

SPORTS

# Cross country sweeps at NWC Championships

BRANDON CHINN  
SPORTS EDITOR

Surrounded with high expectations at the start of the 2013 season, both the men's and women's cross country teams simply chose to outrun them.

Competing in the Northwest Conference Championships in Spokane, Wash., Willamette captured both the men's and women's conference championships en route to the complete weekend sweep.

"We have one amazing team," senior Parker Bennett said. "Our team culture is the best it's ever been in my four years at Willamette. There's nothing like winning a race with teammates you really care about."

The Bearcats also enjoyed individual success in addition to the team titles.

In the men's eight-kilometer race, Bennett won the Northwest Conference title with a final time of 24:30.62. Finishing nearly 31 seconds in front of the nearest competitor, Bennett captured his second title in as many years.

"I planned on winning this race. With the help of my team, coaches and my tactic of staying calm, I was able to follow through with that plan," Bennett said.

Junior Michaela Freeby attained her first career individual conference title in the women's six-

kilometer race. Ending with a time of 21:42.19, Freeby was able to get over the hump after finishing in third place last year.

Despite her strong individual performance, Freeby focused on the teams' successes.

"The best part is that the wins came from great efforts by everyone. Each person did their part to make it all come together," Freeby said.

Anchored by Bennett, the men's team finished first with a final score of 49 points, 20 fewer than the University of Puget Sound team, which finished in second place.

The team was also aided by sophomore Jacob Shafi, who finished fifth with a time of 25:19.10.

"It felt great, but bringing home the title felt even better," Shafi said. "Contributing to the team is the best feeling I can imagine."

On the women's side, Willamette achieved first place with a score of 37 points. Freeby led the way with her first place finish, but several Bearcats followed shortly behind in a complete team effort.

Sophomore Taylor Ostrander finished in second, just 17 seconds behind Freeby. Freshman Olivia Mancl finished in seventh, while sophomore Juliet Farnan achieved a ninth place finish.

"It felt amazing," Ostrander said of the team's conference champion-



Junior Michaela Freeby won the women's individual Northwest Conference title at the conference tournament after finishing the 6-kilometer race in a time of 21:42.19.

ship. "The team has really inspired me to run my best, and I couldn't feel luckier to have had the opportunity to help bring home this year's conference title."

As a result of the team's impressive finish, 9th year Head Coach Matt McGuirk garnered Northwest Conference Coach of the Year for both the men's and women's teams.

"He's the best coach that I've ever had and that anyone could ask for. We definitely couldn't have found such success without his guidance and support," Freeby said.

Willamette's focus now shifts to the NCAA West Regionals in Claremont, Calif. Last year, the Bearcat women finished third while the men came in forth.

This year, however, Freeby has her sights set on much more.

"I think everyone has high hopes and expectations going into regionals. We've been training hard and are ready," Freeby said. "I have faith in both the men's and women's teams that there are still great things to come."

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## WU Wire encounters legal hurdles

EMILY HOARD  
STAFF WRITER

If you've listened to the University's WU Wire radio station recently, you may have noticed a change in the music selection. That's because, as of last week, the station has suspended play of copyrighted music due to legal issues surrounding broadcasting rights.

The change in policy comes on the heels of the election of sophomore Stephen Watson as the club's new president. Watson said he is dedicated to renovating the station to ensure that it is following all legal and University obligations.

WU Wire faces uncertainty about whether or not it holds copyright licenses. The issue has been significant enough to involve school administrators, including Dean of Campus Life David Douglass.

"At present, we're reviewing compliance with copyright regulations to confirm that the station is operating in accordance with the Digital Millennium Copyright Act and other relevant laws," Douglass said.

As the new leader of the club, Watson began the school year with the objective of determining whether it can operate as it did in previous years. In the past, according to Watson, a lack of communication led to ambiguity with keeping up with regulations.

There are three major performing rights organizations that allow stations to broadcast copyrighted music are BMI, ASCAP and SESAC. For example, in order to play music by Bob Dylan, a station must get permission through a license from SESAC.

Watson has found that the University holds some of the copyright licenses, but the review is still looking into whether or not it covers radio broadcasting. If it does not, then WU Wire will need to raise funds to buy the licenses.

Sophomore Juliana Cohen is currently the host of "Sonic Death Hour," a WU Wire program. She has been tasked with researching the procedure for obtaining the license.

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### EDITORIAL

## May we please be excused?

It's that long, rough period between fall break and Thanksgiving, and students are stressed. We're craving for a much-needed break to relax before we're greeted with final exams. We've only had two academic days off since the beginning of the semester. Two days away from the mental strains of exams, papers, projects and presentations. Two days to recover. Two days that weren't even fit for relaxation because we opted to use the breaks as academic catch-up or get-ahead days.

Our October mid-semester break gave us only one day off. The Monday we had off right after classes began was an awkward "holiday" from studying that hadn't actually started yet. And our Thanksgiving break isn't much better, with only two days off.

So we get four academic days off before the end of the semester. Many liberal arts schools in the Pacific Northwest operate with a similar calendar, and it seems as though we've drawn the longest straw. University of Puget

Sound students have had three days off, while Lewis & Clark students have had two.

But is this really the system we should establish for ourselves? Would a shift to a slightly earlier start to the academic year provide us with more break time and some actual self care? We think so.

Let's imagine that we start school a few days earlier, around Aug. 23 instead of Aug. 27. We could have a longer fall break – a longer Thanksgiving break – with more time for a clear mind and rested body.

We think having two days off for Thanksgiving is illogical for a university that is hoping to diversify its student population. According to the National Center for Education Statistics, 77 percent of our undergraduate population is from out-of-state. The best travel scenario for many students is to fly home on Wednesday night and get back to Portland on Sunday.

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# Physicist Brian Greene to give fall Atkinson Lecture

CAMILLE DEBRECZENY  
CONTRIBUTOR

Combining scientific knowledge with a talent for storytelling, theoretical physicist Brian Greene will explain “Why Science Matters” at the annual fall Atkinson Lecture on Thursday, Nov. 14 in Smith Auditorium at 7:30 p.m.

Greene is widely acclaimed for his ability to describe complex scientific concepts in ways that general audiences can understand, both in his bestselling books and in his lectures.

“He is considered one of the premier scientific communicators today in terms of popularizing science and making really difficult, esoteric concepts accessible to lay people,” Rick Watkins, professor and department chair of physics said. “I think people are excited about his books because there’s this sense of intellectual adventure and exploring the unexplored, which makes life worth living. He shows us that science is the frontier where we can go to have adventure and excitement.”

Greene is also known for his sense of humor and dry wit. He has made appearances in the popular comedy TV shows “The Big Bang Theory” and “The Colbert Report.” His contributions through various media also include several TED Talks, an Emmy and Peabody Award-winning television special and his New York Times best sellers “The Elegant Universe,” “The Fabric of the Cosmos” and “The Hidden Reality.”

The Atkinson Lecture Series aims to

cultivate the academic and cultural climate of the campus. Lecturers are recommended by a committee of faculty, staff and students. They are ultimately selected by the University’s president.

“I think the lectures are often affected by the flavor of the president at the time, simply because their contacts can enable us to connect with these speakers,” University Communications Director Adam Torgerson, a member of the Atkinson Lecture committee, said. “We have a connection to Brian Greene because President Thorsett is an astrophysicist, but with President Pelton we had more speakers who were writers and literary people.”

Torgerson has read three of Greene’s books. He said the material is relevant not just to scientists, but to everyone participating in conversations about current global issues.

“His unique ability to engage an audience is valuable to anyone. The big decisions today, about global warming and medicine for example, are at their heart scientific decisions,” Torgerson said.

Following the lecture will be a Q-and-A session and book signing. The Willamette Store will offer Greene’s work for sale in Smith starting at 6:30 p.m.

Tickets are now available at the information center on the first floor of the UC. Students, faculty and staff can reserve one free ticket and buy additional tickets for \$5. General admission tickets cost \$10.

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# Convocation brings ghost hunters

ALYSSA MILSTEAD  
CONTRIBUTOR

In honor of Halloween, last week’s University Convocation had a spooky twist.

The session, called “Who You Gonna Call,” brought a group of ghost hunters from the Willamette Society for Paranormal Research (WSPR) to Cone Chapel to field questions from curious students and community members.

This Halloween convocation was only one of many in the University Convocation series, put on by students in the IDS 202 course, “Convo: Campus/Community/Cosmos.”

Junior Sarah Johnson, a member of the class, came up with the topic of paranormal investigation and looked for investigators in the Salem area.

“I thought it would be interesting and relevant to bring in people who specialize in hauntings for our holiday convocation,” Johnson said.

As one of three speakers, Janie Hanson identified WSPR as a non-profit organization that

conducts investigations in residential and commercial areas. Hanson emphasized that many people are unwilling to come forward if they feel they have experienced paranormal activity.

“WSPR wants to empower people,” she said. “We want to give them their voice back.”

Hanson said potentially paranormal experiences often have natural causes, but even when all evidence points to paranormal activity, WSPR cannot definitively prove that paranormal activity is occurring.

WSPR member Cindy Mora said different types of paranormal activity included intelligent (the spirit attempts interaction with the living), residual (an event replays over and over) and demonic (a nonhuman entity slowly becomes violent).

The organization’s current goal, Hanson said, is to investigate the former residence of Jerome Brudos, a Salem electrician who murdered four women.

