna eat you fool" is just unsanitary and creates a "Human Centipede"-esque image.

Then the caffeine kicks in with "We R Who We R." This single is a spark that reminds us of the fact that tonight, "The world is ours." However on this Loko coaster, the highs



Ke\$ha's new EP is available now.

COURTESY OF FANPOP.COM

are immediately followed by lows that could drive one to date rape.

"Sleazy" is that song. It is the low point of this musical binge. Cutesy rapping, over the top repetition of the phrase "get-sleazy" and poor use of auto tune creates that rising sickness in your stomach. Thankfully though, our old high energy low octave friend, Bassy Dance Beat, is here to pick us up.

"Blow" is my favorite track. Here we hit the stride of our alcohol fueled fun: it's loud, it's loose and it won't remember your name in the morning. Ke\$ha rages here with a strobe light and a handful of glitter. Raw genius.

"Harold Song" is a close second for my favorite but for a completely different reason. This slow ballad is full of lovely couple images and laid

back instrumentation. It brings us down off of our fist-pumping euphoric cloud to face the lover who got away. No man, I'm not crying, there's just PBR in my eye.

Listening to the remainder of the album is the feeling you get after being slipped PCP: fight the universe! Just blips of insanity like the most misleading song title I have ever read: "C U Next Tuesday." Although "Blow" and "The Harold Song" make sure that we get home safe, they cannot alleviate the next day's hangover or the lifetime of regret brought on by listening to pop EPs.



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BEVERAGE REVIEW: MacTarnahans's, Fire Mountain Brew House and Pale Horse Brewing Co.

# Winter beer review: Three local beers

TYLER HOECKER  
CONTRIBUTOR

The weather may be getting nasty, but I think we can all find consolation in a tall glass of a local, seasonal brew. Annual winter beers have become a staple tradition in the microbrew world, and small breweries like those in and around Salem are providing some excellent options this year.

I've chosen to review three beers available at close-by Capital Market, representing three budgets. I'm not a professional, but if there's anything I've learned in the last four years, it's that not all beers are created equal and most palates detect more than PBR die-hards care to admit. These reviews are based on impressions of the beers poured cold and from the bottle.

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<p><b>Pale Horse Brewing Co.</b> Salem, Oregon Winter Seasonal Limited Edition \$8.95 9.5 percent Alcohol by Volume</p> <p>The Pale Horse, while expensive, was the unanimous pick of the group that tried these beers with me. The color was a dark chocolate and the head was a creamy brown. This beer is striking and complex; a deep smoky flavor permeates throughout but allows for caramel, toffee and musky sweetness.</p> <p>For 9.5 percent ABV, the alcohol is well masked by the full suite of flavors. I couldn't help but think Pale Horse's winter concoction would go well with a honey-roasted ham or a strip of bacon. Don't let the details of this beer dissuade you; if you're looking for a rich, classy drink to accompany a winter meal, this limited edition brew is worth its price tag.</p>	<p><b>Fire Mountain Brew House</b> Carlton, Oregon Limited Release Hangman Winter Fest Strong Ale \$5.99 8.0 percent Alcohol by Volume</p> <p>Fire Mountain has only been around since 2008, but it doesn't seem to be letting its greenness inhibit exploration. The Strong Ale poured a beautiful orange-red that was darker than your average ale, but didn't approach a brown or a porter.</p> <p>On aroma alone this beer is incredibly sweet and, while not an IPA, Fire Mountain definitely emphasized the strong in this ale. Bitter right off the bat, the hop-iness works well with a series of tangy, citrus tastes like tangerine and grapefruit. The Hangman Winter Fest was too bold and tart for me, but if you like a pucker on the back of your tongue, give this beer a shot.</p>	<p><b>MacTarnahans's Brewing Co.</b> Portland, Oregon Winter Humbug'r Ale \$2.99 5.3 percent Alcohol by Volume</p> <p>The Humbug'r was my low budget choice, but this beer manages to compete with its pricier cohorts. MacTarnahans's describes it as a "deceptively dark, rich holiday porter." It is indeed a dark, hardly translucent hazelnut beer with a thin, tan head.</p> <p>Immediately it provides the typical chocolate flavor most look for in a porter and goes down easily. It did, however, lack body and finished watery and runny. If you're not sure about porters and don't want a meal of a beer, this inexpensive option may be the chance to explore the darker genre.</p>
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# Coffee House Café expands Salem's art scene



'Magic Bus' is a creative work that embodies the spirit of the Emerge Oregon Art Series.

**KALI BOEHLES**  
CONTRIBUTOR

A mainstay of downtown Salem's many attractions, the Coffee House Café has been using its central location on Liberty Street to expand the area's visual and performing arts community.

All art currently exhibited in Coffee House Café is the result of an ongoing partnership between its owner Lari DeLappe and the Emerge Oregon Art Series. Besides coordinating installations like the current series of paintings by Paul Marche, also known as Fredrick Brainstorm, a graphic designer for the State of Oregon and member of the local indie group All in Perspective, is committed to expanding Salem's "typical" art scene.

When asked about the art at the coffee shop, Emerge founder and CHC Visual Art Director/Booking Manager Jonathan Boys said, "We try to steer clear of the traditional forms of art that you see around Salem, little birdies, flowers and landscapes."

According to Boys, a recent event featuring a salon-style exhibition of Salem-area kids' artworks in the back room and four live bands exemplified the mission of EOAS. "To me it is the best return on investment anyone could ever expect, seeing artists who have never shown before walk through that door and begin to learn how to show their art," Boys said.

Emerge focuses on providing new artists with ex-

hibition space while also familiarizing them with the process of pricing, submission and peer-critiquing, getting what Boys calls the large population of Salem-area "closet artists" into a non-threatening space and connected with a community of like-minded artists.

The Coffee House Café features a live music and art event on the first Friday of each month in the building's back room. The current exhibition of Marche's large-scale portraits will run until Jan. 2 and will be followed by photographs by Uni-

versity alumnus Ryan Rogers. Artists looking to submit work to Emerge or perform at one of the café's events should contact Boys.

Contact: [kboehles@willamette.edu](mailto:kboehles@willamette.edu)

► **Learn more**

Contact information is available at [www.emergeoregon.com](http://www.emergeoregon.com).



**"Sunny Sweet-Tooth"**  
Original artwork by Astra Linclon, 2009. Framed print \$55.

"Sunny Sweet-Tooth" is currently on display in the Coffee House Café.

ASTRA LINCLON

## 'New Poets Reading' showcases creativity

**ISABELLA GUIDA**  
STAFF WRITER

On Wednesday, Dec. 8, there will be a student poetry reading at 7 p.m. in Car Cavern. The reading, entitled "New Poets Reading," is "the culmination of a semester's study of the craft of poetry writing," according to the event's poster.

The diversity of the students and the poetry from the class ENG 135-03 will make the event collaborative and varied. "It should be an interesting and dynamic reading," Professor of the course and the event's coordinator Stephanie Lenox said.

