

Learn about the forgotten faces of food service at the University.

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The english major is about more than just words and stories.

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NEWS

## ASWU hosts campus dining discussion

ALYSSA MILSTEAD  
CONTRIBUTOR

As students filed into Goudy's Willson Room on Wednesday, Oct. 16, they were greeted by their ASWU senators and numerous posters asking how they would like to change campus dining options.

This was the scene at the ASWU Late Night Hot Food Student Forum, an informal venue for students to learn more about a recent proposal to change the University's late night dining options and voice their feedback.

In order to make the proposal come to fruition, senior ASWU President Nichola Greenblatt partnered with Bon Appétit with the goal of providing late-night hot meals to students. The forum in Goudy was intended to get more feedback from students.

"The biggest take-away of the food forum is interaction," Greenblatt said.

Wednesday's meeting emphasized three options for the future of late-night hot food: "Later Goudy Hours," "New Grill in Montag open late," or "Grill in Cat Cavern 8-11 p.m."

Pros and cons accompany each proposal; according to Greenblatt, Montag, may be more costly, but is still a possibility.

The meetings come on the heels of Greenblatt's recent campaign platform, which called for more forums to gauge students' reactions to change on campus. This semester, Greenblatt began looking into the idea of late-night hot food at the University. Besides being a convenience for students unable to eat dinner during Goudy's conventional hours, namely athletes who get out of practice late, Greenblatt also wanted a community space on campus.

See **FOOD FORUM**, Page 3



ALYSSA MILSTEAD

At the Food Forum, ASWU included posters asking students about their campus dining preferences.

SPORTS

## Late goal caps dramatic weekend



PALOMA HENNESSY

Freshman Kinsey Keen controls possession for a Bearcats team that shut out all three of their opponents last week.

EVAN GIDDINGS  
STAFF WRITER

It hasn't been the greatest season the Willamette women's soccer team could have hoped for, but this past week has turned it around in a big way.

The Bearcats attained their first conference win Wednesday night against Lewis & Clark College. Then, after tying #22 ranked Linfield College 0-0 on Saturday, the team finished out their last home game of the season dramatically with a double-overtime win against George Fox University.

"I'm really impressed by the way the team responded. Games are often decided by which team has the best endurance, the most heart and the biggest will to win," senior midfielder Paige Lancourt said.

"We've come into these last couple games with all three parts of the equation, and I'm excited to see what the rest of the season has in store for us," Lancourt continued.

Looking to build off a hard fought tie against Pacific Lutheran from the

week before, the Bearcats turned their attention to Lewis & Clark College for last Wednesday's midweek matchup.

Both defenses set early tones, as the match remained scoreless through the first 38 minutes of play. The Willamette defense seemed particularly strong, rejecting five consecutive shots on goal from L&C.

In the 38th minute, the Pioneers' defense rejected an initial shot attempt by sophomore defender Alyssa Perreault.

Freshman midfielder Emma Sanders followed up Perreault's shot with one of her own, sneaking it past the keeper from 15 yards out for the first goal of her collegiate career.

"It felt so amazing," Sanders said. "It was the team's heart that allowed us to win that game."

From that point on, Willamette defense took care of the rest. Led in the goalie box by freshman keeper Emily Sewall, the Bearcats prevented the Pioneers from scoring en route to a 1-0 victory.

See **SOCCER**, Page 8

LIFESTYLES

## Satisfy your ramen craving at Ramen Ichiban

NICOLE NA  
CONTRIBUTOR

Recently, the foodie community has been abuzz, a Twitter and aflutter about ramen. Not those dehydrated rafts of oily noodles with sodium-dense flavoring packets that most of us cache away for the occasional late-night snack; they mean real ramen.

Real ramen has fresh, chewy noodles floating in a luxuriously flavored stock that's been simmered for hours, topped with accoutrements like a delectable soft-boiled egg, tender fishcakes, or roasted pork. Real ramen is worlds above instant ramen, and it was real ramen I craved when I visited Ramen Ichiban, four miles from campus on Commercial Street.

The first thing you'll notice about Ramen Ichiban is its inherent mom-and-pop-ness. Rather kitschy Japanese woodblock paintings, darumas and other Japanese decorative paraphernalia adorn the restaurant's walls and counter. Food is served on Styrofoam



NICOLE NA

Ramen Ichiban serves real ramen—not that cheaper than dirt ramen that looks like Justin Timberlake's hair in the late '90s.

plates and eaten with plastic disposable utensils, and even the beverage cups are Styrofoam, which somehow adds to the restaurant's charm.

The restaurant boasts a grand total of two employees, husband and wife duo Haruo and Kazuko Ogawa,

who proudly prepare everything from scratch. Willamette alums may recognize Haruo, a former Kaneko Commons manager.

See **RAMEN**, Page 4



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# University officials prepare for flu onslaught



EMMA SARGENT

First year student Tobian Huitt receives a flu vaccine at one of the clinics sponsored by Bishop Wellness Center.

EMILY HOARD  
STAFF WRITER

It started with a giant, shared margarita. A group of friends passed the drink back and forth over the table, joking and having a good time.

But what began as just another fun night out would plague the campus for weeks, because one of the friends had the flu. With each sip of the drink, the virus spread around the table. Days later, all of Eastside was infected. And soon, the waiting room at Bishop was full of sickly students complaining of fevers, aches and pains. This is the story of the University's most recent flu epidemic in 2009.

"In the first two weeks of February that year, we saw over 270 students in the health service with symptoms of the flu," Director of Bishop Wellness Center Margaret Trout said. "These symptoms include a sudden onset of fever, chills, headache, muscle aches, nausea and sore throat."

In order to prevent the epidemic of 2009 from happening again, Bishop is waging a war against the flu. Aside from encouraging students and community members to get a flu vaccine, the health center will also be administering flu clinics in public places like the UC, library and sorority houses.

But according to officials in Bishop, the

actions of the health center alone can't stop the flu.

"After vaccination, the best way to prevent the flu is to protect yourself from germs," Trout said. "Washing your hands often is most effective, but if you don't have access to a sink, sanitizing gel also works."

Trout also recommends getting enough sleep and eating nutritious foods that support the immune system, which can be hard to do in college.

Sophomore Taylor Ottomano has been working to help combat the flu on campus by getting students vaccinated. Her main goal is something she calls "community immunity."

"Community immunity is when a large enough population is all immune to a certain disease, and it protects everyone in the community from it," Ottomano said. "If we can get enough people on campus to be immunized against the flu, then we could essentially not see any cases of the flu on campus, which would be awesome."

To promote community immunity, Ottomano and Bishop are trying to make immunizations readily accessible to students, especially those who are more likely to spread the flu. Among those most impacted by the flu are athletes sharing equipment and women living in sorority houses, where residents sleep in single

rooms with high occupancies.

Ottomano has also created awareness posters that can be seen around campus displaying information relevant to college students. According to one poster, for example, the average student drops at least one letter grade in a class for the semester if he or she gets the flu.

If a student has already gotten the flu, Trout recommends that he or she go to health services to get antiviral medications. Typically, Bishop sees fewer cases of the flu before winter break, but many cases after break when students return with germs from their various vacation destinations and hometowns.

Ottomano's posters also address common myths about sickness and vaccines.

"By educating people on what community immunity is and how getting the flu shot doesn't just benefit them, but everyone on campus, we will hopefully encourage more people to get a vaccine," Ottomano said.

Vaccinations range from \$20 flu shots to \$25 mist spray, which can be charged to student accounts. For those with University insurance, there's no charge. For more information on when and where to get vaccinated, take a look at Ottomano's Facebook page, "Willamette Flu Clinics."

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## Talktober: Michael Cobb on social media, narcissism

KATIE DOBBS  
STAFF WRITER

"Delete Facebook!" Michael Cobb, a professor of English at the University of Toronto, suggested to students, who responded with a chorus of sighs and groans.

On Wednesday, Oct. 16, Cobb gave a presentation in the Mark O. Hatfield room entitled "Pretty Little Nightmare, or a Selfie in Love: A Talk About Narcissism, Selfish Singleness, Lena Dunham, Freud, Lana Del Rey, and, Of Course, You!"

The talk, which kicked off the English Department's "Talktober" series, was sponsored by Willamette's Center for Religion, Law & Democracy. It was co-hosted by Assistant Professor of English Stephanie DeGooyer and Assistant Professor and Department Chair of Sociology Jade Aguilar.

Cobb's most recent books include "Single: Arguments for the Uncoupled" and "God Hates Fags: The Rhetorics of Religious Violence." He is a regular guest on National Public Radio and a contributor for Slate Magazine and Salon.com.

Cobb's discussion was centered on "selfie" photos and the problem of narcissism as it is associated with being single. He cited evidence ranging from clips of Justin Timberlake and Lana Del Rey music videos to images of kittens.

With the room filled to capacity and a long Q-and-A session following the presentation, DeGooyer felt that the talk was a great success – partly because of its appeal to different disciplines.

"It left people with a lot of ques-

tions," she said. "We wanted to start a conversation."

Cobb's talk was the first in the Talktober series, in which the English department is bringing internationally-renowned speakers to the University to discuss provocative topics.

Cobb specifically addressed the taboos surrounding being single in the United States and the way that message is broadcast over social media.

"What I want people to think about is the incredible amount of activity they are devoting to managing their own sense of self out there in the social media world," Cobb said.

A topic of the discussion was what Cobb called the "data self." Cobb said the "data self" is the array of information created through Facebook, Instagram and Vine activity.

"You're accumulating all of the great things about you and putting it out there," Cobb said, "and that becomes the substance of a self."

The next talk in the series will be given by Ed Folsom of the University of Iowa. Folsom, who has been involved with 21 books about Walt Whitman, will be giving a lecture entitled, "'That Towering Bulge of Pure White:' Walt Whitman, Herman Melville, the Capitol Dome, and Black America."

**Folsom's lecture will take place in the Hatfield Room on Oct. 24 starting at 4:15 p.m. All events are free and open to the public.**

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# Late night dining: ASWU gathers student, administrator input on campus food options

CONTINUED from Page 1

To make hot food a possibility, Greenblatt had to meet with Bon Appétit General Manager Scott Morris, Head Chef Marc Marelich, University administrators and facilities and custodial staff.

Greenblatt and Bon Appétit also found it crucial to get student input. In particular, they wanted to know what food students want to eat.