Speaker Joe Campbell showcased some of their ghost hunting equipment, including modified and normal cameras, which they use to see invisible waves of light. They also use the Ovilus X and DTD, equipment designed specifically for paranormal research.

“It gave Willamette students the chance to learn about a unique practice or way of thinking,” Johnson said.

University Chaplain Karen Wood encourages students to attend the convocations, as “it’s important for the Willamette community to have a shared thought-provoking experience.” However, Wood recognizes that many students are wary of the event because of its location.

“People should not be scared of the chapel,” she said. “Students own the space, and they can have an engaging experience.”

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Speaker Joe Campbell showcases some of the equipment he uses to detect spirits.

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# Hatfield library hosts Chinese instrument exhibit

KATIE DOBBS  
STAFF WRITER

For thousands of years the people of Yunnan, China have used music in cultural rituals and entertainment.

Instruments including silk strings, clay vessel flutes and traditional drums are used to remember the past in a time of ever-changing modernity.

From Oct. 26 to Nov. 3, thanks to help from the University's Center for Asian Studies and the Lilly Project, bamboo instruments from the province of Yunnan in southern China were exhibited on the second floor of Hatfield Library.

The instruments were on loan from the Yunnan Nationalities Museum, the largest museum representing ethnic minorities in China.

While these particular instruments weren't thousands of years old, the ongoing cultural histories and traditions they represent go back centuries. The Yunnan province is home to 26 officially recognized ethnic groups, and the instruments that were displayed represented most of those groups.

"These instruments are rich symbols of those cultures," Associate Professor of Japanese and Chinese Department Chair Juwen Zhang said. "For example, the gourd flute is unique to the Dai people. For centuries they have used it for ritual and in everyday life."

Not only are the instruments themselves symbolic, according to Zhang, but so are the sounds they produce. The qin is a string instrument customarily played in China. Harmonic sounds played on the qin represent heaven, while open string sounds rep-



The second floor exhibition featured bamboo instruments of cultural importance.

resent the earth and pressed sound signifies human noises.

In Chinese music, these symbolic sounds come together to portray the universe. "Chinese music is very symbolic, and Chinese music pieces are very direct. It is a language," Zhang said.

The symbolism behind the instruments also includes the materials they are made of. For example, the xun, a small flute made of clay, represents the earth. Bamboo instruments are widely used in China because the wood is a plentiful resource. More than 20 kinds of bamboo flutes can be made.

These instruments, among others, were seen on Nov. 1 in the "Sound of Harmony" concert of traditional Chinese music put on

in conjunction with the exhibition.

The concert included a Skype performance of Yunnan Nier Bamboo Music Troupe in China playing traditional Chinese instruments and a performance from the Portland Orchid and Bamboo Ensemble.

According to Zhang, events and exhibitions such as these help to culturally diversify The University's campus.

"I hope our campus develops a culture to appreciate, take advantage of and get more involved in cultural activities," she said. "Many of these things you may not have the chance to see or hear for the rest of your life."

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## BRIEFS

On Thursday, Nov. 7 at 7:30 p.m. Ursula K. LeGuin, the award-winning science fiction author, will be interviewed by Professor of English Gretchen Moon. LeGuin will also give a short reading and take questions from the audience. More information about this event (sponsored by the Salem Public Library Foundation) is available on the online calendar. General admission is \$25.

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On Saturday, Nov. 9 at 2 p.m. in the Hallie Ford Museum, students will present characters that show the wit and wisdom of ancient Sumerian culture in an event titled "Stories from Mesopotamia: Common Sense from an Uncommon Time."

\*\*\*

The African Studies Club will host a screening and discussion of the Sundance film "God Loves Uganda" on Monday, Nov. 11 at 7 p.m. in the Film Studies Theatre in Ford Hall. The screening will be followed by a discussion led by alumnus Joseph Campbell and University Chaplain Karen Wood.

\*\*\*

WEB's ASP ambassadors welcome all WU and ASP students to come to the Bistro for Relaxation Night on Monday, Nov. 11 from 7 to 9 p.m. Free cookies and coffee will be given to the first 100 people, and there will be an Open Mic Night with Tandem performing at 7:30 p.m. For questions, contact <[sfurudat](mailto:sfurudat)>.

## Wire: Regulations present hurdle

CONTINUED from Page 1

"The fees would be low for our small university since we don't profit at all from our broadcasts," she said.

The station must also comply with Sound Exchange, a digital performance rights organization, which requires a \$600 fee specifically for web casting.

In the meantime, Watson has been conducting legal research and is in communication with Professor of Law and General Counsel Yvonne A. Tamayo, who's been consulted as special council for the organization.

In the meantime, WU Wire is restricted to playing non-copyrighted music. But that has also opened the door for student musicians to get some airtime.

In light of the copyright conflict, junior Jonathan Saunders recently played two shows featuring student music.

"We played music from Family Photo and my Music 339 class (digital music techniques), and then freestyled live on air," he said.

But for Saunders, the copyrights present a huge conflict. To him, they are more than just legal boundaries, they are also "designed to strangle creative enterprise, personal enjoyment and the joy of art in an effort to squeeze every last penny from captive audiences."

While legal hurdles have provided an opportunity for student musicians, the club still looks forward to getting approval to play copyrighted music.

In the meantime, Watson has been working on improving the organization in other ways. Recently, WU Wire unveiled a new website and has a smartphone application in the works. The organization has also been approved for an FM application and plans to broadcast throughout Salem next year.

"I've had great learning experiences about rules and regulations," Watson said. "Hopefully this will be resolved in the next couple weeks."

For more information concerning WU Wire, contact <[swatson](mailto:swatson)> or visit the website at <http://www.willamette.edu/org/WUWire/>.

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## CAMPUS SAFETY REPORT

Oct. 29 - Nov. 4 2013 | Information provided by Campus Safety

### CRIMINAL MISCHIEF

**Oct. 29, 3:50 a.m. (The Quad):** Campus Safety officers received a call that someone was riding a dirt bike through the Quad. After a brief search, the officers found a student pushing a bike that matched the description given by the caller. The officers also noted that the bike did not have any license plates. The student was given a citation and told that the bike could not be on campus unless it was legal to drive on the street.

**Nov. 2, 11:37 p.m. (Baxter Hall):** Campus Safety received a call stating that damage had been sustained to the glass door leading into lobby outside of Bishop. Campus Safety arrived on scene to evaluate the damage. Facilities was called to tape up the window to prevent further damage until it could be fully repaired.

### THEFT

**Oct. 29, 9 a.m. (Goudy Commons):** Campus Safety received a report that there was a bike theft in progress. When Campus Safety officers arrived on scene, the subject had left the bike and fled towards the east end of campus. The officer began pursuit but was unable to locate the suspect.

**Nov. 1, 3:20 p.m. (Jackson Plaza):** A Willamette alumnus reported that his bike had been stolen from the bike rack outside of

the Hatfield Library. He reported that he had ridden to campus the previous day, but he had gotten a ride home from a friend. When they came back to campus the next day, the bike was gone.

**Nov. 4, 9 a.m. (Smith Fine Arts West):** Campus Safety received a report that a fire extinguisher was stolen from the first floor.

**Nov. 4, 12:07 p.m. (Kaneko Commons):** Campus Safety received a report stating that a fire extinguisher had been stolen from the 2nd floor hallway.

### PARKING VIOLATIONS

**Oct. 31, 8 a.m. (University Apartments Parking Lot):** A student received their 11th parking citation, their fourth since the beginning of the semester. A report was forwarded to the Office of Rights and Responsibilities.

**Nov. 4, 8 a.m. (Sparks Parking Lot):** A student received their 10th parking citation, their seventh since the beginning of the semester. A report was forwarded to the Office of Rights and Responsibilities.

### POSSESSION OF A CONTROLLED SUBSTANCE

**Nov. 2, 11:20 p.m. (Goudy Commons):** An officer found a container filled with psychedelic mushrooms while attempting to identify the owner of a backpack

that was turned into the office for lost and found. The mushrooms were confiscated, and the owner of the bag was contacted.

**Nov. 3, 12:40 a.m. (Lausanne Hall):** While on a call concerning the smell of marijuana, a Campus Safety officer was able to discern the smell of something burning in another room. After knocking multiple times, a student answered the door. The officer was able to see multiple alcoholic containers from the doorway. The student who answered the door fled down the stairs, followed shortly after another female student. The two remaining students were questioned. After determining that they were underage, the officer confiscated the alcohol as well as a clear container of marijuana.

### HARRASSMENT

**November (Kaneko Commons):** A student reported that they were receiving strange calls from an unknown person. The student reported that the first few times they were called, they ignored it. After persistent calls, the student finally answered the phone, and the caller spoke vulgar, sexual language. The student hung up on the caller and has not received a call since.

**\*PLEASE CONTACT CAMPUS SAFETY IF YOU HAVE ANY INFORMATION REGARDING THESE INCIDENTS.**

# Yeezus just rose again

DAN BLACHER  
GUEST WRITER

On the weekend of Oct. 19, several friends and I made the pilgrimage to Seattle in order to worship in the most holy presence of Lord Yeezus.

For those of you who have been living under a rock for the past six months, "Yeezus" is the title of Kanye West's sixth studio album, unleashed back in June. The album contains myriad songs in which West equates himself to a god, expresses frustration with cultural/societal norms and taps into his now infamous braggadocio.

