

COLLEGIAN

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Here's how the military influences your blockbusters

DORIAN GRAYSON
STAFF WRITER

Part of your tax money goes to the Department of Defense. This money is used for military equipment and soldiers' salaries, both of which they pimp out to Hollywood for TV and movies. You read that correctly; Phil Strub, the Department of Defense's head Hollywood agent, is in charge of determining which movies are allowed to use military equipment and personnel and for what. This process is important for films and TV for realism and cost. The studios have to pay the Department of Defense much less than they would have to access the same equipment elsewhere or replicate it with CGI.

Not every movie gets approval, however. If you're going to portray the United States military, the Department of Defense has strict limits on what that portrayal looks like.

"Iron Man" was accepted under this program, so Strub was on set as a script supervisor. While not always Strub himself, the program always makes sure there is a military supervisor on set for immediate censorship of whatever they deem necessary. In one scene, Jon Favreau, the director, was going to have a character in the military say, "People would kill themselves for the opportunities I have." Strub stepped in. Favreau and Strub argued over whether the line should be included. Favreau, exasperated, asked if it would be okay if the character instead said "walk over hot coals" and Strub accepted. The line was not in the final cut of the film.

The military also requires that any depictions they cooperate with do not display the military as shady or willing to launch a nuclear bomb at a major population center. "The Avengers" was denied funding for those reasons. The jets on the helicopter in the film, F-22s and F-35s, were created in CGI. Luckily, "The Avengers" went on to make a billion dollars, so nobody at Marvel was worried about the costs.

A film that got full military support was "Man of Steel," which is surprisingly obvious in retrospect. The movie makes the military the central stand-in for human opinion. When the movie is telling the audience what the world thinks of Superman, it does so through the military characters. Clark's arc about being recognized and accepted by humanity is ended when a military serviceperson compliments him. For this propaganda, they received access to real military locations, equipment and personnel.

THE US, 5

The dark side of tech adventures

QUINLYN MANFULL
STAFF WRITER

When the United States decided to stop funding the Space Program, I was devastated. I thought going to Mars and hanging out in space would be really, really cool. I thought it may be the opportunity to better the future of our planet and of our world. But realistically, I didn't know any of this. And neither does anyone else.

Last Tuesday, SpaceX successfully launched a Tesla into space using Musk's Falcon Heavy rocket, the most powerful ever launched by a private company — CNN commentators announced "the new space age." Viewers are hopeful of the next step: SpaceX has said they have capabilities to send people

to Mars and these newest rockets have an impressive carrying capacity. But these projects bring no guarantee of betterment, and even if they can guarantee it, who will be able to access that betterment?

Long term projects that have a possibility of solving some status quo problems are fine in and of themselves, but they draw attention away from concrete solutions we already have. Not to mention that problems of income inequality, environmental destruction and the overwhelming plunder committed against our bodies and the earth that capitalism has committed will not be fixed using the same system that created them.

Millions of people die of curable diseases across

poorer parts of the world. If capital were to be redistributed, we would be able to feed the global population times and times over. The idea that launching rockets or exploring deep sea could possibly save resources for our planet, or could possibly be the next step to saving our humanity is interesting, but there are many miles of analysis missing.

When the cure for TB and AIDS are blocked from millions across Latin America and Africa and the livelihoods of millions are stolen through illegal organ trades in order to benefit a few, how can one reasonably argue that technological improvements like space travel would serve the greater good?

PATRICK LOFTUS

CAPITALISM, 11

Title XI provides a lacrosse team

JULIA DI SIMONE
STAFF WRITER

Willamette's newest Bearcat team is here: women's lacrosse. The high-intensity sport with roots dating all the way back to the Indigenous peoples of the Americas, will be featured on our campus this upcoming academic year. Unlike club teams of Willamette's past, the newly established team is set to compete at the NCAA Division III level in the Spring of 2019. As the newest addition to Willamette Athletics, women's lacrosse will grow the sport on the west coast and expand opportunities for current students looking to get involved.

Junior Kara Phillips played softball for thirteen years before transitioning to lacrosse this past fall. Despite never having played lacrosse before, Phillips relishes the opportunity to learn the position of goalie, which she will take on as the team transitions to varsity next year.

"It's been exciting, and a little bit intimidating because I've never played before," Phillips shared, "But it was good getting out of that comfort zone and challenging myself."

Students new to lacrosse will make this transition under the guidance of Head Coach Sarah Lautenbach, who herself didn't plan on playing lacrosse

in college, yet excelled on Old Dominion University's Division I team as a walk-on.

"Lacrosse translates well to anyone who has been an athlete or wants to continue playing at a more competitive level," said Lautenbach. Together with Assistant Coach Annie Longtain, Lautenbach is building Willamette lacrosse's foundation with students who are experienced at the sport as well as walk-ons.

WU WOMENS, 2

Both Willamette Basketball teams sweep the weekend

JARED SPOHR
STAFF WRITER

This past Saturday, men's and women's basketball participated in their senior day games at home against Pacific Lutheran. Both teams were victorious, with the Bearcat men winning 60-46 and the Lady Bearcats edging out a victory 63-59.

Before both games started, there was a ceremony honoring the seniors. The six seniors for the men included Casey Thornton, Nico Tropent, Conin Oishi, Brendan McCullough, Nathan Sherfey and Dylan Critchfield. The six seniors honored for the women's team were Celine Gregoire, Whitney Anderson, Mary Eckenrode, Ashley Evans and Kelsey Walker.

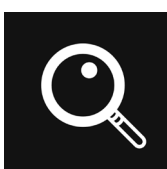
The men's game started to heat up in the last ten minutes after Thornton hit a three followed by a jumper, followed by a layup by Troplent. Scoring bounced back and forth, but McCullough and Critchfield combined for five unanswered points. The Lutes started to make a brief comeback, but with about eight minutes left, the Bearcats continued their 19-5 run by scoring seven more unanswered points, with Sherfey and junior Trent Callan adding points in the mix. With this lead, our Bearcats were able to hang on to their lead for the remainder of the contest.

Junior Jordan Jenkins had a great game, finishing the night off with 13 points, four rebounds, two assists and two steals. Nico Tropent led the team in boards, securing eight total rebounds that were critical to their victory. In addition, Thornton turned in four rebounds, and had two blocks. Other notable performances included McCullough, who scored seven points, and Oishi, who sunk a three, hauled in five rebounds, had three assists, one steal and one block.

Our Bearcat men now turn their attention to their upcoming NWC road games against Whitman and Whitworth. The Bearcats are now 11-12 overall, and 6-8 in conference. After going 2-0 on the weekend with a win on Friday as well, the Bearcats will look to build upon their success.

Before the women's game commenced, senior Kylie Towry was honored for becoming Willamette's all time leading scorer, and fellow seniors Anderson, Gregoire, Eckenrode, Evans and Walker were also honored for their four years of dedication to the program.

MEN'S, 8



FEATURE

Interested in ink? Turn to the feature!

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NEWS

Group of students represent WU at sustainability conference.

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OPINIONS

Read about the negative impact of careless use of mental health terminology.

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ASWU discusses new Bishop plan

CLAIRE MATTHEWS-LINGEN
ASWU SENATOR

Ed Whipple and Don Thomson spoke with ASWU last week about their proposed student healthcare plan. ASWU is in full support of the proposal to keep health services on campus by raising the student health fee to \$310.

The questions asked of Whipple and Thomson consisted of logistical questions about what the health services will look like as well as questions pointing out the issues in process. Whipple said he plans on keeping the Student Health Advisory Committee in place for continual evaluation and advocacy. He believes the chair of that committee will help smooth the process going forward. Raising the fee and retaining health services was what students recommended back in November.

Bishop health services will be fully restored, with the addition of a part time M.D. and another mental health counselor (which should reduce appointment wait times). They stated that this proposal was reached in part due to the priorities shown through student feedback. In addition, any services through Salem Health would have been fee based regardless. Whipple said, "you don't know what you have, until you go out and look at the options."

Whipple stated that he appreciates the focus of student leadership on solution based action, stating, "I changed my mind, a lot of it was students and how passionate they were." He also stated, "we will look to student leadership in the future." Senator Mackey expressed her appreciation for the administration hearing us on what students want. She, along with other senators, has hope for ASWU's relationship with the administration going forward.

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WU Womens lacrosse team coming to campus

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Beyond coaching Phillips to develop her skills at lacrosse, Lautenbach has served as a mentor. Phillips recalled, "I had some personal issues come up and she just sat and talked with me and that's something I really appreciate. Not everyone is ready to take on both the coaching of the player and handling the human."

Lautenbach recognizes that this team of women student-athletes are building a legacy here at Willamette.

"These girls get to be the first. It's really a very unique opportunity to pass down a tradition. It's incredible especially for female students to have that opportunity," Lautenbach reflected.

The fight to expand opportunities in women's varsity athletics is

sorely needed at a university where women make up the majority of undergraduate students but the minority of varsity student-athletes. According to the U.S. Department of Education's (USDE) 2016 - 2017 Equity in Athletics data analysis, Willamette reported that 224 men and 130 women participated on at least one varsity team as undergraduates. For perspective, Willamette CLA reported to the USDE an enrollment of 1,054 women and 796 men. Additionally, WU reported spending \$50,858 on recruitment for men's teams, but only \$14,418 for their women's teams.

The current reality notwithstanding, the fight for women student-athletes to receive just as many opportunities to play, just as much investment in recruiting and just as well-maintained of facilities

as their male counterparts is out there. Willamette's former women's rowing team took up the mantle of fighting for equality within Willamette Athletics following its dismantling in 2016. In protest, fourteen of the team's former athletes, including myself, brought a Title IX suit against the University, the result of which was a settlement between the two parties. Willamette Athletics agreed to establish women's lacrosse as a club sport and transition it to a varsity team by Spring 2019 and to add women's triathlon in the Fall of 2021. The full consent decree of Fawcett et al v. Willamette can be accessed from the homepage save-wucrew.webs.com.

The commitment to establish these two varsity sports is an important step towards providing equal opportunities for women in

athletics. Director Passage remarks, "It's incredibly exciting anytime you can add a sport. Especially a sport for our women athletes." As mentioned earlier, Passage reports that WU Athletics is "in the beginning stages of starting triathlon, and we'll be applying for a grant through USA Triathlon to help us fund that. I've already been contacted by several folks in the area who are excited about helping us coach. And at the same time, we're constantly taking a look at the possibility of adding other sports." If you are interested in becoming apart of newly added teams, you can fill out the athletics interest survey at wubearcats.com/information/titleix/index.

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JAMES HOODECHECK

Sarah Alper and Calyn Spevack practice in preparation for the first lacrosse season in Spring of 2019.

Eating for liberation creates food for thought

HEATHER PEARSON
STAFF WRITER

When I sat down with organizers Dr. Anne DeLessio-Parson and Sophia Brownstein to learn more about their upcoming event 'Eating for Liberation,' Dr. DeLessio-Parson set out tortilla chips, rice and beans for us to share.

"Food invites us into conversation every time we sit down to share the table," stated the Eating for Liberation website. "Through intentional, authentic dialogue that bridges life experiences, we can co-create new ideas for action."

This conversation bridging food and social justice is exactly what Eating for Liberation hopes to start. To do so, the event invites participants to share in a four-course plant-based meal on March 10. The menu is inspired by bell hook's "All About Love," and will take place at the Salem Convention Center.

Food justice advocates Salimatu Amabebe and Dr. A Breeze

Harper will speak at the event. Amabebe is a renowned artist and vegan chef who hosts Black Feast, a Portland monthly dinner series celebrating black artists and writers. Dr. A Breeze Harper is an academic and activist tackling is-

plant-based diets, social justice, anti-racism, [and] feminism," among other topics.