Another opportunity for creative writing students (as well as anyone interested in literary or visual arts) to share their work with the Willamette community is the University's literary arts magazine, *The Chrysalis*. Submissions are due by Jan. 30 and the journal debuts alongside a poetry reading on SSRD during the spring semester.

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## Celebrate the season with 'Headband in Hudson'

**ANNIE GAINZA**  
CONTRIBUTOR

Each December, Headband performs a concert in Hudson Hall called "Headband in Hudson." This tradition began in 2004 and featured songs like, "Eye of the Tiger" and "Wading in the Velvet Sea." After that performance, the group went to Tetris Player Productions and recorded their first album, featuring 13 tracks from what the group calls its "classic period."

In 2005, Headband added another member and performed, "Afternoon Delight," "And So It Goes" and "All the Small Things." In 2006, with their founding members ready to leave Willamette, they sang "Leaving So Soon," "Mad World" and "I'm Sprung." The rest of that year was focused on recording their second album.

Headband continues to gain new members and popularity, adding three new members to replace the departing seniors. Their repertoire includes "Thank You," "Behind Blue Eyes," "Long Black Train," "December 1963" and the fan favorite "Circle of Life."

According to its Facebook page, "The group is ridiculously high energy and motivated to do what we do. We are all ready to hit the stage this year with a plethora of new music and performance energy. Look for more exciting performances next year."

As a tradition since "Headband in Hudson IV," Up Top

will be opening for Headband and possibly joining them in a song or two. Tandem, the newest a cappella addition to campus, will also be performing. The three a cappella groups will sing a variety of tunes featuring both new pieces and classics. The concert is free to students and will take place in Hudson Hall on Dec. 11 at 7:30 p.m.

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Willamette's male a cappella group Headband poses for a group photo.

TYLOR YOUNG

# WU: Right fit

LINDSAY BRAUNWALDER  
CONTRIBUTOR

Willamette has about 1,800 undergraduate students and 116 of those are transfer students.

On average there are about 30 transfer students admitted each August and 10 to 15 every January, Assistant Director of Student Activities Beth Dittman said.

According to Dittman, a lot is done to make these new students feel welcome. For example, "from the point of admission, transfer students are sent a letter to greet and welcome them to campus. This letter also introduces the transfer orientation programs we offer and encourages participation in the orientation events. All orientation programs are facilitated by orientation leaders and transfer mentors," Dittman said.

Dittman also explained, "Orientation leaders who work with the transfer groups undergo a special training to learn about how transfer student needs can be/are different and how best to serve this population of students. Transfer mentors are students who have, themselves, transferred to Willamette and who offer support, empathy and community to the incoming transfers."

Different programs are offered to help the transfer students feel welcome. "In the fall, transfer students participate in one of two orientation programs. One is a five-day program that runs simultaneously with the Opening Days program. We encourage students who are 'traditionally' aged (18-22) as well as those students living on campus to participate in this program," Dittman said. "There is also a one-day program that runs on the day before classes begin. We encourage 'non-traditionally' aged students (undergraduates 22 or older), students living off-campus and student athletes to participate in this program. We offer two different programs in the hope that we can best meet the needs of the incoming transfer students, and in January we offer a three-day orientation program the Friday-Sunday prior to classes beginning for any/all incoming transfer students."

Associate Director of Admissions Lexy Sanchez-Riffe,

who said she talks to prospective transfer students almost every day, explained where transfer students might come from. "Transfers to Willamette come from a variety of institutions. They come from community colleges, from larger four-year universities and from private schools across the nation. There really isn't a trend, per se, but we do have a steady stream of students who were admitted to Willamette as seniors in high school, made a different college choice and then realized Willamette was the right place for them after all," Sanchez-Riffe said.

In addition, Sanchez-Riffe said, "Transfer students hear about Willamette much like freshman applicants. They search online, work with college counselors, attend college fairs and hear about us from friends, family and/or employers."

Biology major Kate Gadek, a transfer student from Ithaca College in New York, has positive things to say about Willamette's transfer student program. "I think that Willamette has made a commitment to change the way we deal with transfer students and to really make sure they are welcomed into the Willamette community," Gadek said.

Gadek has also helped with this process. "As a transfer student mentor, I helped with last year's mid-year transfer and international student orientation, and worked with the transfer and international student OD groups this fall to be able to help transfer students with a process that I had been through myself. I think that it is important for past transfer students to help new transfer students feel welcome at Willamette, especially because past transfer students have been through a lot of the same experiences, not feeling like they fit in at a school," Gadek said. "I know when I first arrived, I was welcomed by students and staff with open arms which helped a lot with the transition."

Psychology major and economics minor Michelle Kierce, who transferred from Syracuse University, said she has mixed feelings about Willamette. "I think [Willamette's process for new transfer students] does a good job. I went

to the little orientation at the end of summer and that was nice just to get a little familiar with campus and the Psychology Department," Kierce said.

All students, including those who transfer, give different reasons for deciding to attend Willamette. "I chose Willamette because it's close to home and it has great social and academic atmosphere that can't be found at any other schools," David Kebekol, who transferred from Chemeketa Community College, said.

Gadek explained her decision to transfer to Willamette. "I chose to transfer to Willamette for a multitude of reasons. Ithaca was a university of 6000 students, and I went to a high school with a graduating class of 90. It was a large, undesired shock for me to go into an introductory biology class for science majors that had 120 people. When I started looking into transferring, I had been deciding between Willamette and Ithaca my senior year of high school. So I went back and looked at Willamette again, and saw the things that I had been wanting out of a school; small class sizes, one on one attention, etc. Exactly what Willamette offers," Gadek said.

Sociology major Megan Bovée, who transferred from Oregon State University and Chemeketa Community College, said of her decision, "I decided to transfer to Willamette because it is a small school, is close to home and has such a great reputation. Also, I want to be a teacher, and Willamette's MAT program is just wonderful. A lot of my favorite teachers graduated from Willamette's MAT program," Bovée said.

Kierce said she had a different reason for transferring. "I was accepted to Willamette in high school and they said I could start there in the fall, no problem. It made sense since I was from Salem and had to go to college somewhere," Kierce said.

However, even if Willamette is the transfer school of choice, it may not be the right fit for each particular student. Kierce said that "the degree audit/MOI business was really weird and very tough to get used to. I wish that there was some sort of info session or packet that I could have read about the core curriculum that was specifically targeted towards transfers. Also, it was a total pain in the butt getting my credits transferred and they didn't credit a lot of my introductory courses towards a certain department. They just counted them as general credits, so, for example, I don't have any Willamette credit for intro politics, so I can't take any upper level politics classes," Kierce said.

Comparing the two schools, Kierce said, "Willamette is not my cup of tea and I wish I would have stayed at Syracuse. I think Willamette is unnecessarily difficult and doesn't really teach me things that are applicable to the real world. Also, Syracuse was much bigger and had a lot more resources and programs, especially classes."