The first item to discuss before addressing Kanye's musical performance was his elaborate set design. The rear of the stage was an enormous, jagged, three-tiered mountain at least 50 feet tall, crafted to appear as if made of ice.

At its summit was a mic and a blanket of ceaselessly flowing artificial fog. Above it was a circular screen projected golden billowing clouds and a starry night sky.

After a lengthy intro, West took the stage to thunderous applause and wasted no time in performing "On Sight," the lead track from "Yeezus."

In total West performed 27 songs from all six of his past albums in a set that lasted more than two hours.

One of the more memorable moments of the show was his dramatic climb to the top of the mountain. Once he reached its peak he performed "Power," a standout hit from "My Beautiful Dark Twisted Fantasy."

After that, he indulged the crowd in a brief story of how he learned of his mother's passing in 2007. He then played "Coldest Winter" from his album "808s and Heartbreak."

Later in the show, the instrumental part for the song "Hey Mama," a track dedicated to his love of his mother from "Late Registration," began to play. After a few seconds, West collapsed to his knees, seemingly overcome with emotion and unable to utter a single lyric.

His performance was incredibly dynamic and just as theatrical. In addition to the extravagant set, he was often flanked by about 10 women clad in nude colored outfits. They executed a series of roles, including lifting Kanye into the air at the end of his song "I Am a God" to approximate an ascension to heaven and forming what resembled a Catholic Mass procession, complete with incense and crucifixes.

The experience was nothing short of majestic. The set, the music, the energy, the interludes, the crowd and even the costumes all contributed to the spirituality of the show. It was an event I will remember for the rest of my life, and I will jump at any opportunity to see him live again.

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# Sky Ferreira's new album: Pop machine regurgitation

JULIANA COHEN  
STAFF WRITER

"Night Time, My Time," the long-stalled debut album by indie pop darling Sky Ferreira, feeds entirely off the enigmatic reputation of its creator.

Musical purists have long detested "the machine" that created the necessary evil of perpetuating "brands" and "image" in order to sell records, declaring the beast of marketing responsible for the deterioration of sound quality.

Around the turn of the century, cash cows such as Britney Spears ushered in a new demand for multi-talented and photogenic female content generators. They were not only to become a living product, but also parlay their iconic presence into other fields of media.

This became exacerbated by the creative autonomy of the Internet boom. Myspace may have been short-lived, but the capacity for brand-building and ground-up content distribution benefitted the careers of Tila Tequila, Uffie and Ferreira herself, who first released her material through primitive social networking as a teenager.

Unsurprisingly, the doe-eyed blonde established more initial fame for her striking looks, which landed her small acting roles and modeling campaigns, including Adidas and Calvin Klein. During this time, many

attempts were made to mold Ferreira into the most profitable version of herself.

Tumblr fame, while very current and youthful, does not necessarily translate into tangible staying power. Thus, it should have come as no surprise that her most impactful career move was her September arrest for drug possession with the frontman of DIIV, a Pitchfork-approved shoegaze outfit.

While lil old Sky surrendered her ecstasy tablets, fellow suspect and boyfriend Zachary Cole Smith was carrying heroin, a detail rare enough in today's indie scene to make for a relatively shocking headline.

Oddly enough, the prospect of a "heroin-chic" icon actually dabbling in heroin seemingly created a legitimate demand for Ferreira's debut. Excusing the sadists inclined to attend a show of hers solely to witness a potential trainwreck, the spotlight is finally pointed at this blossoming diva.

Yet sadly, her music lacks the gravitational pull of a La Roux or even a Romy; dancing to half-bangers like "You're Not the One" or "Nobody Asked Me if I Was Okay" would take extreme effort.

It's doubtful whether the singer herself would dance either. Ferreira probably prefers standing in place with her head down.

As for emotional honesty,



Pitchfork, known for zinging artists with less-than-stellar ratings, was much more forgiving with Ferreira, giving her debut album an 8.1.

the themes of "Night Time, My Time" expand on insecurities someone else likely told her to harbor: problems of perpetual angst despite endless praise and attention.

Though sex appeal certainly has its merits, even a tastefully nude and artistic album cover cannot make up for a gimmick lost in the shadows of other gimmicks.

The titular song attempts sensuality with Ferreira whispering, "faster...faster" drenched in watery reverb, a choice in production either too spooky to be

alluring or too gratuitous to be relevant.

In place of beats, her team utilizes muddy-sounding drum rolls; in place of artistic innovation, the people who undoubtedly wrote the majority of the lyrics adhere to themes explored in P!nk's 2006 single "U + Ur Hand."

Instead of sitting through 12 songs devoid of originality, just wait for the next "big thing," and let this event run its course.

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# Style Crush: Teddy Wu

TAYLOR DENT  
CONTRIBUTOR

Sometimes it's best to understand dressing yourself as a process rather than an end point. Such is the case with freshman Teddy Wu, a politics major from Pleasanton, Calif. He manages to look casually coordinated each day but never takes fashion too seriously.

On the day of our interview, it's another afternoon outside the Hatfield Library. Teddy tells me he's there writing a *Collegian* feature and about to tackle his homework. Brutal politics essays don't have to come with stained sweats and kvetching!

Take a note from Teddy, who looks well-dressed in his fall basics without sacrificing comfort for a day of study.

**Collegian:** What are you wearing today?

**Teddy Wu:** A black Ben Sherman henley-type shirt I thrifted, 21 men's jacket, Royal Premium cords and K-Swiss shoes.

**C:** Do you prefer dressing for Oregon or California weather?

**TW:** Fall is my favorite season, and it's definitely my favorite season for fashion. It gets a lot colder much faster here in Oregon, which I enjoy. I've been wearing a lot more sweaters than I ever would in California.

**C:** That's cool that you get a lot of your clothes from thrift stores. Where do



TAYLOR DENT

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you go thrifting?

**TW:** San Francisco is my favorite, especially around Haight-Ashbury and the surrounding area. Lots of super vintage stuff from the '50s and '60s.

**C:** It's the revival of "Mad Men." Is that look as popular in San Francisco as it is in Portland?

**TW:** It's pretty much everywhere. It's definitely "a thing" in San Francisco, among a lot of other styles.

**C:** What other kinds of styles?

**TW:** There are a lot of bros in NorCal. Obey and Diamond Supply, and a lot of tank tops. Oh, and Chubbies. Lots of Chubbies and short shorts. People like to constantly show off how ripped they are.

**C:** Can you define what "Chubbies" are for *Collegian* readers?

**TW:** It's a line of shorts that run extremely short and extremely tight. They also have a project to rid the world of cargo shorts.

**C:** That's a crazy goal for a clothing brand. Here's a serious question: What's going to keep you awake tonight?

**TW:** Either a politics essay, or binge-watching as many films by Hayao Miyazaki as I can.

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## Have a nice time at Fuji Rice Time

NICOLE NA  
CONTRIBUTOR

I've recently realized the extent of my minor obsession with Japanese food. It's difficult to pinpoint exactly what about Japanese food appeals to me, but I think the answer lies in its simplicity.

It's a little amazing how a bit of fish or meat atop some rice or noodles can, through some culinary magic, be transformed into a fascinating and delicious meal. This principle can best be demonstrated through the art of sushi, and the closest sushi joint to Willamette is Fuji Rice Time.

Fuji Rice Time, located across from the Elsinore Theater on High Street, is just a hop, skip and a jump from campus. Sandwiched between a salon and a narrow alleyway, its plain brick façade isn't exactly what you would call inspiring.

Its interior, however, sharply contrasts with its exterior, with dim but warm lighting illuminating a mostly timber-based decorating aesthetic. For seating,

choose between a regular table, the sushi bar or the booths (cushioned sparingly by thin square pillows). A friendly and perhaps motherly waitress will greet you and bring water or complimentary hot tea. On the table is a sheaf of order forms for nigiri, rolls or other sushi-related needs.

Last weekend, my dining companion and I ordered a sushi combo (\$17) and a ladybug roll (\$6). First to hit the table were the sushi combo's complimentary salad and miso soup.

The salad, though composed purely of lettuce and vinaigrette, worked well, thanks to the gingery tanginess of the dressing. The miso was decent but unremarkable, though a few silky tofu cubes helped to mix things up.

The ladybug roll, topped with ponzu jelly, seared tuna and scallions, arrived first, practically brimming with spicy tuna, avocado and flying fish roe.

Then came the sushi combo platter, beautifully plated on a giant clamshell-esque dish. The California roll pleasantly

surprised us with its meaty chunks of imitation crab and creamy avocado.

The spread of eight different nigiri included red snapper, salmon, flying fish roe, egg omelet, imitation crab, tuna, seared albacore and eel. My favorite morsel was the salmon a buttery and flavorful fishy slab that melded nicely with the sticky vinegared rice. The eel was also exceptional, with toasty and flaky flesh bathed in a syrupy amber sauce.

The other pieces were all delicious and fresh — not bad for a restaurant 50 miles from the coast. Soy sauce and wasabi added dimension to each piece, while piquant pickled ginger served as a palate cleanser between each bite.

Fuji Rice Time, though a little over budget for the average college student, doesn't skimp on quality. Given its good food and proximity to campus, I recommend it if you've got a hankering for Japanese cuisine.

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## BEARCAT BULLET

### The stale aftermath of Halloweekend



ALISON  
EZARD

LIFESTYLES EDITOR

What is it about Halloween that makes people act so wild? Is it the allure of the crisp autumn air or the large quantities of alcohol typically imbibed? Perhaps it's the costumes? Maybe it's a combination of all three.