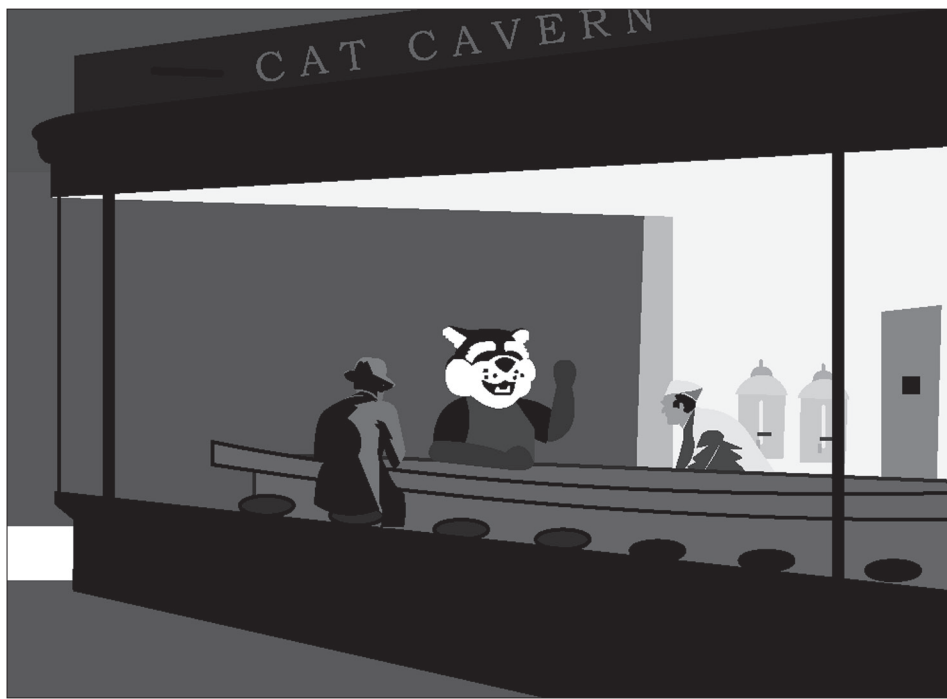
Following the Food Forum, Greenblatt sent out a campus-wide email with a five-question survey to gather more concrete data. The responses to the survey are due on Oct. 24; ASWU emphasizes that every response matters.

Aside from any changes that are made following the forum, Bon Appétit is also changing its hours for next semester in a new pilot program.

In the spring, the company will open Cat Cavern from 8 to 11 p.m. on either Tuesdays or Wednesdays. Based on the program's success, Bon Appétit will determine future late-night food actions.

Many students reacted positively to the proposed changes. Among them was sophomore Blake Brash. Brash said he's eager for the option of late-night hot food because it better fits his eating habits.

"I'm not usually hungry during Goudy's dinner hours," he said. "That would be cool if I could get waffles or quesadillas at Cat Cavern later."



LANCE ROSSI

Sophomore Shelly Kang said she would enjoy the impact the changes would have on the community, but she wasn't sure on the affordability.

"I think it's a good alternative," Kang said. "If it is once a week, I would go for the novelty of it and for the chance to hang out with friends. But I definitely couldn't afford it every day."

For Greenblatt, the Food Forum was a

step towards a bigger goal: bringing students together.

"I want to create more community space on campus, and hot food seems like the best route," she said. "Food brings people together."

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## WEB introduces 'How do you see WU?'

EMILY HOARD  
STAFF WRITER

Students and community members walking around campus this week might be surprised to find disposable cameras stashed in different places across the University grounds. But these cameras aren't misplaced. Rather, they're part of a weeklong event being held by Willamette Events Board called "How do you see WU?"

The goal of Willamette Events Board's program is for people to utilize the cameras by taking photos of things that capture the University's spirit. The event, which began on Monday, Oct. 21, is intended

celebrate the many different ways in which students see the school.

WEB Random Fun Co-chairs Ashley Turnidge and Isabel Seiden are in charge of the event and encourage students to participate.

"The event is pretty simple really. All we are going to do is distribute disposable cameras in various places around campus," Turnidge said. "The cameras will be in containers and labeled with signs that say something along the lines of 'Take a picture of whatever is around you and then please put me back.'"

The goal is to get a wide array of photos that paint a pic-

ture of the campus community. Each day this week, there will be about five different cameras that can be found around campus during work hours.

After Friday Oct. 25, WEB will collect all the cameras to develop the photos, which will be on display across campus. People will be able to see the photos and take home copies.

For Turnidge, the activity is a good chance for students to define what they like about the University.

"I think that the event is a great way to answer what the campus community looks like," she said. "The whole idea is to see what various students are up to on a daily basis, even if it is

just moments captured in passing. Ideally, it will be a simple, fun way to boost student spirit and showcase the Willamette student population."

**The next event that WEB will be sponsoring is a haunted house in WISH on Thursday, Oct. 31. From 5 to 7 p.m. the house will be less scary and more family friendly to accommodate children on campus. But from 8 to 10 p.m. the house will be transform and become more suitable for college students.**

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## BRIEFS

### Campus Events

On Wednesday, Oct. 23 Poetry for the People, a social justice-oriented spoken word event, will take place at 7:30 p.m. in the E&E (Matthews 104). The event is hosted by Amnesty International WU, the Student Center for Equity and Empowerment and Prisoners' Poetry.

\*\*\*

The 24th Annual Salem Peace Lecture, "Climate Change and Resource Wars: Keeping the Peace on a Rapidly Changing Planet," will be hosted by Canadian human rights activist Maude Barlow. The event will be on Wednesday, Oct. 23 at 7:30 p.m. in Hudson Hall.

\*\*\*

On Thursday, Oct. 24 the English Department's "Talktober" series presents "That towering bulge of pure white: Walt Whitman, Herman Melville, the Capitol Dome, and Black America" by Dr. Ed Folsom (University of Iowa). The event begins at 4:15 p.m. in the Hatfield Room.

\*\*\*

Following "Talktober" on Thursday, Oct. 24 in the Hatfield Room, "An Evening with Lydia Davis" will be held in Cone Chapel at 7:30 p.m. Lydia Davis is one of the nation's most celebrated writers of short fiction and winner of the 2013 Man Booker Prize for her career achievement in fiction.

\*\*\*

On Thursday, Oct. 24 in conjunction with the "Breath of Heaven, Breath of Earth" exhibit, Dr. Ronald Wellenfels (New York University and Metropolitan Museum of Art in New York) will hold a discussion called "Syria and Levant: Life in the Lands of the Hebrew Bible" at 7:30 p.m. in the Paulus Lecture Hall (room 201) at the Law School.

\*\*\*

On Friday, Oct. 25 the Theatre program will present a one-night-only solo performance by Joel de la Fuente called "Hold These Truths" at 7:30 p.m. at the Pelton Theatre. For a brief synopsis and ticket information, see the online calendar listing.

\*\*\*

Got tips? Email News Editor Ryan Yambra <[ryambra](mailto:ryambra)>.

## CAMPUS SAFETY REPORT

Oct. 15-21, 2013  
Information provided by Campus Safety

### CRIMINAL MICHIEF

**Oct. 15, 9:10 a.m. (Eaton Hall):** Campus Safety responded to a call about a possible break-in. The faculty member showed the officer the pry marks on the office doorframe. The faculty member verified that the marks had not been there the day before.

**Oct. 16, 11:15 a.m. (Lausanne Hall):** Campus Safety received a call that a student's window had been broken. While inspecting the damage, the officer noted an empty beer bottle on the ground outside of the window. The officer surmised that the damage to the window was caused by the bottle.

**Oct. 21, 12:27 a.m. (Belknap Hall):** Campus Safety received a call

that a window had been broken near the north end of the building. Upon inspection, the officer noticed that the window had been kicked in from the outside and large pieces of glass were littering the ground. Facilities was called to clean up the debris and tape the window until repairs could be made.

### EMERGENCY MEDICAL AID

**Oct. 17, 6:49 p.m. (Law School):** Campus Safety responded to a call about a student having a seizure at the Law School. Campus Safety arrived to Salem Fire and First Responders already on scene. The student notified that they did not want to be transported to the ER.

**Oct. 18, 12:50 p.m. (Law School):** Campus Safety received a call from 911, stating that a student was having

a seizure at the Law School. Campus Safety met with Salem First Responders on scene and began evaluating the student. The student chose not to be transported to the ER.

**Oct. 21, 10:15 a.m. (Law School):** Campus Safety received a call from an employee stating that a student was having an epileptic seizure. Campus Safety met with Salem First Responders on scene and began evaluating the student. The student chose not to be transported to the ER.

### THEFT

**Oct. 17, 10:10 a.m. (Sparks Center):** A student called to report that their bike had been stolen. The student had left the bike locked to the railing the night before. When they arrived in the morning, their bike was gone.

### VEHICLE ACCIDENT

**Oct. 19, 12:41 a.m. (Off Campus):** Campus Safety received an e-mail stating that an Enterprise Rental Van had been damaged by a student driver. The email stated that the right rear bumper and taillight assembly had been damaged.

### POSSESSION OF A CONTROLLED SUBSTANCE

**Oct. 17, 9:53 p.m. (Doney Hall):** Campus Safety received a noise complaint coming from the second floor of the residence hall. The officer located a party in the Hall. After a brief inspection of the room, the officer located and confiscated half a dozen beer bottles and a large bottle of vodka.

CONTINUED on Page 12

2 <b>He</b> Helium 4.003
10 <b>Ne</b> Neon 20.1797
18 <b>Ar</b> Argon 39.948



COURTESY OF EMILY HOARD

Before forming CATHODE, sophomore Eric Wright deejayed in underground clubs in Tokyo, while junior Wyatt Johnson spent a decade playing the drums and producing tracks.

36 <b>Kr</b> Krypton 83.80
54 <b>Xe</b> Xenon 131.30
86 <b>Rn</b> Radon (222)

# Student band CATHODE brings heavy southern trap to the Pacific Northwest

EMILY HOARD  
NEWS STAFF WRITER

DJ/drummer duo sophomore Eric Wright and junior Wyatt Johnson make up the electronic/trap music group known as CATHODE. According to Johnson, their music is meant to be “PG and educational, while also encouraging booty twerking.”

The name CATHODE refers to an electrode through which electric current flows; Wright, a biology major, and Johnson, a music major with an emphasis in jazz, chose this name because they are interested in the science behind music and electronics.

As part of their performance, the two wear chemical suits, and each song on their EP “Noble Gases” is named after a noble gas of the periodic table.

