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TIUA students say sayonara

by Liani Reeves
Contributor

After experiencing American culture for an event-filled 10 months, 92 students will return home to Japan as the 1994 Tokyo International University of America (TIUA) Program comes to a close. The program began with the arrival of the students on February 17. All of the students in the program are sophomores.

Throughout the year, the TIUA students were involved in a number of different Willamette activities such as Black Tie Affair and Freshman Glee, as well as organizing their own programs.

The biggest and most time consuming program planned by TIUA was the Harvest Festival. It was also the most rewarding, according to Rhonda Mayhew, TIUA assistant director of student activities.

Held in October, the festival featured a number of different food booths, lessons on origami and using chopsticks, performances of a traditional tea ceremony and karate, and different types of music and dancing. R¹ka Tsurumi was a major coordinator for this event. "It was a chance to teach Japanese culture. I thought the event was a success, many people came."

Mayhew said, "The TIUA students participate in a number of ASWU events such as Casino Night, the movie nights, and the dances. The Harvest Festival is a time for TIUA to share their culture with Willamette, as well as share with the community."

International Extravaganza took place last spring semester. W.I.S.A. Representative for TIUA Keiichi Suzuki was in charge of organizing the TIUA booths and performance. These featured a Japanese food booth, a children's craft booth, and martial arts performances.

During Thanksgiving vacation, seven TIUA students joined five Willamette students on the alternative break to Portland to work with the homeless. They went to a coffee shop run by Christians, had coffee and food, and had the opportunity to talk to many homeless people. They painted houses and covered windows so wind couldn't come in. ASTIUA President Akira Yamaguchi said, "It was very interesting. There were a lot of homeless families and women. In Japan, you don't see that. There are mainly just homeless men."

Jim Metz

During their ten months in America, the 92 TIUA students participated in Willamette activities such as Black Tie and Freshman Glee as well as organizing events such as the Harvest Festival and the International Extravaganza.

Yamaguchi continued, "Volunteer work is not so common in Japan. Also, it was interesting to see Christian people helping the homeless. In Japan, after World War II, we don't generally have a religion."

In addition to the planned activities, TIUA also established a number of different clubs. "There is an emphasis on clubs in Japan and they carry it on over here," said Mayhew. All the students were encouraged to participate in two different clubs. Club interests ranged from basketball to martial arts and volleyball.

Over summer vacation, all the TIUA students move into "Hotel Kaneko." They have a summer semester where they spend a month and a half in classes, and then most of the students travel different places in the United States. A major event and a kind of closing of the TIUA year was the Christmas Party held on December 2. There was a variety of activities, including dancing, performances by the TIUA Dance Team, a magic show, a game of True or False, and the presentation of awards.

TIUA will hold an auction to sell the things that they cannot take with them. It will be held tonight in Kaneko's Auditorium. The Closing Ceremony will be held on December 16 at 6:00 p.m. Tickets are free, available on a first come, first serve basis at the main office of TIUA.

Three TIUA students will return next year on scholarships as Willamette students. Those students are Ai Matsushima, Yukiko Takezaki and Noriaki Kimura. They were chosen through a process of a written essay exam in Japanese and English and a personal interview in Japanese. About 40 students took the exam. Of the five who passed, three accepted the offer to return.

Matsushima said, "Before I came to TIUA, I always thought that I wanted to go to some American university. This was a good chance for me to do it. I like the Willamette campus and its educational system."

There are mixed opinions from the TIUA students regarding the return to Japan. "I am sad to go home because I may not see my American friends again. I want to come back, but it is so much money," said Daisuke Uzuhashi.

Yamaguchi said, "Before coming here, I worried about American people because I couldn't speak English and I didn't understand

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Dennis Miller show on hold

by Erik Holm
Editor

Dennis Miller, who was tentatively scheduled to appear at Willamette next Spring, may not be showing up at all. The contract to pay Miller is stalled on its way to President Hudson's office as administrators try to figure out "how this [contract], administratively, was ever allowed to happen."

According to ASWU Vice President Willie Smith, the $30,000 Dennis Miller contract between ASWU and Miller's agent must be signed by President Hudson.

"The contract has been slowly making it's way up the administrative ladder over the last week," Smith told senators at last night's senate meeting, "And I talked to [Tennant] today, and he told me he hadn't taken it to the president yet. He said he wanted to meet with Cesie [Delve-Scheurmann, director of Student Activities] and Michelle [Howell, assistant director] to find out - and I quote - 'how this, administratively was ever allowed to happen.'

"I asked him if I could sit in on this meeting, as it was ASWU funds they would be discussing, and he told me that that would not be appropriate," Smith told the senators.

"I told Stuart that I didn't think that was fair, and he said, and I quote again, 'Willie, you don't understand, whether it's student fees or not, if there's a financial risk, it's our responsibilty.'

"To me, what the Vice President of Student Affairs is saying is that ASWU is not an autonomous body, that we do not have the power to govern our own affairs, and that our money is not our own, that it's the university's money.

"I believe that this goes against our constitution, I believe it goes against

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Moving across campus proves increasingly difficult

by Dan Metz
Contributor

The office of Residence Life (ORL), citing logistical problems for Resident Assistants around finals, paperwork overload for the office, and additional wear and tear on rooms, has made it increasingly difficult for students to move at the semester. When students sign the on-campus living agreement, "it is for the entire academic year," according to Cheryl Todd, Assistant Director of Residence Life.

In years past, students have had the option to change their assignments at the semester if they were dissatisfied with their current situations. Now, in an effort to cut down on across-campus moving at the mid-year, ORL has decided to enforce the contracts differently.

"It sounds different, but essentially it is not. All we're trying to do is cut down the number of non-essential moves," Todd said. "Last year, fully one-third of the campus population (over 400 moves) moved at the semester," she added.

The new enforcement of the contracts gives Resident Directors (RD's) complete authority in the decision to allow students permission to move at the semester. If students have difficult living arrangements (blatant roommate conflicts, or hall problems), the RD's can request to ORL that those students' assignments be changed.

Casey Sims, a sophomore living in Lausanne, has a roommate who is leaving for an abroad program. Sims wants Jason Tarman, a high school friend and freshman living in upstairs of Phi Delta Theta with a TIUA roommate, to move in with him for next semester. To Sims, it seems automatic to put them together, but ORL sees it in a different light. "When two people both don't have roommates, it's logical to put them together if they want to be. The policy even says that I can choose a new roommate but now they won't let me do that," he said.

"This is a policy that once again, students weren't consulted with before it was made and I think if they were consulted, there wouldn't be as many problems as we are seeing," ASWU Vice President Willie Smith said.

Jamie Peters, RA for second floor Lausanne, disagrees with the new enforcement. "I'd just as soon let people move if they want to. Having no say in who gets assigned to your room creates problems after you have been used to a given lifestyle for your room and your hall for a semester or more."

Freshmen Athan Stephanopoulos and Thatcher Moyle have had no problems getting a new room assignment after what they described as a semester-long nightmare in the second floor of Phi Delta Theta. Recently, after a party, an intoxicated guest walked into their room, mistaking it for the restroom and urinated on Stephanopoulos' bed. "This incident was the straw that broke the camel's back because it was a build-up of an on-going struggle in coping with this environment," said Moyle.

The two immediately spoke to their RA about the possibility of moving out and scheduled a meeting with the RD of Baxter. The RD was "very accepting and helpful, Stephanopoulos said of helping them find a new residence hall assignment. "I think the move will help us focus on our studies more and be a positive change for us," he added.

Tom Butler, ORL Operations Assistant said, "there is room for student input on this. We're just looking for the most fair and consistent way for everyone."

WHAT'S INSIDE...

Free speech, harassment collide on campus

by David Moore
Associated Press

Free speech issues have collided on the University of New Hampshire campus since sexual harassment charges were filed against communications professor J. Donald Silva two years ago.

The university suspended Silva without pay after a series of hearings and appeals. But he sued for reinstatement, claiming his First Amendment right to freedom of speech and his rights to academic freedom had been violated in March 1992. He won a reprieve in September when a federal judge ordered him temporarily reinstated while the lawsuit was being decided.

University System of New Hampshire trustees last week settled with Silva, giving him $230,000 in back pay, compensation and legal fees. Silva also was permanently reinstated, and references to the sexual harassment charges were removed from his personnel file.

The fight inflamed a national debate over academic freedom and campus political correctness.

Supporters say Silva is a hero for fighting an administration that had wielded the sexual harassment policy like a club to enforce campus speech codes. Critics say Silva used the First Amendment argument to hide a pattern of offensive speech and actions that have nothing to do with intellectual freedom.

Michael Rosman of the Center for Individual Rights, a conservative public interest law firm in Washington, worked on Silva's case.

"Professor Silva prevailed because he was willing to fight for his rights," Rosman said.

He represents other professors who have been disciplined for violating sexual harassment policies because of classroom speech.

"I think other professors across the land can take heart that there's something they can do about the overzealous prosecution of sexual harassment on college campuses," Rosman said.

Duke University professor Stanley Fish, who has lectured on limits to offensive speech, said Silva has a history of making suggestive statements to students, and the university must address his behavior.

"This case had very little to do with First Amendment rights or academic freedom," he said.

Silva, 59, is a tenured professor at the Thompson School of Applied Science in Durham.

He taught there for 30 years before being suspended after six female students complained his classroom remarks constituted sexual harassment.

In one writing class, Silva compared focus in writing to the intensity of concentration during sex. In another class, he said, "Belly dancing is like Jell-O on a plate with a vibrator under the plate."

Other students complained about Silva's remarks outside the classroom.

One woman said Silva implied she and a friend were lesbians when they were in the university library. Another female student said Silva stood too close to her in a student lounge and felt he tried to intimidate her.

Yet another student said she overheard Silva use sexually suggestive sentences as examples when giving a student a spelling test in his office.

Silva said nothing is wrong with his teaching style and the university crossed the line from sensitivity into censorship by trying to be too politically correct.

"There has been a wave of righteousness and a crusade to use language to legislate a form of morality that's swept through college campuses nationwide," he said. "It's not healthy."

But University Systems of New Hampshire Chancellor William Farrell said the university has made no attempt to muzzle professors.

"I think this case was really not correctly perceived from the beginning," he said. "This is not a case of political correctness. It's a case where the panel viewed professor Silva as doing something inappropriate in the classroom."

Farrell said the university didn't violate Silva's legal rights and settled with him because it would have cost too much to fight the case.

"In this case, the settlement made sense," Farrell said. "But we are not backing off and will be just as intense with other sexual harassment cases."

DOE calls Rocky Flats U.S.'s most vulnerable nuclear site

A 28-volume report says two buildings pose serious safety threats.

Associated Press

The Rocky Flats nuclear site near Denver, Colo. is the government's most vulnerable, with 14 tons of plutonium stored in unsafe buildings, according to a U.S. Energy Department report cited Monday in the *Rocky Mountain News*.

A 28-volume report obtained by the *News* was compiled after visits to 122 facilities at 13 government nuclear sites nationwide.

The newspaper said the plutonium stored in two potentially dangerous buildings at Rocky Flats poses serious safety threats to employees and the public in the event of a fire, accident or natural disaster.

Rocky Flats, 15 miles (24 kilometers) northwest of Denver, produced plutonium triggers for the nation's nuclear arsenal until it was abruptly shut down in 1989 because of safety problems.

Before production could resume, the Cold War ended, and the plant's mission changed to environmental cleanup.

Calls to government officials at Rocky Flats by The Associated Press were not returned on Monday.

The report also scrutinized the plant's sudden shutdown, the News reported.

There were "no formal plans for a safe and orderly shutdown of operations," the report said. The plutonium stockpile was left in various forms.

Now corrosive and reactive, the plutonium is eating away at containers and generating combustible gases, the *News* reported.

The most vulnerable building at Rocky Flats is 40 years old and contains 11,000 liters of plutonium liquid stored in 380 plastic bottles prone to cracking and leaking, the report said.

The other storage building is structurally weak and contains 2,400 unsealed containers and 3,700 packages of plutonium.

Energy Secretary Hazel O'Leary is expected to release the report soon and ask Congress to fund safer plutonium storage, the *News* reported.

Other "significant hazards" were found at the Savannah River site in South Carolina and the Hanford site in Washington, the News said. The nation's 13 nuclear plants store more 28.6 tons of plutonium and more than 6,000 nuclear bomb triggers.

As political parties struggle, fledgling reform movement stumbles in Japan

Voters are skeptical of the New Frontier Party's claims.

by Peter Landers
Associated Press

The New Frontier Party would like voters to believe it offers a fresh alternative to Prime Minister Tomiichi Murayama's coalition.

But voters aren't convinced and it's not hard to see why.

The New Frontier Party, a union of nine opposition groups that will be formally launched Saturday, has spent the past week in a frenzy of old-style backroom maneuvering to choose a leader.

The top candidates seem to be former Prime Minister Toshiki Kaifu or Tsutomu Hata, another ex-prime minister.

To younger party legislators, the situation is a lot like old-style politics, where preserving face counted most and debate on issues barely counted at all.

"I think this is ridiculous," said Shigeru Ishiba, a 37-year-old New Frontier legislator who wants legislators to vote between Kaifu and Hata. "It's important to have a debate and then have each person decide with his vote who's best for the job."

The selection of the New Frontier leader illustrates how little Japanese politics has advanced since the upheaval 18 months ago when voters toppled the Liberal Democrats from power for the first time since 1955.

After 10 months, the Liberal Democrats regained power in a coalition with Prime Minister Murayama's Socialists. Now many analysts say the 70-year-old prime minister is less than eager to reform Japan's economy by cutting bureaucratic red tape, for example, or encouraging more creativity in education.

"The passion for carrying out reform is disappearing," says Terumasa Nakanishi, Shizuoka Prefectural University professor of politics. "It's become apparent that it's just a kind of power struggle going on."

Polls show voters have few expectations of the New Frontier Party but also are dissatisfied with the current ruling coalition.

Reluctantly the various parties that are joining the new party have been dissolving themselves in recent weeks; on Monday the Clean Government Party ended its 30-year history but, in a sign of its reluctance, kept its local legislators out of the New Frontier Party.

Quite a change from the summer of 1993 when when a coalition led by reform-minded Prime Minister Morihiro Hosokawa took office.

Younger politicians were suddenly all over the airwaves, promising "kaikaku," or reform. Kaikaku meant less government bureaucracy, open markets, a crackdown on corruption.

It promised worldly leaders who could deal easily with both American presidents and European prime ministers.