All I know is this Halloweekend was definitely one for the books.

My housemates and I decided to host a party on the night of Halloween. It was a Thursday, so we figured enough people would come to make the night fun— but not so many that the cops would show up.

Sadly, this was not the case.

The party started at 10 p.m. Half an hour later, there were already more people in the house that I did not know than people I did know. It's quite an odd feeling to feel like a stranger in your own house.

One of my housemates said it was only one hour into the party when the police showed up uninvited at our back door. We had warned all our neighbors that we would be having a party in hopes of avoiding a noise complaint, but so many people showed up that it was nearly impossible to make good on our promises to "contain" the party.

One of our older, non-student friends wore his security guard uniform to the party. Since drunken freshmen apparently can't tell the difference between a security guard uniform and a police uniform, our friend proved invaluable in frightening undesirables off the premises. But by then, the damage had already been done.

The next morning, it looked like a tornado had hit our house. There were hundreds of beer bottles covering every flat surface, and there was a trail of what looked like blue tassels from cheerleading pom poms from the hallway to the kitchen. There were also random bits of straw all over the kitchen and leading down to the basement. Maybe someone was dressed as a scarecrow cheerleader?

Even stranger, a couple days later, I noticed a mysterious substance smeared on the dining room wall. Was it blood? Was it wine? I can't say for sure, but I sure as hell hope it was the latter.

Bearcats, you certainly brought new meaning to the term "party animals" this Halloween.

That said, the party was definitely worth it. None of my housemates had to trek through the cold night in uncomfortable costumes to get to the party, and we were also spared having to make an uncomfortable journey home the next morning still in costume.

As a senior, one of my greatest fears (as lame as it seems) is that after this year, I will actually have to grow up and start spending my nights "building my investment portfolio" and other boring drudgery in which I imagine real adults engage.

Halloween is without a doubt my favorite day of the year, and I'm glad I got to spend my last one as an irresponsible young person going HAM with my fellow Bearcats.

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## Marie Curie's Playlist

RACHEL FIFIELD  
STAFF WRITER

Marie Curie, famous discoverer of several elements and radioactivity, was an incredibly busy woman.

From attending a clandestine anti-Russian university in then-Russian-occupied Poland, to putting her sister through two college degrees, to her adulthood discovering elements and explaining radioactivity and then applying it through wartime healthcare, it's said that she didn't spend much time relaxing.

If she had an iPod, here are a few songs that may have helped her pass that time.

"E.V.O.L." by Marina and the Diamonds, with its flashy, poppy sheen, tells a story about love turned inside out and made into heartbreak. In her early 20s, Curie fell in love with Kazimeirz Zorawski, an aristocrat who was to become a brilliant mathematician. His family disapproved of the match, and he refused to stand up to them.

They remained in romantic limbo for over a year, until frustrated with his indecisiveness, she left him for research in Paris. As the song says "It only takes two lovely people/ to f--k love up/and make it evil." Although he later mar-

ried, it's said he never got over her.

"Tennis Court" by Lorde would fit the ambitious Curie perfectly. The song about pushing for achievement and how it can be destroyed by social manipulation would be something she could understand, as little could get between her and her work. Lorde sings confidently: "I'm doing this for the thrill of it/ thrill of it/never not chasing the million things I want/getting pumped up on the brilliant things I want." The lyrics would resonate with the driven scientist.

As a winner of two Nobel prizes in two different disciplines and founder of multiple research institutes, Curie was nothing but hardworking and ambitious.

"Paper Wings" by Rise Against fits into Curie's confused later phase. Much of Curie's family and sense of world were destroyed in the years leading up to World War I. Her husband Pierre died in a road accident, and her beloved home country Poland became increasingly dangerous to her family as political tensions with Russia overflowed. Adrift, Curie tried to find stability in these years, but an ill-fated affair with a married physicist and bouts of depression were the opposite of stable.



EMILY SAFFORD

"After the Bombs" by the Decemberists fits the latest period of Curie's life. The song's lyrics "we'll pinch our arms/ wondering how we escaped harm/then we'll go dancing/ then we'll go dancing" are a perfect presentation of Curie's post-war experience.

Both happy and sad after the war, Curie got more recognition and resources for research, and pursued her work

until it literally killed her in 1934. Today her lab notes are considered too radioactive to be handled, and even personal belongings like her cookbook are stored in lead-lined boxes, only to be viewed for short periods while wearing radioactivity gear.

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# Getting down to Business

Student and administrative perspectives on the BAMBA program at Atkinson Graduate School of Management.

by Hannah Scott-Persson  
and Teddy Wu

For some college students, graduation doesn't mean the end of their schooling, but rather the beginning of graduate school. Through the joint-degree programs offered by Willamette, these brave souls are able to start their graduate degrees much sooner than those who wait until after graduation.

One such program available to students is the 3-2 program offered by the Atkinson Graduate School of Management, located just across the street from the College of Liberal Arts.

"It's a unique program that works well with Willamette University," Aimee Akimoff, director of recruitment for the MBA program, said.

The BA/MBA Program is described as a "tri-focus," helping students build themselves academically in three primary ways: knowledge, experience and career management.

Applications to the program are submitted during the junior year at the CLA, and, if accepted, students begin working toward attaining another degree the next year.

Once accepted into the program, students are given the option to continue with any desired major at the CLA and graduate in five years with two degrees in hand: bachelor of arts and master's of business administration.

"Students can study whatever they love and still get their MBA degree," Judy O'Neill, associate dean and director of admission at Atkinson School of Management said.

On average, the program hosts about 100 to 200 students annually, but there is no cap on the number of students accepted. The application process consists of two letters of recommendation, GMAT or GRE scores, a submission of official transcripts and a formal interview.

"We want students who are ready for rigor. We want them to be professional," Akimoff said.

O'Neill added, "They need to be able to have a strong work ethic and the ability to manage time in a new way."

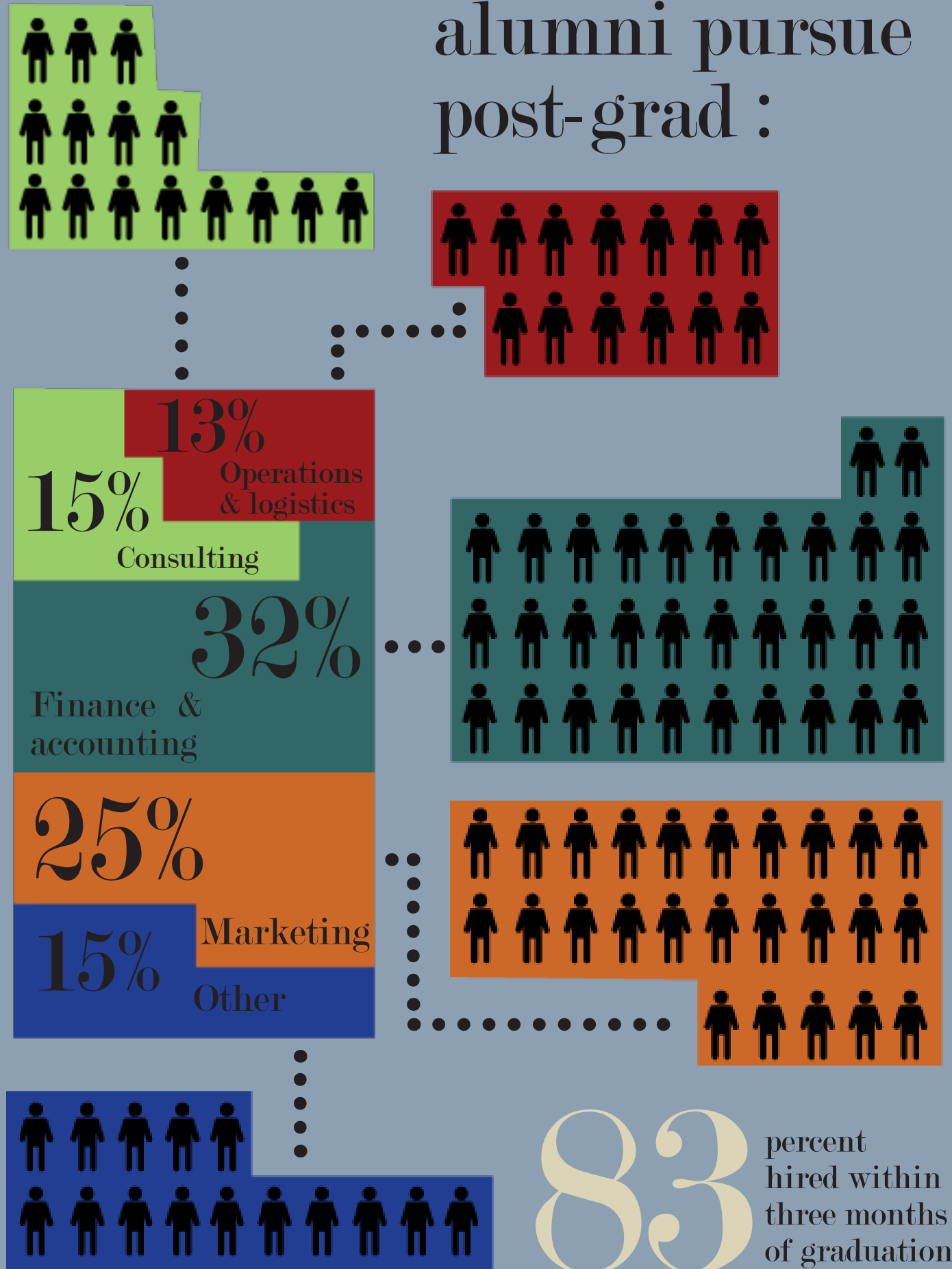
Students who graduate from the program are likely to have high success rates in the job market because of the experiences the program provides. Graduates beginning the job search come to interviews with projects and experience under their belts, which often sets them apart from other applicants, even those who have graduated from Ivy League schools.