However, Sanchez-Riffe said that she has dealt mostly with transfer students that are content with their choice to come to Willamette. "Transfer students tend to have a good sense of what type of college experience they want and need. They have already attended a college, so they understand what expectations, possibilities and opportunities are out there. They have a more developed sense of themselves after attending classes at their current college and usually know better as a transfer what they are looking for in that experience. I work with transfer students to clarify any questions about life at Willamette, to make an initial assessment of their transferable credits and to help them identify details about their academic area/s of interest," Sanchez-Riffe said.

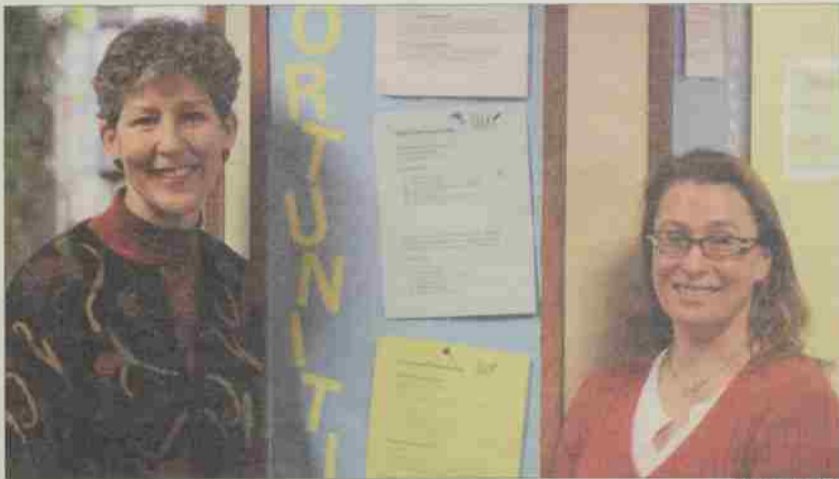
Comparing Willamette and Chemeketa, Kebekol said, "I think the curriculum here revolves around a 'dorm lifestyle' because many of us are staying on campus, so we might get more homework than if we were at a community college with an 'off-campus commuter lifestyle,' where teachers take into consideration that the students there have part time jobs, families and have to commute to school so they lessen the workload."

Bovée compared Willamette to the other colleges she has attended. "Willamette is more academically challenging than the other schools I attended, and my classes are so meaningful. Also, my professors all know me and care about me," Bovée said.

Gadek also explained how Willamette compares to the school she previously attended. "I think Willamette and



# wrong fit?



Karen Wood and Jeannie Bragg in the Lilly Office help transfer students with scholarships.

Ithaca are actually very similar schools. Willamette is just smaller and was a better fit for me than Ithaca," Gadek said.

While Willamette may be an excellent investment for many in education, it is not the perfect fit for everyone. Some students need a second chance to pick the school that is right for them. Willamette tries to welcome transfer students into the community. Students need to know they made the right choice or second choice by choosing this university. Gadek said, "I think that the most important thing to happen for a transfer student when they arrive at Willamette is for us to make sure they know that we want them here and that we are here to help them and welcome them into the Willamette community."

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Beth Dittman, Assistant Director of Student Activities.



New York State: Location of Ithaca College and Syracuse University.

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## Featured box: Mortar Board introduces the ICL

TIARA FOSTER  
FEATURE EDITOR

The Institute for Continued Learning (ICL) was founded in 1992. ICL is intended for people 50 years or older, interested in continuing their education. They have a liberal arts curriculum and classes are taught by Willamette professors, other instructors from different institutions or by the very knowledgeable ICL members themselves.

The ICL tries to get one third of its speakers from Willamette, one third from outside of the University and one third from among ICL members. The members come from varied backgrounds and are well educated. They come here to continue learning. Most members are semi-retired or even fully retired.

ICL has 160 members and there is a four year wait list for membership. The cost to join is \$125 per year and the members meet in Ford Hall on Tuesdays and Thursdays. Students and other Willamette community members are welcome to join the ICL for events.

The membership requirements exemplify what Mortar Board promotes - an interest in life-long learning within the Willamette University environment, the time and desire to attend classes, access to the Internet and e-mail, willingness to contribute to the academic programs and/or administration of ICL, support for the University, its faculty and students and in achieving the mission and goals of the University, according to the ICL Web site.

Executive Director Ken Panck said, "For me it's a real treat to listen to the diverse coursework here." Panck first became interested in Willamette because he was curious about the religion courses offered. Upon coming to campus and taking several courses, Panck said he, "always felt welcomed by the students and professors." When asked who his favorite professor was, he replied that he, "didn't have a bad one on the list," but continued by saying that three were particularly outstanding: McCreary, who taught a course concerning the Old Testament, Lane McCaughy, (an emeritus professor who was instrumental in starting the ICL) and Professor of History William Duvall.

The ICL engages with Willamette students

and many community members are involved in the ICL curriculum. Panck said, "We try to relate to students as much as we can." He mentioned a recent event where the ICL invited students from Africa to share their stories about the countries they were from and their respective cultural backgrounds.

Panck joined ICL as a member in 2009 with a background in engineering. He said, "It is fun to be around people from wildly different professions." Panck's education started with a B.S. in Electrical Engineering, and then continued as he went on to receive his MBA at University of Portland. Panck came to Oregon to work for Tektronix and owned his own business in Wilsonville where he and his wife now reside.

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## PROFILE

# All-American Mattox: A student of dedication



MINI.NGO

Senior Kimber Mattox recently picked up her second All-American distinction after a 35th-place finish at the Division III NCAA Cross Country Championships.

## MADDY GRAINGER CONTRIBUTOR

Dedication, humility and taking chances led the string of successes trailing behind nationally ranked cross-country runner and Bearcat senior Kimber Mattox. Despite her modest attitude, Mattox has proven to be one of the most accomplished athletes on campus, recently being named an All-American for her 35th-place finish in the NCAA Championships.

Mattox attended Bend High School in Bend, Oregon, where she was a tri-sport athlete. She played basketball and soccer all four years, and ran cross-country her freshman and sophomore years. When deciding on a college, sports were surprisingly not part of Mattox's decision. After attending Cornell University in 2007, she decided to move back west to be closer to her family and have an opportunity to participate in varsity athletics.

Mattox finally decided on Willamette after communicating with both the basketball and soccer coaches. Initially planning on playing both varsity sports, Mattox decided not to play basketball to take a break after finishing the soccer season in 2008. By the time track season came around, Mattox decided to do running for a chance to try something new. She said, "College is the last opportunity to try things you haven't done before. For me, that was track."

Mattox not only tried something new; she ran all the long-distance events including an All-American distinction in her first season of doing the steeplechase event. At the start of the 2009-2010 school year, Mattox decided to participate in both varsity cross-country and soccer. Negotiating with the coaches, Mattox managed to practice with the soccer team every day while still training and running races for cross-country, although this often overlapped with soccer games.