CATHODE mainly specializes in trap, a

combination of hip-hop and electronic music that is inspired by the southern U.S. hip-hop and 1990s rap scene.

Wright and Johnson, however, point out that the music they play is for everyone.

“We’re just two ordinary white boys in college who are breaking down genre stereotypes,” Wright said. “You don’t have to look or act a certain way to make this kind of music. Anyone can be in this scene.”

From performing at basement parties, to moving crowds at Wulapalooza and the IKE Box, CATHODE has a strong musical presence within the Salem community. Though they normally stick to more traditional venues for their shows, Wright and Johnson said they are open to playing at off-campus parties for anyone who wants the rare opportunity of having a drum set inside their house.

After only six months of officially being in the music game, with little of their own publicity, CATHODE is becoming popular and successful worldwide; the duo has also been featured in multiple online blogs and music magazines such as Lazer, Electric Sloth and Hypemachine. They’ve even collaborated with Russian DJ Imperiax, who recently uploaded a video of him playing CATHODE’s tracks in Moscow.

They have also been contacted by a club promoter from Corvallis to perform on Nov. 1 at SubZero nightclub. This event, called “Beaver Trap,” also features world-renowned DJ ImanoS, who collaborates with famous DJ Diplo and has been a large inspiration for CATHODE’s music, Wyatt and Johnson said.

Johnson and Wright are also excited to play an upcoming show at the IKE Box be-

fore winter break. The event is in the works, with the potential of having a member of Los Angeles based rap collective Odd Future open for them.

As CATHODE gains momentum, the two performers said they are excited to see where their music will take them.

After the two graduate from the University, Wright said their ideal performance situation would be touring in venues with full crowds, doing experiments on stage and having an entire crowd wearing CATHODE Gas Masks®.

“It doesn’t matter to us when people give us bad vibes. How many of those kids are doing what they love, while at college, and have entire crowds of multi-national followers?” Johnson added.

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# A taste of real ramen at Ramen Ichiban



NICOLE NA

CONTINUED from Page 1

The Ogawas moved on to open Ichiban in 1994, and the restaurant has been more or less bustling ever since. The restaurant doesn’t just serve ramen – the Ogawas’ more popular dishes also include katsudon, teriyaki plates, pork and chicken katsu, yakisoba and a Hawaiian favorite, spam musubi.

After ordering and paying Haruo, there was a bit of a wait (about 15 minutes) as the couple bustled about, boiling and frying and saucing. First to arrive was the gyoza (\$2.95 for 5), often served alongside ramen. These boiled-then-pan-fried pleated pork dumplings were juicy, if a little bland and peppery, with a lovely browned exterior.

I also ordered a curry croquette (\$1.25), which arrived as a perfectly golden panko-crusted disc with a dollop of sweet-and-sour sauce. The crackling sound the crust made as I sliced into the croquette was music to my ears. The crispy panko exterior contrasted well with its creamy, spicy insides.

Finally, the main event arrived – the ramen. The Ogawas offer two types of ramen – shoyu (soy sauce) and miso (\$6.85). I went with shoyu. Although it wasn’t what I would call incredible, I cer-

tainly didn’t regret it. The noodles were yellow, eggy and pleasantly wavy with a nice bite, while the enveloping broth had dark and heavy soy sauce flavors (and managed to be relatively restrained in its saltiness).

Julienned carrots, crunchy bean sprouts, finely sliced sweet Japanese egg omelette and spinach garnished the bowl. The various veggies helped break up the monolithic flavor of the noodle-broth combo and added some welcome crunch. An aroma of roasted sesame overarched the ramen and helped tie its disparate elements together, resulting in one tasty bowl.

After slurping up the last of my noodles, I left Ramen Ichiban sated. Although it likely won’t blow your mind, Ramen Ichiban serves up some perfectly palatable ramen, and, from what I hear, some well-executed katsudon and teriyaki.

So, if you’re in the area (or willing to drive) and craving Japanese food, hit up Ramen Ichiban. Its prices are reasonable, the Ogawas provide a welcoming and cozy atmosphere and it’s home to Salem’s most delicious, and only, bowl of ramen.

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# Vladimir Lenin's Playlist

RACHEL FIFIELD  
STAFF WRITER

Lenin, the much-reviled early Communist leader of the Soviet Union, was a busy man.

Creating a hybrid Marxist philosophy, running the first Socialist state and engaging in power plays with his infamous frenemy Stalin wasn't easy, but he still found the time to enjoy music.

If Lenin were around today, here are five songs you'd find on his iPod.

"American Girl" by Bonnie McKay: He tells himself this glossy, ultrapoppy song about unapologetic greed is to remind himself of one of the greatest enemies to Communism, but it secretly has several plays on his iPod. Notable lines include "I wanna buy a new heart out of a vending machine."

"Royals" by Lorde: Lenin re-interprets this song (generally accepted to be about the monotony of average teen life) as being about humble origins and distain-ing both literal royalty and the glamour associated with it.

Nonetheless, the conflict between deposing the monarchy and being a power-

seeker himself is evident in this repeated line: "We'll never be royals/that kind of luxe just ain't for us/we crave a different kind of buzz/let me be your ruler/and I'm in love with being queen."

"I'm In It" by Kanye West: Lenin loves this song, and he feels like Yeezus really has a deep understanding of the struggles that come with power in general. As the lyrics say: "Got the kids and the wife life/ can't wake up from the night life" could be read as a reference to Lenin's long-term affair with Inessa Armand.

Although his wife Nadezha Krupskaya accepted his marriage proposal so they could be jointly sentenced to Siberian work camps, the marriage was not faithful on his side. Additionally, the overt anti-Asian racism in song's lyrics reflects Lenin's eastern Russian politics.

"Seventy Times &" by Brand New: This classically angst-y teen song celebrates the frenemy relationship between Stalin and Lenin. Whenever Lenin gets particularly frustrated with Stalin's plans for economic policy, he goes into his room and blasts this song, refusing to talk to



EMILY SAFFORD

Though he championed the cause of the working classes, Lenin himself was born to a wealthy middle-class family.

any members of the Duma until he feels better.

"Pressure" by Ylvis: a satirical song about pressure, both literal and metaphorical. Nevertheless, the repeated lyrics of "put the right amount of pressure on it/pressure on it" apply beautifully to Lenin's attitude toward leadership and the

status of the state under the dictatorship of the proletariat.

Lenin often listens to this song's catchy lyrics and dance beat to get pumped for new, totalitarian government reforms.

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## BEARCAT BULLET

### Mid-semester blues



ALISON  
EZARD

LIFESTYLES EDITOR

Looking around Jackson Plaza, I notice I'm not the only one with a dead look in her eyes, barely managing to shuffle from the library to class. Every year, like clockwork, it seems that once we hit the midpoint in the semester, almost everyone hits a brick wall and develops a case of the mid-semester blues.

We Bearcats like to load ourselves up with rigorous classes and more extracurriculars than any sane human being should be able to handle and, by about this point in the semester, it definitely begins to take its toll.

During the first few weeks of the semester, it's all too easy to get lured in by the many clubs and student organizations on campus.

Your professors haven't assigned much more than reading at this point, and you foolishly think to yourself, "Sure, I can handle four classes, being president of the chess club and secretary for the Queer Student Union as well as hosting a weekly radio show. Maybe I should also think about applying for a job in the library. It would be great to start working toward paying off those student loans hanging over my head."

And for a couple of weeks, you actually can handle it. Everything is new and exciting, and gee-whiz, your classmates are so insightful and passionate. You don't even need a cup of coffee in the mornings because you're just that hyped up on the novelty of a new semester.

But then you get your first big assignment.

You pull an all-nighter, and even though you manage to properly hydrate and not totally lose it, you still need to spend the entire next day (or two) recovering from the ordeal. This, of course, sets you back on your other homework, and the vicious cycle continues.

Soon enough, you realize you are completely burnt out. You can barely drag your butt out of bed to get to your 10:20 a.m. class on Monday morning, despite the fact that this is quite late in the morning for a class to begin.

Worse, you may even find yourself blowing off the readings for class, barely managing to read the first and last paragraphs and skimming the middle. Giving even the bare minimum seems like too much these days.

So, what's a stressed and overcommitted Bearcat to do?

For starters, it helps to do something, anything to break up your routine. The monotony of schlepping from class to the library to Goudy to the library to your dorm and back to class can really eat away at your soul.

Instead, try inserting a little spontaneity into your weeks. Go for a walk in Bush Park and marvel at the changing colors of the leaves, check out an exhibit at the Hallie Ford Museum of Art (seriously, it's right there) or grab a bite to eat at an unfamiliar restaurant downtown.

The change in scenery might be just what you need to shake those pesky mid-semester blues.

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## Style Crush: Becca Phillips

TAYLOR DENT  
CONTRIBUTOR

What do you get when you transport a native Angeleno to the middle of Salem, Ore.? The answer's obvious if (and when) you notice junior Becca Phillips around campus, who never fails to bring her literal philosophy to each outfit.

This quality presents her as an anomaly of campus culture; how often do you dress, or even say, exactly what you want?

Love it or hate it, she's undoubtedly expressive with platforms and metallic shorts one day, baggy jeans and a beanie the next.

The only consistency is her love of streetwear and sense of humor. And since we all love irony here at the University, what's better than a flock of stressed underclassmen running by Phillips wearing her trademark "COMME des F-KDOWN" sweatshirt?

It's a nod for us to occasionally loosen up as students in the academic rat race that the University engenders.

It was easy for me to spot the art history major on a break outside Hatfield among Jackson Plaza's sea of students. That day, she was adorned head-to-toe with explicit slogans on a crop top, jacket, and leggings. Phil-

lips is super funny and open to talking about her look.

**Collegian:** What are you wearing today?

**Becca Phillips:** My shirt and leggings are from DimepieceLA from Calif. The earrings are from this designer called Melody Eshani, and the chains from some thrift store. The shoes are just Converse.

**C:** And this is all just for a day of class?

**BP:** Yeah. I really just pick out what I'm wearing the day of, depending on my mood. I don't pick it out the day before.

**C:** You've got a distinctive look - do you look at any blogs or websites?

**BP:** I'll just look at Wasteland's website. I buy their stuff online, and their layouts are insane.

**C:** So, where do you go shopping? You're not doing the typical Oregon look.

**BP:** Well I really don't like the Oregon grunge thing, so I just go online and basically

just look up all the brands I like-DimepieceLA, SSUR, BLKSCALE, Mishka and Akstar NYC.