Within six months Hosokawa had completed two of the biggest reforms: opening Japan's rice market and passing anti-corruption laws including tougher campaign finance rules and a new election system.

But to more conservative Japanese, kaikaku summoned up their worst nightmares of Western society: unemployment, vicious winner-take-all economic competition, involvement in murky conflicts abroad.

Soon reform stumbled. Hosokawa was forced to quit in April in a cloud of scandal over his personal finances.

His successor, Hata, lasted just two months before the Liberal Democrats came back to power in June in coalition with their old rivals, the Socialists.

What makes Japanese politics so confusing these days is that no single party really represents reform, even though no party dares to publicly oppose reform.

The New Frontier Party talks about shaking up Japan's ruling circles by severing the corrupt links between bureaucrats, politicians and business. But it has offered few specifics.

"At a stage when everyone is just talking about how they'll implement reforms, it's pretty hard to tell the difference," concedes the New Frontier Party's top strategist and power broker, Ichiro Ozawa, who at 52 is the youngest leading politician in Japan.

Real debate over policy has virtually disappeared.

Prime Minister Murayama, the leader of the Socialists, illustrates that point: in order to keep his coalition with the conservative Liberal Democrats stable, he abandoned all of the Socialists' left-leaning policies, such as opposition to Japan's military.

"Japan must appear truly strange to foreigners," said Ishiba in an interview. "Here we have a Parliament that is totally incapable of debating defense issues or foreign policy."

Opposition leaders say they want a general election early next year, but Murayama has repeatedly said he does not intend to call elections any time soon.

The only immediate threat to the prime minister comes from rebels in his own Socialist party, who want the party to dissolve itself and become a broader-based "liberal" third party that would give voters an option besides the Liberal Democrats and the New Frontier Party. But the movement has failed to pick up steam so far.

Israeli killed

MARJAYOUN, Lebanon - Iranian-backed guerrillas killed one Israeli soldier and wounded another in south Lebanon on Tuesday as U.S. Secretary of State Warren Christopher began a new Middle East peace effort.

Lebanese security sources reported the attack, and the Israeli military later confirmed it.

The security sources, speaking on condition of anonymity, said guerrillas detonated a roadside bomb near Beaufort Castle, built in the Middle Ages by the Crusaders, as an Israeli army patrol passed.

The sources said the two Israelis were airlifted by helicopter to Rambam Hospital in northern Israel shortly after the ambush. The wounded soldier's condition was not immediately available.

Later, Israeli helicopter gunships and artillery fired on ravines and suspected guerrilla trails near the ambush scene near the security zone.

Rebel Serbs, Croats sign agreement

KNIN, Croatia - Croatia and its rebel Serb minority signed an economic agreement Friday touted as a framework for normalized relations. But the worst Serb-Croat clashes in months cast doubt on the pact's chance for success.

The agreement calls for restoring water and electricity supplies and reopening oil pipelines and the highway linking Zagreb, the Croatian capital, and the Yugoslav capital Belgrade. Two sections of the 360-kilometer (220-mile) highway are controlled by Croatian Serbs.

Overhaul called for

MEXICO CITY, Mexico - Newly-elected President Ernesto Zedillo sent Congress a set of sweeping proposals Tuesday to clean up a corrupt judiciary, boldly moving to calm a nation rattled by assassinations, drug wars and armed rebellion.

"We Mexicans need, want, demand and merit an efficient system of justice," Zedillo announced Monday.

The reforms, announced just five days after Zedillo became president, represent a daunting challenge matched only in scope by the free-market reforms of Zedillo's predecessor, Carlos Salinas de Gortari.

Zedillo called for reshaping the nation's Supreme Court, overhauling corrupt police forces and ensuring crimes are fully prosecuted and that poor Mexicans receive free legal defense.

The president planned his first working lunch Tuesday afternoon with all 500 members of the Chamber of Deputies to exhort swift action on the first initiative of his six-year term.

The unusual meeting with congressman showed Zedillo appeared intent on curbing the near absolute power of the Mexican presidency by strengthening the legislature and judiciary branches.

Compiled from Collegian Wire Services

McCowen makes history with new position as chair

Professor of History George McCowen, who has been at Willamette for 28 years, teaches American Colonialism and Intellectualism in the history department. As chair of the newly endowed History Department, he plans to bring historians to lecture on campus.

by Anna Johns
Staff Writer

The class may be full for next semester, but don't worry. American history is guaranteed to be around Willamette for quite a while thanks to an endowment by a former administrators' family.

Dr. George McCowen was chosen to fill a newly created spot as an endowed chair funded by the grant to the history department.

An endowed chair "insures there will always be a position in American history for a senior professor," said McCowen. "The stipulation of the chair was that I was to occupy the chair until my retirement. Then the department would choose a new one."

McCowen is a professor of American Colonialism and American Intellectualism in the history department and has been at Willamette for 28 years. He got his Bachelor of Arts in Tennessee at the University of the South and his Ph.D at Emory in Georgia. McCowen has also taught American and British history, humanities courses and World Views while at Willamette.

Mildred Wilcox Whipple established the chair this year as a gift to Willamette in honor of her brother-in-law, former Vice-President of University Relations E. Jerry Whipple.

McCowen was unaware of the endowment until this past summer when President Jerry Hudson informed him of it at a luncheon with Whipple's family. "It was something I never expected," he said.

E. Jerry Whipple was an administrator at Willamette for over 25 years, starting out as the Director of Development in 1955. He then went on to become the Director of Alumni and Church Affairs, then as Assistant to the President and to Vice President of Student Affairs before his resignation in 1972. Whipple was asked back to Willamette by President Jerry Hudson in 1982 and was appointed to the Board of Trustees and positioned as the Vice President for University Relations, a position he held for seven years until his retirement in 1989.

An article in the March 9, 1972 issue of *the Collegian* quoted Bill Bonnet, former Student Body President, commending Whipple for his "compassion in an age of ruthless power."

Bonnet was also cited as saying, "There is no way of knowing how many students have been helped financially directly, and always anonymously, from Dr. Whipple's own pocket."

The publication put out by the Office of University Relations said, "The annual income earned from an endowed chair at Willamette generally supports a professor's salary and associated payroll costs and benefits, and provides support for approved academic activities."

McCowen hasn't "worked out the details," but is looking into bringing "outstanding American historians" to Willamette, geared for certain history classes. He is planning to call them the "Whipple Lecturers." McCowen has brought in lecturers before, but never on a Willamette endowment. The Whipple endowment would allow for more visitors in the history department, once approved by the President's Office.

A taste of snow

Sophomore Summer Boslaugh got a taste of Oregon winter last Monday night during the year's first snowfall. The snow, which dusted the campus with three to four inches of white precipitation, inspired many students to abandon their studies and frolic amid the flakes. Snowmen and snowball fights reigned supreme for the evening, although a Tuesday rain storm washed away most traces of this temporary winter wonderland.

Miller: Comedian's show on hold

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what student government is all about, and I am very upset about this. For a Vice President of Student Affairs to make this comment, whether it was off the cuff and he was in a hurry, or no matter what the situation, is just plain wrong."

After the senate meeting, ASWU Treasurer Kate Kenski agreed with what Smith had to say. "I'm extremely concerned that student autonomy is not being fully recognized," she said.

"We are young adults, not children. If the university truly believes that college is a learning environment, then they need to respect our autonomy and decisions. ASWU money is student money, and is for student use only."

Think you have to show your parents your grades?

A federal law guarantees that students' grades stay confidential, even from parents.

by Lydia Alexander
Staff Writer

Occasionally, students' long winter naps and visions of sugarplums are cruelly interrupted by nightmares of how their parents will react when Fall Semester grades arrive.

These students might be relieved to know that they alone have the right to see their grades and other academic records kept by Willamette, according to federal law.

Students can also request that the registrar send their grades to any address they want, including their mailbox on campus.

Often, since grades are automatically sent to students at their permanent addresses, students assume that the grades are being sent "home to their parents."

This is not true. Registrar Paul Olsen noted that his role as registrar is to send grades addressed to the student at the address the student requests, and that he is also unable to share grade or transcript information with any student's parents.

"Grades are never sent to parents. Federal law prohibits us from doing this," said Olsen. "I send grades to students at their permanent addresses, which is often the home of their parents. However, the grades are addressed to the students, never the parents."

Legally, parents have no right to see your grades or transcripts; they are your property, and strictly privileged information. Reality might be a different story. "My parents would flip out if I told them they couldn't see my grades," said Freshman Andrea Genereux. "They just wouldn't pay for next semester."

"I think if your parents are paying for your education, they expect to see your grades," said Sophomore Jenny Jones. "My parents would disinherit me if I didn't show them."

"In my personal situation, my parents have to know my grades, because it's my hide at stake," said Sophomore Brendan Hughes.

For this and other reasons, including the fact that some students may be at another address than their permanent address over break, students can request that grades not be sent to them at their permanent address by filling out a form available in the Registrar's Office.

Students have two options: either to send the grades to a different address than their permanent one, or to receive their grades through their campus mailbox.

These forms are still available right outside the Registrar's office in the Bishop Health Center, and they were also available at pre-registration.

The federal law that Olsen referred to is the 1974 Family Education Rights and Privacy Act, commonly referred to as FERPA.

The object of FERPA was to reform the record-keeping practices of primary, secondary and post-secondary schools.

Up until the 1970s, colleges and universities could legally maintain and keep all kinds of records on students, ranging from academic records to psychiatric, medical, and teacher observations.

These records were at the disposal of the schools, who could use the information in them to make placement and other decisions about students.

Legally, parents have no right to see your grades or transcripts; they are your property, and strictly privileged information. Reality might be a different story.

Often, parents were denied access to these records, but federal officials could demand and receive access to student records at anytime without the student's knowledge or consent.

As a result of these problems, FERPA was designed to limit access to records exclusively to school personnel and the parents of the student.

Schools were prohibited from making placement and other decisions based on information within these records without also allowing parents to have access to that information.

Federal agencies only had access to records if identifying information was removed.

FERPA was an important step in insuring the privacy rights of all students, but the part which most applies to college students is the Buckley amendment, which was proposed by Senator Buckley of New York.

This amendment reads that "whenever a student has attained 18 years of age or is attending an institution of post-secondary education . . . the rights accorded to the parents of the student shall be thereafter only be required of and accorded to the student."

According to commentary in the Congressional record on the amendment, "While emotional maturity is something that many people never achieve, the rights of adult citizenships are by and large conferred on Americans at age 18."

Thus, college students have the legal right to their school records, including enrollment status, grades, transcript information and psychiatric records that the school keeps.

Finals schedule changes necessary for Willamette

The finals schedule is an intricate puzzle, tying together classes across disciplines and among majors. The registrar's office has managed to satisfy just about everyone with the three time slots and spread out test dates, but with major curriculum reform imminent, *the Collegian* would like to suggest a timely change to improve every students' finals experience.

It is ridiculous for students to wait around campus and twiddle their thumbs for one final on the last day, but they have few options otherwise. Many professors do not allow students to take their finals early. Yet it is an inconvenience for students to be forced to hang around. It is not uncommon for students to have one final and it would be easier if it was possible to take that final on the first day, rather than the last.

A new finals schedule could be proposed and worked through in order to benefit everyone, professors and students. To make it work, Willamette would have to try using proctors. Instead of a professor giving the exam, a proctor could administer it. This could be done at several times in order to allow the students to choose when they take it.

Papers can be turned in usually anytime during the week, tests should be able to be done the same way.

Students need napping, relaxation courses

We did it in preschool and kindergarten and although we are much older now, we still crave them - naps. Just a short one each day to refreshen us is all we ask. But the problem is time. Willamette professors need to realize and understand that one nap a day would make a tremendous difference. Students cannot fit it into their busy schedules unless it is actually permanently written into day planners. So, *the Collegian* came up with a great idea.

Willamette should offer a course on relaxation and an exercise science class for activity credit called "Intro to Napping." The relaxation class, though more advanced than the other, would be greatly beneficial. Students could learn techniques to stay relaxed and how to relieve themselves of stress. Class periods and labs could be filled with exercises, such as meditation, storytelling and dreamscaping.

"Intro to Napping" would be more general. Each class would be held in a comfortable place, outside in the sun in the spring, library study rooms in the winter, and students would just sleep.

It may sound crazy, but students need a time to just do nothing. Amongst the other classes, work, homework and activities that most are involved in, sleeping does not fit in. For health and mental stability, however, a napping or relaxation class would be wonderful for students and most likely make the campus a happier and healthier place. We may be in college, but we still need scheduled nap time.

You = mathematical miracle

From the Editorial Board

Erik Holm

Freedom is a good thing. I feel there are some things that need to be said; this is a freedom. Freedom is being able to capitalize on your strong points, or not, if you choose. We have the freedom to think what we want, but we must secure this freedom by making sure that those who come later think better and faster and more. Go with me on this...

Even though we all have our little problems, we should count ourselves among the lucky. We are here, given a chance to do something worthwhile. Think about babies and getting pregnant for a second. Men ejaculate thousands of times in their lives and each time there are thousands of sperm, each very different (biologists, tell me when I'm wrong). Women ovulate hundreds of eggs in their lifetime, each very different. There are millions of billions of combinations (mathematicians, tell me when I'm wrong) of possible offspring between a single man and woman, and billions of trillions of combinations when you think of all the possible matches of partners in the world. So what this is saying to you, you with your unique genetic code, you with that distinct individual makeup, you - according to the laws of probability - should not exist. The mere fact that you are here is almost a mathematical impossibility. I say that you are a miracle. We are all miracles. We shouldn't be celebrating one birth this month (those of us who do celebrate that birth, I mean... the rest of you just nod and work with me for a moment here). Celebrate life in general. Two thousand years ago, a miracle was born with a Jesus complex and blue streak, and he still has people listening to him talk today. Is the miracle of his birth worth celebrating more than the miracle of your own existence?

Don't sit back and watch the world go by. Nature doesn't discriminate, and, even without nature, you could be gone in a flash and a bang and a mushroom cloud. We're pretty insignificant even in this corner of the galaxy, in our own solar system, on our own planet (astronomers, feel free to jump in any time here). The point being, we could blow ourselves to heck-and-back and the earth would still be here. Screw saving the planet; the planet doesn't give a rip. Save ourselves... we might evolve into something worthwhile some day. And you can help.

Some people make the movies. Some people criticize. Make a movie. Make a movie that you wouldn't be afraid to show your mom, and your kids, but especially your kids. Make one that people would like to watch. This would set you apart.