Mattox was still successful on the team, receiving Honorable Mention All Northwest Conference. "Kimber manages to be simultaneously the best player on the field and the most humble," long-time teammate and senior keeper Kelli Gano said.

As a dedicated exercise-science major, Mattox also works as a research assistant studying Parkinson's disease for Oregon Research Institute and serves as a teacher's aid for Anatomy Lab. She looks to work in a health-related field while also staying involved in athletics, "whether that means coaching or playing," Mattox said.

Unfortunately for Mattox, there are only so many hours in the day. This past fall, she decided to only continue participating in cross-country. It was going to be a tough year academically, so she decided it was best for her to "focus more of [her] ef-

forts and attention on cross country." Mattox said, "It was my last opportunity to put my full efforts into one thing."

Going into this cross-country season, Mattox "just wanted to improve individually and help the team be the best it could be." The goal of going to nationals was also important because she missed the opportunity the previous season. This season, Mattox learned to run races, instead of simply "being in good shape" from the endurance and strength of her soccer training. She learned to trust her coaches to train her to be a runner and to develop relationships within the team. "When you are racing and you have your team behind you, you have a stronger connection which fuels your drive," Mattox said.

As her last opportunity to compete in cross-country at the national level, Mattox took on the challenge with determination. She ran the 6-kilometer course and her last cross-country race for a new personal record, representing Willamette for her second time at the national level.

Additionally, Mattox is actively involved in the Alpha Chi Omega sorority, and still finds time to volunteer organizing Christmas giveaway for families in the Keizer area. Mattox also manages to find time to enjoy baking delicious and [often] nutritious treats, hanging out with friends and family and dancing. She throws her passion and kindness into "the friendships and relationships" she has.

Mattox's determination to take advantage of every opportunity is apparent in her academic and athletic success. She not only participated in three varsity sports, but also has a near-perfect academic record.

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## MEN'S BASKETBALL

# Men fall just short in hard-fought battles

## BRANDON CHINN CONTRIBUTOR

Willamette's rather difficult pre-season schedule concluded last week as Tuesday night brought the Bearcats' Northwest Conference opener against George Fox. Coach Kip Ioane, although nervous about opening conference play at such an early date, felt that the team was ready and had shown vast improvement from day one.

"You're always nervous as a coach playing conference games in November, but I like where we are at this point in the season," Ioane said. He went on to offer more encouragement, saying, "I like both our progress and mental approach. Despite coming off a loss, I like where we're at as a group."

Willamette came out of the gates flying, especially on the defensive side as senior guard Marcus Holmes, junior wing Ryan Meehan and sophomore guard Terrell Malley each had a steal within the first minute of the game. Defense was the story throughout much of the first half as both teams for the half shot well under 50 percent.

Willamette's offense was held to a mere 33 percent, shooting from the floor and seemed to be out of sync much in the first half. Ioane credited the George

Fox defense "It was a matter of us rushing our looks and failing to adjust to how they were guarding us," Ioane said. Meehan echoed those thoughts: "We had a lot of good looks but shots just weren't falling."

Foul trouble was also a major factor for the Bearcats. Dart, who came into the game averaging 18.4 points and 8.4 rebounds per game, committed his second foul of the contest only eight minutes in and from there on out had to sit for most of the half. Along with Dart, Meehan and Holmes had two fouls each while senior guard Robbie Kunke committed three first-half personal fouls.

After failing to shoot above 35 percent from the field in the first half, the Bearcats desperately needed to find a source of offense. Meehan answered the call, connecting on four free throws and a two-point jump shot in a span of 3:12 to tie the game at 45. Despite the strong offensive efforts of Meehan, the Bruins would use the next six minutes to extend their lead to nine at 71-62. Willamette kept clawing, using buckets by Mounts, Kunke and a three-pointer by Holmes to cut the lead to one at 71-70 with 6:30 to go.

Down by three with less than three minutes to play, Kunke went coast-to-coast, driving into

the lane and kicking out to Meehan, who connected with another three-pointer but was fouled in the process. The free throw would cap a four-point play, giving the 'Cats an 82-81 lead. Meehan credits the play to Kunke setting him up. "[He] made a great play getting into the lane. I found an open window and Kunke managed to get me the ball. That's a shot I need to hit every time," Meehan said.

The Bruins bounced back, regaining the lead on their own three-point play. With 14 seconds left, Willamette had one more chance but a Meehan turnover on a controversial no call by the official sealed the deal as George Fox came out on top 81-78.

Despite the loss, Dart recorded his third double-double of the season, scoring 12 points and hauling in 12 rebounds. Ryan Meehan led the offensive charge for the 'Cats, scoring 24 points while going 12-12 from the free throw line. Meehan became only the fourth Bearcat of all time to go perfect from the line with 12 or more attempts.

Friday night the Bearcats tried to bounce back as they headed north to take on the Loggers of Puget Sound but were unable to do so, dropping their second conference game of the year 74-66. After a Holmes

three ball put the 'Cats up 8-7, UPS went on a 15-2 run to take and extend their lead.

Willamette would then go on a run, cutting the deficit to four just minutes before the half. The teams battled back and forth throughout the second half. A clutch three by Malley and a jumper by Dart knotted the game at 62 with just over four minutes left, but the Loggers would go on yet another big run, outscoring Willamette 12-4 in the final 4:47 of the game to seal the deal.

Dart and junior post Taylor Mounts were the high scorers with 16 points each. The Bearcats (2-5, 0-2 NWC) may have started slow, but things look to pick up quickly. Despite the slow start, Dart believes that they can still compete in the NWC. "We have as much talent as anyone in the league. Once we put it all together and come out with the right mindset, we will do some damage in conference play," Dart said.

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## ▼ next up

Bearcats v. Concordia @ Salem, Oregon  
Friday, Dec. 10 at 7 p.m.

## BEARCAT STAT



JORDAN WILDISH

## Shayna Glynn

### WOMEN'S BASKETBALL

Senior Shayna Glynn was instrumental in the Bearcats' first win of the season against the Academy of Art. She scored 17 points and pulled down 12 rebounds, both career highs. Most of her productivity came from the free throw line, where she shot an impressive 13-16.

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## WOMEN'S BASKETBALL

## Lady Bearcats notch first win

MICHELLE LASHLEY  
CONTRIBUTOR

With five games in the last two weeks, the women's basketball team has been busy. It has been a rocky season for the Bearcats so far, with the young team facing some disappointing losses. Last Saturday, though, the 'Cats came together and were able to get their first win, breaking the four-game losing streak that started the season. Willamette lost two more away games this week, but they have taken to the court with more confidence than before, and have begun to play as a more cohesive unit.

On Monday, Nov 22 the Bearcats faced a tough team from Eastern Oregon (5-1 in the season). This was a breakout game for both junior guard Kaileigh Westermann and freshman guard MacKenzie Lamson. Westermann had a double-double for the game with 13 points and 12 rebounds, while Lamson scored ten points and pulled down four rebounds in only her third collegiate game. The 'Cats once again showed an impressive ability to come out strong in the first half with an impressive jumper from Westermann followed by a quick three-pointer from senior guard Alex Zennan.