"Some people have called [Dr. A Breeze Harper] one of the most famous vegans of our time," said Dr. DeLessio-Parson, describing what

on a budget, activism, or prison abolitionism) which they will explore alongside other participants in-person and/or online. Then they will join in on the meal on March 10. Afterwards, they are asked to write three letters and create one

How do food and equity work connect? "As we nourish our bodies, we nourish our minds, cultivating the strength and resilience needed to be more engaged and caring members of our communities," writes Dr. DeLessio-Parson. Recognizing the personal as political, she explains, food choices and personal food philosophies can be politically radical.

The event is open to anyone interested in peace and justice, and artists and writers are especially encouraged to apply. The organizers stress that they "hope to find a balance of folks from different backgrounds and at different life stages for each theme," and that groups are welcome. Participants are not required to be vegetarian or vegan, though conversation will discuss vegan philosophy. The event is free.

Those interested can find the application at www.eatingforliberation.com.

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"As we nourish our bodies, we nourish our minds, cultivating the strength and resilience needed to be more engaged and caring members of our communities."

sues of "ethical consumption, the food system, and diversity," and is founder of the Sistah Vegan Project, which "serves as a supportive connection point for people of color (and others) interested in

a privilege it is to have her speak. "She challenges whiteness in vegan spaces and animal rights spaces."

Before the meal, individuals will be paired with a theme (i.e., community gardens, veganism

art piece about their experience. These post-event activities allow participants to take what they learn from the meal and create something from it which they can share beyond that space.

Sustainability conference inspires students



The eighteen Willamette students who attended WOHEC pose for a photograph.

NATALIE ROADARME
STAFF WRITER

This past week, eighteen Willamette students had the opportunity to attend a regional sustainability conference in Portland. WOHEC (Washington Oregon Higher Education Sustainability Conference) is a conference dedicated to inspiring change, facilitating action and promoting collaboration among students and faculty in the region's higher education institutions. WOHEC is particularly focused on allowing students to get involved in sustainability efforts on their campuses. The event did this by means of conferences, workshops and networking opportunities for guests.

With over 400 attendees and 100 speakers, the event had a wide reach and was of great benefit to all who came. Over half the guests were students, an integral part of the conference. Students who attended were given great opportunities to learn about implementing sustainability initiatives across their campuses and were presented with

sought after networking opportunities in the sustainability field.

Multiple members of Willamette's faculty and student body were involved in the creation and panels presented at the conference. Joe Abraham, who heads the Sustainability Institute at Willamette, was a strong force in the planning of the conference.

When asked about his involvement he commented, "I was part of an advisory committee for the conference made up of sustainability directors at colleges and universities in Oregon and Washington. We worked with the conference organizers, an event company in Portland called Social Enterprises, to develop the program. Several of us have worked with Social Enterprises in the past on similar conferences in Oregon and Washington, and this was the first time we held one conference for the region."

In addition, Jade Aguilar, Emma Sharpe and Carol Long presented on panels during the two-day event.

This year, the theme of WOHEC was 'Equity and Diversity,' a subject close to the hearts of many

guests. Although the traditional definition of sustainability encompasses solely environmental issues, the conference worked to broaden that viewpoint and allow individuals involved in higher education institutions to learn about the equity, social justice and diversity implications of sustainability.

This was organized through sessions on issues such as examining privilege in sustainability, intersectional environmental justice education, and incorporating social justice, diversity, equity and inclusion in higher education Green Fund programs. For sophomore Claire Pockell Wilson, the theme was one of the strongest aspects of the conference.

"Especially with the theme of equity and diversity this year, the panelists touched on a lot of important conversations and issues that are often left out in sustainability discourse. For me, it is so important to think about sustainability as an intersectional topic that includes the environment, as in the spaces we occupy, as well as equity and social justice."

Students who attended have the Green Fund to thank for financial sponsorship. Last year's Green Fund committee decided to become a sponsor and financial support of WOHEC 2018. In addition, the Green Fund covered financial costs for 15 Willamette students to attend the conference. This opportunity was greatly appreciated and beneficial to the sustainability education of all the students who attended. Pockell-Wilson, who is a member of the Green Fund Committee, spoke about the relevance of this conference to the Green Fund.

"Last year's Green Fund Committee decided it would be a good idea to sponsor WOHEC as the conference can serve as an inspiration for students hoping to submit a grant in the future. We were so thrilled to see students so excited and engaged in the material. I think everyone got a lot out of it, and I'm planning on moving forward with some projects with other students who attended."

WOHEC was an inspiring and constructive event, which completed its vision and gave students and faculty of higher education institutions wonderful access to information and resources. "It was really inspiring and motivating to see all the great work schools in Washington and Oregon are doing. I loved one of the opening keynote speakers, Pandora Thomas, who talked about her work in sustainability and equity. That was the most impactful moment for me," commented first year Olive Murdoch Meyer. First year Kristin Jradi also shared her appreciation for the conference.

"I think the conference was really impactful because it allowed us to learn about how other schools implemented their sustainable measures that we can learn from. I think it also served as a good opportunity for schools to network and communicate. I am excited to implement some of these measures at Willamette."

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Sanctions on Russia revoked

MATTHEW TAYLOR
STAFF WRITER

The Trump Administration sent shockwaves throughout the United States last week when it missed the Jan. 31 deadline to impose a new set of sanctions on foreign firms and governments doing business with Russia's defense and intelligence sector.

The sanctions were part of a congressional effort to punish Russia for its interference in the 2016 election, a topic which has garnered significant controversy throughout the past two years. The bill in which the sanctions were included, called the Countering America's Adversaries through Sanctions Act, passed through Congress by an overwhelming margin (419 to 3 in the house and 98 to 2 in the senate), and was promptly signed by the president.

According to a report by the Chicago Tribune, "the government had until Monday to take two steps under a law passed by Congress last year in the wake of the 2016 presidential campaign. The first required the U.S. to slap sanctions on anyone doing 'significant' business with people linked to Russia's defense and intelligence agencies, using a blacklist the U.S. released in October. The second required the administration to publish a list of Russian 'political figures and oligarchs' who have grown rich under President Vladimir Putin."

Regarding the first requirement, the government decided against penalizing anybody, despite strong evidence that several governments have multi-billion arms deals with the Russians in progress.

State Department spokesperson Heather Nauert backed up this decision, stating, "We estimate that foreign governments have abandoned planned or announced purchases of several billion dollars in Russian defense acquisitions." She refused to cite any specific examples or evidence.

The administration met the second requirement was met with similar disregard.

According to a report by The Hill, the legislation specifically required the administration to "provide a list of Russian persons and/or entities to be sanctioned for their closeness to the Russian regime as punishment for the aggression in Ukraine and Russia's incontrovertible intervention in our 2016 elections."

However, rather than drafting a "list of persons and entities close to President Putin whose sanctioning would present to Russia an unmistakable sign of our serious intent," the Treasury Department simply copied a Russian oligarchs from Forbes, "and thus displayed their 'compliance' with the legislation."

What followed was a maelstrom of congressional criticism and blowback from allies in the international community. Both the refusal of the administration to take meaningful action to enforce a law passed by Congress and its reluctance to take threats from Russia seriously has garnered serious concern among both groups.

This all comes as the administration's relationship with Russia continues to come under close scrutiny. It remains to be seen what action, if any, the administration will take in response to the intense criticism it has faced as a result of these actions.

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American companies attempt to internalize healthcare

KELLEN BULGER
NEWS EDITOR

Amazon, Berkshire Hathaway and JPMorgan Chase announced that they are intending to partner, with the goal being to "address healthcare for their U.S. employees, with the aim of improving employee satisfaction and reducing costs."

The release of this joint statement from the three giants in American industry certainly didn't happen quietly, as following the statement, United Health (the largest healthcare company by revenue) dropped 3 percent. Insurance providers Anthem, Cigna, Aetna and Humana all fell by at least 3 percent. All of this resulted in the Dow dropping more than 300 points a little over a week ago.

Despite the reverberations felt in the stock market recently, Jeff Bezos of Amazon, Warren Buffet of Berkshire Hathaway and Jamie Dimon of JPMorgan Chase see all this as part of the plan. Up to this point in American healthcare,

companies have largely stood on the sideline when it comes to care for their own employees. Many large companies are in fact self-insured and do not delineate this responsibility to a third-party. However, the aforementioned tech giants signal a face change in policy where instead of outsourcing all the responsibilities of running a health plan, the companies do it themselves. All of this with the intention of "reducing healthcare's burden on the economy while improving outcomes for employees and their families" said Amazon CEO Jeff Bezos.

The idea of employers taking healthcare into their own hands may undoubtedly seem like a major shift in healthcare dealings domestically, however on a global scale this is nowhere near the case.

In China, the government is largely supportive of large companies who reside in the country taking care of healthcare internally as it goes hand in hand with the country's goal to be a global leader

in artificial intelligence. This movement to integrate technology and healthcare needs is not a seamless one however. A Chinese search engine company "Baidu" attempted to create an app where patients could schedule doctor appointments, but only to have it scrapped shortly thereafter. Another company called Alibaba attempted to set up a website with the goal of being able to order prescriptions digitally, only to have it stopped two years after its inception as well.

So, while Amazon certainly occupies vastly different areas of the tech industry than your average smartphone app startup, there is one thing that's clear — American healthcare is complicated. Unfortunately, the silver bullet that we all hope for is likely not to come from even some of the most well connected entities within our own country. The road to affordable healthcare will likely not only be a long and winding one, but one that will also demand help from a myriad of independent actors.

However that doesn't mean that technological solutions to some of the smaller issues within our own system can't be apart of this long and winding road to affordable healthcare and at least at the moment, that seems to be a goal of Amazon's.

"The initial focus of the new company will be on technology solutions that will provide U.S. employees and their families with simplified, high-quality and transparent healthcare at a reasonable cost."

While the joint press release from the companies provided little specifics as to how their approach will be implemented, the mere fact that it caused the ripple through the American economy that it did, just by its suggestion, shows the demand for costs to go down. This multi-faceted approach moving forward could be a blip in the radar, but the motivations behind it will not—that's known.

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Dimensions of popular Valentine's Day sweet

JAROD TODESHI
 STAFF WRITER

Valentine's Day, like many other holidays, is partially built on a chocolate framework. Truffle-filled and edible hearts dressed in their finest pink and red ribbons grace the shelves of convenience and grocery stores everywhere. Chocolate takes no prejudice on the single, either, who can take advantage of the left-over clearance discounts on Feb. 15th the real holiday.

Chocolate's Valentine's affiliation might also be tied with its position as an aphrodisiac. History traces back to Aztecs linking the cocoa bean with sexual desire, a claim that has been contested, and proven over time. The New York Times reported that scientifically, the chemical construction of chocolate can be credited as, "one, tryptophan, is a building block of serotonin, a brain chemical involved in sexual arousal. The other, phenylethylamine, a stimulant related to amphetamine, is released in the brain when people fall in love."

Because the amounts of these chemicals are so minute in chocolate they wouldn't impact people's behavior in normal consumption amounts, so the refrain of the correlation might just be coincidentally hyperbolic.

It suggests however, that across time people have never needed an excuse to consume chocolate. In the present, half of the candy consumed per year contains chocolate. It was even considered an essential in rations for United States soldiers during World War II. Incorporating it into your sustenance beyond its notoriety as celebratory sweet could even prove beneficial.

The spectrum from baking cocoa to white chocolate is differentiated by various levels of fillers diluting the essence of the original acidic bean. Dark chocolate must contain at least 35 percent of cocoa solids, while milk chocolate must be 10 percent liquified cocoa and 10 percent whole

milk. White chocolate is mostly butter, milk and sugar with trace amounts of actual cocoa.