Most people's movies are about being selfish and petty. Why don't more people feel good making others feel good? Many people seem to revel in hurting other people's feelings. When someone looks at you walking down the street, do you look back? If they smile, do you? Do you avert your eyes or pretend that you don't see them? I don't get it.

It's nice to have people around to help you out when you need it. I try to be around these types of people. Egos are too big and too many people swing theirs around like they are trying to hurt people. There is always going to be someone bigger, smarter, faster, taller or better looking than you. Who cares? There isn't a single person on the planet better than you at being yourself. I think people should know that. I think people should teach their kids that, right after they teach them about the earth not discriminating and so neither should you my impressionable young child.

The other things we should teach our children, as they gather at our feet in the Christmas Future, are of life's lessons and of the mud of ignorance. Get your head out of the mud baby, someone once said. Be flowers in the mud, baby. Dream out loud, so the flowers still under the mud can hear you singing of the freedom of an open flower, of an open mind. There are other flowers; find them and sing of your fear and disorientation. Spoon your confusion into the cup of a nearby flower, into the calm of your neighbor's navel, but keep your roots where they belong, feeling the sadness of ignorance and hate beneath you. When other flowers invite you in, pour your soul into them, hook up a lifeline and turn to face the sun together.

This is a bit ramble-atory. It is so clear in my head. I wish I could share moments of clarity like this with the rest of the world, to make up for the other times when I exact my revenge on the people of our planet for the confusion I feel when I am convinced that I know nothing. But of the ramble: take what you want, forget it if you think it's garbage. I don't think it's garbage.

THE WILLAMETTE UNIVERSITY
COLLEGIAN
The official student newspaper since 1889
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We encourage readers to submit letters and guest editorials. They should be sent through campus mail to *the Collegian* by Tuesday to receive full consideration for publication. Only signed letters will be considered for publication. Letters are limited to 350 words, typed and double-spaced. *The Collegian* reserves the right to refuse publication of letters and to edit for clarity and space considerations. All items submitted become property of *the Collegian*.

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First Salem snow provides much appreciated vacation

The Innocent I

Heather Hovde

Three people from my hall just stomped in. It looks as though they've either dyed themselves blue of joined one of the many snowball fight/parties springing up around campus. After all, it's 10 p.m., the perfect time to go out into 30 degree weather and play in the ice. Naked. I'm not raising an eyebrow.

Nor am I shocked that the strains of "The Love Shack" are echoing across the quad and through my window, which is not surprisingly, open to let in the snow. (Actually, I should say the window is open to let in more snow, since there is already snow in my hair, my shoes, and my teddy bear, which somehow ended up "sledding" down the hill with a friend of mine.)

I suppose at this point my article reads rather like a National Geographic documentary of "drunken revel #155," or even "the day they emptied Fairview." Just keep reading - it gets better, or worse, depending upon your point of view.

It's getting too cold in here to type, so I suppose I'll have to shut the window. Sure enough, I caught a few kamikaze bikers shooting along the sidewalk, only to slide gleefully to a halt three inches before a group of well-bundled women. Of course, the women pay them no attention, since they're quite occupied making snow angels, not to mention spitting out stray missiles from the snowball battle raging directly over their bodies. A two-foot snowman looks on benevolently through his sunglasses. He appears to be wearing a turban.

One could, conceivably, overlook the gradually multiplying cluster of students skipping arm-in-arm across Jackson Plaza. It could even be possible to miss the laughing, screaming, singing, and yodeling (yes, yodeling) which fill the air for several square miles. It is not, however, possible for even the most observationally impaired person to miss a snowball in the face, which is what it would take for anyone not to realize that something unusual is happening here. One question remains, though. What exactly IS going on, anyway?

Unlike Christmas, Thanksgiving, New Year, and even Halloween, the first snow is as unpredictable as it is unfettered by tradition. It comes when it pleases, lasts as long as it pleases and defies any kind of planning or ritual.

Have the students at Willamette University gone collectively mad? Certainly. Have we gone mad because of five inches of powdered water? Probably not. Even Willamette students need more excuse than that. In fact, the mob scene here is reminiscent of a Dionesian festival. Replace mufflers with garlands and hoods with laurel leaves, and what we have here is a Spring festival worthy of inclusion in Glee. One day per semester, possibly fewer, every student is entitled to a few hours of complete insanity.

Whether you've spent half the mornings of your life cursing at chest-high drifts or ploughed sludge, or, like me, snow is something you see on Christmas cards and go to the mountains to visit, the first snow is a universally acknowledged holiday from reality.

Spring may not pulse in our collective blood in December, but the wintry transformation of our world incites the same flash of dynamic energy. Perhaps this energy is made all the more explosive by the fact that we experience it in anticipation of the rest of sluggish winter. No matter what the source of its power, the first snowball is definitely a madcap Dionesian revel.

Unlike Christmas, Thanksgiving, New Year, and even Halloween, the first snow is as unpredictable as it is unfettered by tradition. It comes when it pleases, lasts as long as it pleases and defies any kind of planning or ritual. The only required response to new snow is to enjoy it as completely as possible for the precious hours it is still classified as "new."

Even if it sticks, which it may not, the magic of the first snow only lasts a short time before it becomes a duty to shovel and trudge through. Therefore, it justifies any amount of craziness. After all, it won't last long enough to become a habit and destroy society.

So go ahead, slide down the hill singing the B-52's - it's not really much of a leap from snow angels to blue robes and Handel's "Messiah."

Holiday wish list for Willamette

Colloquial Yokel

J. Markham Furman

With the end of the semester rapidly approaching, I thought it might be nice to take time out from my caffeine-fueled scramble to finish my course work, a result of mortgaging my future over and over and over again, and draft my holiday wish list for the Willamette community. If we are all lucky, Jerry Hudson's uncanny resemblance to one S. Claus is not just another one of my amusing hallucinations.

For the club president with a daunting phone list - a campus voice mail system! Imagine the time that could be saved if an afternoon of phone calls could be condensed into one message distributed via the wonders of modern technology to everyone on the organization's mailing list.

For the lovers of fine beer and jug bands who would like to see the Bistro someday turn a profit, nothing pleases like a tap and liquor license. Also good for the student who would like to see more student money reinvested in student employment. Upcoming University Center renovations could make this wish a reality.

In a similar vein, the long abandoned Matthews Hall kitchen has micro-brewery and pizza joint written all over it. A slice of piping hot pie and a tall glass of Beercat stout. Mmmm.

For the residence hall community, I wish for an end to marijuana prohibition and a lowering of the drinking age. Imagine a world where RAs are free from the ridiculous and cumbersome role of disciplinarian to act as peer educators, student advocates, and campus resources.

For the ASWU Senate - a will to power. After a semester of demonstrating just how impotent a student government can be, they are preparing to ask the student body to change the titles of Secretary and Treasurer in order to make those positions Vice-Presidencies. Not much of an accomplishment in this observer's opinion, for an organization that stills lacks any real separation of power from the executive branch. Senators, how has it felt to be on strings all semester long?

Maybe the magic of the holidays will help you grow a collective spine, represent your constituents, few of whom I imagine give a damn what the positions are named, and demonstrate some leadership for a change.

For the grounds crew with everything, a campus ban on pesticides, insecticides, and fuel burning devices is a sure winner. A return to more labor-intensive methods would not only be cleaner for the campus environment, but the money saved could easily finance more grounds crew jobs for students and members of the Salem community. Everybody could win!

Finally, a friendly holiday reminder to both the naughty and the nice not to drink and drive. This time of year has a tendency to claim more than its fair share of our brothers and sisters, a situation exacerbated by eggnog and inebriated good cheer. Take care, enjoy yourselves, and give your grandmother a great big kiss for me.

Hairdressing art, barbers enhance conversation

John Paciorek?

Matt Missel

FOOL: Yes, Voltaire. A wonderful author, and his work still manages to remain a simultaneous paradox.

WISE MAN: Most paradoxes are.

WRITER: And yet they aren't ironic, isn't it? But all this is simply playing with words, as ignoble a profession as there has ever been.

FOOL: On the subject of professions, there is something which has been nagging at me for quite some time-

WISE MAN: (interjecting) Have you ever considered divorce?

FOOL: That I will choose to ignore; but there is a question I must ask, one prompted by some recent misfortunes my head has undergone, and that is: would either of you consider hairdressing a reputable occupation?

WRITER: Oh, I'm sure it isn't. Done well, it's art. Done poorly, it's tragedy. Variously, it's a job, a pursuit, or an attempt. But a reputable occupation? If hairdressing becomes reputable, how much longer until manicurists become icons?

WISE MAN: I must concur. Hairdressing is art. Consider: tools, a goal, a subject, and a message. What else is necessary? Your hairdresser is an artist, your scalp a work in progress, and your fee patronage. Yes, it's art: every head a canvas, every scissors a brush.

WRITER: Every head a notebook, every scissors a pen. Why, the hairdresser is nothing less than a common, everyday metaphor for art. Thusly, the respect shown to hairdressers these days is grossly out of proportion to their worth.

These people are available at your whim, a fact which debases their purpose and is entirely wrong. Entirely wrong.

One shouldn't make appointments, one should be called. Really, the preponderance of common folk who regularly attend the hairdresser is quite unnerving. It is the overabundance of such people that makes the whole thing so insufficient. The masses are a perfect example of the law of diminishing returns in action - two or three of them go a long way.

WISE MAN: All true, perhaps, but the "common" element you mentioned is what worries me most. Did you know that just yesterday I saw Wilson walk in for a cut? I doubt he's ever heard of Camus, and I know for a fact he's never even seen a Magritte. Such a vulgar character.

FOOL: Yes, and all the more vulgar for not admitting it. But what of barbers? Are they not artists as well?

WRITER: The word barber, I believe, derives directly from the word barbarian, and therein lies the state where I would like to leave those pretenders to the throne. The closest they come to art is the so cleverly named barbershop quartet, a quaint and faintly populist (how unpleasant that word tastes on the tongue) procedure (for it is an ordeal) which invariably loses its charm as soon as the first singer opens his mouth.

Nevertheless, some of our finest failures attend barbershops regularly, so I suppose such harsh words serve as nothing more than redundancies.

You, though, (addressing FOOL) would probably have done well to have skipped your appointment, for your head now has all the confrontational slants of a Picasso with none of the redeeming symmetry of a Manet.

Above the neck you are a cubist's delight. I believe I have even spied, for the first time, that troublesome nude who is always supposedly descending the staircase. She is at present directly above your left ear.

WISE MAN: I would decree that post-modernism should never be practiced in a chair, much less indoors during broad daylight.

The results are evident: the aesthetic value of this town cut in half by the slip of a scissors. (rising, putting on his hat) But who's to say it's not art?

WRITER: Myself, I'm not sure. For the two of you, though, I'm afraid the question is a moot one. That angry mob outside the door has got culture in the past few days, and their virgin brains are brimming with aesthetic images. Sadly, I believe nothing short of a good beheading will quiet them down. Art needs its sacrifices; my best wishes to you two as you perish, unvolunteered martyrs for an unclear cause. Few things are more awkward than a violent death, but to die violently *and* out-of-style is a fate worse than Catholicism. I can't keep you two any longer. Consequences await!

Greek rush changes for spring

by Joe Findling
Contributor

Spring rush for 1995 will feature many changes from the previous years, designed to make the rush process more convenient for the rushees, as well as the Greek houses.

Rush week, probably one of the busiest times during the whole year for anyone in a fraternity or sorority, will begin as soon as students return from Christmas break. It is the process by which freshmen, incoming transfer students, and anyone else interested are invited to the Greek houses on campus in order to give those people, deemed "rushees," an introduction to Greek life.

The houses hold events for rushees during the week, and by the weekend, these students will either decide to join a house, wait for a while, or just stay independent. It is the culmination of much work and preparation on the part of the Greek houses, as they need new members in order for their respective houses to continue to function.

Major changes were implemented in fraternity rush, mainly focusing on giving the fraternities more autonomy and less formalized structure to follow in the rush process. Rush week used to take place during the Fall in the first few weeks of school, until it changed in 1991 to the Spring, in order to give freshmen a chance to adjust to college life first. Although rush week changed to a different time, the structure remained the same, geared towards a short time period where rushees meet as many people as they can.

"We're trying to focus on rushing guys in the fall rather than spring now. A house can't just sit back and wait for guys to come to them," said Chris Frazier, the Willamette University Inter Fraternity Council (IFC) Rush chair. Frazier added that the rush process occurs "365 days a year," and fraternity rush at Willamette should be more conducive to that idea.

As in the past, rush week is still divided into four days, starting on Tuesday for fraternities and Wednesday for sororities. Formerly, all men participating in rush would be required to visit all six fraternities on the first day, four on the second, and no requirement on the third day. Additionally, men would be put in groups for the first night, to be led to all the six houses for a set amount of time at each house.

This year, IFC has eliminated those rules, allowing rushees to go to as many or as few houses as they desire. The fourth night remains the board signing night, when the rushees are allowed to join a house and become a "pledge."

Sororities, while still keeping the same basic structure, have also decided to scale back on a few activities, in order to make rush "more of a natural process, and less of a production," according to Cirith Anderson, Panhellenic Rush chair. "We've toned down the decorations, singing and costume elements of the week" to make rush "more of a casual social atmosphere," she said.

The biggest change for the women is an attempt to scale-down the traditional "cattle run," the time during the final night of rush week that women are given their bids in the UC. Generally, the women run out of the building to their respective sororities while a large gathering of individuals outside the UC applaud, laugh at, or insult the procession. This year, all the sorority women will wait outside their houses, rather than meeting the rushees outside the UC, and groups of women will be calmly walked to the houses by a rush counselor.

Rules for giving bids, which is a request to join a particular Greek house, have also changed for fraternities. Bids may be given out as soon as the preferenced individual returns to campus after Christmas break, while before they could not be made until the morning of the fourth day of rush week.

"These changes were made to give the houses more flexibility," said IFC President Morgan Allen, "so that they can rush who they want to, how they want to. Also, it's more laid back for the rushees," to create a less intimidating environment. "We're trying to get rid of the impression of elitism among fraternities," Allen said. Since the rushees no longer have required activities to attend to get a bid, they should be inclined to attend an event based on interest rather than requirements.

"Rush is set up to show the benefits of the fraternity system," Frazier concluded. "By providing incentive to rush, we're showing guys that its something they need to look at." Frazier said the benefits of going Greek are leadership, philanthropic and scholarship opportunities, indicating that signing a Greek house is "something we think can benefit their lives."