At the nine minute mark, Eastern Oregon seemed to be pulling ahead with some impressive inside plays, but the Bearcats were able to keep the Mountaineers within two possessions for the entire first half, even coming within two points (25-27) with 3:09 left in the half with a field goal from Lamson. The 'Cats woke up at the beginning of the second half, taking a one-point lead at 15:56.

The teams traded hoops for several plays, but then Willamette began to trail behind. Twenty-three turnovers for the game, most of which occurred in the second half, along with a string of missed three-point attempts helped the Mountaineers pull ahead of Willamette and eventually win the game. Willamette was good on the boards, out-rebounding Eastern Oregon 47-39, but shot only 38.1 percent from the field. Eastern Oregon had a similar shooting percentage in the arc, but was able to make eight three-point shots, while Willamette was only 1-7.

Over last weekend, the Bearcats faced the Academy of the Arts University in the Bruce Henderson Memorial Cup. Saturday's win against the Urban Knights was led by the Bearcat's captain Zennan, who paced the team with 19 points. Willamette was able to combine its veteran players with their new talent in order to create an 11-point lead in the first half, the first time this season that the Bearcats have finished a half ahead.

At the beginning of the second half, the Knights went on a 20-2 run, taking the lead by nine with 8:33 left in the game. Willamette responded, taking over on a 15-2 run led by senior forward Shayna Glynn (who would make 17 points and collect 12 rebounds). The Bearcats went on one last run (14-5) to seal up the game against the Knights 79-70. The Bearcats won this game with superb free-throw shooting, making 38 of 45.

In the three games from this week, we saw the same losses that we have been seeing from the Bearcats all season (George Fox: 60-38, Puget Sound 68-45 and Concordia 79-49). The 'Cats started strong in the first half and were able to stay in contention for the entire first half, trailing by only five to both George Fox and Concordia (the exception being Puget Sound, where the team trailed by 17 at the half and stayed within this margin for the rest of the game).



Sophomore guard Sophie Wilson makes a pass during a NWC game against PLU last year.

Even though the Bearcats are entering the half-only trailing by two possessions, they ended the game trailing by margins of 20 and even 30 points. During interviews with the players at the start of the season, most said that what the team needed to work on for the season was its mental game. "For the team I think our main goal needs to be to go into the half with an attitude that we can beat this team," senior guard Erin Barclay said.

The Bearcats have improved on this, coming into every game strong, playing hard and playing as a team. In the Bearcats' win against AOU, they did well because of their ability to get to the line, rebound on both sides of the court and low turnover rate. As Willamette continues its season, these factors will be pivotal to the team's success. Monday, the 'Cats also dropped their last game before winter break to NW Christian, losing 70-45.

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## ▼ next up

Bearcats v. Eastern Washington @ Cheney, Washington  
Thursday, Dec. 30 at 7:05 p.m.

Abe's Abs  
Post-workout  
shots?A B E  
MOLAND

COLUMNIST

What's the first thing you grab after a tough workout? Some Muscle Milk? A nice piece of steak? Some bodybuilders are turning to a more untraditional source for their post-sweat recovery formula: vodka.

The infamous "Jersey Shore" Guido and ab fiend Mike Sorrentino is a spokesman for Devotion Vodka, the world's premier protein-infused, triple distilled, 80-proof vodka. One shot contains two grams of casein, a phosphoprotein found in milk, which has the ability to form a gel within the stomach which makes it efficient in nutrient supply by providing a steady release of amino acids, prime ground for nitrogen retention. Sound too good to be true? Let's take a closer look at alcohol and our physiology.

Besides the obvious effects of alcohol consumption, the less-thought-about end result of downing a beer is the associated caloric intake. Alcohol contains a relatively high seven calories per gram, compared other macronutrients such as fat (9 calories per gram), carbohydrates (4g) and protein (4g). These extra calories accumulated from consistent consumption are stored more often than not as fat in the paunch, better known as the beer belly. Extrapolating the effects of this weight gain is the fact that alcohol is the first thing your body begins to process, before fat, carbs and protein, which slows down the metabolism of fat.

The concept of using a protein-packed vodka as a post-workout snack may seem appealing, but the two grams casein per 90-calorie shot is not the most efficient recovery snack. The National Strength and Conditioning Association recommends a meal made of a 3:2 carbohydrate to protein ratio within 45 minutes of your workout when your muscles absorb glycogen more readily to promote healthy muscle gain.

While his product may not be the supplement of choice to develop your six-pack, he gives some sound advice on abdominal strengthening. Sorrentino recommends doing 30 minutes of cardio 5-6 days a week to burn off any subcutaneous belly fat and expose your abs, as well as maintain a healthy diet, tan and laundry. He emphasizes doing both lower back exercises in conjunction with abs to maintain balance. While he won't reveal his four go-to exercises, he claims them to be highly advanced. Here's one that will tone your stomach so that you'll get paid \$100,000 to flash your abs at parties too.

Angle Oblique Leg Lifts target your external and internal obliques, as well as the hip flexors. Starting from your back, angle your body 45 degrees and prop yourself on your elbow. Extend your legs and remaining arm out, slowly crunch upwards to touch your toes, and slowly return to the ground. Go for 20 reps on each side, and when choosing between a glass of Muscle Milk or a shot of Devotion, go with the Milk and save the commitment, dedication and determination for later.

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Junior Laurel Burke performs the Angle Oblique Leg Lift.

## SWIMMING

## 'Cats swim well at Husky Invite

JOHN LIND  
SPORTS EDITOR

After three weeks off from competition, the Willamette University swim team resumed competition at the Husky Invitational. Held just south of Seattle in Federal Way, Washington, the Husky Invitational played host to seven NCAA schools as well as 20 other USA Swimming Club Teams. The event lasted for three full days. The Bearcats got a good look at some rival NWC competition, as fellow conference schools Lewis & Clark, UPS, Whitman and Whitworth were all in attendance.

In the midst of a massive competition, several Bearcat swimmers stood

out with exceptional performances. Freshman Erin Parkinson demonstrated both her long and short-range swimming ability, placing 22nd in the 1650-yard freestyle and 31st in the 200-yard breaststroke.

Senior Chelsea Ibarra set a season PR in the 200-yard backstroke, finishing 61st with a time of 2:50.43. Sophomore Lauren Ballinger continued her strong swimming in the 100-yard freestyle, also posting a new PR of 56.32 seconds to finish 70th.

The men's team was well represented on the weekend. All three swimmers - sophomores Ian McGahan and Austin Williams and freshman Chris Whitehead performed well in their selective events. McGahan earned 41st

in the men's 200-yard butterfly, while Williams posted two PRs at 21st in the 1650-yard freestyle and 42nd in the 200-yard butterfly. Whitehead's best finish was a 46th place in the men's 200-yard breaststroke.