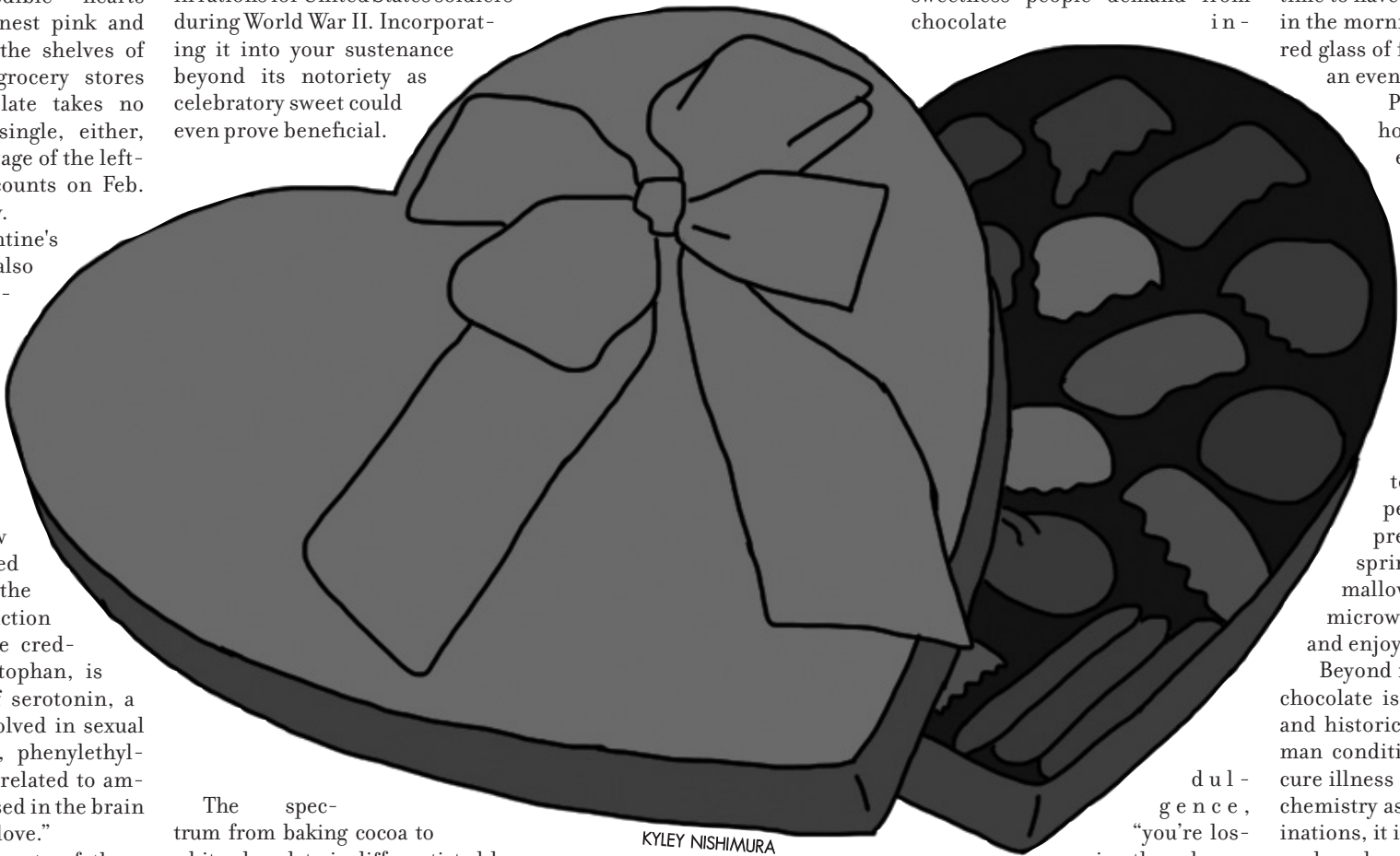
Dark chocolate has antioxidants that can help boost blood flow and prevent cholesterol accumulation in

On the relationship between cocoa levels and health benefits, Dietician Nurse Rachel Snyder said, "At 100 percent, that cocoa would have a lot of benefits," but as the additives start to shape the sweetness people demand from chocolate

of tastes, conforming pleasantly with both sweet and savory flavors. Whether its orange, mint or tree nut inspired, chocolate can be very enjoyable chilled in the freezer or refrigerator. There is never a bad time to have a bit, if you're rushing in the morning or pairing it with a red glass of fellow antioxidants for an evening unwind.

Packages of powdered hot chocolate can also easily become a rich and fun microwave mug brownie. Use a mug to thoroughly mix up one pack with two tbsp melted butter, two tbsp water, four tbsp of flour, a splash of vanilla extract and pinch of salt to taste, adding or omitting up to two tbsp of sugar depending on sweetness preference. Sprinkle sprinkles, nuts, marshmallows or nothing on top, microwave for one minute and enjoy with a spoon.

Beyond its eclectic reputation, chocolate is a great comfort food and historically bound to the human condition. Even if it fails to cure illness or influence our brain chemistry as it might in our imaginations, it is securely good for the soul, and a comfort all should enjoy no matter what day of the year it is.



KYLEE NISHIMURA

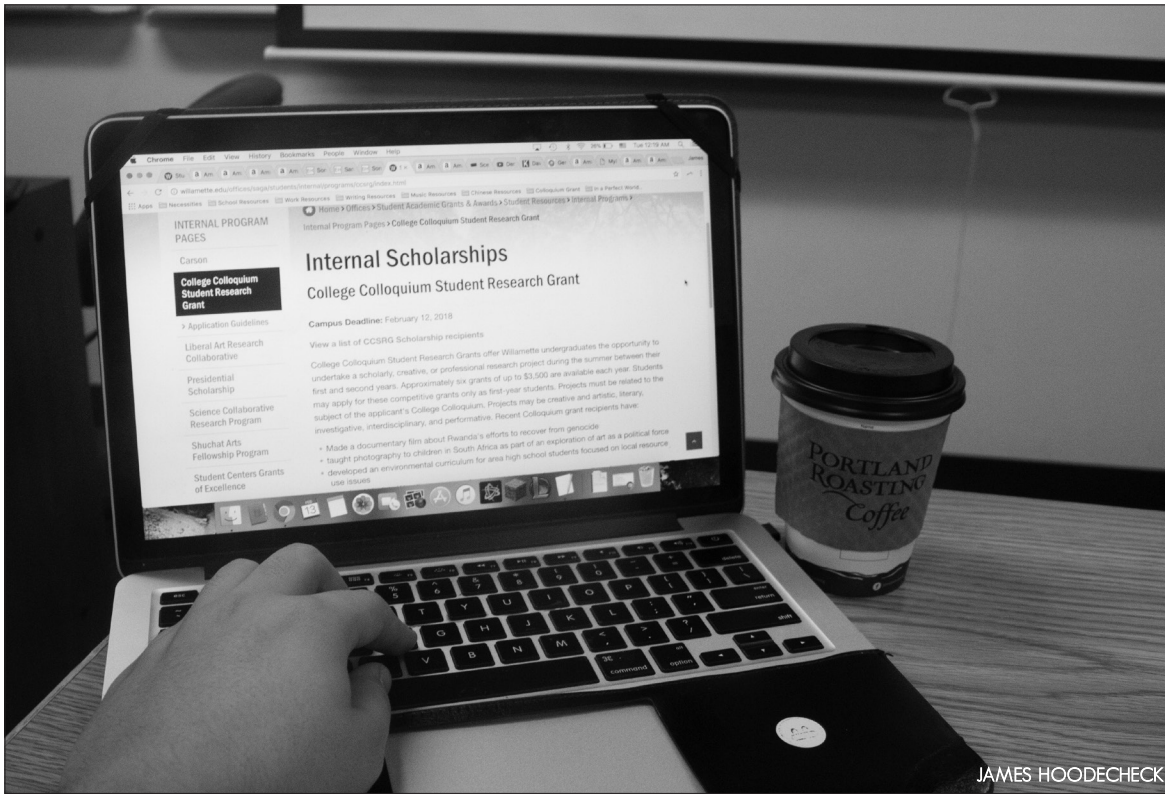
dul-
gence,
"you're los-
ing those bene-
fits." Good news for

those who prefer a bitter bite from their Ghirardelli or Hershey treats.

Depending on preference, there is plenty of chocolate available to satisfy even the pickiest

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Grant yourself an opportunity of further education



RAQUEL REYNOLDS
 CONTRIBUTOR

Closing in on the fifth week of school, many students have found some rhythm around the mountainous of homework and never ending stress to turn their eyes to the future. As summer quickly draws closer, many students may be looking for ways to expand upon their academic career. For most, this is an investigation for internships and related jobs, but there is also another learning opportunity: grants.

Whether for creative independent research or professional support of an undergraduate program,

the opportunities are boundless. The use of a grant to benefit one's interest may be a daunting task. Many have no idea where to start or what they should do. But fear not, grants are your friends and they're here to help!

Grants are funds or products that are dispersed with no intent for repayment by a party. They are divided between internal and external sources. The internal grants are school sponsored, with a priority on Willamette student application, while external grants are open to the general public. External grants exist all year round with diverse focuses but generally also a more narrow focus on requirements.

Either way, the application for a grant is an involved process best not left until the last minute, unlike your homework. Below are some of the schools internal grants with upcoming due dates. Due to the diversity of external grants, it is advised the one educate for themselves on specifics.

You can find further information on Willamette website section: "Willamette's Student Academic Grants & Awards: Program List."

Or, if further interested in any grants, contact your advisor or the Career Center for an appointment. So me due dates have already past but it is never too early to start thinking about next year.

Internal Grants with description quotes provided by Willamette's Student Academic Grants & Awards.

LIBERAL ARTS RESEARCH COLLABORATIVE (LARC 2.0):

Due January prior to summer grant work.

"Program provides selected undergraduate students a collaborative research experience during the summer with faculty in the arts, humanities, or social sciences."

SCIENCE COLLABORATIVE RESEARCH PROGRAM (SCRP):

Due mid February.

"Program provides selected undergraduate students a collaborative research experience during the summer with faculty in the natural sciences."

COLLEGE COLLOQUIUM STUDENT RESEARCH GRANT:

Due February 12, 2018.

"Summer research or creative projects related to freshman colloquium. For Freshmen only."

SHUCHAT ARTS FELLOWSHIP PROGRAM (SAFP):

Due February 19, 2018.

"Program provides students in the arts an opportunity to develop their expertise through significant independent summer projects, working under the guidance of close faculty members."

CARSON:

Due March 5, 2018.

"Summer Research/Creative projects for sophomores and juniors"

PRESIDENTIAL:

Due April 2, 2018.

"Summer research for rising seniors"

STUDENT CENTERS GRANT OF EXCELLENCE:

Due date varies program to program.

"A variety of programs sponsored by the Centers of Academic Excellence"

Additional Grants at another webpage Willamette page for Internships Funds at Vocational Discernment which can be found at http://willamette.edu/offices/careers/students/voc_discern/grants/index.html.

These can be used specifically for assisting in accessing professional internships.

CATHERINE D. LUTZ FUND:

Due May 1.

"Awarded to students from historically underrepresented groups and that have unmet financial need."

JOSEPH AND ROSANNE HOFFMAN FUND:

Due May 8.

"Awarded to any full time junior or rising senior enrolled in the College of Liberal Arts who is working as an intern at a professional, for-profit business organization."

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The fork in the road: self-care versus self-indulgence

JULIA DI SIMONE
 STAFF WRITER

If you get your mental health advice from Tumblr, you might think that the best way to take care of yourself is to curl up into a burrito of blankets and watch Netflix for as long as your heart desires. I understand this sentiment, but I have learned that this advice doesn't actually help me when I'm in my lowest moments. Of course, we all need time to be idle and simply veg out (or go out) on a Friday night, but it has become important for me to distinguish between taking time for quality self-care and mindlessly indulging myself.

What I've learned from spending most of the spring semester of my junior year in bed is that isolating myself when I'm depressed doesn't actually make me feel any better. Skipping my morning class to lay in bed with my smartphone is not me making a revolutionary decision to prioritize myself and treat myself. It's doing exactly what my depression wants me to do.