While there is no mandatory sign-up process for men seeking to rush, women must fill out applications that are available tonight until 11 p.m. at the UC desk or Office of Residence Life.

Psychology class alcohol survey findings released

by Heather C. Anderson
Staff Writer

A sample survey of 170 underage students reveals that 80 percent of those surveyed have consumed alcohol at some point, that the number one reason students drink is for recreational and social purposes and that the number one place students drink is at friends' homes.

The survey, conducted by the Psychology 430 Research Methods in Clinical Psychology class, was part of a project dealing with students' drinking behavior.

Wednesday night, five members of the class presented their findings in the Hatfield Room. Their "Alcohol Use and Attitudes Survey," integrated questions concerning peer influence, parental influence, age, class, self-esteem, height, weight, sex, extra-curricular activities, grade point averages and religious affiliation to determine behaviors and attitudes toward alcohol.

According to the class's findings, the views of a person's friends influenced how much the person drank. Parental influence also played in students' alcohol behavior and attitudes. Class members found that, generally, parents' negative attitudes toward alcohol meant that their children drank less. If and how much parents discussed their views about alcohol directly correlated with their childrens' attiudes about alcohol.

However, students' consumption of alcohol was inversely related to the amount of alcohol consumed by their mother. Survey results revealed that if a student's mother drank a substantial amount of alcohol, the student's consumption would be considerably less. Conversely, if the mother drank little, the student would drink more. Self-esteem was predicted to be a large factor in alcohol consumption by the class members.

The class members stressed that while different factors could not be labled as casualities of alcohol consumption, there were definite correlaries between certain activities and alcohol consumption by minors. For example, one could not state that those who participate in sports are more likely to consume alcohol, but the survey shows that those involved in sports consume more alcohol than those not involved in sports. Similarly, those with higher grade point averages were shown to drink less than those with lower g.p.a.'s. Again, causality could not be proven even though correlations were made by the class.

The implications drawn by the class members were that there needs to be more emphasis on peer influence programs, since peers are the biggest influence on each others to drink. Other activities are needed to deter students from drinking, said class members.

Circle K inducts 16 new members

by Heather C. Anderson
Staff Writer

Circle K more than quadrupled its official size as new members were welcomed as part of an initiation ceremony held earlier this week. The group, now with twenty members, was able to meet international Circle K membership specifications in the nick of time.

Fifteen freshmen and one junior transfer student were part of the ceremony, held Monday night at Salem's Black Angus restaurant. Other participants included community Kiwanis members as well as Willamette University Circle K officers and district officers.

> **"We have finally reached the numbers we needed to get back up to charter strength, that was achieved just the other day."**
>
> — Amber Lowitz
> Willamette chapter
> Circle K President

The festivities kicked off when President Amber Lowitz called the meeting to order; *America* and *O Canada* were sung and the Pledge of Allegiance was said, according to ceremonial guidelines. Lowitz said, "We have finally reached the numbers we needed to get back up to charter strength, that was achieved just the other day, as a matter of fact."

According to international Circle K guidelines, Willamette's chapter was in danger of losing its charter because it had been under membership specifications for the past two years. Fortunately for the continuation of the group, their twentieth member, freshman Mike Omeg, paid his membership dues and paperwork was sent in right before the Dec. 1 deadline.

Returning members of Circle K are all officers. They include: Lowitz; Vice-President Josh Norman, Treasurer Casey Teague and Secretary Lennie Freeman.

Teague said, "We owe a big thank-you, especially to our Kiwanian adviser, Kevin Joyce and his assistant, Jason Simpson. We also owe a big thank-you to everyone in the Capital Kiwanis, because without their talents...and efforts, we would never be where we are right now."

He added, "We hope that these new members will be able to carry on the strong relations we have with our sponsers, the Capital Kiwanis group."

Each initiate's introduction included both an anectdote and a short synopsis of his or her service involvment. After the initiates received their official Circle K pin, club members exchanged gifts that they had purchased as part of a Secret Santa activity.

"This is a great group and I think we're going to have a great year," said Omeg. "I've always been involved in community activities and Circle K looked like the group that I would work well with because of the people that are in it."

Circle K initiates include: freshmen Omeg, Shea, Paula Bell, Sophia Bickford, Jason Cammarano, Kevin Dix, Maureen DuBois, Sonja Gluhr, Kelley Gordon, Jennifer Grist, Sara Kelly, Alexis LaFlamme, Marissa MacDonald, Sarah Vandepeute, Karen Wycoff and junior Mac Rinehart.

Baroque music inspires prof

by Andrew Bernhard
Staff Writer

Susan McFadden, Assistant Professor of Theatre at Willamette, performed seventeenth century dance music of the french nobel court for a small group in Cone Chapel Wednesday. In her presentation, "Going For Baroque 300 Years Later," McFadden discussed her experience with the music from the 1690s.

McFadden became interested in the dance of the Baroque period last April when she decided that in the Spring of 1995 the drama department will perform, "Court Dances."

The performance will be in a tightly confined space and will be similar to those of the French Ballroom.

With the decision to put on "Court Dances" McFadden realized that she knew very little about Baroque music. She loves to study dances and explained, "I'm always interested in a new era." She decided that to really understand Baroque dance she would need to study it intensely.

McFadden immersed herself in Baroque last July at a Stanford workshop. For two weeks she learned from experts on the years 1643-1715, the reign of Louis XIV. She began to learn the new form of dance. She admitted, "I was extremely clumsy at the outset," but she quickly caught on. At the end of the workshop she performed a minuet with University of Massachusetts Amherst professor Billbob Brown. McFadden was overjoyed with giving the performance.

The Baroque dances were a new style for McFadden. She quickly learned that during the Baroque period the rules of ediquette were very specifically prescribed. Every action was dictated exactly and had to be followed precisely. It was staged and unnatural, yet the goal of Baroque dancers was to appear as natural as possible. McFadden said she could relate to the paradox of appearing natural unnaturally because of her experience with ballet. In ballet a goal is to appear to be using the least amount effort doing the dances that require the most effort.

Baroque dances also required that dancers maintain a prescribed distance apart. When dancers perform they are not to be physically close, but the emotion and passion of the dance is conveyed simply by the eye contact made between dancers. McFadden described Baroque dance as a "dance of the eyes."

McFadden demonstrated what she had learned by dancing a short minuet. She performed a short piece from an opera with sophomore Jeremy Teiserre. McFadden was adorned in an extravagant baroque dress while Teiserre was dressed more simply in just a seventeenth century jacket.

The dance included four parts. The introduction included a presentation before an imaginary monarch who was to watch the dance. They then moved into z position in which dances move apart in the shape of the letter z. Before returning to z position once again they, each presented the other their hands one at a time. They concluded the dance, presenting each other with both hands.

McFadden also played music of two other Baroque pieces. Allemande was a baroque song that conveyed feelings of tenderness. It used graceful movements of the arms to convey emotions.

The second type of piece she played was Bouree, which McFadden described as "wild and crazy." It was more lively and had a faster tempo. McFadden explained that it was used to convey the wind. There are also many other types of dance that were common in France during the Baroque period.

ASWU Senate Report

by Annette Wooten

In support of VP Smith and the Programming Board, Senate passed a bill this week that endorses the importation of big name entertainment to Willamette. Smith gave a fantastic presentation on the feasibility and possibility of bringing comedian Dennis Miller on campus. Many Senators were concerned with the considerable financial investment and risk, but Smith and the Programming Board hope to decrease some of the projected expenses and the possibility of financial return has not been ruled out. No contracts have been signed, but the performance is tentatively scheduled for Saturday, March 4. Ticket prices will range from nine to fifteen dollars.

The Constitutional amendments were finally passed, with the exception of one section, which provided for the creation of paid assistants under each elected ASWU officer. The main senatorial concern was that this clause did not belong in the Constitution. Accepted alterations included title changes of nearly every ASWU office.

Safety Watch

November 13-26, 1994

INJURY ACCIDENT / DUII

November 13, 6:27 p.m. (12th Street)- An individual driving a van crossed the railroad tracks and four lanes of traffic on 12th street then jumped the curb before coming to a rest on the grass between Sigma Alpha Epsilon and Kappa Sigma. The individual was arrested by a Salem Police Officer for driving while under the influence of intoxicants.

MINOR IN POSSESSION OF ALCOHOL

November 13, 12:25 a.m. (Sigma Alpha Epsilon)- A student was cited for having alcohol in an unauthorized location.

THEFT

November 15, 8:00 a.m. (Sigma Alpha Epsilon)- Unknown individual(s) stole the stereo that belonged to the House. Later an anonymous caller phoned the House Director and informed her where she could recover the stereo.

November 21, 10:30 a.m. (Walton)- A wall clock was stolen from a classroom.

November 21, 10:51 p.m. (Hatfield Library)- A student's purse was stolen from her unattended backpack.

CRIMINAL MISCHIEF

November 13, 11:28 p.m. (Doney Hall)- Unknown individual(s) sprayed the powdery contents from a dry chemical fire extinguisher all over the second floor men's restroom.

November 17, 12:46 a.m. (Atkinson Parking Lot)- Unknown individual(s) broke into a student's vehicle and damaged his ignition in an attempt to steal his car.

November 18, 2:55 p.m. (Kaneko Parking Lot)- A student's vehicle was damaged by an unknown individual(s) while attempting to enter it.

November 21, 12:05 p.m. (Atkinson Parking Lot)- An unknown person(s) forced an object into the driver's side lock of a vehicle in an attempt to gain entry.

November 23, 2:20 p.m. (University Center Building)- A student's locked bicycle was damaged and the brakes and shifting mechanism stolen.

November 25, 7:25 a.m. (Physical Plant)- Tires on four Maintenance vehicles and the University bus were punctured.

SUSPICIOUS ACTIVITY/ PERSONS

November 13, 4:05 a.m. (Belknap Hall)- A student reported seeing two skinheads riding bicycles out in front of the building.

November 18, 11:16 p.m. (Sky Bridge)- A visitor reported a suspicious individual walking across the sky bridge carrying what appeared to be a rifle under his shirt. Salem Police Department responded but was unable to then locate the individual.

November 20, 12:55 a.m. (Quad)- Report of two intoxicated women students creating a disturbance.

November 21, 10:46 p.m. (Law School)- A VCR was tampered with which sounded an anti-theft alarm.

November 21, 6:48 p.m. (Doney Hall)- Report of an explosion south of the building, possibly an "ice bomb".

November 21, 10:46 p.m. (Sparks parking lot)- Report to two intoxicated males yelling at a student.

November 22, 5:27 p.m. (Sigma Alpha Epsilon/Sororities/UC)- Report of an unknown male subject wandering around inside the building. Officers contacted him and he was given a trespass warning.

News Briefs FYI

WILLAMETTE & ABROAD

Rules for Spring registration

Undergraduate advance class selection day for the Spring 1995 semester will be held on Saturday, December 3 beginning at 8 a.m. Regulations do exist for this process to make it run effectively.

1. Students whose cards have not been signed by their advisors will not be permitted to enter at their appointed times, but will have to wait until 11:15 a.m. There will be no exceptions.

2. Students may not select more than 4.5 credits during Advance Course Selection (not including "X" courses). Students may add courses after that day, provided that you receive written permission from their advisor.

3. The Registrar is unable to provide "runners" for students who cannot register on Saturday, December 3. If a student will not be able to be at the Advance Class Selection on this day, it willl be necessary for them to find a fellow student or someone else to pick up their label(s). No official registration sheets will be released prior to the time printed on the schedule card. If a student shall agree to be a "runner" for a student, this does not give them the privilege of picking up both cards simultaneously unless times are identical.

Lessons and Carols in Cone

A Service of Lessons and Carols will offers the Willamette community a chance to celebrate Christmas at 11:20 Wednesday, December 7 in Cone Chapel. The *Service of Lessons and Carols* is a widely celebrated English tradition of the Advent and Christmas season which was begun around the turn of the century.

With birth of Christ as its central theme, the service will follow the tradition of proclaiming God's Word and following it with songs, readings, and prayers. Willamette's service will include performances by the University Chamber Choir, University Women's Choir and Male Ensemble. Scripture will also be read by members of the campus community.

Tickets are required and can be obtained from the Music Department or at the Office of the Chaplain which is located in Waller Hall.

Messiah tickets now available

Some people believe that Handel was divinely inspired when he wrote the musical piece "Messiah." In 1741, he wrote the piece within twenty four days, an amazingly short period of time. During a performance of "Messiah" in the early 1750's for King George II, the King stood up during the "hallelujah chorus" out of awe and respect for the music. This tradition has continued through the centuries, and it is still an emotionally moving moment as hundreds of people stand, awed by the power of the music.

On Sunday, Dec. 7 Willamette students and others will have the opportunity to see "Messiah" performed at 7 p.m. in Smith auditorium.

The Salem Chamber Orchestra, the Willamette Master Chorus, and the Chamber Choir are the three groups who will be performing. The orchestra and Master Chorus include members of the community, Willamette faculty members, and some Willamette students. The Chamber Choir consists of only Willamette students. The groups have been preparing for "Messiah" since October.

"I think it's going to be a great performance. The music is beautiful," said Nancy Weight, a violinist in the Salem Chamber Orchestra

There are four arias in the piece. Christine Meadows, from Portland, will be singing, as well as Valerie Macintosh and Kurt-Alexander Zeller, both Willamette staff members, and Dr. Wallace Long, Willamette's Choral Director.

Tickets are available at the UC and will be available for $1 at the door on Sunday. Those interested in attending are advised to come early, around 6 or 6:30 p.m., to purchase tickets and/or to find good seats.

Collegian to hire new editors

The Collegian is accepting applications for copy editor a campus events/calendar editor to take over the duties of the retiring Erin Duffy and Jennifer Shiprack at the semester.

Applications are available at *the Collegian* office, which is located on the third floor of the UC.

The copy editor is responsible for reading text on production nights and shoud be familiar with the *AP Styleguide*. The campus events/calendar editor's duties include compilation of the weekly calendar, layout of the campus events page. Previous experience with PageMaker is helpful.

Both positions require approximately 10-12 hours a week, mostly on Tuesday, Wednesday, and Thursday evenings. Call the Collegian office at x6053 for more information.

a semester-long journey: to boldly flunk like no one has flunked before. . .

finals frontier

Students enjoy love-hate relationship with caffeine

by Heather C. Anderson
Staff Writer

It can cause irritability, heart palpitations and may cause birth defects in fetuses. Despite numerous negative side-effects, however, caffeine has also been proven to keep tired college students awake.