You just can't buy that stuff here. And of course I go Walmart, too; they always have really good stuff, and it's super cheap. Sometimes I go to a few thrift stores in Portland.

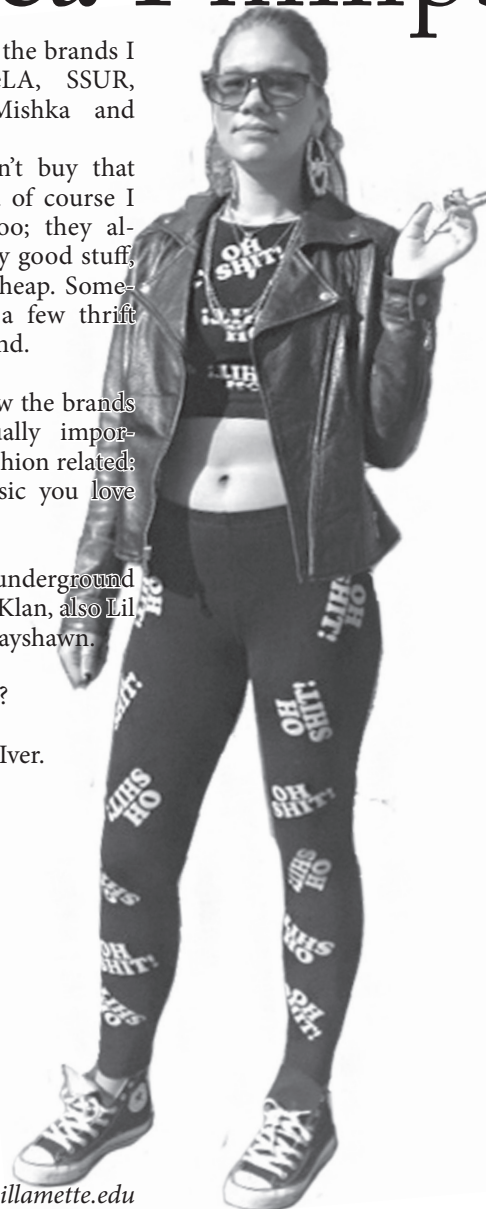
**C:** Ok, we know the brands you love. Equally important, but not fashion related: What's the music you love right now?

**BP:** Mostly underground rap, like Raider Klan, also Lil Debbie and Kreayshawn.

**C:** No Bon Iver?

**BP:** Never Bon Iver.

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Every

littt

## Department profile: English

**A** bird doesn't sing because it has an answer, it sings because it has a song."  
- Maya Angelou

Language is the tool which allows us to convey emotions, thoughts and feelings. It gives a writer the unique opportunity to engage with his or her world at a personal level. It shapes their reality through the exchange of ideas and experiences in a way that creates a new existence.

This is one of many things the English program strives to cultivate within its students.

"English majors love to analyze," Professor and Associate Dean of Curriculum Gretchen Moon said. "[For the English major] analysis and pure indulgence are happening at the same time."

Nearly 80 students enroll in English majors and minors each year at Willamette. These students take classes like literary theory and close reading, but being an English major means more than just acquiring reading and writing skills.

As the class of 2013 begins its journey towards completing senior theses, Professor of English and Department Chair Frann Michel has a great sense of and pride for the students majoring in English.

"I'm proud of all students," she said. "I've watched them increasingly become skilled readers, skilled writers and exciting thinkers."

Due to the fast-paced nature of an increasingly interconnected world, Michel said the English major is becoming increasingly desired.

"I just read this article that says we are the 'hot new hire,'" she said. "This is because literature gives us more skills than simply reading and writing. It enhances critical thinking and communication skills, and overall [fosters] an appreciation for the lives and experiences of others."

Assistant Professor of English Mike Chasar, who has been with the department for five years, challenges the notion that English is a boring and archaic major.

"Language is our life and the most complex of human inventions," he said. "[It's] an exciting time to be an English major because literature is taking a central place in popular culture through movies, clubs, fans, and the Internet. Never before has there been such a strong book culture, where people dress up as book characters and are able to become excited about upcoming movies and media."

Another way in which the English department is unique is what Chasar has come to call his favorite aspect of teaching; the fact that he is able to learn from his peers and his students.

"We enjoy each other's company," Chasar said. "We are all friends, we like beer, and we hang out, which makes for a strong community and sense of respect."

This sense of camaraderie continues to include myriad majors and minors. Chasar said he has a personal interest in the success of his students,

and he feels a sense of responsibility for their personal growth.

Both the students and the faculty in the English Department are enthusiastic about English as a subject, and have nothing but encouragement for those students considering the major.

"Living in a world created by literature opens up new ways of seeing you didn't know you had," Moon said. "It opens up a whole new world ... And, there's the delightful hard work of creating your own writing ... you come to realize how important every word is."

Senior Hannah Staller is passionate about being an English major, despite not knowing immediately what major was the best for her.

"I came to college with no idea what to do," she said, "But English was always at the back of my mind."

Staller has been preparing to write her thesis for Humanities 497.

"It's like Whitman boot camp," Staller said about the first half of the seminar. "It's a whirlwind."

Faced with this challenge, Staller said she is excited to explore her focus.

"I focus on male-intimacy in 'Leaves of Grass,'" she said. "I have a particular interest in gender performance."

For her research, she'll be examining 19th century relationships among men and examining how Whitman's perceived homosexuality may impact a reader's interpretation of his work.

"I'm pretty excited and nervous," Staller said. "The English thesis is little bit daunting. It's going to be challenging, but I am capable of doing it."

Staller said the support she receives from professors, particularly Chasar, encourages her to make her thesis her own.

"He's an awesome thesis professor and challenges me to see Whitman in a new way," Staller said.

She also said she is excited and bewildered with her thesis experience thus far, and that it turned out completely different than expected.

"English has always created connections between all my other courses," Staller said. "My experience with English is that my interests don't have to be limited to just reading and writing. I don't see the English major as anything less than anything else."

Though thesis completion and graduation are quickly approaching, Staller is aware of the positive aspects that will come from her finished project.

"I've already learned so much about Whitman," she said. "The senior thesis has given me a lot of freedom. It's so important to pick something you're really interested in, not what just sounds smart."

**"Language is our life, and the most complex of human inventions"**  
-Mike Chasar,  
Assistant Professor

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# The Word.

article by Jessica Meza-Torres and Hannah Scott-Persson  
graphics by Lance Rossi

## Theses Close-Up

### Humanities 497: A focus on one literary work

"The dominant mode—the one that attracts the most majors— is to enroll in Humanities 497," Moon said.

Humanities 497 is unique in that it can be taught by professors in any of the humanities departments, including religion, history, philosophy, etc.

The seminar primarily focuses on one influential literary text. This fall, Chasar's seminar is focusing on Walt Whitman's poetry collection, "Leaves of Grass."

For the first half of the semester, the students in Humanities 497 present their ideas about the text to the rest of the group. By the second half, students have had time to devise their thesis ideas, which results in polished papers characteristic of literary criticism journal articles.

In Humanities 497, there is also a budget to bring in an expert on the text and author being studied by the class. This expert then meets with students for con-

sultations about their projects.

"[This step] is very important in the shaping of the thesis," Moon said.

Senior Eva Michalak is one of the students analyzing Whitman's "Leaves of Grass" this semester. Michalak said she is looking at how and why Whitman gives the reader a body within the text.

"His goal is to create a second generation of poets," she said.

Michalak has honed her thesis on how the mind influences the body and how the body influences the mind. "It's pretty weird," Michalak said.

For Michalak, becoming an English major was an obvious choice and an easy decision. Having always loved reading and writing, Michalak "just knew" that English was the right path.

"[English] teaches you to think about the world differently and make connections that otherwise wouldn't have been made," said Michalak.

### English 490W: Creative Writing

For English majors with a focus in creative writing, students can enroll in English 490W for the spring semester. Seniors interested in the creative writing focus must go through a difficult application process, as the major is limited to 10 writers.

"[Writers interested must] prepare a reading list meant to prepare them as a writer," Moon said. The English department faculty evaluates applications, and those selected are given the opportunity to work with creative writing faculty on their projects.

#### Recent thesis titles:

"Rub Shoulders with a Jesus: The Religious Roles of Stephen and Bloom in Joyce's *Ulysses*" by Courtney Balonek

"Brandon Showers Has No Idea What's Going On" by prose fiction by Brad Bourque

"Wombs, Tombs, and Immortality: the Quest for Metempsychosis in Joyce's *Ulysses*" by Katie Jade McCoy

"Paradise Lost as Epic Mistake and Mythic Episode" by Till Gwin

"Bloom as the Bi-Gendered Other: Joyce's Message" by Gregorie Morgan-Young

### English 499W: Independent Research

English 499W, supervised by Moon, allows for independent research and writing on a topic of the student's choosing. Like English 490W, this seminar is preceded by an extensive application process composed of critical essays on selected individual topics, reviewed by the entire English department. Faculty members then work with the students to shape their proposals.

The independent research thesis group is only available to students with a GPA higher than 3.5 within the major.

## WU's favorite words:

**chatoyant** (adj.): showing a band of bright reflected light caused by aligned inclusions in the stone

**dulcifluous** (adj.): flowing sweetly

**grotesque** (adj.): comically or repulsively ugly or distorted

**erie** (adj.): strange and frightening

**dollop** (noun): a shapeless mass or blob of something

**ephemeral** (adj.): lasting for a very short time

**isopleth** (noun): a line on a map connecting points having equal incidence of a specified meteorological feature

**critter** (noun): a living creature (an animal)

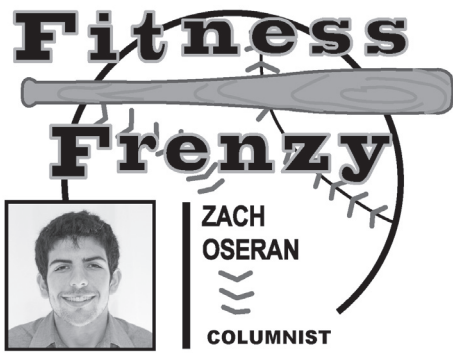
**obfuscate** (verb): render obscure, unclear, or unintelligible

**isinglass** (noun): a kind of gelatin obtained from fish

**nevertheless** (adverb): in spite of that notwithstanding all the same

**avocado** (noun): a pear-shaped fruit with a rough leathery skin, smooth oily edible flesh, and a large stone (also called: alligator pear)

**parasaurolophus** (noun): a genus of ornithomimid dinosaur that lived in what is now North America during the Late Cretaceous Period.