It took courage to face the fact that mindlessly spending hours on YouTube doesn't feel rejuvenating. So instead, when I feel down, I try and ask myself, "What do I really want?" This question is important because instead of prioritizing the short-term and seemingly irresistible desire to isolate myself and retreat further into my hole, it makes me consider what I want for the long term.

When I honestly answer this question I discover a way I can truly replenish. And yes, sometimes replenishing does mean vegging out in front of an early episode of "Glee." But with surprising frequency, the answer is that I truly want to push myself to go class, even though it's hard. Sometimes

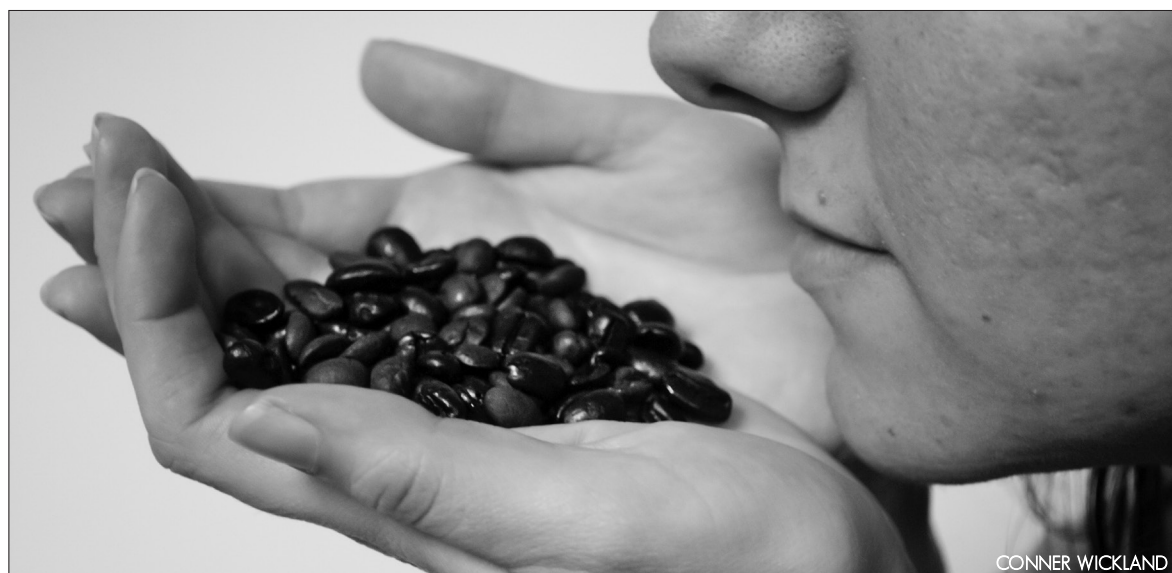
my deepest desire actually is to leave my house for a walk even though it's scary.

I also notice that when I'm not being proactive and intentional about my self care I have a harder time dealing with being overwhelmed. When my self care routines get pushed to the back burner, I tend to cope with anxiety by numbing myself out. I built self-care routines for myself I practice regularly. This let me escape from the stressful demands of life while also keeping me in the present.

I have comfort objects. I love having tactile, sensory comfort items I can intentionally turn to when I feel a spike of anxiety. Smelling coffee beans, snacking on a Cliff bar or listening to Beyoncé can help connect me to my senses, helping me feel grounded in the moment and less likely for my mind to be taken away into an anxious spiral. Consider carrying around items that have an interesting scent, sound or texture.

I establish routines. I wake up and go to sleep at more or less the same time each day. I study during certain blocks of time and carve off Friday afternoons for cleaning my kitchen and Friday nights for spending time alone. Consider planning daily routines so you can spend less mental energy worrying about what is coming up next in the day.

I play sports. The truest escape I have is athletics because I physically cannot think about my homework or my personal life when all my mental energy is focused on racing across Sparks field without letting the ball fall out of my lacrosse stick. That two hour respite is powerful because it allows me to hit the reset button. The hours after practice are consistently my most focused and



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energetic ones where I feel the most in love with my life. Think about an activity you can completely lose yourself in and see if an on-campus organization can help you practice this regularly.

Lastly, I exercise. My mind always seems to be running at 100 miles an hour. So when my body is stationary for too long, I can start to feel restless and trapped within my own body. Regular movement,

whether indoors or out, may be able to help you feel more energized, too.

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The U.S. government censors movies

CONTINUED from Page 1

Another surprising example of government media involvement is an episode of "Top Chef" of all things. The episode was filmed at the CIA headquarters, the George Bush Center for Intelligence, and featured then CIA director Leon Panetta. Panetta skipped the last course to do work requiring his attention. Or was it a ploy to reinforce the importance of military personnel's time?

The United States government likes when eyes are kept off of its activities. Did you know that the current administration is refusing to enforce Russian sanctions past near-unanimously by Congress? Probably not, just as you likely didn't know that filmmakers are forced to compromise their movies to act as more efficient propaganda for the military. When you next watch "Kill Gun 6: Kill More," or another piece of media involving military equipment, location or personnel, ask yourself what might've been changed in this process, and whether the film should be working as the Department of Defense's public relations department.

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Volunteer with Peace Corps, make a difference

SARA FULLERTON
 STAFF WRITER

A couple weeks ago, you may have noticed a Peace Corps recruiter in the University Center lobby. In case you've been curious about the organization but haven't looked into it yet, I hope to offer some important background information here.

Peace Corps is a government agency of the United States that sends volunteers to locations in over 60 countries to do direct service in one of six areas: agriculture, community economic development, education, environment, health or youth in development. Accepted volunteers agree to serve for two years.

Peace Corps partnerships are established at the request of the host country or organization. Volunteers are trained to work directly with community members, providing education and resources that will sustain the work after the volunteer departs. They look for applicants with past experience in their desired area of work.

Competitiveness varies with the program. The education sector is most popular and largest. The agriculture sector is most in need of volunteers.

Anthropology professor Joyce Millen and Spanish instructor Julie Veltman both served in the Peace Corps shortly after graduating from college. Their per-

sonal experiences offer an antidote to the simplifications that often come from a website or recruiter aiming to promote an organization.

One major takeaway I gleaned from my conversations with Veltman and Millen is that one must interrogate and complicate their vague sense of wanting to do good in the world. This starts by coming to a place with an understanding of its history.

Veltman says, "It is important to understand the role of the US Government in creating and perpetuating policies that exacerbate poverty in many countries. In a perfect world, the structures wouldn't have been created where [this] kind of work [is] needed . . . I feel good about the work I did . . . But I do see the way in which that work is complicit in a larger system of creating these inequities."

This said, Veltman reflected that it is easy to get "frozen" in the idea that "no organization is pure enough, in which case one ends up doing nothing."

One should approach service with the understanding that they will not have the tools or insight to improve conditions immediately. As Veltman says, "If it were that easy, if a 21 year old were able to do that, then it would've happened a long time ago."

Choosing to serve in Peace Corps shortly after college — as many volunteers do — means

coming to the work at a highly impressionable age. Volunteers like Millen look back and realize how invaluable it was for them to "grow up," in a sense, in the location they served. She said that the locals where she worked in Senegal were "more comfortable in their skin" than many people she had known back home.

At the same time, living in a foreign environment will put you in contact with realities you had no previous framework to hold, and for this reason, the questions of whether and where to apply should be visited with care and attentiveness to one's own limits and needs.

Applicants can either select a specific program, or submit a general application for Peace Corps to place them in progress based on skills and experience.

While putting in a general application allows higher likelihood for acceptance, Millen cautions that "where you go matters tremendously."

The choice to apply blindly should not be taken lightly. As Millen says, "It's a risky few years, and the people who go through it are emboldened, and come out strong with quite a sort of armor. But it's not for the light of heart."

There are intensive trainings upon acceptance: pre-service, mid-service and upon completion. Typically, all volunteers accepted to one program train

together in that country and are then split up to work in different communities. Working individually offers volunteers a better chance to integrate into the local environment, where they often live with community members.

Pre-service training is multi-dimensional, offering language, technical skills and health and safety training.

The Peace Corps application is free, and all costs associated with the position, including flights, medical care et cetera, are covered. Volunteers are offered compensation for living expenses about equal to the average income in the community they live. Once home, volunteers receive \$8,000 (pre-tax) to use as they wish as they transition back. Volunteering also opens up opportunities for reduced tuition rates and stipends for graduate schools.

Typically, applications are posted about 11 months before departure. Applications are due about eight months pre-departure date, and applicants learn if they've been accepted about four months beforehand.

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The point Taking on time, s

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In American culture, tattoos have been a symbol of class, character and values. As millennials enter the workforce, the attitude about tattoos has shifted from one of general distaste to a social normality. Most if not all people have strong opinions on the subject, as tattoos are an individual and personal endeavor.

The origin of the word tattoo is still debated, though it is thought to be derived from the Polynesian “ta,” which means “to strike,” in combination with “tatau,” meaning “to mark.” The role of tattoos and body modifications in ancient civilizations is also debated, though in 1991 a fossil with over 57 tattoos was discovered. The fossil was discovered by German hikers in the Otzal Alps and was carbon dated has more than 5,300 years old.

The community has grown larger over the years as now people are getting tattooed more and more often, especially millennials. Growth of any community comes along with social changes and important conversations. We talked to some local tattoo artists and students to take a look into their

experiences with tattoos.
MEANINGS

Tattoos in general are eye catching, and it is not uncommon for people (especially females) to receive unwanted attention because of this. In social situations, having a tattoo can be seen as an invitation to ask questions.

One of the biggest questions tattooed people get is, “What does it mean?” It often seems like people, ones that are tattooed and ones that are not alike, feel like you need a deep, personal meaning to justify getting tattooed. However, while that is true for some, it is not for others.

For example, Asalia Arauz (‘19) said, “For the most part each one has a meaning or has been inspired by where I am/have been in my life.”

Zoë Jordan Oketch-Oduwo (‘20) explained another type of thinking that is also popular in the community, saying, “I don’t think your tattoos need meaning, I think they just have to be true to you. We are constantly changing and developing as humans and I feel tattoos can just be memories of who you were when you got the tattoo. They don’t have to have outside meaning attached, why can’t they just be good enough for you to love and appreciate?”

It is also not at all uncommon for people to have some tattoos that have deep, personal meanings, and others that are solely decoration.

It is important to remember these two ways of thinking when you are asking someone the meaning behind their tattoos. First, before you even ask, consider your relationship to the person and if you think it is actually your place to ask.

Some tattoos have incredibly personal stories behind that the owner might not want to share. No one is entitled to hearing the story. Even though the owner can always say they don’t want to talk about it, it can put them in a stressful situation or make them feel like they are obligated to. If this is your first conversation with the person or you do not know them well, consider not asking this potentially deeply personal question.

Giving voice to those experiences, Liam Chambers (‘21) expressed, “I know it’s generally a harmless question that comes from a good place, and people are curious about this subject that means so much to me. But usually when I feel like I’m put in a position to explain something with deep meaning to me, I feel as though I don’t give enough credit to the idea that motivated me, or that something very important to me is under fire.”

On the other hand, if you ask the meaning, someone might respond with the sentiment that it doesn’t have a meaning, they just wanted it. Even if you do not like this answer, remember that it is their body and as long as their tattoo isn’t offensive or inappropriate, as long as they like it that is all that matters.

GENDER IN THE TATTOOING INDUSTRY

Tattooing like any industry, grows and evolves with the times. The tattooing community is not excluded from unhealthy gender-based treatment, for both clients and artists. However, in line with the #MeToo and Hollywood’s #Times Up movement, we are seeing the tattoo community push back against abusers and various forms of gender discrimination. Now more than ever, people are telling their stories and exposing abuser’s names.