For this and other reasons, this powerful stimulant - sometimes described as "the world's most powerful drug" - is alive, well, profitable and legal across the globe.

Caffeine is an organic compound found in the seeds or leaves of certain plants. It can be found in numerous mediums, including coffee, tea, cocoa, chocolate products and both over-the-counter and prescription drugs.

Many caffeine-lovers have long believed that consumption of the powerful stimulant is a non-harmful way to produce energy and stay awake.

Thousands of reports written over the decades, however, set out to determine exactly what effects, both positive and negative, caffeine has on the human body.

Caffeine is under suspicion for causing birth defects, cancer, migraine headaches, contributing to miscarriages, infertility, stomach ulcers, anxiety and depression. However, there is no proof that caffeine is the cause of these and other serious health defects.

With so many different surveys, results have uncovered some of caffeine's positive effects: it can relieve headaches, aid in the absorption of pain-relievers, enhance mental alertness and postpone fatigue.

In fact, according to *MacLean's* magazine, caffeine's ability to be an attention booster is so widely recognized that last June, the Washington, D.C.-based Institute of Medicine recommended that the U.S. military find ways to add caffeine to the rations of fatigued soldiers. On the other hand, the U.S. Olympic Committee considers caffeine to be a "performance enhancer" and routinely screens athletes for the drug.

"Personally, at times I feel psychologically addicted to it because I prefer to study under the influence of coffee," said freshman Clay Hill. "(Caffeine) is addicting," said junior Elizabeth Herrmann. "My doctor told me to cut down on it."

There is some controversy as to whether or not caffeine is addictive, but *Consumer Reports* magazine agrees with both Hill and Herrmann in its June 1994 issue when it reports that caffeine does create dependence.

Researchers at Johns Hopkins University found that people who had two and a half cups of coffee a day developed a caffeine dependency.

Those who were dependent and went without caffeine suffered withdrawal symptoms, usually headaches. In more severe cases, withdrawal from caffeine resulted in vomiting, nausea, diarrhea and runny noses, withdrawal effects similar to those experienced by former heroin addicts.

Willamette students have suffered from the adverse effects of caffeine - Kristi Taylor, a junior transfer from Humboldt University, said, "One year, I had an eight o'clock class and I drank coffee every day and then at the semester I tried to stop and I had a wad of headaches to deal with." Taylor recalled, "I took Vivarin one day because I'd been awake all night and I had to be awake and I almost puked my guts out."

Many students seem to share the same love-hate relationship with caffeine that researchers have had in the past, recognizing its negative aspects yet unable to ignore its subsequent virtues.

"Caffeine is great because it gets you going, but yet it's bad because you don't sleep well or like you should and it's addictive, but it's still wonderful. I love it," said freshman Charity Shea.

Junior Stewart Myers said, "You go through withdrawal symptoms. It's been proven. It's not good for you. It's addictive. And I can't get enough of it."

There is no doubt that caffeine consumption sells. Hardly a day goes by when the average American citizen does not consume a caffeinated food product, whether it be a chocolate bar, a can of pop or a cup of coffee or tea. Willamette students are no exception. "(Caffeine is) a part of my life because I eat chocolate and I drink Coke practically every day," said Taylor.

"I take a can of Mountain Dew to math class every day and I retain much more math now," said Hunter. "No longer do I sleep (during class) but my right leg shakes uncontrollably."

Espresso bars in particular have been a booming business in recent years, and the popularity of coffee and related specialty drinks has turned into a big business. "Well, I'm a big caffeine drinker. I have an espresso machine at home," said Nathan Holden, junior. "I drink coffee for its gustatory appeal and not its chemical effects."

With less than 200 specialty coffee shops five years ago, there are now over 5000 coffee bars in the United States, including Willamette's own Bistro. Starbucks, the leading coffee bar in the United States, (according to Consumer Report magazine) has almost 400 shops coast to coast, including one in downtown Salem.

According to the head of Starbucks, Italy has just over 20,000 coffee bars although that country's population is less than one-fourth of the United States'. The fact that the United States has four times as many people as Italy and yet has one-fourth the coffee bars is a very enticing concept to money-minded American coffee moguls.

Tired college students might be the lifeblood of this blossoming industry. Case in point: "It's terrible. I steal from my laundry money so that I can buy coffee," said sophomore Heather Wilder.

"Right before I came (to the Bistro) I pooled all my change and said, 'Cool. Yeah. I've got enough change for one cup of coffee and one refill. Yeah.'"

"It's my understanding that caffeine is a neuro-stimulant. It has the capacity to produce clear and crisp and powerful thought which makes it particularly addictive to college students," said Hill. "Caffeine differs from other drugs in that its effect has always been to enhance thought rather to distract one from thought."

CAFFEINE STATS

Coffee (per 6 oz)	
Decaffeinated	less than 1 mg
Instant	69-100 mg
Drip-brewed	80-175 mg
Espresso	60-120 mg
Cappuccino	60-120 mg
Tea (6 oz)	30-80 mg
Chocolate Milk (8 oz)	2-8 mg
Soft drinks (per 12 oz)	
Mt. Dew	54 mg
Coca-Cola, diet and regular	46 mg
Dr. Pepper	41 mg
Pepsi-Cola, diet and regular	35 mg
Milk Chocolate Bar (2 oz)	3-20 mg
Chocolate cake (per slice)	20-30 mg
Over-the-counter drugs (two pills or tablets)	
Vivarin	400 mg
NoDoz	200 mg
Excedrin	130 mg
Anacin	64 mg
Midol	64 mg

(Information from U.S. Food and Administration and various soft drink and instant coffee manufacturers.)

Cramming won't cut it:

Professor John Tenny offers study tips, dispels myths about last minute memorization attempts

by Charlotte Jones
Contributor

Finals week is drawing nearer, and the only thing standing between average Willamette students and the grades they dream of is their own study habits. According to Professor John Tenny, who teaches a course entitled "College Learning Skills," students only need a few choice study tips to bring home the grades that will make Mom and Dad smile as they as they go out to shop for Christmas presents.

Tenny has one piece of advice he deems very important: "Don't study right up to the last minute," he said. "Spending the last twenty minutes before a test breathing and relaxing will get you more points than last minute memorizing of dates and facts." Tenny claims there is a difference between studying for different types of tests. "You have to match your thinking to the different types of tests," he said.

An essay test should be studied for with ten distinct steps: First, find out how many items will be on the test. Go over class notes once, then make up essay questions. Try to make as many as will be on the test, keeping in mind the professor's style of test writing and trying to use the topics that are likely to be on the test.

Take a break, anywhere from 20 minutes to 24 hours. Do the same thing again; try not to duplicate any of the first questions. Take another break. Make a third test with different questions again, trying to think the way the professor would.

Put all of the questions on 3x5 cards and mix them up. Pick three cards at random. Note the time, and make an outline for all three questions in less than 10 minutes. Repeat this for groups of three cards for the rest of the study time. If possible, write out the answers for a few of the questions, take them to the professor and ask for feedback. One of the best ways to study is to make practice tests.

There are some important things one should try to find out before studying. It is helpful to know the format of the test (what types of questions), how much time is allotted for the test, and the purpose of the test.

The most important things to memorize are formulas; notes, on the other hand, should be used just as an aid.

The best advice, and the least often followed, most likely, is this: Don't cram. A person cannot learn at the last minute, they can only rehearse. Concepts are easily forgotten when they are studied at the last minute.

The last piece of advice from Tenny, but certainly not the least important, is to bring two pencils to the test, and if you can, a piece of candy to replace the energy you'll lose.

Deck the malls:

December shopping excursions can be stressful or enjoyable

Sights, sounds and smells of shopping

Patrick Gibbons

While holiday shoppers face hordes of people, long lines and flustered sales staff, the seasonal decorations and Christmas music add a festive touch to even a quick shopping trip. Many large department stores decorate in themes with elaborate displays.

Christmas traditions, international customs add spice to holiday season

by Brandy O'Bannon
Staff Writer

Most people are aware of the religious meaning of Christmas, but have you ever wondered where the traditions so closely associated with the holiday, such as mistletoe, Christmas cards and Santa Claus, originated from?

The World Book Encyclopedia describes the most recognizable figure associated with Christmas, Santa Claus, as a "distinctly American symbol."

However, most of Santa's habits, like coming down the chimney, were adapted from old European legends. Clement C. Moore, a minister and poet, first described Santa's suit and his reindeer and sleigh in his legendary "A Visit from St. Nicholas," later known as "The Night Before Christmas."

The plump, jolly version which most Americans identify as the classic Santa figure originated from Thomas Nast's nineteenth century magazine illustrations.

Many stories have surfaced regarding the origin of Christmas trees. Although details are sketchy, the custom of decorating homes and churches with greens date from ancient times. In more modern times, the Germans were most likely the first to use Christmas tree decorations. Although no one knows for sure, religious leader Martin Luther is considered to be the first man to use lights on a Christmas tree. Popular stories say Luther put lights on his tree to represent the glory and beauty of the stars above Bethlehem on the night of Christ's birth.

Charles Goodall & Sons of London were the first to sell Christmas cards on a wide scale in 1862. Elaborate, multicolored Christmas cards became available in America in 1865 when Louis Prang, a Boston lithographer, began selling his work both in the U.S. and abroad.

No one knows exactly how mistletoe came to be associated with Christmas festivities. It is only known that Druids, ancient Celtic priests, used springs of the plant as a charm.

Victorians were quite fond of using "kissing balls:" mistletoe and other plants from the outdoors, molded to form a ball and then placed high up on the ceiling in the entry of a home.

Christmas festivities vary greatly throughout the world. In Switzerland, young boys and girls visit nine fountains on their way to midnight church services on Christmas Eve.

Each young adult takes three sips of water from each fountain. If the children follow this ritual, according to legend, they will find their future husband or wife waiting at the door of the church.

One unique aspect of the British Christmas holiday is their celebration of Boxing Day, the day after Christmas. Although this day is usually reserved for sales shopping in the U.S., most families in Britain thoughtfully give money to the milkman, postman, and others who have served them throughout the year.

It was also in fifteenth century England that King Henry VII introduced the wassail bowl to England from Scandinavia. Wassail is a flavorful drink containing a mixture of hot ale, spices and toasted apples which has experienced a revival in the U.S. in the past few years.

Two gorgeous Victorian homes close to campus are holding free holiday open houses on the same day. Deepwood, an 1894 Queen Anne-style home, is located at 1116 Mission Street. They will be open on December 11, from 12 to 4 pm. Festively costumed carolers and authentic ornaments and decorations are just a few of the many treats this ornate 100 year-old home will be displaying. For more information call 363-1825.

Just six blocks down the street, Bush House, an 1870s Italianate-style home will also be elegantly decorated. Santa Claus will hand out candy canes in the library and cookies will be distributed in the dining room. Call 363-4714 for more information.

HOLIDAY SHOPPING TIPS

Associated Press

• Have a plan. This will help avoid anxiety and keep you from spending too much. Decide first who you want to buy gifts for and how much you want to spend.

• Avoid bargains that aren't. Become familiar with regular prices and compare quality and price so that you can recognize a true bargain when you see it. Be leery of savings claims such as "80 percent off" without knowing off of what.

• Ask about refunds and exchanges. Store policies vary. If the policy isn't posted by the register or printed on the receipt, be sure to ask. Some stores have special holiday policies; some provide gift enclosures for use in returning goods.

• Shop by mail with care. Be sure to place your order in plenty of time for delivery by the holidays. Read the advertisement or catalog carefully for the product description, delivery time and return policy. Look for a customer service number that you can call with questions or problems. Keep a record of your order, including the name and address of the company and the date of your order.

• Select safe toys. Refer to the age guidelines on packages, but keep in mind the child's abilities and use your own judgment. Make sure the toy is solidly built, made of non-toxic materials and has protective edges and tips. For infants and toddlers, avoid toys with long strings or cords that could strangle, or with detachable parts that could be swallowed.

• Be your own security guard. Never leave your purse or wallet on a counter. Carry your packages or purse securely. Lock all packages in your car trunk. Go shopping with a friend. If alone at a mall, get a security guard to escort you to your car.

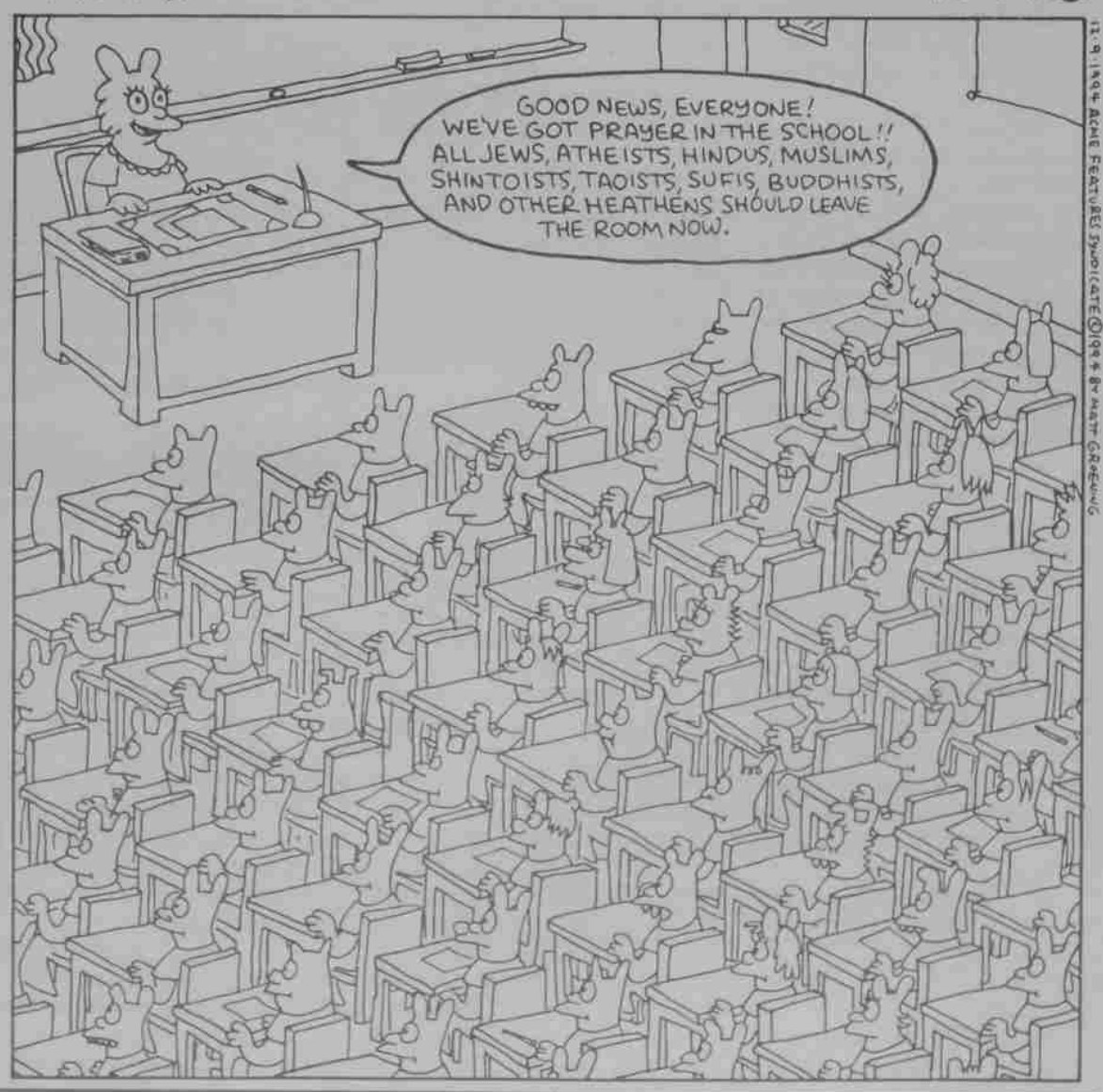
• Give but give wisely. If approached for a charitable donation, ask how much goes to the charity, how much is for fund raising, what activities your donation will support and whether your donation is tax-deductible.