## Think first, eat second

As you should know by now, working out is critical in maintaining one's physical well-being. Yet, without nutrition, it's essentially all for naught.

Nutrition is just as important (if not more so) to staying fit than actually working out. But in a college schema where muscle and bench press totals are favored over everything else, nutrition is often overlooked.

Whether you live on campus or off, nutritional problems surround our daily lives. Most students can relate to the strap for cash, and when you have just a few bucks budgeted for your next meal the preference of McDonalds (conveniently located just three blocks away) over fruit will always win.

Poor nutrition increases weight gain and decreases your physical well being. It also reduces the positive effects of working out. Imagine a hard-fought workout, spending an hour running sprints and lifting weights only to hit up Goudy right after and jump in line at the pizza bar.

Workout gone.

Late at night, it is especially difficult to find healthy choices on campus. Hungry students wandering over from the library have limited options ranging from Bistro Buzz Bars, chips and ice cream in Montag, or the nearest vending machine.

While all of these are tasty options, it's no secret they lack in nutrition, with exception to the vending machine.

Looking at prices, there isn't even an incentive placed on healthy choices. Fresh fruit on this campus costs twice the amount of a 230 calorie bag of chips and three times the amount of an ice cream bar.

This reveals every college kid's true dilemma. Damage your body with the cheap food, or damage your wallet with the healthy food.

Safeway can save your life and wallet. Granted, it's not the cheapest grocery store, but it is within walking distance from the campus and open until 1 a.m.

Save money and time by purchasing your healthy snacks in bulk. Get a variety of nutritional items: Energy bars, fresh or dried fruit, nuts and yogurt.

Having these snacks on hand will help cut down the all too common impulse purchase of ice cream at Montag.

A newly developed idea around campus is having a late night cafeteria open for students after hours. State schools and other universities have been doing this for years, and it's time we join the party.

While eating heavy late at night is less than ideal, it gives students a far better option to chips and candy. For physically active students, it provides the option of an additional meal for needed calories and proteins.

Finding a healthy option on campus late at night is difficult to do, but not impossible. Late night cravings aren't going to go away anytime soon, so finding healthy alternatives is vital for maintaining your health.

There are several ways to find healthy alternatives, you just have to know where to look. Hint: It's not on this campus. At least not yet.

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# Willamette shuts out opposition

CONTINUED from Page 1

Sewall, who made her first start of the season last Sunday, had six saves in her second consecutive shutout.

Willamette's stingy play resumed on Saturday against the Wildcats. Minimizing Linfield's possession time, the Bearcats quickly smothered any potential scoring chances for their opponents.

The few chances Linfield did have to score were fruitless, as Sewall tallied nine saves in the 110-minute shutout.

"It was incredible to duplicate the shut-out against Linfield, especially considering their national rank," Sewall said. "I just hope I can keep up the consistency. I know that my solid defensive line will help tremendously with that."

The week's play against L&C and Linfield culminated into a senior day match to remember. Facing off against GFU, it ap-



DEVIN LEONARDI

Junior midfielder Sarah Desautels recorded 13 shots and six shots on goal in WU's win over George Fox.

peared as if Willamette would endure yet another 0-0 tie.

The defense absorbed most of the pressure for senior goalkeeper Nicole Price, who needed only three saves to preserve the shutout.

Willamette controlled possession throughout most of the game, recording 36 total shots and 15 shots on goal.

With the second overtime period winding down, the Bearcats made one last effort to seize the game.

As a Bearcat corner kick neared the goal, sophomore midfielder Jill Phillips moved into position. She promptly headed the ball into the back of the net for a game winning goal.

"It felt incredible to score and give the seniors a win," Phillips said. "I can't imagine a better moment for my first career goal."

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## Men's soccer outscores opponents 8-1

DEVIN ABNEY  
STAFF WRITER

In a season that has been filled with success, it was a weekend to remember for the Willamette men's soccer team.

Led by sophomore forward Yazan Hishmeh's four goals over two games, the Bearcats routed George Fox University 5-0 and beat Pacific Lutheran University by a score of 3-1.

"It feels pretty amazing," Hishmeh said. "It's not necessarily what I as a player am doing right, but all of us as a team. My teammates worked just as hard as I did to get those goals."



MIKE RHINE

Junior Adam Lewis battles for possession this past weekend against George Fox.

Three of Hishmeh's goals came on Saturday as he registered a hat trick against George Fox. The first goal came on a penalty kick in the 44th minute, and the second one followed right behind. Just one minute later, Hishmeh earned a second penalty shot and a second chance to score.

While his penalty kick did not go in on the first try, Hishmeh bounced the deflection by the goalie off his chest and booted it in for his second goal of the day.

Hishmeh wasn't finished yet, however, for in the 67th minute he completed his hat trick on a seven-yard kick to the top right corner of the net.

Senior forwards Will O'Neil and Adan Vasquez provided the team with their other two goals. O'Neil got Willamette on the scoreboard on a header only seven minutes into the match.

Vasquez's goal was the last of the game and came on an eight-yard shot via an assist from sophomore midfielder Sam Zanetta.

After Saturday's five-goal output, the Bearcats confronted PLU on Sunday. Hishmeh returned into the spotlight, scoring the game's first goal on a six-yard shot in the 31st minute.

Senior midfielder Trevor Jensen, who recorded the assist on Hishmeh's goal, proved that he could score for himself as well. In the 48th minute, Jensen pushed the lead to 2-0 on an unassisted 18-yard



MIKE RHINE

Senior midfielder Trevor Jensen scored two goals on Sunday against Pacific.

shot to the upper left corner of the goal.

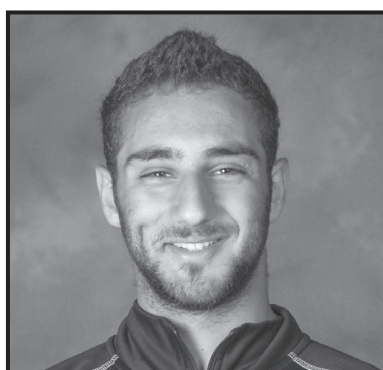
The Boxers wasted little time in responding, scoring on a corner kick in the 62nd minute. Trailing by one, Pacific had a penalty shot opportunity to tie the game, but they were unable to score thanks to a diving save by sophomore goalie Braydon Calder.

Fewer than four minutes later the Bearcats added an insurance goal on Jensen's second score of the day to finalize the 3-1 win. The win advanced WU's record to 4-3-2 in NWC play.

"It's nice to get back to over .500 [in NWC play], but we just have to focus on coming out each day at practice and working to prepare and build on our training for the next day," Calder said. "It's all about putting our best out on the field and letting the results reflect that."

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## ATHLETE OF THE WEEK



**Yazan Hishmeh**  
Sophomore – Soccer – Forward  
Ventura, Calif.

Yazan Hishmeh scored four goals in two games, both wins for Willamette. He reversed a hat trick on Saturday, scoring three goals against George Fox University.

# Bearcats remain undefeated after triumph

BRANDON CHINN  
SPORTS EDITOR

With games against #17 ranked Pacific Lutheran University and national powerhouse Linfield College looming on the horizon, it would have been easy for the Bearcats to overlook a lowly 1-4 Lewis & Clark squad.

The Bearcats put their worries to rest early, scoring three touchdowns in the first quarter en route to a solid 56-30 thumping of the Pioneers.

"When we're pursuing a conference championship, we need to take care of the most immediate matchup in order to go undefeated each week," senior quarterback Josh Dean said.

Willamette made a statement on its first drive of the game. Utilizing a strong rushing attack, the 'Cats moved down field with ease, advancing 60 yards in their first nine plays.

On the 10th play, Dean flipped a shovel pass to junior wide receiver Derek Traeger, who turned the corner and ran 20 yards for the score.

After suffering a turnover on the team's second drive, the Bearcat defense forced a punt and returned possession to its offensive unit.

The offense capitalized, needing only three plays to double its lead on a long 38-yard touchdown reception by freshman receiver Eric Baker.

With the first quarter coming to a close, the Bearcats extended their lead even further. Two rushing plays and a 14-yard pass interference penalty placed the ball just outside the L&C goal line.

Dean put the drive to bed, connecting with freshman receiver De'Zhon Grace for the score.

The Pioneers responded, producing a field goal and touchdown on consecutive possessions to cut the WU lead to 21-9.

Silenced since their score late in the

first quarter, the Bearcat offense awakened; junior running back Dylan Jones rushed three times for 30 yards, and Dean found Traeger in the end zone shortly after to cap the drive.

Lewis & Clark scored a touchdown to cut the lead to 28-16. They appeared to be knocking on the door once again; just eight yards out of the end zone.

But the Willamette defensive unit responded. A combination sack on second



DEVIN LEONARDI

Senior quarterback Josh Dean rolls out to his right in the team's 56-30 win Saturday.

down by senior lineman Wyatt Briggs and junior linebacker Jack Nelson forced L&C back to the 16 yard line. An incomplete pass on the ensuing play paved the way for an unsuccessful field goal attempt.

The Bearcats came out of the locker room and immediately did what Lewis & Clark was not able to do on its last possession: Score.

A key 26-yard rush by senior running back Terrell Malley anchored the drive, which lasted just over two minutes.

For the third time in the game, Dean successfully targeted Traeger in the end zone. For Traeger, not only was it his third touchdown reception of the game, but it

was his sixth in the past two weeks.

"It felt great," Traeger said. "I am more excited about the win and the momentum it gives us going into some big games the next couple of weeks."

Connecting with Traeger just 12 times last season (only one of which resulted in a touchdown), Dean has found Traeger 40 times this year, with eight of those going for six points.

"[Traeger] and I spent the summer working out together and throwing in Salem, so we've built a great connection on the field," Dean said. "I know how he likes to run his routes, and he knows when to expect the ball. 'In my opinion, [Traeger's] the best route runner in the conference,'" Dean said.

After a 12-minute scoring drought, the action picked up early in the fourth quarter. Continuing his solid performance, Dean fired a short pass to Grace, who made a spectacular one-handed grab for the score.

"It felt pretty good coming away with the catch and even better getting the touchdown," Grace said. "I'm just trying to contribute as much as possible week in and week out."