Both teams will now be off until after winter break, where they resume practice Jan 4.

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## ▼ next up

Bearcats v. Whitworth @ Spokane, Washington  
Friday, Jan. 14 at 6 p.m.

COLUMN

# Matt's Musings

## 'Tis the season



**MATT PITCHFORD**  
OPINIONS EDITOR

The next time we are all gathered together on campus, it will be a new year. It's a time of personal beginnings, even if it doesn't portend any significant changes on the level of civilizations. There won't be a presidential election or Olympic games. And, 2011 isn't even as exciting as the predicted apocalypse (1984, Y2K0 or 2012). But cataclysms aside, the end of the year is usually a time of giving, caring, taking stock and charting new courses. Bah, humbug.

I enjoy this time of the year as much as the next person, but my inner Scrooge is most present whenever our culture touts a "special time of year." Don't get me wrong, I enjoy the tradition of traditions, but that does not mean that we should forgo consistency during the rest of our lives.

This is called a singular time of year, but it ought not to be. Should we only love in February, become charitable in December, resolve in January or appreciate mothers, fathers, earth and veterans at particular points in the year? Obviously not. Admittedly, dedicated events and conventional sentiments can help us to remember even the most fundamental of truths we somehow forgot. But times of specifically remembering are different from the unfortunate pairing of attitudes with seasons.

Consistency is the bane of individual human experience. After we become comfortable and acclimated to a situation, we tend towards complacency. Our ideas, ideals, appreciations and resolutions mean nothing if they are not constantly refreshed and renewed. The true test of our character is what we actually do, not just what we desire to do or what we have done.

Identifying our passions and goals are relatively easy when compared to the actual effort to fulfill them. Knowing where you are going is always easier than getting there. But, as with many parts of life, sometimes the most difficult things are also the most worthwhile. Being holistic is harder than participating in a fragmented season-driven culture, but in that consistency we can find an actual dedication to our ideals ... rather than caring when convenience and commercials tell us to.

This all isn't to say that you should be pessimistic about your life. Change in our beliefs and life is sometimes warranted and certainly possible. The point is not to be forever consistent or constantly in flux, but to identify the appropriate times and places for both. All things considered, I believe we all could benefit from a bit more consistency. Once you have accomplished this, tell me how.

So this year, more than resolving to hit the gym, dropping a bad habit or gaining a new good one, resolve for consistency. This time should be a reminder to the charity, love and taking stock that should typify our life ... rather than interrupting it. Dedicate to consistency, not just to the conventions of the season, however noble they may be.

Finally, seasonal rants notwithstanding, I hope you enjoy your break and I'll see you next year.

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LETTERS TO THE EDITOR

We invite you to submit letters to the editor. Letters can be sent by postal mail, e-mail ([lgold@willamette.edu](mailto:lgold@willamette.edu)), campus mail or fax. Letters are limited to 150 words, must include your name and phone number and must be submitted by noon Monday on the week of intended publication. The Collegian reserves the right to edit for length and clarity.

EDITORIAL

# Save Ferris: Relaxing like the pros

The end of the semester always seems to be a conflicted time. We are supposed to stay focused on the conclusion of our academic studies. But to be honest, the compelling motivation that keeps one going at this point seems to be the exciting plans and adventures that are fast approaching in the form of winter break.

Breas, whether filled with partial vegetation, hibernation, sufficient rest or no sleeping whatsoever, always seem to be half reward and half relief. They are combined incentive and inspiration. They are the end of the semester and the means to sanity. But any object or experience placed on such a lauded and idealized plane is very hard to view objectively.

It's like we expect breaks to make everything better. To be sure, breaks are great and absolutely necessary, but it's important to be as intentional about our periods of rest as our periods of academic rigor. Such an artificial division between work and play can be misleading.

Compounding this fact is the strange truth that the passing of time as a university student is a paradoxical mixture of fast and slow.

Semesters fly by and we arrived here just yesterday. But it also feels like we've been here for years. The monthly measure lengthens and shortens simultaneously.

As the incorrigible Ferris Bueler once so aptly stated, "Life moves pretty fast. If you don't stop and look around once in a while, you could miss it." Our attention spans seem to have shortened, especially in lieu of our corporate inability to accurately perceive the passing of college time. We are constantly looking ahead, rather than looking around.

So take the time to enjoy the "now." This applies just as much to school as it will to break. The more we are hurrying to enjoy the next thing, the more we are likely to miss adventures right in front of us. As counterintuitive as it may seem, take the time to enjoy your finals. There is such camaraderie in the collective stress we are all feeling. We are all in this together, perhaps now more than ever. So it seems that all parts of our collegiate years require us to be fully present.

That is the bottom line. Being engaged at home, at school, during

finals or on break means putting the effort into appreciating the moment and not being so fixated on what comes next that you forget the people, places and experiences that are quite literally all around us. Paying attention is perhaps a very accurate sort of phrase. It costs effort and time for us to maintain the appropriate level of consciousness about our environment and our place in it.

But cost of attention is a price that we should be willing to pay no matter if we are "resting" and "working." Rest and work are nothing more than two parts of the greater thing called life ... and we should absolutely pay attention all parts of our life. Otherwise, we might just miss it.

## COLLEGIAN EDITORIAL POLICY

The Editorial represents the composite opinion of the Collegian Editorial Board

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- Matt Pitchford • OPINIONS EDITOR
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COLUMN

# Seeing Red: Homecoming



**CAITLIN PREMINGER**  
COLUMNIST

Twice in the past week I have set off the smoke detector in my apartment. I didn't burn popcorn in the microwave; I wasn't protesting the failure of California's Proposition 19. I was broiling pork chops. I had the stove fan on and the window open - there was not a wisp of smoke in sight. Somehow the smoke detector disagreed.

As my roommate and I stood on the furniture fanning the smoke detector with couch cushions, it occurred to me that this had never happened until maintenance replaced our old smoke

detector. Something about this new one was a definite downgrade.

It turns out that new is not always better. This is not an isolated observation limited to my trigger-happy smoke alarm; I submit that it's just as applicable to returning to a place or circumstance you know after a stint someplace else.

New is essential: no one ever made progress by staying firmly planted in his comfort zone. This summer I made a point of leaving everything I knew to work at a ranch summer camp and the concentration of new people and experiences was overwhelmingly refreshing. This was hardly invalidated when, three months later, I inhaled the scents of old plaster, fresh coffee and my dad's pipe smoke - as incredible as summer was, home was equally comforting.

Returning to what you know doesn't mean admitting defeat. Think of it as a chance to refocus and reevaluate in the comfort of the familiar. What do you want to do next? What gets you stoked? What's become completely irrelevant? It's quite a bit more challenging to do any hardcore soul searching in the maelstrom of a new environment.