• If you need cash, visit the bank BEFORE you visit the mall. Standing on line for the ATM inside the mall will be frustrating and a waste of time.

• Eat before you get there. That way, you can avoid having to eat a sit-down meal at overcrowded mall restaurants.

• Try strip shopping centers and free-standing stores that may be less crowded. Even clothing boutiques are trying to lure customers by offering value.

• If buying a gift certificate, find out if it can be redeemed for cash and how long the recipient has to use it. Ask if a balance will be returned in cash or credit if a purchase total ends up being less than the gift certificate.



Book Review

A History of God proves provocative, yet inaccurate

by Erin Duffy
Editor

The first thing that attracted me to Karen Armstrong's *A History of God* was the title — ambitious, audacious, and even a bit uppity. Armstrong had to have a lot of self confidence to announce to the world that she had single-handedly chronicled the history of the most controversial metaphysical being of all time.

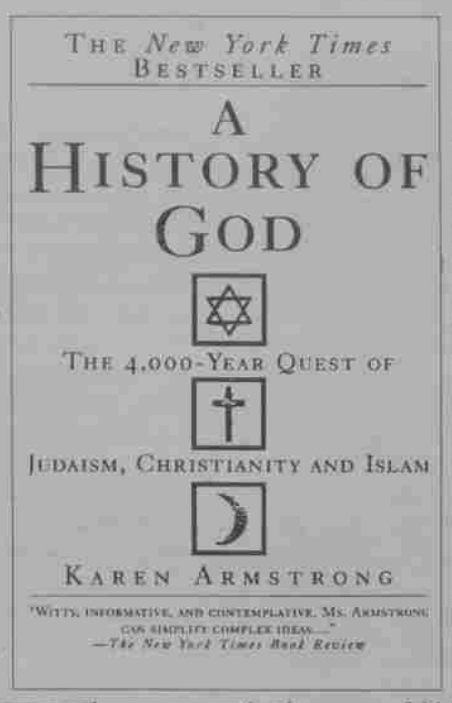
Actually, the text isn't a history of God so much as an empathetic depiction of humanity's search for Him in the three major monotheistic religions: Judaism, Christianity, and Islam.

It isn't often that I encounter a thorough, scholarly, non-fiction work that has enough energy and appeal to elicit more than a few guilty yawns; fortunately this book is an exception to the rule.

A History of God entertained me, offended me, delighted me, and exasperated me by turns, throughout its 400 pages. It has earned its right to a place on the *New York Times* Bestseller List.

Armstrong writes from the expected humanistic pluralistic perspective as she traces the foundations and evolutions of the three religions from Father Abraham up to the present day.

She is particularly effective at describing the social, political, and economic factors which influenced changing conceptions of God and the implementation of new ways of worship; it was fascinating to see the prophetic heroes of my religious tradition (Isaiah, for example) within the context of a vibrant middle-eastern culture.



Character sketches of the religious leaders of all three faiths were my favorite parts of the book; I gained so much respect for the men (yes, they were all men) who were compelled to speech and action by the overwhelming, gut-wrenching grip of prophetic visions or divine command.

However, it was pretty annoying to have Armstrong paint these inspiring pictures and then hint that these experiences were the self-manufactured results of political astuteness or a sense of social responsibility.

I also appreciated her carefully insightful analysis of syncretism between the revelation-based faiths of the east and the rational philosophy of the west; Armstrong is at her strongest when she refrains from theological criticism and focuses on the swirling influence of culture on religious ideals.

Unfortunately, Armstrong couldn't bring herself to refrain from personal evaluation and commentary of each religion, and she gave some fairly over-confident interpretations of the central beliefs of each faith.

Maybe I was just being overly sensitive to her views of Christianity because that is my own faith tradition, but it seemed like Armstrong devoted more time to negative criticism of its tenets than to the consistent analysis she applied in earlier chapters.

For example, I would have liked to learn more about the atmosphere of Roman-occupied Israel at the time of Jesus' appearance; what I got instead was a lengthly sermon on why Jesus wasn't really the Son of God. I could quickly pick up on some of Armstrong's misunderstandings of the Christian faith because I know so much about it; some of her misconceptions were fairly crucial.

For instance, at one point she claimed that the Christian vision of God the Father (a living, superpersonal entity) is basically equivalent to the Buddhist conception of nirvana (a cosmic state of non-existent non-being). That seems to be a bit of a stretch for even the staunchest universalist. The fact that I had so many problems with her description of what it means to be a Christian naturally makes me suspicious of the accuracy of her portrayal of Judaism and Islam as well.

The book would have been much improved if Armstrong's approach had encompassed a little more humility and a little less overconfidence; she needs to be reminded that she can't fully grasp a faith which is not her own, regardless of how many books she's read.

A History of God is not meant to be a guide in the search for truth. Nor is it the final word on the history of religion or the validity of God's revelation to humanity.

Like all good books, *A History of God* is a starting place; it will challenge you to reexamine your understanding of the search for God and the role of religion in life. Warning: this is a dense 400-page mother and not suitable for skimmers.

Concert Review

Mudhoney gives Salem a taste of 'roots grunge'

by Christopher Ames
Editor

It is not often that one gets the opportunity to see a band that helped create one of the biggest music phenonomen of the decade thus far: grunge.

Mudhoney might hate being credited with grunge or even being mentioned in that genre, but after seeing them at the Micah Hall on State St Friday night, it is quite hard for me not to say that.

Mudhoney has a sound that is unmistakable. The bass and rythm guitar come hard and loud while Arm's lead guitar pokes through with a sort of distorted waa-waa sound.

Maybe it's the Aberdeen, Washington sound. Matt Lukin, bassist for Mudhoney, is from Aberdeen, which also happens to be the original home of the Melvins and Nirvana.

Lukin actually played with the Melvins for a while. After hearing just a few songs I could tell, whether the band will admit it or not, they had a definite influence on the music of Nirvana.

Mudhoney has a very unique sound. They play music that many people don't like.

However, Mudhoney does not make music simply so people will say "Ughh, that music is horrible. Look how obnoxious the band is! Must be an orginal, alternative band," like some other bands might do. They simply play the music they like to play.

As no band review is complete without some asinine attempt to categorize the band's music, I think that Mudhoney is not grunge. They are roots grunge.

Just as obvious as the connections between Mudhoney and the Melvins and Nirvana are the differences. There is very little incomprehensible grunting or manic depression. Mudhoney is fun.

For example, Mike Arm announced at the start of the show that he had gottten very hot on the bus to Salem and had subsequenly removed his underwear.

"And you know what that makes me want to do? It makes me wanna rock'n' roll," Arm loudly proclaimed.

He then proceeded to pose with his guitar raised slightly above his head, arm poised and ready to windmill.

The band did rock and roll. The crowd of Salem ne'er-do-wells was whipped into a moshing frenzy post-haste.

Because I have not followed Mudhoney too closely over the years, I didn't recognize most of the songs played.

As an encore, the band conceded to the crowd who had been asking for "Touch Me, I'm Sick" all night and played outstanding version of the song.

Many credit "Touch Me, I'm Sick" with being the first grunge song (I disagree, I think it was "Hunted Down" by Soundgarden, but it's all a matter of opinion).

There was one rather slow song that broke from the fast, up-beat pattern of the rest of Mudhoney's set. It was probably six minutes long, and slow and depressing. I thought it was one of the best songs of the show.

A definite problem with the show was the sound. Throughout Mudhoney's set, Arm's mike and guitar would fade and would be hardly audible over the rest of the band. The first couple songs were like that, then it got fixed, then it would fade out again. Very annoying.

A second problem was the opening bands. Luckily, I arrived a little late and missed Gravel Pit. But I ran smack into Flathead. I'm sorry, but they were not good.

The Mudhoney show marks Schizophonic Records' triumphant return to the Salem music scene.

The Schizophonic people are who brought the likes of The Reverend Horton Heat, Sweaty Nipples and the Cherry Poppin' Daddies to the Mission Mill. Unfortunately, they are unable to use the Mission Mill this year. Hopefully, the Micah Hall will remain a safe haven for Salem concerts.

The Cherry Poppin' Daddies will appear Dec. 17, courtesy of Schizophonic Records, at the Micah Hall at 8 p.m. Tickets are available from Ticketmaster for $8.50.

Anybody who gets stranded at WU should go check this show out.

Sky Cries Mary preview

The neo-psychedelic space rock band, Sky Cries Mary will be in Portland for an all ages show at La Luna Dec. 17.

Sky Cries Mary, a Seattle based band, was once a sort of cult band in the northwest Washington music scene.

The *Exit at the Axis* EP, their inaugral release on the World Domination label, and the follow up LP *A Return to the Inner Experience* built a loyal following.

Now, with their release of *This Timeless Turning*, the band has enjoyed relatively wide-spread success and is currently touring the country in support of their break through album.

Sky Cries Mary has a diverse sound that draws from Eastern as well as gothic influences and features haunting , soaring vocals.

Sporting continously changing background, exoctic costuming and a very active interpretive dancer, the Sky Cries Mary live performance is an experience that must be seen live to be fully appreciated.

The Collegian has obtained permission to interview the band and will reviw their concert. Look for the articles in the Jan. 20 edition.

Tickets are $4 at the door. Also scheduled to appear is King Black Acid & the Electric Chair Band which features members of Hitting Birth.

The doors open at 8 pm and the show starts at 9 p.m. Call La Luna at 503-241-LUNA for more information.

GREENTIPS

FACT
When washing your car without a nozzle on your hose, you may use ten to 20 gallons of water.

TIPS
Next time you want to wash your car - don't. Put it off a few days. Then, use a bucket. Rinse with a quick spray. Always use a nozzle with a shut-off valve.

Please send your tip to:
GREENTIPS, 4830 W. Kennedy Blvd., Suite 280, Tampa, FL 33609

VOICES
CAMPUS OPINION

What will be your focus this winter break?

"Spending time with my family and hopefully getting over to New York to visit my grandfather."

Jon Anderson, senior

"Earning money for going abroad next semester, and seeing my family."

Annie Wilson, junior

"My focus will be to relax and have a good time. I've worked way too hard this semester, and I need a break."

Jon Sulek, senior

"I'm going to Russia to hopefully take care of some problems at home and see my friends that I haven't seen for a long time."

Oksana Lomazova, sophomore

Professor composes new Christmas album

by Charlotte Jones
Contributor

John Doan's newest album, *Wrapped in White: Visions of Christmas Past* is more than just another Christams album, it's a chronicle of Christmas itself. Doan has combined traditional Christmas carols, their histories and origins and his own musical talent in an album based on not only the sound of Christmas, but also the feeling of the season.

Recording for *Wrapped in White* started last summer. "We started in July and finished in August. It was the middle of the summer and we were recording a Christmas album!" The album was recorded in two months and sent to a CD manufactoring company.

Doan is very happy with the way his Christmas album has turned out. "It's exactly the way I want it,". He explained that this doesn't always happen, especially when he was working with a recording label.

He is also pleased with the instruments and how they contributed to the arrangement of the album. "I put on authentic arrangements from the past... so I tried to use authentic instruments from the past," he said.

Rather than redoing all of the traditional Christmas classics note for note, Doan used the themes from the carols merely as compositional elements. "Most Christmas albums use just the traditional Christmas carols, I tried to use the tunes as just my palate," he explains. The methods he used had an impact on more than just the album and its listeners, "It helped define each of the tunes better for me," he says.

Doan researched each carol he chose to include in his album and discovered that the history and background he uncovered provided him with the tools to produce a unique album; "I tried to musically paint pictures that went with the text (facts) and the feeling of the melody."

The song *"O Come, Emmanuel"* was given a new shape through Doan's inspiration. The song comes from a part of the Old Testament of the Bible and describes the Jews' desperate cry for a Messiah.

Doan combined this carol with *O "Come All Ye Faithful"* because he felt the uplifted sound of the second carol made it sound like an answer. As Doan explains it, "One piece kind of came out of the other, the second as an answer to the first."

In researching the carol, "We Three Kings" Doan found out that the three kings in the Bible that the carol is based on came from different countries. In order to represent this in the song he used three different melodies. To symbolize the coming together of the kings at Bethlehem he brought the three melodies together at the end of the song.

To share some of the background and meaning with his listener Doan included a 16 page booklet with the CD explaining some of the carols, their backgrounds and biblical references. He feels the booklet has bridged the gap between himself and his listener. He thinks part of the reason he wants to bridge this gap"because I've been teaching so long, I want to connect with people."

One difference between *Wrapped in White* and Doan's past albums is the unique packaging of the CD. "We're using a digipack format where most people are used to the jewel box packing," he explains.

He uses the harp guitar a lot in this album just as he has in his others. Even though he sees some differences between his three solo recordings, Doan says, "I think there's a lot of similarities, actually, in terms of what I'm trying to do."