Before the 56-30 victory could be finalized, Dean notched one final touchdown pass in the fourth quarter. It was his seventh of the day, tying a record for most touchdowns in a single game set back in 1934.

"[Dean] continues to be an offensive leader. He is having a fantastic season and is a very difficult player to defend," Head Coach Glen Fowles said. "He has been great for us this season."

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## From the Nosebleeds



HOLLY PETERSEN  
COLUMNIST

## Postseason fan experience

They say that with love comes sacrifice, and there are few things I love more than the Los Angeles Dodgers.

That's why last Monday found me 900 miles away from Willamette, walking through the entry gates of Dodger Stadium with trembling hands.

It was game three of the National League Championship Series against the St. Louis Cardinals, and the Dodgers were already down 2-0 in the series.

Although I have attended numerous games in the past, none of them had felt anything like this.

It's not just the fact that everything was more of a spectacle, with fireworks during the national anthem and an American flag that covered the entire field. Every emotion was intensified, and everyone around me seemed to be feeling the same anxiety and desperate hopefulness that I was.

My dad said that in the 1977 NLCS, when Ron Cey hit a grand slam in the seventh inning, Dodger fans cheered so loud he was sure the stadium was going to collapse. He wasn't kidding.

From the moment the game began, it was as if all 50,000 of us were bound together by a single wire, feeding off every last watt of energy that surged through it every time a Dodger stepped to the plate.

We hung onto every single pitch. We clenched our fists and gritted our teeth, sighing a united sigh of relief every time they made it through another inning without surrendering a run.

When Dodger outfielder Yasiel Puig hit an RBI triple in the fourth inning, ending his 0-10 drought, we joined in his wild celebration. We were a Dodger-blue sea speckled with rally towels, and we were going berserk.

After the Dodgers recorded the final out, I could feel the collective release of an entire stadium. Strangers high fived as they passed each other in a parking lot filled with shouts of victory. How could you not be in love with an atmosphere like this?

I've learned to cherish every game I see live. Living so far from Los Angeles, I fell in love with baseball not through stadium visits, but through car radios and TV screens.

But nothing compares to actually being there, no matter how vivid of a display your 60-inch flat screen projects, or how comfortable your recliner may be.

In sports, it seems common for people to prefer staying in, watching the game while warm and comfortable in the friendly confines of home.

They claim that the poor view and expenses are not worth the benefits. Yet, when it comes to concerts, people will drive hours on a whim to see their favorite musician live. Why? Because it's better than the experience you get from listening to the CD.

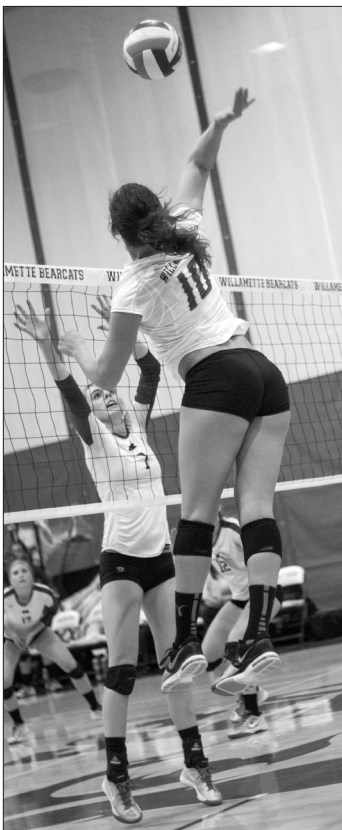
As I write this, the date reads Oct. 18. Tonight, the Dodgers lost in game six of the NLCS, and Salem suddenly feels a little colder. But looking back on this season, I'll always have the memories from that warm Los Angeles night: Excitement, unity and anticipation that no TV could ever offer.

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# WU bounces back to dominate Whitman

EVAN GIDDINGS  
STAFF WRITER

Sometimes a close loss can shake the confidence of a team. Other times, it can inspire.



DEVIN LEONARDI

Sophomore outside hitter Sarah Fincher attacks the net in the team's match against Whitworth.

The Bearcats proved the latter after their game on Friday, in which they dropped a hard-fought five-set thriller against Whitworth University.

That match appeared as if it would end quickly for the Bearcats after losing the first two sets. Coming out of intermission, however, there seemed to be a renewed fire.

"We talked a lot about our character and attitude during the break," Head Coach Tom Shoji said. "In the remaining three sets it was a totally different story. We started winning those long rallies that had escaped us in the first half."

The team won sets three and four, heavily aided by senior middle hitter Shannon Waltz, who tallied 16 kills and a .625 hitting percentage. As the play for the Bearcats rose, so did their confidence.

"It really showed us how well we can execute when we play with that confidence," Waltz said. "Personally, I was just glad to help us execute and get back in the match."

In the fifth and final set, both teams battled back and forth for nine different ties throughout. And after a potential game-winning kill by Sophomore outside hitter Sarah Fincher fell just inches outside the line, the Pirates ul-

timately prevailed, capturing the set 18-16.

The Bearcats had little time to dwell on the loss, as a talented Whitman team was on tap the very next night.

Instead of letting it get them down, they used it as extra fuel for the fire.

"We knew we were going into another tough match against Whitman. In order for us to beat them, we would have to bring forth the same energy that we showed against Whitworth," senior middle hitter Carly Hargrave said.

That mentality was evident from the beginning, as the 'Cats took the first set quickly by a score of 25-19. Whitman answered, taking a narrow set two win, 25-22.

Despite dropping the second set, Waltz believed taking the initial set and having a lead really eased the team's mindset.

"Executing early on set us on a great path," she said. "Even when we dropped the second set, we were able to stay relaxed and play our game in order to finish out the third and fourth set."

Much like the night before, Willamette exploded out of the gates after intermission. The Bearcats rattled off six consecutive points and held a commanding 16-6 set lead.

The Missionaries attempted to climb back into the contest, but Willamette continued to shatter their confidence. In what ended as the final set, Willamette again dictated the tone early with back-to-back kills from sophomore outside hitter Lindsey Compton. The team maintained momentum throughout the set en route to a 25-18 set four win, and a 3-1 match victory.

Hargrave felt great about the victory, and was especially proud of the team's ability to bounce back from Friday's loss.

"It really showed us what can happen when we play to our potential," Hargrave said. "None of us wanted to let that loss go and Saturday showed our response."

After the team's performance in recent weeks, Shoji is also confident about the team's final six games.

"I don't think we've had a bad practice in about a month. It's really showing in how we play," Shoji said. "We believe that if we continue to execute, the other team will have to play almost perfect to beat us."

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## Backpack breakdown

MARIKA McCARTHY  
COLUMNIST

It was middle school when the moms in my neighborhood decided they would buy their kids wheeled backpacks. There were scare-inducing Internet articles and maternal concerns over the impact of heavy textbooks on preteen spines. The best part was that the wheels weren't used. Developing spines had to hold the heavy social studies book in addition to the wheely components.

Villainous knapsack. I've had mine since sixth grade. And it is only in the past couple of months that the straps have worn even grooves into my shoulders.

Think back. There was your desk in elementary school, your middle school locker, the car that you drove to high school, residence halls full of things that belong to you.

These are safe places to return, regroup and re-pack your faux-leather cross-body messenger bag.

Until your Google Calendar is painted in Patagonia colors and you run from class to work to lab to work to the physics hearth and back and to get food and caffeine and forth across campus forever. And the flimsy straps on string backpacks can't hold all the responsibilities that you're carrying anymore.

Until one day, you're sitting on a couch in the Bistro with friends and realize: "It's all my good friends! Maddie, Jake, me and Backpack!"

I've noticed a correlation between the proximity of your "home" and the amount of things that you carry. Is there something written by Tim O'Brien in your arms? Where's the Sweetheart of Song Tra Bong?

Some students carry a notebook in their hands as they walk from class to class. I assume they return to their rooms like salmon to their streams. I can't comprehend it.

Because I am in my room only to sleep and I am with my backpack at all times. That is more than I can



EMILY FROEHLING

Sophomore Marika McCarthy

say for any other possession. What is practical about a cell phone? Why do I need a laptop computer? But I'm an adventurer. My supplies are stocked and packed and up on my back. I'm finding treasure in forgotten nooks and crannies. Maybe someday I will graduate to a Mary Poppins-style purse, but for now I am content with finding my graphing calculator in my bag when I thought I had forgotten it. I'm even more content with finding forgotten dollars for Bistro cookies.

My mom and I were obsessed with Family Feud this summer. Steve Harvey once asked what every good cowboy needed. "A trusty steed!" we yelled at the television. Pony rides used to be my favorite activity as a little girl, but when it came time to ride a horse, it was terribly uncomfortable. Sometimes my backpack makes my shoulders ache.

Maybe the Bellevue moms were right about the evils of differential equations textbooks and the impact they would have on my spine. But you can't climb mountains and wheel your backpack behind you. And sometimes school feels like climbing Mt. Everest. Heck, even the stairs to the fourth floor of Eaton seems like an epic ascent.

When you're moving forward, you need stability. Keep forward momentum and your backpack as a ballast.

Maybe soon enough we will be wearing jetpacks. In the meantime, keep climbing.

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## Dirty duty deserves our respect

GRACE KATZMAR  
GUEST WRITER

My fellow Bearcats, I write this to remind us that we are not only Bearcats, but also members of a ranked society in which some people receive access to a level of privilege that others do not experience.

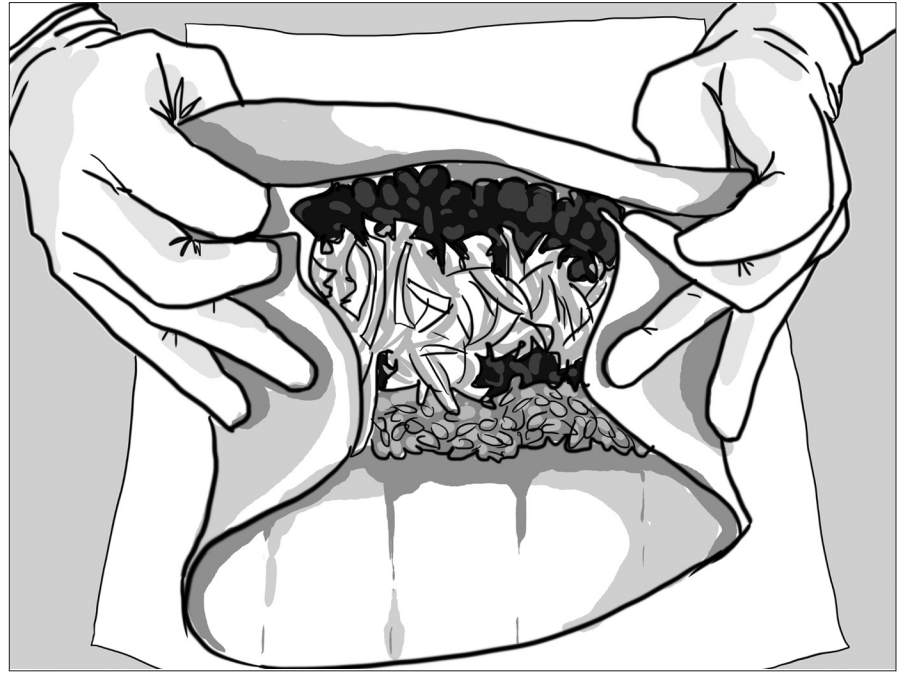
I ask for your understanding and respect as we consider an important part of our Willamette community: The men and women of maintenance, food service, grounds crew and janitorial services.