"A huge part of the program is the success rate. It's our goal that everyone is successful," Akimoff said.

The staff in the program works with students after graduation until they get the jobs they want.

"It's about more than just academics," O'Neill said. "Students work closely with staff [to learn] how to network and how to interview."

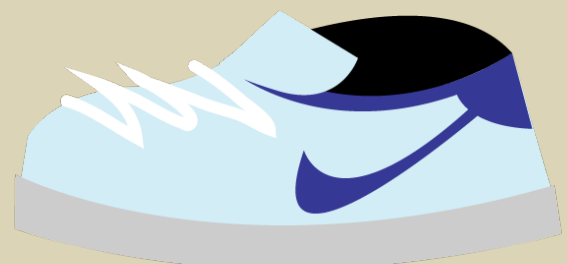
## Top careers alumni pursue post-grad :



## Where have business grads been hired?



Portland Public  
Schools



Student Perspective

Senior Alec Weeks, an environmental science major, is halfway through his first semester in the BA/MBA program. He is enthusiastic about the work he's accomplished so far.

"The BA/MBA program was the deciding factor in my decision to come to Willamette," Weeks said. "I really enjoy the different perspectives. At the CLA, I was feeding off my peers' opinions. Now, the program has a lot of group work. I'm challenging myself to meet their standards."

Though he's only been in the program for half of a semester, Weeks has high goals that he hopes to reach by the end of his five years at Willamette.

"Realistically, my goal would be to become a mid-level manager, then work my way up. I've always been attracted to leadership positions and making decisions that affect other people," he said.

For Alexis Gilbert, a second-year MBA student who graduated from the CLA last year with a degree in politics and Spanish, choosing the program was a different experience.

"I didn't know about the program coming in to Willamette. I didn't even think about getting a master's degree as a first year student," she said. "But I interned for one of the representatives at the state capital and for Causa. I left thinking that I could do more for them if I knew the strategies of business better."

Additionally, Gilbert's goals after graduate school would allow her to use the skills she's acquired.

"My dream job after school is to work in the Starbucks Headquarters in Seattle in a managerial associate position focused in marketing and/or business strategy," she said.

Students of the BA/MBA program are thankful for a Willamette undergraduate education and for the knowledge they have attained.

"My undergraduate degree taught me teamwork, professional writing skills, and much more," Gilbert said. "I believe that undergraduates from any major can become an MBA candidate, because Willamette allows BA students to come out with baseline skills from the schooling process."

The program strives to place students in real job-world scenarios, and students see the benefits of working with many different kinds of people. Atkinson students' diverse backgrounds contribute to the program's strengths.

"One thing that really struck me about the program is the diversity. In the school, 50 percent percent of the student body are international students. There is going to be a larger and larger influence on having global experience, and to be able to say I did almost every single project with international colleagues holds a lot of weight," Weeks said.

A diverse populace also inspires different and realistic ways of thinking critically.

"[The population is] a lot different than the students at Willamette because it pushes you to see every side of the coin, to ask the question, 'How would they think?'" Gilbert said.

Weeks's experiences with taking classes at the CLA have helped him already during his time in the MBA program.

"If you have drive or an idea, just follow it," Weeks said. "You have to show a lot of intuition if you want things to happen. Confidence is important. If you don't have confidence in yourself, who will? Recognize your strengths and gaps. Gaps aren't weaknesses, they just aren't developed yet."

Gilbert offers similar encouraging tips to those considering the program.

"The first year in the program is really hard. You're still in your senior year and spending the last year as an undergraduate, and trying to learn the ropes of the MBA program at the same time," she said. "You really have to jump into this program with your whole heart."

Like many of the students in the program, Weeks is grateful for the encouraging staff.

"The professors are really passionate about what they're doing. They truly want to see you excel. [Students] get to meet with individuals who are excited to talk to you because they were in your position once," Weeks said.

For Gilbert, the greatest benefits of the BA/MBA program are the overall learning experience and the ability to make a change as a direct result of graduate school.

"Over the course of two years, everyone really grows up alongside their classmates," Gilbert said. "None of us regret [doing this program]. It takes a lot of time and effort to do it, but at the end of the day you know you'll be able to go out and do something big in this world."

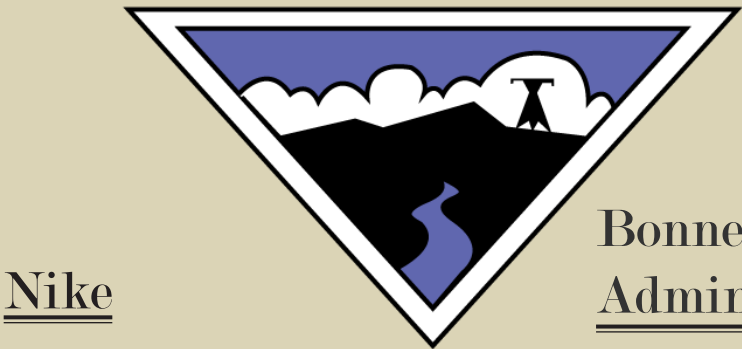
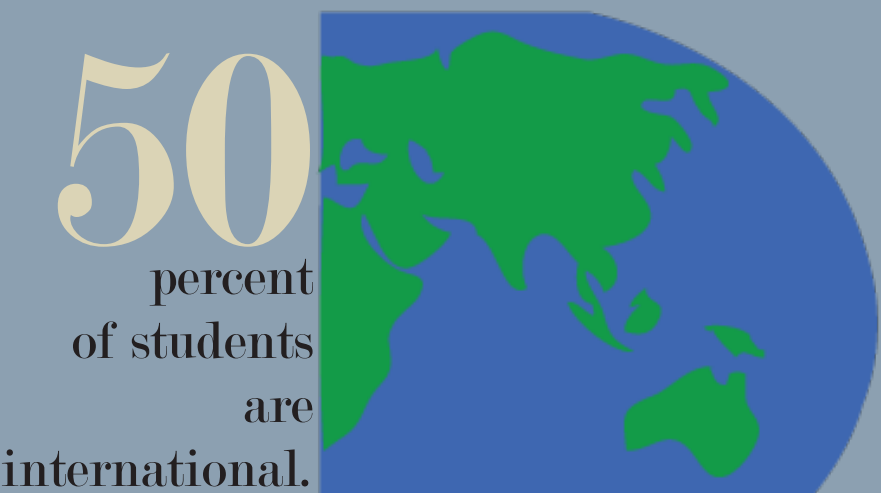
However, the program opens doors for students that would otherwise be unavailable to them.

"My takeaway would be the opportunities. There is a larger influence on personal development, and you can really find a career that you like," Weeks said.

Students who choose to pursue their BA/MBA degrees not only attain the skills they need to succeed in the job market after college, but they also gain an understanding of how to better build interpersonal relationships and become well-rounded individuals. Though the program is academically rigorous and challenges students to think outside the box, it's ultimately about establishing oneself after college is over.

O'Neill said, "We want people [in the program] who want to grow and change, because that's what it's all about."

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Deloitte Consulting

## Fitness Frenzy



ZACH  
OSERAN

COLUMNIST

## Core crushers

Bearcats, looking for a way to work out this spring and GET CREDIT for it? Quarter credit fitness classes are a perfect way to improve health while earning additional credits.

Registration for classes starts in two weeks, and I would highly suggest signing up for at least one of these classes.

Fitness classes offered at WU are diverse, and options range in all levels of difficulty, duration and activity.

Because registration can be a crazy time for everyone, I want to lend a hand and review a couple of the more talked about mat classes: Pilates and core body fitness.

When I registered for a fitness class the first time, I didn't know which class did what. I was clueless about which one I wanted, leading me to search around for the nearest coin to flip.

Both of these classes place a main emphasis on core fitness. Pilates is a great class for students looking to increase both core strength and flexibility.

Through several isolating exercises of obliques, back and upper and lower core, Pilates sets up a relaxed environment that burns the core and builds endurance through a series of continuous movements.

Although it is tough work, Pilates is undoubtedly a relaxed class. It is a shoes-off, lights-off environment that allows you to work out in peace. Class instructor Christine Folz keeps the body guessing, through a steady combination of light weights (eight pounds or fewer) and physio balls on a weekly basis.

If you are looking to take a class that spikes the heart rate, then core body fitness is the class for you. While its focus is on strengthening the core, this course also includes lower body strengtheners such as lunges and body squats.

Things such as planks and pushups, although practiced in Pilates, are also more prominent in core body fitness. Small-sized dumbbells ranging from five-14 pounds are also used on more of a daily basis.

These two courses are often thought of as mutually exclusive; if you take CBF, you'll miss out on Pilates activities; and vice versa. The reality is that these classes share the same fundamental workouts. Both classes use mats on the floor, and while CBF features more off-mat activities, the activities on the mat are similar.