Platforms have been created to get survivor’s stories viewed by many and to allow more people to know what tattoo artists have acted as abusers. One such platform is the Instagram account @watchdogtattoos. While the page was not started long ago, it already has 25,300 followers.

A photo on their page was accompanied with a caption that explains its purpose as: “This page simply advocates awareness of predators in the tattoo industry and to connect survivors to resources.”

Women who pursue a career in tattooing can also face roadblocks and inappropriate behavior that male counterparts do not usually experience. Similar gender-based treatment appears in most communities, but here are

some examples as to how it manifests in this community.

Becca Nushell, a tattoo artist at the Oregon Body Art Center, spoke to a point in her career where she was treated unfairly in a studio she used to work at.

“I did work at a shop where the guy, when I got hired, told me it was a boys’ club, and I didn’t really understand what he meant at first and then I realized as I worked there it was because he was going to treat me like less because I was female... I worked there for about a year before I just couldn’t put up with it any more. I don’t like being down talked just because I am a female, and told I’m no good just because I’m female.”

She also spoke of a time where a woman told her that her husband would not be tattooed by a woman. Nushell pointed out the inherent sexism in that thinking, saying, “I don’t know what your gender has to do with the art that you do and the style that you do. I think that’s more important about picking the artist than the gender.”

She continued to explain that now she tattoos just as many male-identifying clients as female-identifying ones. However, some women will specifically seek out another woman artist.

“They want more personal tattoos [and to] that they feel more comfortable,” she explained.

TRENDS

Over the last thirty years, tattoos have become increasingly popular. Thus, the tattooing industry has grown and evolved with the society it serves. At first, tattoos were often seen as an act of social rebellion and associated with both labor unions and military men. Where and when a person is tattooed has great influence on the type of ink.

Like any industry, trends come and go. “We all remember the dolphins and the tattoos around the bellybuttons in the 90s when everyone was picking things off the wall,” said Nushell.

The internet and social media has also influenced trends in the industry. Inspiration boards and art sharing sites have greatly influenced how tattoos are chosen. “Now everyone is picking things off of Pinterest so whatever is popular on Pinterest is what’s popular so you’ll see a bunch of dragons in a wave, then a bunch of infinity symbols,” said Nushell.

As for current trends, they lean towards individuality and expression. “Right now people are really trying to be individualized...



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of tattoos tigma and gender

Right now we've got a lot of people who want very custom stuff, which is fun for me. I don't really like doing things that people bring in, and they are like I want it exactly like this. I like to customize things and make them my own," said Nushell.

The Internet has also helped transform the perception of tattooing at tattooed people. Since people are appreciating it as a visual form, tattooing is growing into its own as an artform. "I personally like that tattooing is going more in the direction of fine art, and hope it continues that path," said Willamette alum Delan Canclini, owner and artist of Salem's The Underground Ink.

Both artists talked about how people are more often seeking custom art. While flash sheets— pre-drawn tattoos that are usually chosen by and tattooed on many people—are still popular, custom tattoos are in increasingly high demand. For these tattoos, clients usually describe their idea and the artists bring it to life. Sometimes people even let their artist run wild and give them a lot, or sometimes full, artistic freedom.

ACCEPTANCE

It is no secret that millennials are the most accepting generation when it comes to tattoos in the United States. However, this acceptance has also inspired people belonging to older generations to change their negative perspective.

"My mom definitely was not very accepting of my career when I first got into it, now she loves it and she thinks it's great," explained Nushell.

In older generations it was common to see someone with tattoos and judge them to be criminals or bad people because that is what they were associated with. However, it is getting harder to maintain that association with the amount of people that have them and have respected professions and stations in society.

Many students have felt the push and pull across generations. Arauz spoke to this, saying, "Most of my friends were really excited to see my tattoos they always like to hear the story behind them or when I got them. My family was a bit more different. My abuela was not to excited but she didn't say much other than to not get anymore, my Dad was a bit more vocal about my not getting tattoos in super visible places and he never asks me why I get them nor attempts to talk about them."

Zoë Jordan Oketch-Oduwo ('20) was the first in her family to be tattooed, and spoke to this experience saying, "No one in my family has tattoos except for me! My par-

ents are foreigners from very conservative backgrounds and by the time they were open to the idea of tattoos, they had grown out of wanting to get one."

That being said, her family was very accepting of her artwork. "My mom and aunt actually took me to get my first one and they were very chill about it. I liked that I didn't have to hide it from anyone. All of my extended family responded well to it too! My second one I did without telling anyone and they still were okay with it, which was surprising to me!" she explained.

A major reason people tell you not to get tattooed is because they believe it might bar you from being hired. However, "More people have tattoos on their faces and hands and can get jobs in regular places," explained Nushell.

"I tattooed my daughter's kindergarten teacher. She comes in and she brings her friends and the teachers at the school love to talk to my daughter about the fact that they are getting tattooed by me," Nushell continued.

Of course, it is still not bad idea to think about if a tattoo will make you less employable before you get it.

"I would like to imagine that the social feeling around tattoos is becoming more positive and inclusive, so that people don't have to worry about getting tattoos and getting a 'good' job or being profiled as dangerous and less professional, especially when thinking of certain cultures that use tattoos in ritualistic, traditional and/or celebratory ways," said Arauz.

However, if tattoos continue to grow as they have been and more people get them in noticeable places, people still need to be hired and it will be less of a problem if it is more common. As millennials grow older and are granted more positions of power, they will probably hire more people with noticeable tattoos since they belong to a generation with much less bias against them.

In general we'd hope that employers are moving away from things such as gender, appearance, and other physical characteristics to determine who to hire. In theory, these things should be determined by one's credibility, experience and work ethic. Outward appearances do not always determine one's character. Tattoos as a notorious grey area, on one hand they can demonstrate one's creativity or acceptance of their body. On the other, they were originally associated with labor unions and members of the armed forces, so to see a 5'3 girl with tattoos

defies these social conventions. Whether you see this as a negative or positive thing is your opinion, but it shouldn't affect how someone contributes to the workplace.

As for acceptance within the community, many artists have found a group they feel easily accepted into and happy in. "I started six years ago so my feelings of 'acceptance' haven't really changed. I have always felt like I found my home when I found tattooing and no one has made me feel otherwise," Canclini explained.

THE FUTURE

Looking forward, tattoos are on the track to become more thoroughly accepted in society. While it is not currently too common to see the elderly with tattoos, as current younger generations age. That will no longer be an uncommon sight. If tattoos remain popular in upcoming generations, and it is hard to imagine an art form with so much history disappear any time soon, that will mean a larger amount of tattooed people than ever. More visibility almost always comes with more acceptance.

As for the industry in general, Canclini predicts more social acceptance. "In the future of tattooing... [there] will probably [be] slight technological advances. It really hasn't changed much in a century except sanitation, and definitely more social growth. More people are getting them and they are becoming more accepted in the workplace."

That does not mean people are not trying to develop new techniques and types of ink, they just might not prove to be popular or stick around.

Nushell explained an example of an invention she does not think will take off: "A lot of people are telling me about the tattoo machines that tattoo automatically, I don't think those are going to go anywhere... There is something different about personal art that someone creates then being stamped by a computer."

Following Canclini's idea that tattoos are following the fine art track, Nushell commented that artist quality will continue to improve because, "there are so many people willing to help you, it's not trade secrets any more... so people are advancing really quickly."

When artists' talent are more fully recognized, Nushell believes, "people are going to be more trusting of their tattoo artists... [There will be less of] I want this exact piece and I want it right here. There will be more

this is my idea, what can we come up with." While people already do this, more people are likely to start as the experience of getting tattooed becomes increasingly becomes more mainstream.

CONCLUSION

Humanity has always been wrapped up in images, and now more than ever we place value upon iconography. Whether it be cave paintings, street art or tattooing, iconography has held a prominent role in our traditions, ceremonies and cultures. With the expansion of social media, it is no surprise we've taken images from the screen to our skin. As more and more tattooed millennials enter the workforce, the perception of tattooed individuals is shifting. Tattooed individuals hold less of a negative connotation in the workplace, and are seen as individuals, separate from their ink.

While these changes are positive, it is important to remember that body modification is a personal and intimate process. As the perception of tattooed individuals changes, so will the etiquette when asking about someone's artwork. As time goes on, tattooing will most likely continue to expand into the world of fine art, and be recognized as a valid form of expression for both artist and client.

ARTIST'S INFORMATION

To get tattooed by Delan Canclini, visit The Underground Ink at 189 N. Liberty St. B7, Salem, OR 9730. To take a look at his portfolio you can visit their website or find his Instagram at @delan_c.

"[We] specialize in custom artwork and unique tattoos... if anyone has questions about tattoos, the process, or anything else to let me know," he said.

You can find Becca Nushell at Oregon Body Art Center, 1705 State St, Salem, OR 97301. Her favorite style of tattoos are watercolor or ones that have bright colors. She also is the host of Tiny Tattoo Tuesday, a popular event around Willamette students. You can schedule a free consultation with her on the website Schedulicity at Tattoos by Becca Nushell. Her Instagram is @tattoos-bybecca and Facebook is Tattoos by Becca Nushell.

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Is this the year Cleveland won't be able to turn it on?

ALEXANDER GORDON
STAFF WRITER

The last three years that the Cavaliers have made the finals their regular season records were 53-29, 57-25 and 51-31. The argument has always been that the record, and more specifically the regular season defense, doesn't matter. They'll always have LeBron come playoff time and that will be enough for any opponent they face in the East. In fact the year they actually won the title they had a negative overall defensive rating, but they could get the hypothetical stop when it mattered. An average defense was all they needed in or-

der to prop up their traditionally impressive offense.

Much has changed since then however, most significantly the departure of Kyrie Irving. He was one of the reasons that the Cavs offense could reach another level of deadliness. He is a brilliant offensive player, deserving of adjectives that go beyond the general praise lavished on most all-stars in this league. In a recent Bill Simmons podcast with Jalen Rose (two of the most insightful analysts in NBA media) Simmons made the point that once you get to a certain level of playoff competition there are only nine or so players in the entire league that really move the needle for you one

way or the other. We have seen, with his dazzling performances in the last three finals that Irving is undoubtedly one of those players.

So the Cavaliers traded away one of these nine players without getting one in return. Isiah Thomas, to his credit, has shown that he is capable of making a significant difference for a team as well. The issue is that Thomas is still nowhere near this level of performance. He has looked tentative and significantly out of sorts since his return on Jan. 2. This is understandable, considering the gravity of his injury, but then you begin to hear the dysfunction rumors. For the last few years, the Cavs have

always been the subject of some kind of inner turmoil, and almost always it has blown over or at least not affected the on-court product when it mattered most.

This year however, there seems to be much more cause for legitimate concern. A few weeks ago three prominent Cavs players anonymously pulled reports behind the curtain and revealed that they thought that they weren't going to be able to pull things together come playoff time. Kevin Love was called out in a recent players only meeting for exaggerating the extent of his illness, and is now out for 6-8 weeks with a broken hand. Trade rumors continue to swirl,

but when you look hard at them, most seem like they wouldn't really be all that impactful. Especially with Demarcus Cousins' incredibly disappointing recent injury, names like Deandre Jordan and George Hill don't really inspire salvation. With the improvement of the East the Cavaliers currently sit only two games outside of the sixth seed in the conference. The pieces might still be there for a fourth consecutive finals run, but the odds of them finding that switch seem smaller than ever.

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Willamette Baseball team goes 2-2 in Grand Prairie, Texas

JARIN KOBASHIGAWA
STAFF WRITER

Over the weekend the Willamette Baseball team traveled to Grand Prairie, Texas. On Friday, at AirHogs Stadium, the Bearcats lost to both Texas Lutheran and LeTourneau by one run. Matt Steindorf, a junior from Granite Bay, California was the starting pitcher against Texas Lutheran and kept the game scoreless until a Texas Lutheran player smacked a homer in the bottom of the fourth. Later, at the top of the sixth, junior Brendan Natuzzi got hit by a pitch. Junior Cole Pursell followed with a ground-rule double.