Some of you know that this is my fourth year as an employee of Bon Appetit. I tell you this to perhaps provide some shred of credibility, though I admit, I cannot say that my experience as a service worker at Willamette has been the same as that of non-student service workers.

The workers at Goudy alone receive repeated disrespect from students in the way they order food and in the way they treat the dining hall. When we leave our plates covered with mashed potatoes and chicken bones, what do we think in that moment? We probably don't consider who will have to bus and clean that plate.

Think for a moment about how dirty Goudy gets every day; do you know how it gets clean and sanitary for the next meal? Besides the evening shift workers who clean everything from floor to counters, there is a graveyard shift of workers who clean the floors from 10 p.m. to 5 a.m. every night.

We've never met them, but without the work they do, we wouldn't be able to



EMILY SAFFORD

make our evening messes and have them disappear by morning.

In another example, I saw a worker I know by name cleaning up vomit from outside of the UC during Wulapalooza. I spoke to him (a bit inebriated myself) and apologized for whomever had left him with such a disgusting job. He responded by saying, "Nobody cleans up my puke when I get too drunk. It's actually my day off today; I was called in as reinforcement."

I responded simply by telling him how much I appreciated his work and then slinked away with embarrassment. Why are we leaving these messes for others to clean up?

Are we not adults? Are we so entitled that we can't see beyond the privilege that allows us to ignore those whose livelihoods depend on our messes?

Let's take a moment and think about the person who cleans the toilets in our dorms, the person who serves our dinners, the person who cleans up our garbage and our messes after events. Let's think twice before the next time we drunkenly tear down a poster, or leave our spilled coffee on the sidewalk.

Take a moment to thank these people, because we all share this space, even if we come from different walks of life.

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### EDITORIAL

## Defend driver cards for a safer Oregon

It's time to register to vote in Oregon, Bearcats. Why should you? Because Oregon needs your help.

A piece of legislation Governor Kitzhaber signed last May would grant undocumented immigrants driving privileges in the state of Oregon. It is now being referred to the decision of state voters, thanks to Oregonians for Immigration Reform, an organization committed to stopping illegal immigration in the United States.

The bill, which would have been enacted Jan. 1, 2014, would have granted more than an estimated 110,000 undocumented immigrants in Oregon the privilege of driving legally with short-term driving cards.

Preparations, including hiring several new employees, by the Oregon Department of Motor Vehicles for January's flood of applicants, are now halted. That means some Oregonians might now be out of a job, and it means that we won't be seeing the possibility of safer roads until the end of 2014.

While it was explicitly clear that the driver card would not be considered a valid form of identification needed to open a bank account or board an airplane, the card would allow immigrants to drive legally in Oregon and obtain liability insurance, which means more insured drivers would be travelling throughout the state.

Though it's hard to determine exactly how many undocumented immigrants are currently driving illegally in Oregon, the benefit of a driver card would allow them the opportunity to learn the state's driving enforcements and regulations. In a sense, it's a precautionary measure that would reduce the risk of accidents because more drivers would be cognizant of Oregon's driving regulations and safe driving practices.

Not only would this create a safer driving atmosphere in the state, issuing driver cards to undocumented immigrants would be expected to generate almost \$5.3 million for the state in the program's first 18 months, according to the bill.

Just because someone isn't legally a U.S. citizen, it shouldn't mean that they don't have the right to drive and have the insurance that covers them should they get into an accident.

Opponents, such as OIR, speciously argue that the bill legitimizes illegal immigration and undermines the federal regulations on who enters the country.

In an Oct. 8 Oregon Live commentary from Richard F. LaMountain, vice president of OIR, said extending driving privileges to undocumented immigrants is rewarding them for violating the country's immigration regulations. He said the Oregon legislature has "shown contempt for law and government and subverted the order that undergirds a peaceful, stable society."

This isn't a matter of providing a "gateway to citizenship" for the thousands of undocumented immigrants in Oregon, nor does it involve the Oregon legislature compromising federal immigration regulations. It's a case for making roads safer for drivers, passengers, bikers and pedestrians.

It was OIR's right to contest the bill; we won't deny that. But now it's our time to vote this bill into law and give everyone, regardless of whether they are U.S. citizens, the right to drive legally.

This isn't infringing on anyone's rights or giving any special privileges to anyone. This is just ensuring that when someone gets into their car to go grocery shopping, to take their kids to school or to go to work, they are doing it safely and legally.

Bearcats, now is the time to exercise your right to vote. Register in Oregon as soon as you can. Lend your voice to this issue. Make sure that the issue of driving doesn't become rooted in undocumented immigration.

### COLLEGIAN EDITORIAL POLICY

The Editorial represents the composite opinion of the *Collegian* Editorial Board.

Miles Sari • EDITOR-IN-CHIEF  
Becca Brownlee • OPINIONS EDITOR  
Kelley Villa • MANAGING EDITOR

# Why our government sucks

## (Hint: It's not just Republicans)

DYLAN SHELTON  
GUEST WRITER

Once again, the American government has narrowly avoided catastrophe. After initiating a government shutdown that adversely affected millions of people and taking our nation to the brink of default, Congressional Republicans have relented and allowed the passage of a bill to fund the government and raise the debt ceiling.

It is difficult to express the disdain I have for the radicals who have seized control of the Congressional agenda.

One could compare them to gangsters; just as the mob demands money for "protection" from dangers they themselves

havior of House Republicans are fooling themselves. The only Republicans who need to be concerned are the ones that finally voted with Democrats to end the government shutdown. Ted Cruz, a favorite of the Tea Party and the leader of the recent effort to defund Obamacare, is already talking about primary challenges for Republican senators and representatives who broke ranks.

Republicans in the House aren't elected by the nation as a whole, but by angry, conservative voters in deep-red districts. Gerrymandering and demography have conspired to make these extremist activists, not moderates, the main concern of any Republican running for Congress.

The problem is compounded further by the increasing prominence of well-funded organizations, like the Senate Conservatives Fund, that are adamantly opposed to compromise, as well as the hermetically-sealed echo chamber of conservative "news" media. We shouldn't be surprised that Republicans in Congress have moved so far to the right—the sys-

tem creates an incentive for them to do exactly that. We must also eliminate archaic rules like the filibuster, which allows a small minority of senators to oppose the wishes of a majority of citizens. Changes like these would let the majority party fulfill the mandate that voters provided it during the last election.

Many of changes proposed here will be difficult to enact, but if Americans want a government that functions we must do more than simply blame intransigent Republicans in Congress.

We must recognize the flaws in the system that helped to create this mess and fight to fix them.

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tem creates an incentive for them to do exactly that.

If we want a government that works again, we need to do more than say nasty things about politicians. Campaign finance laws need to be reformed so that outside groups with deep pockets have less influence on our elections. States should change the redistricting process to create more moderate, competitive districts.

Even with these changes, our politics aren't going to return to a romanticized,

create, the GOP demanded concessions in return for not hurting the nation.

If you believe that many Republicans honestly didn't understand the severe and painful consequences of defaulting on our debt, you could simply call them idiots.

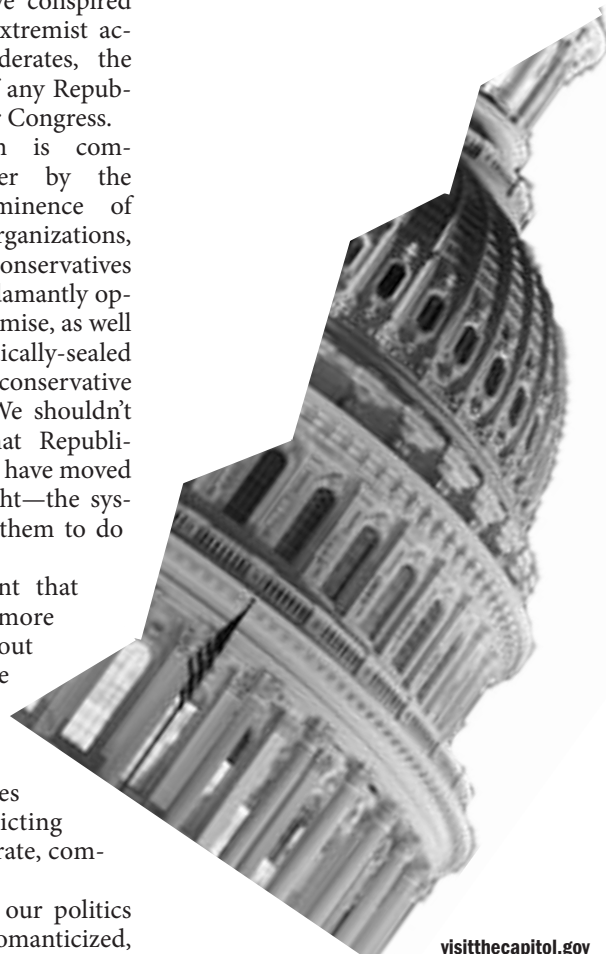
To those who believe that they generally understood the consequences of their actions, they are something much worse: nihilists more concerned with electoral success than the public good. But whatever else House Republicans might be, they are not irrational.

Liberals who think the GOP will lose many seats in 2014 over the childish be-

tem creates an incentive for them to do exactly that.

If we want a government that works again, we need to do more than say nasty things about politicians. Campaign finance laws need to be reformed so that outside groups with deep pockets have less influence on our elections. States should change the redistricting process to create more moderate, competitive districts.