Things such as single leg circles, v-ups, cork screws etc. (I'm getting sore just thinking about it) are essential in both classes. Sure, the intensity and environment may be different between the courses, but when it comes down to it, either class is going to leave you with that lingering burn.

Quarter credit fitness classes, along with other fitness classes offered by Willamette, are great opportunities for people looking to refine their workout and shock their body.

Depending on what you're looking for, you should be able to find the class best suited for you. Whether it be Pilates, core body or any other workout class, register soon.

Why? Because it's never too early to start training for beach season.

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# WU stays hot with consecutive shutouts

EVAN GIDDINGS  
STAFF WRITER

Jumping out to an early lead has been an important theme for the Bearcat volleyball team this season, but after two five-set losses in the past three weeks, finishing matches has become the area of focus.

That focus paid off, as the Bearcats swept both Lewis & Clark College and Pacific University, 3-0.

"Last weekend we felt the disappointment of dropping a close match. Because of that, we were able to identify our strengths this past week and play with confidence," senior setter Emily Compton said.

On the road against L&C Wednesday night, the Bearcats set the tone with an early 10-4 lead and cruised to a 25-21 set one victory. The Pioneers' attempt to draw even in set two was futile, as fellow sophomore outside hitters Lindsey Compton and Sarah Fincher combined for 10 kills in the 25-16 defeat.

Coming out of the half, L&C tried to climb its way back in the match after attaining an early 6-2 lead in the third set. But after a timeout, the 'Cats battled their way back into the set, utilizing a 6-1 scoring run to draw even at 15 points apiece. From there they seized control, dominating the Pioneers throughout the rest of the set for the 3-0 shutout victory.

"We pushed through it from one to 25 and showed even ourselves how hard we can fight," Fincher, who tallied 16 kills,

said. "We finally started playing the way we knew we could and finished it off great."

After winning two of its past three matches, Willamette set out to avenge a heartbreaking loss to Pacific earlier in



Senior Emily Compton tallied 71 assists in her past two games. The Bearcats defeated both Lewis & Clark and Pacific, 3-0.

the season. Picking up right where they left off on Wednesday, the team started the match on a 7-1 run. That early lead proved to be enough, as the Bearcats held off Pacific 25-23.

Focusing on finishing what it had started, Willamette remained aggressive on the attack. Fincher totaled 16 kills and senior middle hitter Shannon Waltz achieved a .500 hitting percentage throughout the match. As a result, the Bearcats were able to take the second set 25-16.

After establishing dominance in the first two sets, the third and final set was all about closing.

Executing right out of the gate, a fast 5-0 edge allowed the 'Cats to extend their lead to as much as 12 midway through the set. Two late kills from Waltz and another from sophomore outside hitter Lindsey Compton allowed Willamette to complete its second consecutive shutout with a 25-16 win.

Despite moving a half game back of fourth place in the Northwest Conference standings, members of the team aren't satisfied with where they are. With two more games to go, Willamette is looking to continue its climb.

"I expect us to have a great week of practice and go into these last matches ready to dominate," Compton said. "I think everyone believes that we can finish the season out with two more wins."

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## 'Cats fall victim to #2 ranked Linfield

BRANDON CHINN  
SPORTS EDITOR

After failing to beat Pacific Lutheran University last weekend, the Bearcats suffered their second consecutive loss against #2 ranked Linfield College on Saturday in



Senior quarterback Josh Dean is taken down by a Linfield defender in the team's 56-15 loss on Saturday.

front of a season-high attendance of 2,475.

Despite scoring first, Willamette lost 56-15, effectively ending any remaining postseason hopes.

"We weren't as consistent as we needed to be on offense or defense in order to do what we needed to do," Head Coach Glen Fowles said via the Bearcat Sports Network.

The Bearcats stood their ground early, scoring the game's first touchdown on a 19-yard play-action pass from senior quarterback Josh Dean to junior tailback Taylor Wyman.

Linfield responded with a methodical 11-play, 73-yard drive which ended when quarterback Josh Yoder scrambled into the end zone from eight yards out.

That Wildcat touchdown instigated a long run in which Linfield scored 28 unanswered first half points.

"Linfield's a real good team. If you're not consistent in what you do then sometimes it shows up a little bit," Fowles said.

Even the 15 minute intermission was unable to slow Linfield, which tacked on two more touchdowns in the third quarter. Just two plays after a Linfield touchdown

advanced the score to 42-7, the Bearcats ended the run on a 47-yard touchdown reception by junior wide receiver Beau Smith down the left side of the field.

That's all the scoring that Willamette could muster, yielding two additional fourth quarter touchdowns in the 56-15 defeat.

"It's tough, and we're upset. But we'll move on from this game and start focusing on Pacific tomorrow," Wyman said. "We'll get a game plan, come out ready to play, and try to get a win."

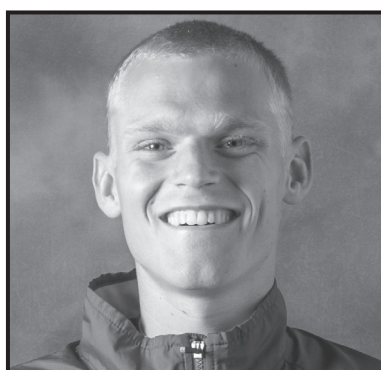
After starting out 6-0 in 2012, back to back losses to the Lutes and Wildcats knocked Willamette out of postseason contention. This year, after a 5-0 start, the team was unable to avoid a similar fate.

The Bearcats play their final home game of the season next Saturday against a tough Pacific University team, which at 7-1 is off to its best start in over three years.

"It's a tough conference. It'll be a great day for the seniors, and we have an opportunity to finish strong," Fowles said. "That's really the most important thing."

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## ATHLETE OF THE WEEK



## Parker Bennett

Senior - Cross Country - Sisters, Ore.

Parker won his second consecutive Northwest Conference title on Saturday, finishing the eight-kilometer race nearly 31 seconds ahead of the second place finisher with a personal best of 24:30.62.

# Willamette defense shines in Whitworth tie

DEVIN ABNEY  
STAFF WRITER

Ninety minutes of play and two periods of overtime were not enough to determine a winner Saturday, as the men's soccer team battled fifth-ranked Whitworth University

to a 1-1 tie.

That match kicked off an intense weekend for the Bearcats, who followed up their game against Whitworth with a contest against Whitman College the very next day.

Both defenses controlled much of the match, as nei-

ther team could find the net through the first period of play. In the 64th minute, it was the Bearcats who scored first.

Sophomore midfielder Tyler Yates broke the scoreless gridlock with a shot from the top of the penalty box after a throw-in by freshman midfielder Julian Hanlon-Austin.

Willamette held on to this lead for nearly 20 minutes, but with just nine minutes remaining, the Pirates knotted the equalizer off a deflection.

Only two more shots were taken in regulation, both from Whitworth players. The Bearcats were able to prevent another score and force overtime, thanks in part to a save by sophomore goalkeeper Braydon Calder.

In overtime, Whitworth took eight shots to Willamette's two. Calder, who recorded five saves in regulation, added five more saves in the two overtime

periods to tally a career-high of 10 total saves.

Despite the strong defensive play, the Bearcats were unable to score, and the match ended in a tie.

On Sunday, the Bearcats squared off against Whitman College. Sophomore Sebastian Mortimer scored his first goal as a Bearcat, but the Missionaries exploded for three consecutive goals, two of which came in the second half, en route to a 3-1 victory.

"Our mentality going into this weekend was to grind it out and get points," Yates said. "Although it was a tough-fought weekend, I think there are some positives we can still take away from this trip."

Willamette will conclude its season against rival Linfield College, whom they lost to 1-0 on Oct. 12.

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Sophomore defender Sebastian Mortimer scored his first career goal as a Bearcat on Sunday in the team's 3-1 loss.

# Sewall continues dominance for WU in tie, loss

KIT KINGSTAD  
GUEST WRITER

With the season winding down, the Bearcat women's soccer team journeyed to Eastern Washington last weekend to compete against Whitworth University and Whitman College. The defense stood

strong as the team walked away with a 0-0 tie against Whitworth and a slim 1-0 loss to Whitman.

Saturday's game went into double overtime, totaling 110 minutes. Even with the extended period of time, the Willamette defense successfully shut out Whitworth.

Freshman goalkeeper Emily Sewall tightly protected the net, saving seven shots over the course of the game for WU.

The Bearcats created many opportunities throughout, tallying four shots on goal. Despite these opportunities, however, Willamette was unable to score as the match concluded a scoreless tie.

After playing an additional 20 minutes on Saturday, the Bearcats turned around to face Whitman on Sunday afternoon. The Missionaries appeared aggressive in the first nine minutes, earning three corner kicks. The last corner kick took place in the eighth minute, resulting in a goal via a header.

The Bearcats came to life after that goal, holding Whitman without a shot for the next 18 minutes of action.

Senior midfielder Paige Lancourt found an opportunity and struck, but her attempt to tie the game was rejected on a save by the Whitman keeper.

The Missionaries outshot the 'Cats 6-1 in the first half as they took the 1-0 lead into intermission.

Whitman still outshot Willamette in the second half, but the Bearcat defense held strong as the team attempted its rally. The opportunities were there, as the 'Cats attempted two shots on goal in the final three minutes.

With 49 seconds left, a corner kick opportunity was unsuccessful; the Missionaries prevailed 1-0.