Doan has made three recordings that are completely his own work. *Wrapped in White* is the third. His first, *Departures*, was recorded with Narada Records and is now popular all over the world. *Remembrance* was his second.

He has also appeared on many collaborative albums. One of them, an album called *Celtic Twilight*, is number two on the billboard charts for its style of music. Doan is the lead artist on the album. He has also appeared in two T.V. specials. His last, *The Christmas Tree Member* contained some of the songs recorded for *Wrapped in White*.

Doan speculates that his next album, like his selection on *Celtic Twilight*, will be Celtic inspired. "Although I have written a good deal of music from a trip I took to China and have been longing to use it," he said.

So far, *Wrapped in White* has been well-received: We've already sold out the cassettes and had to order more and we've just ordered more CDs," Doan reports. Within the week Doan hopes to have copies of the album for sale in the Willamette bookstore.

Doan is already speculating about his next album. "It looks like it may be a Celtic inspired album," he said. However, he is still enjoying his contentment over the recording process and finished product he has with *Wrapped in White*. "It has been a labor of love," he said.

Kwanzaa offers unique holiday for African-Americans

by Andrew Nagapan
Staff Writer

A college professor named Dr. Maulana Ron Karenga wanted to start a holiday to help African Americans learn about their African beginnings. He went to Africa and learned that many tribes celebrate when the first crops of the year are harvested. In Swahili this celebration is called "matunda ya kwanza," which means "the first fruits." Each tribe (or community) in Africa would get together to sing, dance, eat and drink..... celebrate the harvest of the first fruits and vegetables. In 1966, Karenga, used the concept of the festival to design Kwanzaa for African Americans to celebrate.

The first year there were seven children at the Kwanzaa celebration. According to Janet Richecky, author of "Kwanzaa," each child wanted to explain a letter of Kwanzaa. So an extra "a" was added to the end of the word to make it seven letters long. These seven letters now stand for the seven principles of Kwanzaa. Today, conservative estimates reveal that at least a million and a half African-Americans participate in Kwanzaa.

"I am proud to be an African-American," said Prof. Richard Biffle from the education department. He said, "Kwanzaa is fairly neutral about religion. Because of the cultural perspective, Kwanzaa has a deeper meaning." At last year's Willamette convocation, the chaplain office invited a African American woman story-teller to the campus to speak on Kwanzaa. Chaplain Charles Wallace commented that the festival has now taken a hold in the African-American community as a unifying factor for self-improvement and progress. In the words of Prof. Biffle, "Kwanzaa celebrates your success as an African, enabling one to recapture the cultural pride that has been lost."

Contrary to popular belief, Kwanzaa does not replace nor compete with Christmas. Resident Director Ryan Tarpley said that it is uniquely a festival that brings a diverse group of people within the African American community towards the common bond and struggles of its ancestors. Tarpley, himself a African-American, first heard of Kwanzaa when he was a sophmore at Lawrence University in Wisconsin. He added, "What is special about Kwanzaa is that it gives an opportunity to explore my own cultural identity."

Kwanzaa is celebrated for 7 days, from Dec. 26 to Jan. 1. Red, black and green colors symbolise the meaning of Kwanzaa. Red stands for the struggle of the African-American. Black represents the beautiful African-American people and Green represents the future and hope of African-American people. Each night the family members surround the table where the candleholder (kinara) sits, the candle for the day is lit. The family discusses the particular principle of that day and how it relates to their own situation-whether it be the family unity, the children's progress in school, or contributions to the community.

Coming Attractions

Around Town

Through Dec. 27: **Keizer Miracle of Christmas Lighting Display**, Keizer homes decorated with several thousand lights are a big draw each year during the season. Hours are 6 to 10 p.m. No cost, but donations of canned and non-perishable foods are requested. The display starts off of Lockhaven Drive; follow the "Sno-Cops" once in the area.

Friday, Dec. 9: **The Oregon Trail Band**, "come celebrate an old-fashioned Christmas on the trail with authentic instruments and old-fashioned songs," Tickets: Adults $12, children $8, charge by phone by calling Mid-Valley Arts Council at (503) 370-7469, FASTIXX 1-800-992-8499, or in person at Fred Meyer or at the door, at the historic Elsinore Theatre, 170 High St. SE, 7:30 p.m.

Saturday, Dec. 10: **A Holiday Music Extravaganza**, featuring the Salem area *All-Male Christmas Chorus, The Salem Singers, Eugene's Cascade Chorus & Quartets, and The Salem Senate-Aires Men's Chorus & Quartets*, at the Elsinore Theatre, Tickets: $7 per person, buy four and get the fifth free!, can be purchased at the SOC Mission Mill Village at 1313 Mission St.

Today — December 9

ASWU Movie: ***Clear and Present Danger***, Smith Auditorium, 7, 9, & 11 p.m.

Koinonia, Hatfield Room, Library, 6:30-9 p.m.

Circle K: UNICEF Christmas Card Sale, Lower Lobby #1, U.C., 9:30 a.m.-1:30 p.m.

Lessons and Carols, Cone Chapel, Waller Hall, 8-9:30 p.m.

Saturday — December 10

Salem Festival of Lights Parade, on State Street from 12th Street, and Winter Street from State to Bellevue, 7-10 p.m.

GREs, all day in Eaton Hall

Memorial service celebrating the life of Chester Luther, professor emeritus of mathematics, First Congressional Church, 700 Marion St. NE, 2 p.m.

Sunday — December 11

***Ringing In Christmas*, Willamette Master** Chorus Family Concert, featuring four centuries of Chirstmas music, and a special appearance by the award-winning hand bell choirs of St. Paul's Episcopal Church and Westminster Presbyterian Church, Smith Auditorium, 3 p.m., Tickets cost $10 for adults; 17 and under, free. Tickets are available through Mid-Valley Arts FASTIXX, 224-4400

Monday — December 12

ASWU Late Nite Breakfast, Goudy Commons, 9:30-11 p.m.

Deadline for the OLAPC Prescreened resumes and cover letters is at noon in the Career Development Center

Tuesday — December 13

Bookstore Textbook Buy Back, Lower Lobby of U.C., 9 a.m.-3 p.m.

Wednesday — December 14

Oregon Symphony Pops Concert, Smith Auditorium, 8-10 p.m.

Bookstore Textbook Buy Back, Lower Lobby of U.C., 9 a.m.-3 p.m.

Lesbian, Gay and Bisexual Alliance (LGBA) Meeting, Womyn's Center, top floor UC, 8 p.m.

Bookstore Textbook Buy Back, Lower Lobby of U.C., 9 a.m.-3 p.m.

Midweek Communion, Weekly celebration of Communion, Cone Chapel, Waller Hall, 4:30 p.m.

Thursday — December 15

University Bookstore Textbook Buy Back, Lower Lobby of U.C., 9 a.m.-3 p.m.

Friday — December 16

TIUA Closing Ceremonies, Cat Cavern, U.C., 6-9 p.m.

Bookstore Textbook Buy Back, Lower Lobby of U.C., 9 a.m.-3 p.m.

Final Due Date For All Library Material Is Friday, Dec. 16

Any items unreturned or unrenewed by the end of finals week will be charged against your account at the Business Office.

Library Hours this week:

Dec. 10: 10 am-10 pm
Dec. 11: 10 am- 1 pm
Dec. 12-16: 8 am-1 am

Decorations Regulations:

Live decorations such as trees are not allowed in student's rooms and candles are prohibited in all campus buildings.

In Portland

Through Jan. 1: **Winter Wonderland**, *"the largest drive through animated light show west of the Mississippi,"* at Portland International Raceway, open Sun. 5-11 p.m., Mon.-Thurs. 5-10 p.m., Fri. -Sat. 5-11 p.m., $7 per vehicle

Through Dec. 31: ***Absurd Person Singular***, "a hilarious look at Christmas past, present, and future," Portland Center for the Performing Arts, Tickets: $9-33 (274-6588)

Friday, Dec. 9: **Heatmiser**, LaLuna, $5 door, (241-LUNA)

Saturday, Dec. 10: **Velocity Girl**, LaLuna, $4 door, (241-LUNA)

Tuesday, Dec. 13: **Sugar,** "Driven by Bob Mould's guitar, this hard-edged pop trio is more substantial than the name might imply," 9 p.m., $13.50 adv., LaLuna, (241-LUNA)

Dec. 13-20: ***The Nutcracker***, Oregon Ballet Theatre's lavish holiday extravaganza, Portland Civic Auditorium, $10-60, Call 222-5538

Friday, Dec. 16: **Hazel**, LaLuna, $5 door/$4 with can of food or new toy, (241-LUNA)

When it's raining here, it means just one thing: it's snowing in the mountains...

LIFT RATES

Hoodoo
1-day: $22 (9 to 4 p.m.)
1/2 day: $17 (1 to 4 p.m.)
Marathon: $26 (9 a.m. to 10 p.m.)
Swing: $22 (1 to 10 p.m.)
Night: $14 (4 to 10 p.m.)

Mt. Hood Meadows
Day learn to ski (alpine): $30
Day learn to snowboard: $40
Shift ticket: $32 (9 a.m. to 4 p.m., 11 a.m. to 7 p.m., 1 p.m. to 10 p.m.)
Night: $14
Half Day: $27 (12 p.m. to 4 p.m.)

Mt. Bachelor
1-day: $33
3-day: $90
5-day: $143
Alpine Point Tickets:
200-point: $35
400-point: $69

Timberline
1-day midweek: $22
1-day weekend: $28
Night skiing: $10 (4 to 10 p.m.)

Mt. Hood SkiBowl
Full Day (9 to 4:30 p.m.)
Mid Day (11 to 7 p.m.).
Afternoon (1 to close): $23
All Day/Night: $28
Half Day: $19
Night Skiing: $13
Snowboard Park (all day/night)
Cascade Chair, 1/2 Pipe: $15
1/2 Pipe Tow: $11

Matchstick

A reality

by Jennifer Miller
Editor

When it's raining at Willamette University that means only one thing: it's snowing in the mountains. Yes, Willamette students, staff, faculty, and community, the snow is here and the skiing/'boarding is getting good. There are five key ski spots located within a reasonable driving distance. Find out about each of them in depth, then pack up your equipment, put gas in your car, and go!

▽ **Hoodoo**

Hoodoo has a small side of the mountain and a tiny operation, but with that smallness comes a relatively affordable cost and a relaxed atmosphere for the skiier/'boarders to become very familiar with the majority of the runs by noon.

Hoodoo offers its clientele one triple chair and two double chairs, with 600 skiable acres, 120 of which are groomed. There are 22 alpine trails, with 30 percent beginning level, 40 percent intermediate, and 30 percent advanced.

A $9 million master plan was created by Sno.Engineering.Inc. of Litleton, New Hampshire. They drafted a 10-15 year master plan to improve the facility to meet growing population needs. The plan includes improvement and expansion in the forms of a mountain top restaurant, 40 site RV park, Nordic lodge and other amenities. For now the mountain remains simple and rustic.

Hoodoo's address is Box 20, Hwy 20, Sisters, OR, 97759; or call (503) 822-3799 for more information. The mountain also has a Snow Phone for weather updates: 1-800-949-LIFT.

▽ **Ski Bowl**

The Ski Bowl is a prime option for those who want resonable rates. With a few specialized snowboarding runs, the slopes attract more than a few 'boarders. Ski Bowl offers a special run called the Garden Run, a half pipe and a jib course. A jib course is a specialized obstacle course for those interested in serious or not-so-serious 'boarding.

There are 65 day runs and 34 night runs. One set back to skiing/'boarding at the Ski Bowl is the chairlifts. The Bowl has four lifts, all of which are two-person, so getting up the moutain takes longer than at other nearby ski parks. There are approximately 900 skiiable/'boardable acres within the Ski Bowl's boundaries. A coin-op race course is also open on weekends. The coin-op costs $1 for two runs, where skiiers can practice improving their racing abilities.

The Ski Bowl is America's largest night time ski/'board area, with 33

Please see SKI on page 15

▽ **Swimming**

Swimmers score

by Carolyn Leary
Staff Writer

Four Willamette swimmers returned from the Husky Invitational after performing at a high level. The meet features many of the top swimmers from Division I schools in the West.

For the first time in years, a Willamette swimmer scored at the meet. Sophomore Jean Orth got in the scoring column with her strong showing in the 1650 freestyle. Her time of 18:03.67 was a national qualifying time.

She also reached national qualifying times in the 200 butterfly and the 500 freestyle. Junior Tim Roth also qualified for nationals in the 100 and 200 breaststroke. He also had an optional qualifying time in the 400 individual medley.

Junior Jen Andrews had a season best in the 200 breaststroke with a time of 2:38.48 which is an optional qualifying time.

Kirk Foster had a strong showing in four events. He had personal bests in the 100 and 200 freestyle, and season bests in the 500 and 1000 freestyle.

Coach Skip Kenitzer was very pleased with the meet.It's a tough meet to attend because of the time of the year in which it happens.

Also, the meet takes four days so that's tough on swimmers because of missed classes. The Husky Invitational is a meet that has qualifying standards so the competition is at a high level.

Willamette qualified more than the four swimmers who attended the meet, but the others chose to stay home and concentrate on academics.

The swimmers will be back on campus on Jan. 4 to continue their training. They will be back in action on Jan. 20 against Linfield.

No Strickland for Blazers

PORTLAND, Ore. (AP) The Portland Trail Blazers expect to be without Rod Strickland again tonight when they continue their longest home stand of the season with a game against the San Antonio Spurs.

Portland coach P.J. Carlesimo said Strickland went through about 40 percent of the team's practice Thursday as he tries to recover from a slight fracture in his right wrist.

The injury has caused him to miss the last eight games and, coupled with injuries to backup point guards Terry Porter and Negele Knight, has left the Blazers with a serious playmaking deficiency.

The Blazers are off to a 2-3 start at home and are just 6-6 overall.

They are coming off one of their poorest defensive efforts of the season in a 105-94 loss to Utah Tuesday night.

The Spurs also are off to a rough start. They are 1-4 away from home and 6-7 overall after losing 109-100 at Seattle Tuesday night. David Robinson had a season-high 42 points for San Antonio in that contest.

▽ **Men's Basketball**

Men drop the ball

by Jennifer Miller
Editor

Thursday was a good day for the Bearcat basketball players. The team showed Western Baptist how to play with a 93-75 victory. Senior Lance Richards led the team with 21 points.

George Fox also defeated Southern Oregon State College 116-93 on Thursday.