Getting back in touch with the old can help you decide which new to pursue, even if that's by the process of elimination. Returning to what you

know can make you realize what it was about the old that left you unsatisfied in the first place. Maybe you left because that place was narrow-minded and stifling. Maybe it wasn't so bad, but you've gotten all you can from it or outgrown what it has to offer. Knowing what it was that made you fly the coop is half the battle of determining where to go next.

Homecoming is a chance to collect yourself. In my household it was called coming in for a landing. No evening task could be undertaken until my parents had come in for a landing - the same way Mr. Rogers changed his shoes and put on his cardigan before getting down to business. That opportunity to regroup breeds the energy needed to take flight again.

Stepping outside the familiar is the gateway to broader horizons and perspectives, but that return to security is not to be underestimated. It's a prime opportunity to tune out the noise and do a little reflecting. So get home, settle in a bit and then realize you want to skip town again. "I'll be seeing you in all the old, familiar places," but not before I get my old smoke alarm back.

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TERESA BAROSH

## COLUMN K-Light's Insights

### Ikea and tampons



KRISTIN  
LIGHT  
COLUMNIST

new stories. It takes a lot for me to really dislike a place once I've been there. But, one place I cannot stand is Ikea. There's something about the mixture of a never-ending showroom case, guided pathways telling you which direction to go and post-modern furniture that I do not like.

Going to Ikea for me is like forcing a little kid to take Robitussin. (Which, to this day, is on my list of the top ten things I would rather die before doing.) It's painful to be the person forcing the

kid to take the stuff, and it's worse being the kid wishing that his/her cough would magically go away before he/she has to ingest the dreaded Robitussin. Ikea will continue to be this unbearable thing that I have to experience every so often, as it has devilishly cheap furniture at such reasonable prices.

This last summer, I was forced to go to Ikea to find some cheap fixings for my house, when I discovered something wonderful about Ikea. It wasn't their Swedish meatballs or their floral print comforters. No, it was something that couldn't be bought in the store. It was absolutely free.

When you go to the female bathroom at Ikea, they give out free tampons. Yes, free. If you've ever been in that awkward pinch of having to purchase a tampon or pad from a vending machine, you know exactly why I was so thrilled. I didn't have to ask around for a tampon, nor did I have to fish out a quarter from my purse. The tampons were just there if I needed them.

This got me thinking. It was the first time that tampons were complementary. Everywhere else, they charge you for forgetting to bring your own. This is ridiculously obnoxious, but females have

learned to accept it as the punishment of womanhood.

Forgetting or not knowing when your period will start is just simply going to cost you. Why does this have to be the norm? Why do we have to suffer embarrassment for something we cannot help? We can stop this horrendous discrimination on the bathroom front. Tampons that are distributed in the bathroom should be free here at Willamette.

I'm not talking about a tampon and pad free-for-all, but rather the sanitary supply dispenser stops charging a quarter for our mistakes. As much as I hate Ikea, they are starting a new frontier in the tampon distribution world. Willamette could follow in their footsteps, and make this campus an even more open and nurturing environment than it already is.

And as it is, Bishop hands out free condoms, in case we forget. Why shouldn't this principle be applicable to all areas? It's time we free ourselves from feeling stupid that we forgot supplies. It's time we free the tampons.

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## OPINION

# What's mine is not yours: National security and individual rights

ANGELA LEONE  
GUEST WRITER

The Christmas season often has me reflecting upon blurred boundaries - the lines between religious iconography and consumerist society, the distinction between maliciously lying and kindly perpetuating the idea of Santa Claus, the separation of guilt-driven giving and service from the heart, to name a few. Typically, my conclusions err on the side of softness, and I concede to holiday spirit.

As Thanksgiving rolled around, I found myself in prime spirits for open-hearted acceptance, eagerly awaiting the bliss of home and turkey. Traveling back to Nevada via airplane was a convenient and easy choice for me to make on a short holiday weekend, minimizing my travel time and maximizing my not-on-campus-time. Shortly before my trip, I started seeing bits of media pop up around the internet, regarding the U.S. Transportation Security Administration's (TSA) addition of new x-ray/backscatter scanning technologies and adaptation of pat-down procedures.

As I apprehensively did light Google-driven research on the new process, I was shocked to read tweet upon tweet,

blog and Tumblr of how many travelers' rights were blatantly disrespected during the search process. It seemed easily apparent to me that a line had been marred which should have stayed more distinct.

First and foremost, it is notable that the procedures really have been changed a great deal with their new implementation. The scanning capabilities of the ProImage "Advanced Visual Technologies" range a great deal in effectiveness, depending on the ultimate desired outcome. So far as x-ray vision goes, it's a total win, if you're a teenage Superman that just snuck into the girls' locker room.

The scanning capabilities allow for a complete external image of the subject's body - "private" parts included. With the machine's first reveal back in March, one TSA member was chastised by his co-workers for the size of his scanned genitalia, provoked to the point of retaliating violently with his police baton, leading to his arrest.

National security? Not so much. The super-scanner has its limits of where it can "see," and although it can nearly ap-

proximate a cup-size, it is useless in determining whether or not any explosives or weapons are housed in body cavities, a popular hiding-place amongst those trafficking illicit materials.

New pat-down procedures are also increasingly invasive. Whereas TSA agents had been only permitted in the past to check using the backs of their hands in limited reaches, new policy allows for contact with the front of the hand and fingertips, in a no-holds-barred examination.

Agents are instructed to scan up legs until they "encounter resistance." This is technically known, at least where I come from, as "copping a feel." This exposure of intimate touch, whether or not in a public setting, has met backlash and been a trigger for many survivors of rape or sexual assault.

Although I was not randomly selected for the increased search procedures during my Thanksgiving travels, I continue to wonder at what point our bodies stop being our property and start being relinquished to the state for inspection. There needs to be a line.

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## COLUMN



# The great Christmas lineup



KEVIN  
BELL  
COLUMNIST

I, like many WU residents, attended the lighting of the Star Trees on Saturday, and from my perch high atop a building which shall remain nameless for fear of policy violation accusations, I witnessed once again a beautiful spectacle of Christmas magic and joy. The Christmas season has always held a dear place in my heart, right between Monster Trucks and well-mixed gimlets, and shall continue to do so, but there was one thing that I noticed time and again that evening that has never ceased to baffle me.

Beginning in Goudy, where I went to one of the three meals annually where Bon Appétit actually tries to impress parents, I bore witness to a trend of the people there to stand dully in lines which they do not appear to fully understand. Going in the front door, there were easily 100-150 people queued to pass the perpetually irritable card-swipe lady. I, being the responsible chap I am, promptly ignored this, put away my coat and bag and sauntered off to find a table with my friends, coming back to swipe in after the line died down.

My question here is not why was everyone standing in line, but why was this the only option? With several hundred people from off campus coming through, one would imagine that a second or even third line would be open for students.

Inside the Commons, I saw 100 people line up at one station inside, while the other four had less than 12 each. At the dessert tables, 40 people got on one side of the table, when BOTH SIDES HAD THE EXACT SAME THING. And one or two people would walk to the other side to grab a cookie or something. Baffling. Douglas Adams wrote that "nobody knows how to queue like the British," but damn.