"We never give up trying even when we are down, like we were in the second game," Sewall said. "I think we did a great job of persevering and putting in 100 percent effort all weekend."

Sewall continued what has been an impressive freshman campaign over the weekend. Allowing just one goal through both matches, Sewall has now recorded four shutouts while allowing only four goals in 95 shots faced.

Despite their 4-11-3 record, members of the team are not letting up through the final week of the season.

"It is our last week of practice, so it could be easy to get distracted. But as long as we stay focused on the weekend's games, I believe that we can perform well and get the results we want," Sewall said.

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# From the Nosebleeds



HOLLY PETERSEN  
COLUMNIST

# Feminist failure

I first realized I was a feminist in my ninth grade English class, when the guy sitting next to me saw I was wearing a Dodgers shirt and challenged me to name five players. Then, five more. He still wasn't convinced.

He believed that since I was a girl, I wasn't capable of liking sports in the same way he was.

That wasn't his fault. He was merely a product of his environment, brought up in a world where sports are intended for big, tough men and women simply can't keep up, an idea that is admittedly difficult to refute. For this reason, I feel I should admire Danica Patrick, simply in the name of female empowerment. But I don't.

While NASCAR is probably far from your favorite thing, you've probably at least heard of Patrick. She's the only female NASCAR driver and has become ubiquitous in the auto racing industry.

But the great and unique aspect of motorsports is that it allows Patrick to do something almost no other female athlete can: compete against men. She races on the same tracks and competes for the same trophies.

This is her second full season since her switch to NASCAR. Now, 29 races in, she has only one top-10 finish.

While I'm inclined to root for her because she's challenging stereotypes and because of, well, "girl power," the truth stands that Patrick's popularity is not due to talent but the way she looks in a bikini and stilettos.

According to the New Yorker, she's merely an underachieving Indy driver who was selected to appear on the cover of Maxim in 2003. After the feature went viral, she got to race in the Atlantic Championship Series, one level below the big-league open-wheel circuit.

Patrick is now endorsed by Go Daddy, a web hosting company that releases an annual misogynistic Super Bowl ad, starring Patrick herself. She's created an image, a brand, that resolves solely around her sex appeal.

It's hard to blame her for being opportunistic, since in NASCAR sponsorship can dictate growth. She also has the right to market herself however she pleases.

Yet I can't help but feel that she has sold out by allowing herself to be hyper-sexualized, reinforcing the idea that all women must exploit their sexuality to obtain relevancy.

Many argue that any exposure to Patrick is positive in that it inspires girls and paves the way through a culture historically dominated by males.

But to forge this path for young women of the future, she needs to market herself as the tough, passionate driver that she is, not as a sex symbol.

Under a new CEO, Go Daddy recently announced that this year's Super Bowl ad will rely less on a scantily-clad Patrick, in an attempt to step away from its racy image.

Hopefully Patrick will follow suit and realize the impact she can have not only in motorsports, but athletics as a whole. Until then, I'll be waiting for a woman to root for who doesn't make a gimmick of herself and can actually keep up with the boys.

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## EDITORIAL

## Breaks bring benefits

CONTINUED from Page 1

However, the high cost of airfare is rarely worth such a short trip. And these travel logistics also impact academics; students are forced to make the tough decision, time with family or academic success? How many students do you see in class on the Wednesday before Thanksgiving?

"I absolutely have to skip class on Wednesday if I even want to make it home for my Thanksgiving dinner [in Chicago]," junior Jerome Sader said. Students from Hawaii are also frequently kept in Salem for the break.

Some professors opt to not hold lecture to avoid poor attendance and lack of focus. A gift we all love, but it also means one fewer day of learning.

"The break is so short that I usually just skip class on Monday, Tuesday and Wednesday altogether, which stinks," Sader said. "But I can't justify spending that flight money if I will be home for only a few days."

Those from across the country aren't the only students suffering from such a short time off.

"I spend half my break either on an airplane or three fourths of it in the car," junior Greg Hill, who hails from Santa Cruz, Calif., said. "So this year, I decided not to go back until winter break."

As Willamette works to attract students from across the nation with rigorous academics and incredible data regarding student extracurricular involvement, the break schedule must be reassessed. If Willamette hopes to be a first rate institution with universal pull, something must change. We all work hard. We all deserve a break.

## COLLEGIAN EDITORIAL POLICY

The Editorial represents the composite opinion of the *Collegian* Editorial Board.

Miles Sari • EDITOR-IN-CHIEF  
Becca Brownlee • OPINIONS EDITOR  
Kelley Villa • MANAGING EDITOR

## On being a late bloomer

MARIKA MCCARTHY  
COLUMNIST

Remember in "Mulan," when Mulan's dad told her she was a late bloomer, basically? I recently sat on a bench under a tree that was dressed in its finest regalia of autumnal colors in the beautiful fall sun and then a leaf hit me in the head. I am sure that the universe sends cosmic messages, but when you don't know how to interpret them how are you supposed to know how you fit into this big, wide universe? A leaf hit me in the head and that somehow made me want to cry.

I have a weird habit: I'm not comfortable on a couch watching TV or a movie without a blanket, even in the summer. And even though "101 Dalmatians" has been my favorite movie for as long as I can remember, watching "Mulan" has always given me comfort comparable to that of squares of fabric tossed across my legs. The brass instruments featured in the score warm my heart as Mulan transforms from an awkward ingenue into a strong, ingenious woman of color. She's the hero and still somehow manages to get the guy in the end.

Up until recently, I always had hope that someday I would emerge from tangled blankets like a butterfly emerging from a chrysalis. There was hope for strong women to end up happy and in love.

There is something personal about what I write every week, but this is perhaps the most intrinsically shaping aspect of my life. On being a late bloomer: It is hard.

The majority of us enter Willamette maybe knowing a handful of other students. But we come from all over the West Coast, country, world and are put into buildings to fester and grow like cultures in a Petri dish. The agar plate is prepped and I didn't realize that up until now I had been starving. Now I am ravenous.

Some nights you want to swallow this experience whole. Beautiful, clear summer



EMILY SAFFORD

nights when the air was delicious and the galaxy laid itself out in front of you. But we all enter college with varying levels of social competence.

It is hard to be a skier if you've never seen a mountain.

You can consciously reinvent yourself or just go along with this new box that you've been put into, but maybe realize that you won't transform overnight.

How do you – this strangely new creature – figure out how to act now that you belong to potentially a different pigeonhole? How do you learn to steal a hammer and break somebody's heart? How do you deal with the fallout? How do you come to terms with the fact that you broke your own heart?

Conflict resolution isn't taught during Opening Days. It is hard to puzzle what will make you happy. Maybe some of the pieces will make others sad. Learning

to comprehend what you want is hard. Trying to discover what it is that will make you happy is harder.

I don't have any answers because I've been on the sidelines my whole life and I've never looked at a playbook. I am not equipped to play these social games. Being a late bloomer is hard, and I am speaking from experience.

Someday you will understand yourself and understand how the world works. But, at least for me and for right now, I am still just trying to figure things out. I can't hear the words of wisdom that the wind whispers as it whips through the trees. Give it time; Mulan's boot camp montage went on for who knows how long? In the interim, keep in mind that you're only human. And that's all that you need to be.

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## Responses to 'Hey WU! Think twice before you Hey You!'

Recently, I have heard disturbing arguments defending the Hey You's, claiming that they are "pure, innocent entertainment."

I wanted to thank the *Collegian* for their recent [article], for it pointed out that such assertions do not take into account the ways in which the Hey You's dangerously single out individuals on campus, often by objectifying and fetishizing them.

Because society frequently objectifies female-identified individuals, Hey You's that limit them to their physical attributes further perpetuate a system in which women's bodies are materialized and their thoughts and opinions devalued.

Furthermore, it is important to recognize that white students dominate space on campus (literally and figuratively), and Hey You's that fetishize students of color further reinforce an ideology that "others" these individuals.

For all these reasons and more, thank you for verbalizing your reasoning for discontinuing the Hey You's by acknowledging they ways such practices make Willamette an unsafe space.

Chanel Sulc  
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Hey You! *Collegian*. My name is Soren Underdahl, to prevent anonymity. I care about your condemnation of "...this forum to the Willamette community..." because what the *Collegian* introduced was a forum.

The "culture of violence" that you say is being promoted by the targeted Hey You's, is actually the release of our pent up community. Our liberal arts community is stagnant of places for people to speak freely. We can't learn without testing ourselves!

Sure, often the Hey You! section is the product of a plethora of different people, targets, subjects and seriousness, characterized by anonymity.

But where else do we have a place for people to put their words out in the world, without the risk of being lynched. If you want to condemn individual Hey You's, that's fine.

You don't have to print them "for journalistic integrity," but for the sake of free speech of us 800, don't condemn them as a whole.

Soren Underdahl  
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Next time you run an article about the Hey You's violating journalistic integrity and how calling people out to bully or demean them is wrong, you may not want to run a Bearcat Bullet that calls people out for being an "asshat," "unforgivable" and having caused a loss of "faith in humanity" in the same issue of the paper.

If you're going to call on the University to "stand up" then maybe you should start at home. If someone in the library is being disruptive, people should tell the circulation desk assistants, not publicly target people you don't know.

You want the University to fight bullying on campus? You want us to "stand up?" Okay. You first.

Meghan Cusick  
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Thank you for writing the editorial last week on the Hey You's. This was not only necessary as a response to the online presence of the Willamette University Hey You's page, but also as a response to campus climate and culture.

