

COLLEGIAN

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Welcome to Opening Days!

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Opening Days: Guiding, advising and entertaining

HANNAH WALLER
NEWS EDITOR

Opening Days (OD) is a unique opportunity for incoming freshmen to get acquainted with the campus, other students, the resources available to them and college life in general through the guidance of fellow students who are enthusiastic and excited to help in all ways possible.

While all of the activities planned for this year's group are valuable and helpful in adjusting to college life, the OD staff is especially excited for the Decades Dance, the grass volleyball tournament and the Willamette Dinners.

In addition to student-interactive activities, there will be a Convocation speaker. This year's selection is Jonah

Lehrer, author and contributor to various publications on topics related to neuroscience such as Wired magazine and NPR. Lehrer's lecture is titled "Thinking about Thinking,

or What I Wish I'd Known as a College Freshman." While convocation is a required event for first year students, parents and other family members are also welcome to attend.

Often first year students are confused as to why they are required to attend the four traditional presentations—Reality Check, Sex Signals, Alcohol "411" and Diversity and Inclusion. According to Opening Days Leader Judy Lee, the programs are valuable opportunities that should not be taken for granted. "They were really informative and a great way to transition into my freshman year. I learned a lot of important things," Lee said.

Additionally, the programs are designed to get students thinking about crucial but often taboo issues. "The programs present students with challenging but important issues that everyone at some point will have to face in college. I hope that through these speakers students, will have the tools to confront them constructively," Opening Days Coordinator Emma



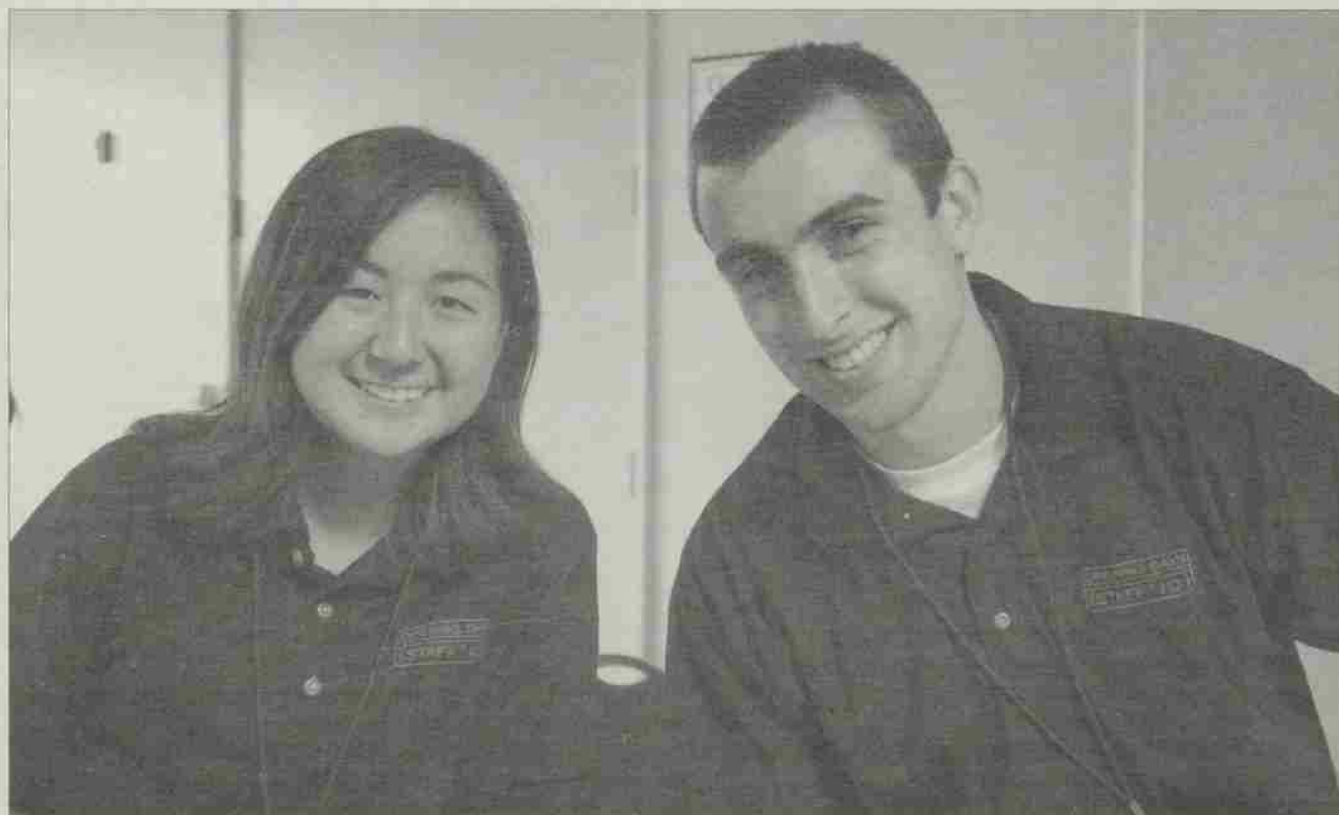
Blitz the Bearcat fraternizes with OD Leaders.