Even with these changes, our politics aren't going to return to a romanticized,



visitthecapitol.gov

# Stress no more

EMILY DOUGAN  
COLUMNIST

It's the middle of the semester and Bearcats young and old are starting to be nagged by our old foe ... stress. It's that time of year when midterm exams and papers and projects start to pile up, and we begin to contemplate the pros and cons of dropping out of school. Not really, hopefully, but this is the time of year when we start to explore certain stress management tactics, like excessive drinking, or worse, BuzzFeed articles.

All jokes aside, many college students are really bad at an important skill: Stress management. There are multitudes of ways I've seen students try to handle stress, and a lot of them are pretty damn unhealthy. We drink until we're blacked out. We smoke weed until we pass out. We call our ex-boyfriends to yell at them about how they are the worst people on the planet (OK, that last one is me, but I'm sure other people do it too!).

It's pretty normal to want to let loose after a week of difficult exams and projects, but drinking yourself sick every weekend doesn't really help reduce stress (source: Myself most weekends).

The point I'm making here is that there is a very fine line between healthy stress management and creating a bigger problem for yourself. Ignoring stress just postpones the shittiness of it all. Drinking too much just makes you feel terrible. Yelling at people makes it hard to sympathize with you. But don't worry, dear readers, I'm told by the Internet that there are healthy ways to manage stress, and I've even tried a few of them myself.

My number one suggestion would be to eat something. That sounds simple, but not a lot of people realize how much taking the time to have an actual meal really calms you down. The actual process of making food makes you feel productive without actually being super productive. It's kind of sweet.

Another foolproof stress-management tactic: Look at pictures of kittens and puppies! Or even better, go find one to pet. For some reason, Collins is a haven for cute puppies. It might actually be a requirement to have a cute dog if you want to have your office in Collins.

My favorite stress-management tactic is leaving Salem. Apparently, a world exists beyond Salem, and you can go to it pretty much whenever. Amtrak tickets to Portland are only \$15, so going someplace and leaving the source of your stress for a while is easy and cheap. Just do it.

Stress is a natural part of college, but there are ways to deal with it. Some are better than others, and some just shouldn't be tried at all. So, next time you're feeling stressed out, don't immediately turn to binge drinking. Eat some pasta or do yoga instead, and remember, winter break is only about seven weeks away!

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We invite you to submit letters to the editor. Letters are limited to 150 words, must include your name and must be submitted by Monday at noon on the week of intended publication. The *Collegian* reserves the right to edit for length and clarity. Please email letters to <msari>.

# Struggling on State Street: Please wear my dad's clothes



EMILY SAFFORD

CONTINUED from Page 3

## CAMPUS SAFETY REPORT

Oct. 6–Oct. 22  
Information provided by Campus Safety

### POSSESSION OF A CONTROLLED SUBSTANCE

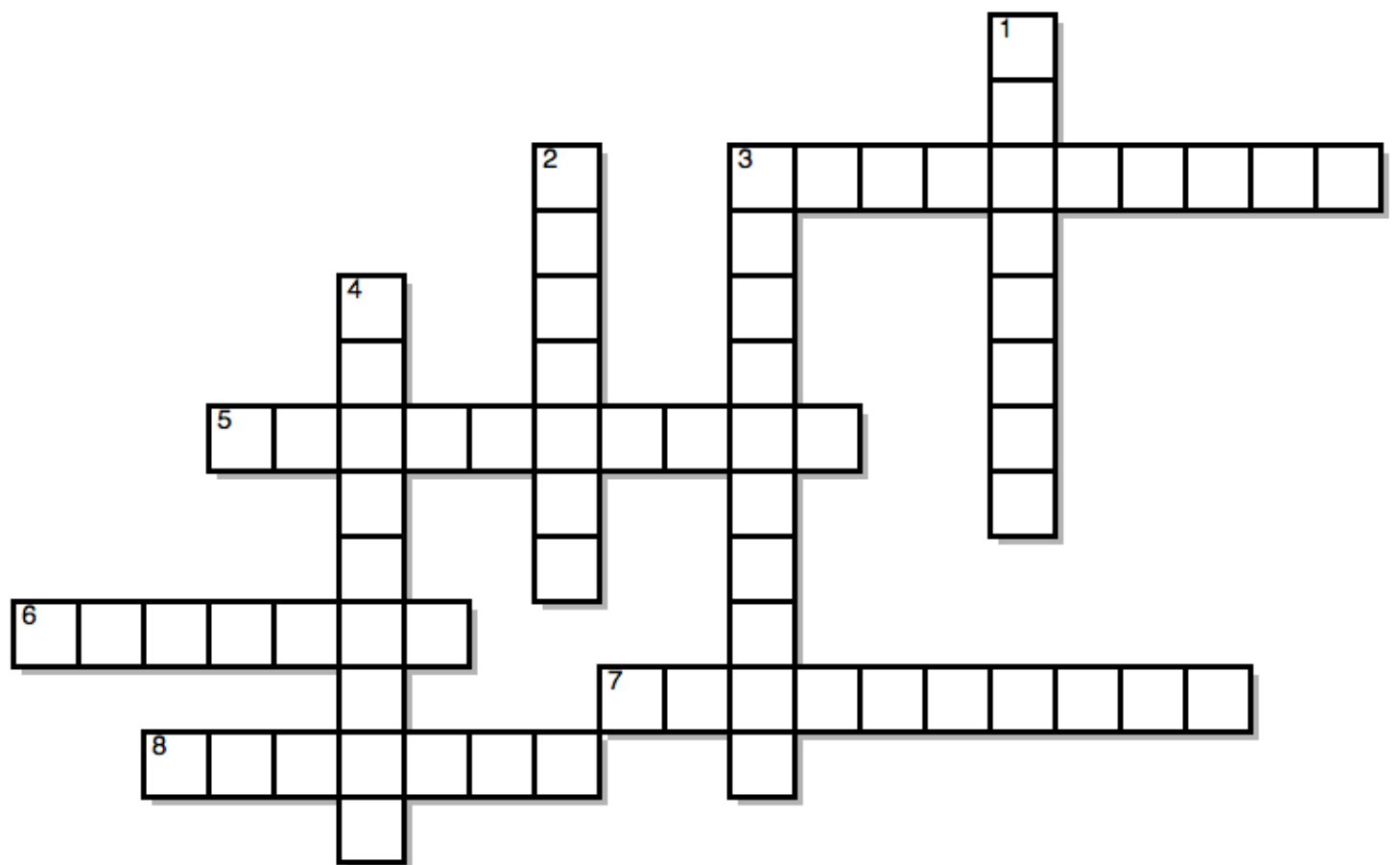
**Oct. 18, 1:25 a.m. (Belknap Hall):** Campus Safety received a call that there was vomit in the hallway near the men’s bathroom. The officer on duty arrived on scene and found two students waiting outside of the bathroom. The officer asked if they knew of anyone in the bathroom and both repeatedly reported “no.” Upon further inspection the officer located a third student. One of the students became argumentative and would not give his information to the officer and stated that the officer was “being unfair.” Eventually, the officer was able to get the names of all of the involved parties and conclude his report.

**Oct. 18, 2:10 a.m. (Winter Street):** While on patrol, the officer on duty observed a student leaving the University Apartments. The officer observed two cans of beer in the student’s backpack. The officer parked his car, and, the student began to run away. The officer was able to call the student back, and once the officer identified the age of the student, the alcohol was confiscated.

**Oct. 19, 10:55 p.m. (Doney Hall):** While patrolling, the Campus Safety officer observed a party occurring in the residence. Upon investigation, the officer found a beer pong setup, as well as more than 20 alcoholic containers. Of the 17 students in attendance, none were of legal drinking age. The owners of the room were cited for exceeding twice the occupancy limit, as well as the possession of the alcohol.

**PLEASE CONTACT CAMPUS SAFETY IF YOU HAVE ANY INFORMATION REGARDING THESE INCIDENTS. (503) 370-6911 safety@willamette.edu**

# Politics and pop culture III



### Across

- 3. Food borne illness that has infected more than 300 people due to weak federal regulations.
- 5. Organization that right-wing pastor Kevin Swanson claims promotes “lesbianism” and “abortion” through cookies.
- 6. Texan Tea Party politician with Canadian citizenship.
- 7. University of Miami team cited by NCAA for a “lack of institutional control.”
- 8. TV network whose resident psychiatrist “diagnosed” President Obama with a “victim mentality.”

### Down

- 1. NYC borough where a community is divided over a proposal to name a street intersection after late rapper Notorious B.I.G.
- 2. The governing body of the Catholic Church, who this week challenged the Church of England to a game of cricket.
- 3. Pennsylvania college where a student posted his fraternity bid acceptance, a booklet decorated with imaged of naked women, on Instagram.
- 4. Substance that a recent Gallup poll shows more than half of Americans support legalizing.

## Corrections

Issue 8, Oct. 16:

- A photo caption incorrectly called sophomore Tori Leder a junior.

- The editorial that ran on Oct. 16 claimed that “The Oregon Institute, to be changed to Willamette in 1870, got its start as Wallamet – a Methodist mission school aiming to “serve” Native American populations. It opened its doors in 1844.”

President Thorsett kindly corrected us by saying Willa-

mette and the Methodist mission’s “Indian school” were different organizations. Willamette was founded by a group that included Jason Lee, members of his mission and early business leaders in the area (and they were not all Methodists). From the start in 1842, it was founded with the intent to be a university to serve the whole of the Oregon territory.

*Any corrections should be submitted to Editor-in-Chief Miles Sari at <msari>.*

## Letter to the editor

In response to last week’s Bearcat Bullet, we received some tips from senior Maureen Lavelle, who works for Campus Safety, for parking on campus:

- If you have 10 minutes and a yellow standard permit, go park in the Kaneko softball lot. It is virtually empty every time I go out there.

- Instead of investing in a ridiculously high priced permit, go buy the \$10 limited use permit. You can use it on any five days you choose, which is super handy if you’re running late and can’t get to school on time any other way.

- If you have a permit, for the love of God, don’t park in the free spots on Winter Street! Give some of us a chance, would you please?

- Don’t be an asshole to anyone ever. Especially to your fellow students who have the job of writing parking tickets. I’m happy to say that very few people are jerks to me while I’m creeping around their cars looking for permits. But I’ve run into a few, and I’m less likely to feel bad or give you a break if you’re giving me a hard time.

*mlavelle@willamette.edu*



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