Senior Eric del Prado pulled a double down the right field line to score Natuzzi and Pursell to take the lead 2-1. Senior Perry Van Eckhardt had a leadoff single in the top of the seventh. A sacrifice bunt by senior Mason Fessler moved Eckhardt to second base and a throwing error advanced him to third. A sacrifice fly by senior Troy Conway brought Eckhardt home. Texas Lutheran scored two runs to take the lead in bottom of the seventh. The Bearcats could not create anything offensively for the rest of the game.

Later that day, at 6 p.m. the Bearcats played the second game of the day against LeTourneau and lost 10-9. The Bearcats scored six runs in the first inning. Sophomore Joey Faudskar and Eckhardt both singled. Natuzzi loaded the bases for the Bearcats after being hit by a pitch. del Prado scored Faudskar on a sacrifice fly. A single by junior Connor Bailey brought Eckhardt home. Senior Jack Brett drove in Natuzzi on a grounder to second. A single up the middle by first year Kyle Underwood brought Bailey home. After junior Tyler Janitz singled, Conway smacked a two-run

triple to right center. Following a walk by Underwood, first year Tyler Vandemark, who pinch-ran for Underwood, scored on a single by Conway. In the bottom of the eighth the Yellow Jackets scored eight runs on a couple of singles, doubles and lucky bounces. In the top of the ninth Bailey led off with an inside-the-park home run to bring the Bearcats within one run of the Yellow Jackets, but that was the last offensive move by the Bearcats.

On Saturday, the Bearcats got their first win in Texas, beating Hardin-Simmons University 14-3. No extra base hits occurred in this game but the Cowboys had five errors which allowed the Bearcats to score majority of their runs. Brandon Nelson, a junior from Murrieta, California started the game for Willamette and went six innings, allowing only two runs. Two runs were scored in both the first and second inning. Eckhardt's and Natuzzi's walks both led to runs.

In the second inning, Janitz bunted for a single. Underwood and senior Cameron Igarashi walked to load the bases. Janitz scored on a wild pitch, while Underwood scored on a sacrifice fly by Eckhardt. Three runs were scored in the sixth on a two-run single by Eckhardt and an RBI single by Natuzzi. In the seventh inning, five runs were scored on three errors, and additionally two earned runs were scored on a single by Bailey to make the score 14-2. Junior Nathan Gilman came in to pitch in the seventh and eighth and struck out four batters. First year Liam Keefe closed the game and allowed no hits.

On Sunday, the Bearcats played their last game in Texas against the Hendrix Warriors and beat them 8-2. Willamette scored three runs in the first inning. Faudskar led off with

a walk and then stole second with his blazing speed. Natuzzi walked and then Bailey drove Faudskar and Natuzzi home. Bailey later scored on a wild pitch. Ben Whitten, a sophomore from Danville, California was the starting pitcher and threw five innings allowing only two runs to score. In the second inning Underwood singled and scored after Conway's triple into right center. Conway scored that

same inning on Eckhardt's single. In the bottom of the fifth, del Prado reached first base on a walk and later scored on a balk. In the seventh Janitz's double scored Bailey, who got on from a walk. Brett's fly out to the center fielder scored Janitz. First year Jason Snare entered the game after Whitten and registered three strikeouts and allowing no runs to score in a span of three innings. Harbour

Harrison closed the game in the ninth and struck out a batter.

On Saturday, Feb. 17, the Bearcats will play their first Northwest Conference three-game series against Linfield University and is scheduled to start at 11:00 a.m.

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Senior guard Conin Oishi looks to make a play against Whitworth University on Friday night.

Bearcats Swim at the Northwest Conference Championships

DANI SAUNDERS
STAFF WRITER

Both the men's and the women's swim teams were in Federal Way, Washington this past weekend competing in the NWC Swimming Championships. The championship meet began on Friday, Feb. 9, with four Bearcat swimmers qualifying for the 'A' category finals while six clutched a spot in the 'B' category finals.

In the 'A' category finals, first year Ben Fritz qualified in the men's 500-yard freestyle, sophomore Niki Kates and senior Cassie Tallman qualified for the women's 200-yard individual medley and

sophomore Ben Hedman qualified for the men's 200-yard individual medley. For the 'B' category, junior Anna Burdine and senior Kate Harvey both qualified for the women's 500-yard freestyle, sophomore Colin Hakeman qualified in the men's 500-yard freestyle, senior Mark Yuvenco qualified for the men's 200-yard medley and junior Rachel Harvill qualified for the women's 50-yard freestyle.

Sophomore Ben Hedman swam his way to a new Willamette University record for the men's 200-yard medley with a time of 1:55.78. Tallman placed fifth overall in her race with a time of 2:11.76 in the women's 200-yard individual

medley. Niki Kates finished seventh with a time of 2:13.07. Burdine placed second in her race in the 'B' category, but was 10th overall in the women's 500-yard freestyle. Ludwig placed first in the 200-yard individual medley in the 'B' category, earning him a spot of ninth best in the entire meet. Lastly, Harvill placed 15th overall in the 50-yard freestyle.

Saturday was a big day for the Bearcat swimmers as well. Hedman ranked third overall in the men's 400-yard individual medley, senior Ashlyn Witherwax set the record for the women's 100-yard breaststroke and Kiley Lin set the record for the women's 100-yard

butterfly. Although Witherwax set a new school record with her time of 1:06.68, she placed seventh overall in her race. Kiley Lin also placed seventh overall in her race. Lin also placed seventh in the women's 100-yard backstroke and was followed by fellow Bearcat Niki Kates (earning eighth in this race). Hedman, with his third place time of 4:10.06 in the men's 400-yard individual medley, earned him a spot on Willamette's record boards, inching into the fifth spot overall.

On Sunday, three Bearcats reached the 'A' category finals in the men's 200-yard butterfly: Hedman and Yuvenco. The three Bearcats who reached the 'B' fi-

nals on Sunday were junior Mykah Fujiwara, Daniel Fang and Jensine Rasmussen. In the final races of the meet, three Bearcats placed fourth in their individual events. Tallman in the women's 200-yard breaststroke, Ben Fritz in the 1,650-yard freestyle and Lin the women's 200-yard butterfly. Hedman, however, placed second overall in the men's 200-yard butterfly and had a 2-4-8 finish for the meet. This was the last meet for the swim team, and they went out with a bang setting records left and right. Go Bearcats!

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Men's and Women's Basketball honor their seniors

JARED SPOHR
 STAFF WRITER

Before the women's game commenced, Senior Kylie Towry was honored for becoming Willamette's all time leading scorer, and fellow seniors Anderson, Gregoire, Eckenrode, Evans and Walker were also honored for their four years of dedication to the program.

The Lady Bearcats got off to a rough start in the first quarter, as they committed eight turnovers and went 0-4 from downtown. However, they turned it around in the second quarter. With PLU holding an eight point lead, the women went on an 8-0 tear led by Eckenrode, who sunk a three and a jumper to tie the game up with around 4 minutes left. The rest of the quarter saw the Lutes put together a comeback, and they narrowed Willamette's lead down to one point at halftime.

In the third quarter, PLU was unable to gain a lead over the Bearcats. However, the score remained very close. Entering the final quarter, the Lutes were only down by one point (48-47).

With a little over eight minutes left in the fourth, Evans nailed a three to put the Bearcats up by four points. The Lutes countered fiercely with an eight point run to take the lead. But the Bearcats weren't done quite yet.

Towry led a comeback rally in the fourth, that started with back to back layups that tied the score. With less than a minute left in regulation, she sank a three that gave the ladies a lead that they were able to hold onto for the rest of the game.

Towry's excellent performance accounted for 73 percent of

Willamette's scoring in the fourth quarter. She finished the contest with a game-high 21 points and five assists. She also recorded three steals and three rebounds.

With an excellent win on Saturday, the ladies have of-

ficially put together their best season since 2000-01, and have clinched the #3 seed in conference standings and the NWC tournament. Their overall record is now 14-9, 10-4 in conference.

They will look to extend their success next week versus Whitman and Whitworth.

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Senior Nico Troplent looks to pass against Pacific Lutheran

IM weekly

DRU DRAPER
 STAFF WRITER

We got good news! The Winter Olympics have begun! Events should be streaming in Montag for your viewing pleasure throughout the events. Swing by and watch the world's best athletes compete for gold!

Those athletes weren't the only ones going for gold last week though; by gold we mean the coveted Intramural Champion t-shirt (that is actually worth more than a 24k gold leaf Olympic medal.) It was quite a week in the world of Willamette Intramural sports. We had a whole slate of competitive games that did not disappoint!

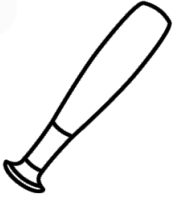





On Monday, the game between Chai Tea and Smokin' Trees & Scorin' 3s came down to the last seconds. Trees and threes came away with the win as the team clutched up to improve their record to 2-1.

On Tuesday, it was almost deja vu. Yomova's Favorite and Pippin Aint Easy competed in a back and forth game. Yomova's Favorite drilled a last second three to go up by one point. Originally, Pippin called timeout with three seconds left. The referee thought they had used all their timeouts for the half. But after conference with the Intramural Supervisor on site and the other referee, the scorers table put back a timeout. So, with three seconds left, Pippin got the ball back. They dribbled half way up the court and hucked up a half court shot... But, no cigar. Yomova's held on.

Don't forget to catch us at the activities fair this Tuesday. Also, ASP students, if you're interested in leadership opportunities with the Intramural Department, we will be at your leadership fair on Wednesday. If you can't make it, email us at <im-supervisors>.

dcdrapper@willamette.edu

this week in sports

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 	2 	3 	4 	5 	6 	7 

AARON ODA
 STAFF WRITER

This in week in sports has been filled with drama. While all kinds of players bounce around teams before the NBA's trade deadline here in the states, pressure is building for the Winter Olympics. Let's take a look at what happened this week in sports.

NBA

What a crazy week it has been in the NBA. As a result of the trade deadline last Thursday, we saw many all-star players move teams. The most outlandish trades happened with the LeBron James led Cleveland Cavaliers. The Cavaliers shipped out six all-star cali-

ber players including the recently acquired Isaiah Thomas, good friend Dwyane Wade, Jae Crowder, Channing Frye, Derrick Rose and Iman Shumpert. They were able to get four players from multiple teams. The Cavaliers seem to be most excited about George Hill, who is one of the four players who was acquired in trading due to his above average outside shooting and ability to drive to the rim. Another trade that should be talked about is Blake Griffin heading to Detroit. With this trade happening a few weeks ago, fans are starting to see the impact of a perennial all-star like Griffin can have on their team. With all of these big names moving at the deadline all general managers can do is hope for similar success like Griffin

and Detroit. We wish all the newly constructed teams all around success and a playoff spot in April.

NCAAB

The college program we will be covering this week is the Kentucky Wildcats. For the first time ever in the John Calipari era the Wildcats have lost three games in a row. With a record of 17-8 and finding themselves in seventh place within their conference with an even 6-6 record, Wildcat fans have been truly disappointed. An even 6-6 conference record and eight losses overall is already too many losses for most Wildcat fans who are used to an unblemished record and a chance to win the coveted March Madness tournament. But

this year Calipari and his always young team are having a hard time finding wins in a much improved SEC conference, which has three teams in the top 25.

OLYMPICS

If you are unaware, the Winter Olympics are going on, so let's catch you up on what's been happening. With the opening ceremony happening just last Friday the Olympics have just gotten underway and will provide amazing sports entertainment for the next couple of weeks.