Friday was not a such a good day for the Bearcats.

Shooting just over 33 percent from the field, the Bearcats were outscored and put to shame by the No. 9 Western Oregon State College.

Western's Jason Ball scored 21 points to bring the Wolves to a close 59-53 game.

The Wolves took over the game by shooting just under 50 percent from the field.

Senior Jason Thompson led Willamette with 12 points, 10 rebounds and four assists. Senior R.J. Adelman had 11 points. Senior Dave Snyder also had seven points.

Even though he led the team in scoring, Thompson was one for three from the field, going five of fifteen on the court.

Snyder was a dismal two of 11, and zero of three from the 3-point range.

Willamette was just over 50 percent from the foul line, going 8 of 17.

Saturday the Bearcats suffered another heart-breaking loss. This time the loss was to George Fox, and it wasn't even close.

The loss can again be blamed upon the Bearcats' cold shooting streak among other technical diffidulties with communication within the team itself.

With an overall game score that had the Bearcats losing by more than 35 points, it's a question of time until the team's season ranking drops below freezing.

It more than just poor shooting that players and Head Basketball Coach Gordie James can blame the loss to, Adelman said.

"I would say it's a combination of things. We can't control poor shooting, but at the same time sits there are also things we can control like reversing the ball on offense," he said.

The question has been raised as to whether the team is communicating to the full extent it can on the court during games.

"It's not that we're not playing together," Adelman said, "It's that we haven't ironed out the offense to the point that we're executing together. It will happen as we play more games and practice more together."

For now the Bearcat men will have to look towards their Dec. 9 match-up against Northwest College at the Wolfpack Classic in Monmouth.

▽ **Women's Basketball**

Tough week for on-again off-again team

by Matt Kosderka
Staff Writer

Sophmore Kassy Ell dribbles the ball down court in a recent game

It was a roller coaster week for Willamette's women's basketball team. The Bearcats started off on the right foot by dominating their road game against Western Oregon State College. Willamette then went on to suffer a demoralizing defeat to George Fox at Cone Fieldhouse moving their record to 5-2.

The Bearcats looked like the team that was picked as the conference's pre-season favorite in their match up with WOSC. "We played really well," said junior forward Saran Patillo.

Willamette used precision passing, great shooting and aggressive defense to take a 38-32 halftime lead over the Wolves.

They were able to extend their lead and pull out a 78-69 non-conference win.

Junior guard Amy Ulrey drained three three-pointers on her way to a team high 19 points. Sophomore Jenny Joseph added 18 points from her center position.

In Tuesday's game against George Fox, it was a tale of two halves. Willamette continued to play as they did against WOSC, using crisp passing precision shooting, and scrappy defense to establish a 45-25 halftime lead.

The second half looked as if the teams had traded uniforms at halftime. George Fox came out of the locker room as the better team.

It didn't take long for them to cut the Bearcats lead, as they made numerous steals, which consistently led to easy lay ups.

The Bruins dominated the rebounding category, especially offensively. Time and time again they would have second or third scoring chances.

With a little less than 10 minutes left in the game, George Fox had built a double digit lead of their own. The Bearcats had their task cut out for them.

Willamette came storming back, cutting the Bruin's lead to as little as four points. As it was throughout the entire second half the Bearcats could needed them to.

In the end, George Fox was able to hold off the Bearcats, coming away with a 73-65 hard fought victory.

"We just didn't perform the fundamentals like we should," said Patillo, who had 12 points and nine rebounds, "It was all mental on our part."

Sophomore Traci Shepard led the way for the Bearcats, notching 19 points, with 15 coming in the first half.

Willamette continued their seatist. They will be in Seattle, Wash. tomorrow, for a rematch with Seattle University. The Bearcats will then take a break, returning to action on Jan. 3 at Eastern Oregon.

In the Spotlight

Willamette's Athlete of the Week

Swimming:

Tim Roth
Bend, Oregon

After meeting the national qualifying standard in two events and an optional qualifying mark in another event, senior swimmer Tim Roth has been named Athlete of the Week.

Roth's marks of 1:01.40 in the 100 breaststroke and 2:14.51 in the 200 breaststroke will send him to nationals. His optional time of 4:27.72 was achieved in the 400 individual medley.

"My success has been because of my consistent training. I've always trained hard going back to the days when I was in a club. Also, I train during the breaks," said Roth.

These were the first qualifying marks for Roth who says it takes him awhile to get going. The top-notch caliber of swimmers definitely helped Roth to get going. "I compete best when I'm swimming against faster swimmers."

For the season Roth would like to achieve personal bests in all of his events. The key he says is to swim and train at the same level throughout the whole season. "You can't back off or it won't work out in the end. You can't prepare for each meet like you do for nationals."

Although swimming is mostly an individual sport, Roth enjoys having a team around him. "If guys around me are swimming fast, it makes me swim faster and it's nice to be part of a good program," said Roth.

As the break approaches things will be about the same for Roth. He will continue to train all through break because he feels the keys to swimming well is being in the water a lot because it keeps the timing on and that's what swimming is all about.

additional awards nominees:
Men's Basketballl: Lucas Jones
Women's Basketball: Amy Olrey

▽ **Assistant Trainers**

Nine athletic trainers gain experience, earn paychecks

by Matt Kosderka
Staff Writer

For Willamette's nine student athletic trainers, their work is not only about a paycheck. Instead, it is about helping those in need.

The student trainers, who are hired to help with the large number of athletes at Willamette, sit at most Bearcat sporting events just in case someone should need their assistance. "I like to help people," said junior student trainer Kevin Edelbrock, "I can sort of solve their problems."

Willamette's student trainer program was started by Associate Professor of Exercise Science Russ Cagle. Those who have been a part of the program have become very successful in the sports medicine field.

"Some of the top graduate schools in the field constantly call Russ and ask him to send a Willamette student their way," said Head Trainer Peter Harmer.

Requirements for the intern position include only an interest in the field. "We've had freshman who have had experience with their high school trainers, and have shown an interest in continuing on in the field here," said Harmer.

Edelbrock mentioned that taking classes in anatomy and care and prevention have helped him become a better student trainer. "They teach the basics, like taping and CPR," he said. He also said that a class in injury management is beneficial to those hoping to become student trainers.

Besides being being paid for their efforts, a trainer can gain valuable hours towards the 1500 needed to take the athletic training certification test. The test is a requirement in becoming a certified athletic trainer.

For those planning on entering the physical therapy field, student training allows one to build a strong resume, while they learn the basic skills of a trainer.

One problem that comes with the job is the time that it demands. "Study time drops just because you'll have to cover games and go on road trips," said Edelbrock.

"You have to be willing to make the decisions on what's best for the athlete. The game can always wait,"
—Head Trainer Peter Harmer

The rewards of the job, however make up for the additional time. Working with the athletes brings the trainers much closer to the action. "It's almost like you're part of the team," said Edelbrock.

Developing personal relationships with the athletes is to their benefit as well. Athletes at Willamette commonly call a student trainer outside of their assigned hours for advice on an injury.

According to Edelbrock, the fact that athletes don't hesitate to ask him for advice is very self-gratifying. "It's cool that people look to you for help," he said, "It makes you feel needed."

Along with the gratification, comes a great amount of responsibility. At any time an athlete could suffer a severe injury, possibly one that is life threatening. Decisions have to be made in an instant. More importantly, they need to be the correct choices for the athletes.

"I tell them that they aren't paid enough to take risks on the athlete's life," said Harmer, "The athlete is always the major concern."

One thing that a student cannot afford to do is not stick to their instincts. Harmer spoke of a college basketball game in Utah, where a student trainer found nothing wrong with a player who had fallen on his neck. Still, he felt that something was wrong.

Even though he was being encouraged to let the game continue by the fans, he refused to move the player until paramedics arrived. As it turned out, the athlete had a mildly severed vertebrae, and moving him would have most likely made him a quadriplegic. Today Harmer uses the story as an example being overly cautious in the best interest of the athlete.

"There is a lot of pressure to delay a game when 2,000 people are watching you," said Harmer, "You have to be willing to make the decisions on what's best for the athlete. The game can always wait."


Mark Friel
An athletic trainer patches up basketball starter Junior Cavan Scanlan.

The trainers have a system that allows them to reach either Cagle or Harmer, if there is a situation that they cannot handle on their own. A few years ago they introduced two-way radios into the program.

The radios allow both Cagle and Harmer to be almost two places at once, as well as giving the student trainers reassurance that help isn't far away.

Besides helping Cagle and Harmer avoid major catastrophes, the student trainers offer them a different perspective. "Part of this field is to know your limitations," said Harmer, "They (the student trainers) can offer different view points on how to do things."

Harmer said he also benefits as the trainers learn. "It gives me an opportunity to remember something I had forgotten or didn't know," he said.

One other thing that the student trainers can contribute is creativity. Different injuries occur constantly, and sometimes the treatments need to be creative, as far as supporting and rehabilitating the injury. "No matter how long you have been training, there is going to be something new that you haven't heard of," said Edelbrock.

SKI: w'sup on lifts, free snow stuff

Continued from page 1

▽ **Ski Bowl** continued. .

night runs. Between three to four lifts are open and operating during night skiing times, which are from 4:30 to 10 p.m. weekdays and 4:30 to 11 p.m. Friday and Saturday nights.

The Ski Bowl also has a variety of runs, with roughly half being for experienced skiers/'boarders, a fourth for intermediate level skiers/'boarders, and the last quarter for beginning skiers/'boarders.

The Ski Bowl has four lodges on its side of the mountain. The Starlight lodge is located on the west side.

There is also a beer stoop lodge on the west side offering a full bar to skiers. There is a mid-mountain warming lodge, and a Multurpor lodge on the east side for skiers to use also.

Call (503) 222-BOWL for more information.

▽ **Mt. Hood Meadows**

Mt. Hood Meadows offers night as well as day skiing.

Four serviced chairlifts are open, one of which is the only night operating speed detachable quad in the northwest. Night skiing runs five days.

The mountain also offers special learn to ski/'board packages. It's $30 for a learn to ski package and $40 for a learn to 'board package, $20 for beginning night ski and $20 for beginning 'boarding.

▽ **Timberline**

Timberline also offers night skiing, with 2 lifts operating after 4 p.m. and about a dozen runs available. During the day Timberline has 5 total chairs running; three two-person chairs, one three-person life, and one four-person quad chair.

A day lodge and hotel are both available to go into and warm up in. Lodging accommodations run from $60 to $160. For more information on lodging call (503) 272-3311.

Timberline offers 31 runs with roughly 40 percent beginner terrain, 50 percent intermediate, and 10 percent advanced runs.

Although Timberline is a family-oriented establishment, a large number of snowboarders are attracted to the mountain. Roughly 40 percent of its clientele are snowboarders, according to the mountain's publicity person.

"The Bone Zone" is a special snowboarder half-pipe ravine that Timberline offers. There are also a number of runs that snowboarders find good 'boarding on.

Call (503) 272-3311 for more information on costs etc., or (503) 222-2211 for the mountain's Snow Phone for weather reports.

▽ **Mt. Bachelor**

If you love good downhill and cross country skiing and premium snowboarding, then Mount Bachelor is a piece of heaven.

Featured in the 1993 Warren Miller ski movie, Mt. Bachelor has the latest in state of the art ski lifts, including six super express chairlifts, one double chairlift, three triple chairlifts and two surface lifts on the mountain.

The mountain has a wide variety of terrain, with 15 percent labeled novice, 25 percent for intermediate skiers, 35 percent for advanced/intermediate and 25 percent reserved for experts.

The mountain has a special option for tickets. Instead of buying a regular lift ticket, the skier/'boarder can purchase points. These points can be purchased in 200 or 400 point increments.

Each run costs a certain amount of points. This can be useful for people who are just learning to ski/'board, or those who take less than ten runs in a day.

The vertical drop at Mt. Bachelor is 3,100 feet and runs can go uninterrupted for as long as two miles.

There are 8,060 skiiable/boardable acres on the mountain. Average snowfall ranges from 250 to 300 inches.

For those interested in cross country, there are 56 kilometers of machine-groomed tracks on 12 trails ranging from one to 12 kilometers each.

There is a junior racing center and several lodges with highly priced but tasty edibles.

The mountain's summit lift has challenging terrains, while the Skyliner Express, Sunrise and Rainbow chairs offer novice and intermediate runs. Day care and rentals are also available. Call 1-800-829-2442 for more information.

▽ **Other options**

If you're into skiing but don't groove with Oregon snow, trying calling these other locations for free snow info. Hey, if nothing else it's mail that will keep your campus mail box from being a huge wind tunnel!

▼ Heavenly, Lake Tahoe, 1-800-2-HEAVEN

▼ Winter Park Resort, Colorado, 1-800-729-5809

▼ Vail, Colorado, 1-800-525-2257 ext. 230

▼ Ski 93, New Hampshire, 1-800-WESKI93

▽ If ski places aren't enough info for you, call these places for cool ski/'board stuff:

▼ Elan free video catalog, 1-800-DEMO-MBX

▼ Couloir Skiwear information, 1-800-545-4922

▼ Free book of Burton boards, 1-800-881-3138

▼ Skier's Edge Company free brochure and video, 1-800-225-9669

TIUA: Students return to Japan after eventful ten months in America

Continued from page 1

how they think. But when coming here, I realized that we have the same personality. We are human beings; so I don't worry about it anymore."

Mari Narita said, "I will miss the nature. My home town in Japan doesn't have trees or any green. I am excited to go home, but I will miss here. There are many good things here."

Jun Urabe said, "I like English and in Japan I cannot use my English. America is better than Japan. It is a good environment to study in. In Japan, it takes me two hours to get to the university."

Urabe will remember his trip to the Oregon coast by bicycle. Traveling with three friends, he made a loop to Lincoln City, Newport, Florence, Jackson City and back to Salem.

The entire bicycle trip took nearly six days. Urabe said they traveled through "rain, storm and snow. The trip was very hard, but I will never forget it."

"I have mixed feelings about going home. I am excited to go home, I miss Japanese food. But I will miss here," said Yuka Ogawa.

Yukiko Adachi said, "I am very excited to go home. Right now, I don't think that I will miss here, but after I go back and one month, then two months go by. . .I don't know how I will feel then."

Adachi continued, "I will not come back. I have already experienced life in the United States for ten months, and that is enough for me."

Classifieds

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Alaska Employment - Fishing Industry. Earn to **$3,000-$6,000+** per month + benefits. Male/ Female. No experience necessary (206) 545-4155 ext A60632

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