I support the idea of not sponsoring the Hey You's. No matter how much people claim that the intent of the Hey You's is to have fun and to make a game out of it, the result happens to be bullying and harassing specific people.

There were numerous examples in the [article] about how this harms and targets people. People on campus cannot argue with their experience of feeling harassed and targeted with your pure intention of just having fun. The intent of the Hey You's makes no difference on the impact they have on people. We need to respect that as a campus.

Surabhi Mahajan  
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My main reason for getting in touch is to respond to the article in [the] most recent issue [of the *Collegian*] that Kelley and Miles wrote, about the Hey You's.

I am really impressed with the way you articulated your rationale for choosing not to include Hey You's in the *Collegian*. To be quite honest, we joke all the time that our Hey You's are the only reason people on campus pick up "The Trail" at all, but I am challenged by your insightful analysis of their effect.

We do get negative feedback every now and then, but I try to be as vigilant as possible about explicitly addressing people (especially professors – that never goes over well for us either!). However, reading through your article, I realize that we do let many unprofessional comments targeted at specific individuals slip through all the time.

Elisabeth Schyberg  
Editor-in-Chief  
The Puget Sound Trail

## Letters to the Editor

We invite you to submit letters to the editor. Letters are limited to 150 words, must include your name and must be submitted by Monday at noon on the week of intended publication. The *Collegian* reserves the right to edit for length and clarity. Please email letters to <msari>.

# ACA problems don't fall on liberals

DYLAN SHELTON  
CONTRIBUTOR

The day supporters of the Affordable Care Act have been waiting for has finally arrived. On Oct. 1, the new health care exchanges opened to the public, and let's be honest: It has been a disaster.

States like Washington and Kentucky – which spent time and money to successfully implement the law – seem to be doing well enough.

However, Republicans in 27 states refused to set up exchanges, forcing citizens in these areas to use a system run by the federal government.

For people using the federally administered exchanges, it has been nearly impossible to purchase health insurance. On the first day it was open, only six people in the nation were able to sign up for coverage.

The seriousness of this problem should not be underestimated. If the federal exchanges are unable to enroll people in new health insurance plans, it could spell doom for Obama's health care reform. Young healthy people have to buy into the system, or it could lead to a "death-spiral" where

insurance costs skyrocket and become unsustainable.

Conservatives are cheering for the ACA's difficulties, hoping that this is precisely what continues to happen. In fact, if the exchanges fail to enroll enough people, it's liberals who should celebrate. The portion of the ACA that creates near-universal coverage using the private health insurance market is fundamentally conservative. Indeed, as most people know by now, it began as a Republican plan in the 90s and had the support of Mitt Romney and the very conservative Heritage Foundation.

If the exchanges and subsidies for private insurance unravel because of high costs, it won't mean a return to the way things were before Obama took office. On the contrary, the American public overwhelmingly favors key portions of the bill, especially banning companies from denying coverage to people with preexisting conditions.

The reason Republicans have been unable to propose a serious alternative to the ACA is that there is no way to provide universal coverage without either a mandate to buy insurance or a government run pro-

gram, like Canada's single-payer system. Needless to say, both options seem unconscionable to the modern GOP.

For members of the left, however, the failure of the most conservative parts of the ACA present an opportunity. By further discrediting privately provided insurance, America could finally be forced to have a serious discussion about the alternatives, like single-payer, that would actually control costs.

It has taken decades and provoked bitter partisan conflict, but the United States is finally recognizing the need to expand health insurance coverage and address our nation's uniquely high cost of care. No matter what Republicans say, conservative solutions can't solve the problems. The Affordable Care Act's troubles could prove that.

The future of the American health care system doesn't lie in repeal of the ACA and a return to the status quo ante. On the contrary, the past few weeks prove that the progressive left was correct all along in demanding real, government-based solutions to the problem.

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## Mental health is no laughing matter

EMILY DOUGAN  
COLUMNIST

In all of our societal discussions on political correctness, equality, etc., there is one group of people and set of terms that is frequently left out: those suffering from some sort of mental illness.

Whether it be severe depression or schizophrenia, they are largely ignored or discriminated against in our society.

While we as a society have made major strides in eliminating most offensive, derogatory words from our vocabulary, we still continue to use language that isolates and puts down those with mental illness, using words like "crazy," "insane" or "psycho." It's time to be a little more thoughtful about how we use these words.

In general, I don't think anyone uses these words to be offensive or specifically mean to someone who is actually mentally ill. But calling someone "crazy" is offensive, and worse yet, it's just writing them off. By dismissing someone's illness as just "insanity," you ignore them as a person. You delegitimize their illness as something that they are choosing to have, or can fix if they just snap out of it. Using these terms does not solve anything, it just makes the problem seem trivial; it ignores it all together.

What always gets me about our society's stigma against mental illness is how readily we are willing to ignore it. It scares us. When a person is suffering from a cold, we don't run away from them, dismissing their thoughts and feelings as byproducts of their illness. We help them, give them cold medicine, check on them. We do what we can to make them better.

When it comes to mental illness, most of us just run the other way. I myself am quite guilty of this, and I know many other Willamette students, faculty and staff are as well. Our entire goddamn society is guilty of it.

The current institutions for addressing mental illness, for becoming comfortable with it, simply don't exist. We live in a place where it's easier to get a gun than it is to get health insurance, so how can we possibly expect there to be an outlet for those struggling with mental illness to get help?

We can't, and that's why I honestly believe it has to start on an individual level.

Awareness and dialogue are key. It can start simply by just being conscious of what you are saying. Maybe instead of mocking the homeless people on the street and making cracks about their sanity, you could take a moment to reflect on what that rhetoric is actually doing to change the situation.

You'll stop just simply writing these human beings off, you'll stop ignoring the problem and you'll begin to see them as actual people. "Crazy" isn't conducive – consciousness is.

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## Civic education key to ending gridlock

COLLEEN SMYTH  
PRODUCTION MANAGER

Being a liberal college student can be extremely frustrating.

As I watch what's going on in Washington, D.C. through my Twitter feed and Politico app, I can't help but wonder how some of the members of Congress got elected in the first place. Then I remember that not everyone grew up in as liberal of a community as I did.

In theory, having a variety of political views is great for the system as a whole. Debate over differing perspectives should produce results that please more of the population.

In practice, this can't happen because of the fundamental lack of understanding most Americans have about the role government plays in our lives. If we ever want to break through the ideological entrenchment that has flourished in recent years, we need to ensure that people understand the role of government in practice, rather than in principle.

We need to place more emphasis on civic and government education.

In recent years, school districts and state boards of education have heavily prioritized science and math in recent years. The federal government requires that states test these subjects, along with English, in order to get funding.

While there's nothing wrong with increasing attention to more quantitative subjects to keep up with other developed countries, there is a trickle down effect indicating that subjects like civics are less important.

Forty states (including the District of Columbia) currently require students to take at least one American government or civics course, but only two require them to pass a statewide standardized test on the subject to graduate from high school. We are es-

entially sending students into the world of voting without the proper preparation.

And this lack of understanding has consequences.

Let's take the example of the senior citizens who protested the Affordable Care Act in the summer of 2009 with signs bearing the message: "Keep government out of my Medicare."

Most students can immediately note the irony here: People are literally asking the government to stay out of a program funded and administered by the government.

Cornell University researchers have found that most people believe they have never used a government program. Five percent of those people are right.

Yep, you read that correctly: 95 percent of people who claim they've never used a government program have been beneficiaries.

Even scarier? 58 percent of the benefit-deniers have used four or more government programs.

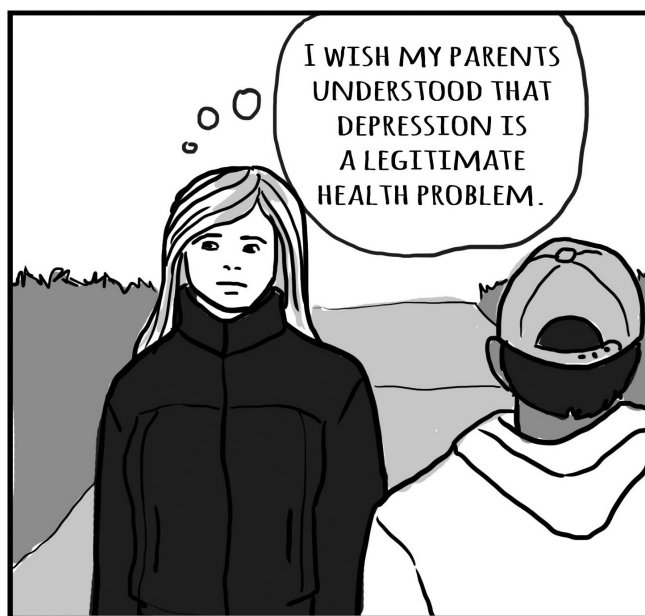
This in and of itself is frustrating. How do you get people to appreciate government services when they don't even know what counts as a government service?

Civic education won't solve the problem, but it can certainly help. Information flows in an exponential pattern – when more people know something, it increases the likelihood of others learning it too. The more people know about how the government works, the better they can educate their friends, families and neighbors.

A new fleet of engineers and medical researchers is a good thing, but having a population that understands the government's role is essential. Our ability to once again have a legislative body that functions to serve the country rather than slash budgets depends on it.

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## Struggling on State Street: Surface level interactions



EMILY SAFFORD

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