The United States already has three gold medals to their name with six total medals as of Monday. The gold medal lead is currently held by Germany with four and the overall medal lead is held by Norway

with a total of nine medals. There have been so many events to watch from figure skating to the half pipe, and they have all been filled with drama. Some of the notable upcoming events are short distance speed skating and the Men's alpine skiing on Wednesday. Until next week, K DEN.

"Ohh brah have you ever noticed" quote of the week

"Some people are like popcorn. You don't learn what they're really made of until you put heat under them." —Joe Moore

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Changing mental health dialogue: How reckless language worsens mental illness stigma

SOPHIE SMITH
STAFF WRITER

Trigger warning: this article describes misconceptions and symptoms pertaining to mental illnesses, including bipolar disorder, OCD, depression and schizophrenia.

Last week, as I waited for the AMTRAK to pass during my ritual Sunday trek to Safeway, a headline inside a busted newspaper vending machine caught my eye: “Bipolar Portland,” screamed at me from the front page of the week’s Business Tribune. Despite the overlaid plastic bags threatening to slice through my fingers, I managed to tuck a copy between my teeth to devour once I got home.

At first I thought I was reading the wrong article. The piece was about the rising value of industrial land in northern Oregon, not the mental health of Portlandians. In a culture where political correctness is becoming increasingly respected, how could such an insensitive — and frankly, ignorant — headline have slipped through the cracks?

“Bipolar” isn’t the only psychiatric term that gets thrown around

so recklessly. We hear it all the time, from someone describing a friend as “OCD” for keeping a tidy room, to the self-diagnosis of depression when reeling from a bad exam grade.

If you need further convincing, hop on Twitter. The other day I stumbled across a gem from one profound tweeter: “This weather more bipolar than a female with trust issues.”

This misuse of words is more than an indicator of semantic ignorance. Casually throwing around these terms does harm to the people whose lives the conditions impact. It diminishes the meaning of these words, rendering them mundane and distancing them from their true definitions. I’m not the only one to hold this opinion.

John Paul Welch is president of Active Minds, a soon-to-be club at Willamette that raises awareness about mental illness. The group will host events, spread information and help to make sure mental health resources are easily available on campus. John Paul agrees the misuse of psychiatric terms is a harmful trend. “It may reinforce a simplistic way of looking at a particular mental illness that doesn’t reflect what the illness is really

like,” he said. “There is a risk of losing the complexity and nuance of what the term actually refers to.”

For some people who do not suffer from mental illness, these nuances might not matter. You know that adage: “out of sight, out of mind”? Because mental illnesses aren’t always as outwardly obvious as physical illnesses, they can easily become invisible, or even invalidated.

“How do you validate something you can’t see?” asked Caitlin Forbes, a psychology major and Collegian managing editor.

Invalidity is destructive. Not only does it cause the words’ meanings to be distorted, but it also associates them with negative connotations that reinforce the stigma surrounding mental illness. Have you ever heard the word “schizo” used in a positive context?

“These words are made to help people feel like they’re not alone,” said Caitlin. But associating them with negative attributes, she says, can make sufferers feel isolated from others. It can make people feel as though something is wrong with them.

It can be hard to understand the full weight of this problem with-

out experiencing its effects firsthand. Five months ago I would not have looked twice at that Business Tribune headline, but after being diagnosed with Bipolar II Disorder last October, language like this has begun to grate on me.

Bipolar is not a descriptor for fickle economic trends — it’s a condition that causes people to alternate between lengthy periods of depression and elevated moods, sometimes even dangerously so. If untreated, it can cause sleep loss, exuberance, irritability, reckless behavior and, in the case of Bipolar I, psychotic features. Fickleness is not a symptom.

I am comfortable with my diagnosis and the work I do to manage it. And yet, whenever I hear someone lament about the bipolar Oregon weather, my first instinct is to flee the conversation. If this person has such a negative understanding of the disorder, what does she think of me?

I spent a long time contemplating if I should include my experience in this article. Am I oversharing? Would it be construed as a shallow attention grab? But the more I tossed and turned over it, the greater my need to

write. I have an important — if not unique — perspective on the issue, and I have the platforms with which to share it at my disposal. How can I claim to be an advocate for de-stigmatization if I’m ashamed to share my own story?

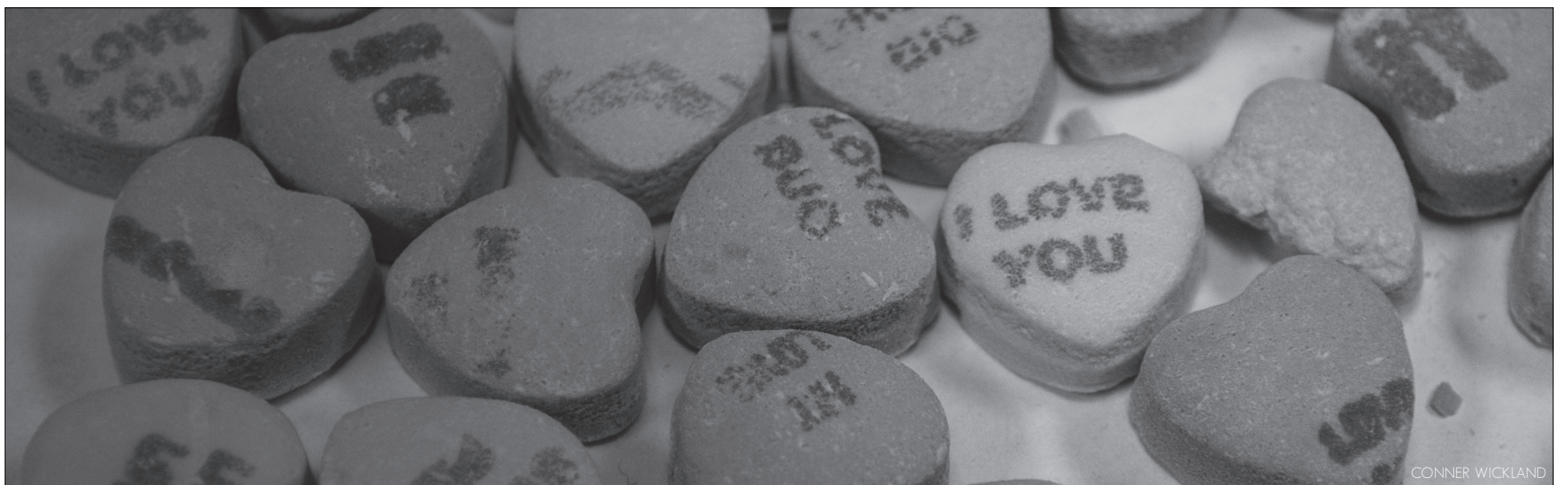
Words are powerful. Just as easily as they can harm, so too can they empower. I hope my words can empower others to speak with sensitivity, hold others accountable for their language and to be open about their personal experiences with mental illness. And to anyone whom stigma still hurts, anyone who is struggling or feels alone or scared or invisible: I see you. People care and people want to help.

We see you.

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Active Minds meets every Monday at 7pm in Smullin 159. For more information, contact willamette-activemindschapter@gmail.com.

Start loving Valentine’s Day candy



CONNOR WICKLAND

SOPHIA GOODWIN-RICE
STAFF WRITER

This may be one of the most controversial things I’ve ever said, but I actually really love candy conversation hearts.

I know that they’re basically colored chalk cut out into the shape of hearts and that they make your mouth feel like you’ve been chewing on dust for a while. I also know that they’re probably horrifically bad for you and that those bright colors can’t come from any natural source, and that once you’ve eaten too many of them you start to wonder why you even started in the first place. But my love for this candy, as well as Necco Wafers, falls in line with my love for candy corn; it’s objectively terrible, but it wouldn’t be Valentine’s Day without it.

Candy and Valentine’s Day seem to go together almost as much as flowers do with the love-orient-

ed holiday. As elementary school students, I’m sure many of us were obligated to buy or make Valentines for everybody in the class, and then drop them off at one another’s desks or in little handmade boxes. I also remember that in a lot of ways, this holiday was almost as super-hyped as Halloween, except for one signature difference: almost all of the candy on Valentine’s Day was red, excessively sugary and made out of something that probably shouldn’t be consumed on a regular basis. Among this array was, of course, the stupid wonderful conversation hearts, all packaged up in their cute little boxes with “to” and “from” filled out on the back. After all, what second grader doesn’t want tiny little candies with messages like “fax me?” It was the best of times.

As a now slightly older person who is realizing that Valentine’s Day means more than just sugary

dust and pink cookies, I started to wonder what the deal really was with conversation hearts. It seems as though consumers are divided: either they count down the days until February or they want to incinerate every box of candy hearts that is created. The majority of the population appears to be on the latter side.

So why do they still exist? Why were they even created in the first place, and how have they not gone out of business yet? Even though I like them, I’m not about to buy enough to support the candy heart economy.

According to the Huffington Post, who were apparently wondering the same thing, the story dates back to the mid-1800s, following the creation of candy lozenges (Necco Wafers), when a pharmacist realized it would be possible to print words and fun sayings on those candy discs. It wasn’t

until years later that they became heart-shaped, and the sayings, which began as long-winded and old-fashioned pickup lines, were shortened over the next century. Nowadays, consumers can slip each other phrases like “be mine”, or even their own customized sayings, with reportedly eight billion individuals candies produced annually. Needless to say, they don’t appear to be in a decline.

The debate over this so-called “chalk” candy is intense, much like debates concerning marshmallow Peeps and pineapple pizza, but perhaps we’re forgetting the true meaning behind such controversial foods. As toxic as they may be, candy conversation hearts invoke memories of childhood Valentine’s Day parties, handmade cards and, maybe in somebody’s mind, memories of buying inscribed lozenge candies from the local drugstore.

Valentine’s Day is about a lot of things, like love and friendship and appreciation, and doesn’t always have to focus on romantic relationships; maybe it could even be centered around those fond memories of getting all that red candy in your Valentine’s Day mailbox.

All in all, conversation hearts don’t seem to be going anywhere anytime soon, so maybe instead of threatening to destroy every package produced, we should embrace the traditional candy culture that our American society has created, as a reminder that not all types of love come with flowers and jewelry.

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Capitalism is not the hero we need now

CONTINUED from Page 1

Not only are stunts like the Tesla to Space launch an extensive waste of resources, they shift the focus of “saving humanity” away from root causes of inequality. We distract ourselves from the fact that the US is killing civilians across the middle east, that there are currently 63 million Americans living without access to clean water, that 45,000 people die from lack of health insurance in the U.S. every year.

This is the fault of the few. Corporations — and the wealthy dudes in charge of corporations — have an incentive to increase the gap between the rich and the poor, and an incentive to silence the masses and steal their labor to mass more capital that was unjustly acquired in the first place, and to destroy the environment and never check themselves for externalities.

They themselves will never feel these repercussions — they will not have to breathe in the toxic chemicals that are spreading in the air around native reservations or prisons around the country and world, they won't have to drink the lead-ridden water that millions of Americans are subjected to, and now they won't have to even apologize or recognize their role.

They'll send a car to space, and then make trillions allowing others to get to go to space while those who are currently being forgotten are left to rot on the wasteland that we are told is the price we have to pay for the benefits of a free market.

Corporations are able to drain resources that could be spent to find cures to health problems around the world, or to solve the problems of environmental degradation that they themselves have perpetrated, but instead they are making themselves the saviors. Look to even Bernie Sanders endorsing the

most recent Amazon, Berkshire Hathaway and JPMorgan Chase healthcare business plan to see that corporations are getting their slate wiped clean by masking the problems they create. White male capitalist led democratic socialism is no different from an extension of a late-capitalist hellscape.

Corporations will not be the solution to environmental collapse. By the year 2050 the global population of climate refugees will reach at least 250 million, states are disappearing due to rising sea levels, and wars over water are occurring in newly arid regions due to climate change. These pipe-dreams of sending us to space, or finding something cool during deep sea exploration will not materialize soon enough (if they do at all) to address these concerns.