Even after confronting them (What are you doing?! Go over there! You're lying to yourselves! The Matrix has you!) with reasoned and warranted argumentation, the overwhelming preference was to stand in line. It's as if they were so ashamed of their sense of entitlement to dessert that they wanted to feel as if they had to overcome some great challenge to get food.

Having worked for eight holiday seasons in a toy store (family business, not child abuse for those of you doing the math) I have seen the gritty underbelly of Christmas Magic. If only the same regard for Goudy functioned in regards to parents' need for Turboman dolls, my life would be a lot easier.

My hypothesis is that Oregon is just more polite than my home state of Texas, because nothing else explains it. Since this is my final column for the Collegian before break, I'd like to take a moment to shamelessly promote myself and encourage you all to read my electronic writings at [topicalency.wordpress.com](http://topicalency.wordpress.com). If I feel like updating it, that is. Merry non-denominational holiday season to you all!

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## Do you have an opinion?

Do you like to write your opinions down?

If you answered yes, then you are a perfect candidate for a guest writer!

If you are interested in joining, please e-mail [mpitchfo@willamette.edu](mailto:mpitchfo@willamette.edu)

# CAMPUS SAFETY REPORT

Nov. 19 - Dec. 2, 2010  
Information provided by Campus Safety

## CRIMINAL MISCHIEF

- ▶ Nov. 19, 8:45 a.m. (Rogers Music Center): Some graffiti was found on the side of Rogers in what appeared to be chalk. Photos were taken of the writing and maintenance was notified.
- ▶ Nov. 22, 9:30 a.m. (University Center): An employee called to report two suspicious individuals who had left the University Center but were acting very strangely. Upon investigation, the women's restroom used by one of the suspects was found to have been left in disrepair.
- ▶ Nov. 24, 7:35 a.m. (Carnegie Building and Museum of Art): The words "ART" and "LAW" were found spray-painted on the sides of the buildings. Photos were

taken and maintenance was notified.

- ▶ Dec. 2, 2:45 p.m. (Kaneko Commons): A drawing found in the Kaneko elevator depicted a couple in various sexual positions. The sign was removed.

## EMERGENCY MEDICAL AID

- ▶ Nov. 19, 11:14 p.m. (Lausanne Hall): A student called Campus Safety to report that she had injured her leg. WEMS and Campus Safety arrived at the student's room to assess the injury. She initially declined to be taken to the hospital at that time, but later called back to be taken there.
- ▶ Nov. 20, 12:52 a.m. (Belknap Hall): Campus Safety was notified of an intoxicated student in the women's second floor restroom. WEMS and Campus Safety assessed the student and determined she did not need to go to the hospital.
- ▶ Nov. 20, 1:27 a.m. (Belknap Hall): Campus Safety was notified of an intoxicated student in a Belknap room. The student was assessed by WEMS and they determined that he needed additional treatment. He was transported to the Emergency Room.
- ▶ Nov. 20, 4:20 p.m. (McCulloch Stadium): Campus Safety was notified of a lacrosse player who might have sustained a concussion. WEMS evaluated the University of Puget Sound student and determined that he should seek additional medical attention.
- ▶ Nov. 20, 8:52 p.m. (Belknap Hall): A student notified Campus Safety that she was experiencing extreme pain in her back. WEMS evaluated the student and advised that she should seek additional medical attention. The student was taken to Salem Hospital.
- ▶ Dec. 2, 2:23 p.m. (Sparks Center): Campus Safety received a 911 hangup call coming from an office in Sparks. The officer responded to the location of the call and found Salem Fire/Medical also arriving. A university employee suffered an apparent seizure. She was transported to Salem Hospital by paramedics.

## POLICY VIOLATION

- ▶ Nov. 19, 1:00 p.m. (Campus): A student received his 20th parking citation. The Campus Judicial Office was notified.
- ▶ Nov. 23, 4:30 p.m. (Sparks Parking Lot): A student received her 13th parking citation. The Campus Judicial Office was notified.
- ▶ Dec. 1, 1:11 p.m. (Sparks Parking Lot): A student received his 21st parking citation. The Campus Judicial Office was notified.
- ▶ Dec. 2, 9:00 a.m. (Baxter Hall): Two students were found to have slept overnight on couches in the lobby of Baxter. They were notified that the practice is against University policy.

## SUSPICIOUS ACTIVITY

- ▶ Nov. 19, 2:40 a.m. (McCulloch Stadium): During a patrol of the stadium, Campus Safety officers en-

countered an unknown suspect who appeared to be intoxicated and did not have any identification. The suspect scuffled with the officer and managed to run away. Salem Police was notified.

## THEFT

- ▶ Nov. 19, 2:20 p.m. (Sparks Parking Lot): A student came in to report that he had left his backpack in the Sparks Parking Lot outside of his car and later returned to find it missing. The student was given the number for Salem Police to report the theft.
- ▶ Nov. 22, 2:39 a.m. (Matthews Hall): A student called to report that he had chased off a bike thief. The student met with the officer to show him where the attempted theft had taken place. The partially dismantled bicycle was placed in lost and found for safekeeping.
- ▶ Nov. 23, 12:30 p.m. (Beta Theta Pi): A student met with an officer to report the theft of his bicycle. He last saw the bike cable locked to the railing on 11/18 and found it missing on 11/19. The student was given the number for Salem Police to report the theft.
- ▶ Nov. 30, 4:41 a.m. (Matthews Hall Bike Racks): Campus Safety received a report of bike theft in progress at Matthews Hall. An officer chased the two suspects, but they escaped on bicycles. Salem Police was provided with suspects descriptions, but they were unable to locate the suspects.
- ▶ Dec. 1, 11:31 a.m. (Tokyo International): A student reported that her bicycle had been stolen from the parking lot north of TIUA where it had been locked to a parking signpost. It was last seen on Nov. 21.
- ▶ Dec. 2, 4:00 p.m. (Gatke Hall): An employee reported that more than \$160 in cash and \$40 in checks were stolen from her office.
- ▶ Dec. 2, 10:44 p.m. (University Apartments): A student reported that his vehicle had been stolen from the parking lot. He reported the theft to the Salem Police.

## VEHICLE ACCIDENT

- ▶ Nov. 23, 8:15 a.m. (Off Campus): A student came into the office to file an incident report concerning a van that had been rented by the University for a school sponsored trip. She had accidentally driven the van into a pole at a gas station.

## ASSIST OTHER AGENCY

- ▶ Dec. 1, 1:45 p.m. (University Apartments): Parking enforcement found a vehicle in the parking lot that was determined to be stolen. The vehicle was towed from campus by Salem Police.

Please contact Campus Safety if you have any information regarding these incidents: [safety@willamette.edu](mailto:safety@willamette.edu)

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- Freshmen Event at Sparks on Saturday, Dec. 11 from 7-10 p.m.

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