There is a reason businesses do not invest into issues that harm poor communities, why Flint still does not have clean water, and its be-

cause those aren't “fun, cool” ideas.

The accumulation and concentration of huge quantities of wealth has allowed a few people the privilege of playing around with some pet projects that are fun and exciting while ignoring and erasing their role in the imminent threat to life globally. This “techie bro syndrome” allows for those with enough capital to indulge in their wildest, ridiculous fantasies.

Late capitalism is extended when you allow individuals to become so rich that the laws of even capitalism do not apply to them. We have seen this globally with the increased accumulation of capital and military capacity but also even within our own wealthy nation. 86 percent of native coastal communities in Alaska currently affected by climate change, villages are currently being relocated while permafrost is melting and 75 billion tons of ice is melting off of glaciers. People in Puerto Rico still do not have electricity or

clean water, but somehow sending a sports car into space seems appropriate to these billionaires.

Even if all of these plans work-out, if Musk funds a hyperloop train from Seattle to San Francisco and sends us all to space or finds the cure to some disease while exploring the deep sea, these greater problems will only continue to perpetuate if you allow corporations to “solve” problems.

We aren't in search of solutions because these are natural problems. Profit incentive and private property will always undermine fundamental human dignity. These are not accidents but ploys of a capitalist state. Do not let Zuckerberg or Bezos or Musk solve these problems. Hold them accountable. We cannot have freedom in a world where they are our primary saviors.

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Reckless spending is silencing: How the Bishop recommendation fails less privileged students

CONNER WICKLAND
PHOTO EDITOR

There are a lot of parallels between the Republican-led federal government and the WU administration in how they approach difficult problems. They both talk big about cutting costs for working families, and then stack ever increasing budget demands on the shoulders of these same families. This administration spends and spends without paying any attention to the needs of the students, and groups like the Associated Students of Willamette University (ASWU) that are meant to represent us let them walk all over the student body financially.

I don't think it's a controversial statement to say that the government is spending too much money. Each year we run a deficit, adding to the public debt and draining money from future budgets. The amount the government will spend on debt interest this year is \$332 billion, according to the Office of Management and Budget projections. That's \$332 billion a year that could be spent on unemployment benefits, Medicare coverage, veterans' care, education costs, the defense budget, energy and environmental policy to combat global climate change or to provide housing for lower income people. Instead, it is spent on not defaulting. That number will continue to grow as the national debt does.

You would think that a Republican government, running on fiscal prudence during the Obama presidency, would make steps to at least balance the budget, if not start to pay off these debts. Instead, what happened in deliberation is an easy but horrifying decision on the part of both major parties.

Republicans came to the discussion proposing increased military spending, both to invest in new equipment for soldiers currently fighting and increased care for those coming home. Democrats responded to this, allowing

it to pass with their own call for an increase of \$131 billion in domestic spending. Both sides got what they wanted in this “bipartisan deal”, but the debt continues to balloon, at a rate of \$1.7 Trillion over the next 10 years, and the nation continues to pay the price. According to Andrew Van Dam of the Washington Post, the only time the government spends this much is when we are trying to recover from economic disaster. By spending as if we're in a recession, we are hampering our ability to fight the next one. Additionally, as tax revenues shift more of the burden to middle-and-low income families, and as inequality continues to rise, it is clear that the less privileged in society as going to bear the brunt incurred by reckless spending policies.

Lastly, these easy budget decisions come with harms outside of overspending. As Democrat Nancy Pelosi protested in Congress, this budget ignores many other issues outside of its bipartisan guise. There is still no answer on immigration in this deal. There is no answer for DACA, and no rest for American Dreamers. However, the decisions made by a large majority of congress is to throw money at their problems, and ignore anything that cannot be solved by borrowing more.

We see a similar battle, with a similar outcome, raging on our own campus. Again, it is not a controversial statement to say that college should be more accessible and more affordable. Both the administration and the students seem to share this goal, with programs geared to help first-generation students, minority students and the like. Ask any one of the numerous students around Willamette with a “Sanders 2016” sticker on their laptop about why they supported him, and you're bound to hear something about making college more available to all.

Yet, the decisions made recently spit in the face of that goal. Contin-

ually rising tuition costs increase student debt for those attending college, and drive potential students from low-income backgrounds away from Willamette and higher education in general. It's easy to talk about how underprivileged kids should be able to go to college. But when it comes to making that easy talk a reality, both the administration and ASWU fail to defend these students.

When the administration decided to increase student fees to \$310, they made it out to seem that this was a student informed decision. At the same time, ASWU praised themselves for this administrative decision, thanking their own members. For some students, namely those who can afford it, a fee to regain basic healthcare is worth it. But for many others, it is not, and those voices have been ignored by both the administration and ASWU.

In addition to those who simply cannot afford more and more fees every year, those with serious health concerns are also ignored. Bishop will still only offer basic services, so trips off-campus will remain a part of life for many. The proposal then seems even more ridiculous, considering that these students are burdened with an additional \$310 fine for healthcare that doesn't meet their needs.

ASWU President Jack Wellman and the ASWU Senate play the same role here that that President Donald Trump is doing nationally, signing off on poor decisions and then touting them as great victories for the people. They can publicly parade themselves all they want, but the fact of the matter is that the student body will suffer from these decisions made by the administration without consulting the people it affects. Current students become even more burdened by debt, while those less privileged than us are shut out from the opportunity for higher education and those with pressing medical concerns are left out in the rain.



CONNER WICKLAND

Students who can afford tuition increases will not be fazed by an additional charge on their account, especially given that a \$310 charge is little compared to the outrageously high price of tuition. But decisions like these, continually made over time, are precisely why Willamette University is increasingly an exclusive campus. More costs mean less affordability, and if we are to fight for diversity on campus and enable low-income kids to become Willamette students, we need to have these tough discussions that weigh the options. We need an ASWU that considers all options and fights for all students, current and future, instead of one that engages in premature celebrations to save face from the fact that the administration has walked over all of us.

These budgetary issues are not the end of fiscal debates, either at

Willamette or in the chambers of Congress. Spending on individual programs always looks great. Giving more money to educate kids, or funding healthcare on campus is good — nobody is debating that. But problems arise when these decisions are made without student input. It is clear that increasing costs will not solve many problems with Bishop, and at the same time create new problems with college affordability. When it comes to funding Bishop, or funding anything on campus, we cannot continually increase costs without a discussion about its effects.

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STUDENT PHILANTHROPY COUNCIL

Willamette's heartbeat can be felt through our motto, "Not unto ourselves alone are we born." Every year, Willamette students, faculty, staff, parents, and alumni bring our motto to life by giving back to Willamette in support of our students.

PHILANTHROPY The act of supporting what you are passionate about.

GIFT A donation you make to a deserving recipient.

SCHOLARSHIP Essential financial resources made possible by donor support.

HALLIE FORD An extremely generous donor who gave nearly \$15 million to Willamette over her lifetime.

BEARCAT CHAT A team of students who raise over \$130,000 in gifts to Willamette over the phone each year!

DONOR Someone who has made a gift to something they are passionate about.

ANNUAL FUND Charitable gifts that support the most immediate student needs every year.

FINANCIAL AID A collection of financial resources supported by donors and returns from the endowment.

SUPPORT Something you can do to make an impact on the things you are passionate about!

WORD SEARCH CHALLENGE



THE FIRST FIVE STUDENTS to bring their completed challenge to the 3rd floor of Waller Hall will receive a Bistro gift card!

Please contact Mitch Diaz '16 at ddiaz@willamette.edu with questions.

You can learn more about the impact of donor support by visiting: willamette.edu/support

CAMPUS SAFETY

CRIMINAL MISCHIEF

February 7, 3:24 a.m. (University Services Parking Lot): The front and rear windshields of the Campus Safety patrol vehicle were smashed in. The officer searched the area for a suspect. Later the camera video was reviewed. A metal pipe was found near the vehicle. The pipe and the video were given to Salem Police as evidence.

EMERGENCY MEDICAL AID

February 5, 2:50 p.m. (Rogers Music Center): A student sprained their ankle and called to request crutches and a ride home. An officer responded and gave the student crutches to use and escorted them home.

February 8, 8:11 p.m. (Sparks Center): Sparks staff called to report that an individual had cut their hand on a pull up bar. Officers responded but, the individual did not request additional medical attention.

February 11, 1:52 a.m. (In a Campus Residence): An RA called to report that a student had fallen in the stairway and may need medical assistance. An officer and WEMS responded and assessed the injury.

POLICY VIOLATION

February 10, 2:45 a.m. (Belknap Hall): While doing building checks, an officer found a door propped open with a shoe. The officer waited for individual to return then reminded the student of the rules and dangers of propping doors. A report was filed.

POSSESSION OF A CONTROLLED SUBSTANCE

February 9, 9:17 p.m. (In a Campus Residence): Campus Safety received a call from a RA asking officers to come and pick up marijuana and paraphernalia they had confiscated. Officers responded and collected the items.

February 10, 10:18 a.m. (Smullin Hall): An RA called to report the smell of marijuana coming from the restroom in the basement. An officer responded but could not locate the source of the smell.

SUSPICIOUS ACTIVITY

February 5, 9:22 a.m. (Softball Field): An employee called to report a homeless person's belongings in front of the women's restroom at the Softball Field. Officers responded and removed the items.

February 6, 12:55 p.m. (Hatfield Library): Campus Safety received a call regarding a suspicious person on the second floor the library who was rapping loudly and being disruptive. Officers responded and told the individual to leave campus.

February 7, 1:10 a.m. (Skybridge): Two individuals were seen walking on the Skybridge and were acting suspiciously. An officer responded and advised them that they were trespassing on University property and asked them to leave campus.

February 8, 7:48 p.m. (Matthews Parking Lot): While on patrol, Willamette Watch reported an individual going through the garbage cans in the parking lot. An officer responded and made sure they left campus.

THEFT

February 8, 7:52 p.m. (Goudy Commons): A student called to report they had lost their backpack from a "cubby" in Goudy. An officer reviewed camera footage and found a suspect. A report was filed and the student was advised to contact Salem Police. Later that night during building checks, an officer found some of the contents from the

student's backpack discarded outside of a residence hall. The student was informed that they could pick up their items at Campus Safety.

February 9, 10:48 p.m. (Kaneko Commons): While doing building checks, an officer found two broken U-locks on the ground in the Kaneko bike storage area. The officer inspected the area and found one bike that was unsecured and another bike missing some parts. The bikes were picked up for safekeeping.

February 10, 12:49 p.m. (Jackson Plaza): Campus Safety received a call of a suspicious individual walking near the University Center. An officer responded and recognized the individual as the person in the video of the theft of the backpack at Goudy Commons two days earlier. The officer called Salem Police and maintained visual contact with the suspect until the police arrived. The suspect was arrested and admitted to the theft, saying he had sold the laptop in the backpack for \$10 worth of "crystal meth." He was transported to jail.

TRESPASS

February 6, 6:44 p.m. (In a Campus Residence): A student called to report that

an individual who had a "no contact order" was outside the residence. The student was advised to leave campus, but he became combative forcing the officers to use physical force to take him into custody. Salem Police was called and the student was transported to jail.

February 7, 11:45 a.m. (Hatfield Library): Campus Safety received a second call regarding the same individual rapping on the second floor of the Library. An officer responded, trespassed the individual and told them if they returned, they would be arrested.

February 8, 1:54 a.m. (University Center): Campus Safety received a call from an employee regarding a suspicious person in the UC. An officer responded and recognized the individual from previous encounters. The individual was arrested and Salem Police was contacted to take the suspect into custody.

*PLEASE CONTACT CAMPUS SAFETY IF YOU HAVE ANY INFORMATION REGARDING THESE INCIDENTS.