KAYLA KOSAKI



OD leaders smile for the cameras.

KAYLA KOSAKI



COLBY TAKEIDA

OD Leaders help a new student move into Kaneko Commons.

Larkins said.

Opening Days is a fun and important part of first year students' experience at the university and an immense amount of planning and coordinating goes into ensuring that it runs smoothly and is beneficial to all. OD requires the support and involvement of many campus offices and departments, which sometimes creates a learning curve for the OD staff.

However, "Willamette staff is used to working with student leaders and is very patient and helpful as we 'learn the ropes.' It's not always easy to jump right into a position and begin working alongside professionals who do this every day and for a living, but it is immensely rewarding," Larkins said. "It can be challenging and there is a lot to learn at first but when you come out on the other side and reflect on the experience, it is amazing to see how much you have learned and grown."

Many incoming freshmen worry about getting lost in the rush of college life or not knowing what they want to do with their lives. "Willamette has so many departments and services led by amazing, intelligent staff who want to help students resolve these concerns. Become a member of a club, pursue research, volunteer in your interest area, or make an IM team with your hall," Larkins said. However, students should not feel that they need to know exactly what to do in terms of majors or extracurriculars.

"Don't rush into everything, explore your opportunities and be open to new ideas," Alumnus Cole Cochrane said. "You never know who you're going to be in four years."

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Grant gives chemistry professor and high school teacher chance to team up

ANNA MENCARELLI
GUEST WRITER

The summers of 2010 and 2011 held and will hold many opportunities for Chemistry Professor Sarah Kirk and South Salem High School science teacher and former pharmacist, Greg Whatley. The two have combined their experience and efforts to research a potential treatment for retinal degeneration.

Specifically, their research focuses on synthesizing and utilizing the molecule Tetracaine. "If someone has retinal degeneration, one reason could be there is a mutation on a certain enzyme so that when light shines on the eye it causes a channel to be open too much of the time," Kirk said. As a result, the channel allows an influx of ions that damage their rods, possibly leading to blindness. Tetracaine

would be used to "sit in the channel" and block the detrimental influx of ions.

Kirk began this research when working with Oregon Health Sciences University (OHSU) Professor of Physiology and Pharmacology Dr. Jeffrey Karpen in 2005. Since her research with Karpen, she has continued researching Tetracaine, enlisting the help of Whatley this summer. "Since I've gone back to teaching, I found that there was a grant that allowed me to work with a chemist here. I came in and talked with Sarah and got really enthused because I realized I would do real research at the labs, and I could take that research back to South Salem High School and use it with students," Whatley said.

The \$15,000 grant, given by the M.J. Murdock Charitable Trust's Partner in Science Program, encourages high school

teachers to participate in "cutting edge research" in hopes of incorporating his/her experiences into teaching. "I can even rob lessons from Sarah and modify them greatly for my classes," Whatley said.

For now, the grant will fund the research for two summers, during which time Kirk and Whatley will utilize the labs and facilities on campus. "Research is ongoing. I spent my sabbatical on it all last year. Once you answer one question, five more open up," Kirk said. If resources are available, the two are discussing the possibility of enlisting the help of high school as well as college students.

Once the molecule has been synthesized and researched in the lab setting, the findings will go on to OHSU in order to further an understanding of the biological effects of the molecule.

However, finding a treatment for retinal degeneration is only one of the goals the two researchers wish to accomplish. "We both have a desire to create a relationship between South Salem High School and Willamette so that high school students can see what is going on at the university and encourage them to continue on," Kirk said.

Both Kirk and Whatley hope that their research will inspire high school students to not only continue their education after graduation, but also to become interested in any scientific field. "I can help students become scientists - we don't have many students going for science [and] they might find out how exciting and interesting it is," Whatley said.

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Popular restaurant Muchas Gracias opens up about history

SCOTT CANTONWINE
GUEST WRITER

The guidebooks, tour guides and parents all have their advice for new freshmen regarding their college experience: find a good study spot, find a good roommate and find a major and classes you enjoy. Despite their good intentions, all of these sources have missed a crucial element of the Willamette experience: "Find Muchas Gracias."

Just a few blocks east of the Willamette campus lays a hidden treasure. In a small building that used to be known for the larger-than-life duck hanging over the street lies Muchas Gracias Mexican Restaurant. Affectionately known by several names in the Willamette community - "Muchas," "Chas," "Much" - all variations refer to the all-hours shack at 1980 State Street known for great food and great prices, typically accompanied by great times.

"[The] red sauce so hot it drowns out the actual taste of the burrito," senior Tim Christian said when asked what he liked most about Muchas Gracias.

An anonymous source said they most appreciate the convenience of Muchas Gracias: "It has speedy service, and where else in Salem is open 24/7 that you can get to without a car? You get a lot for your money and will never be unsatisfied."

Aside from being the 24-hour source of choice for Mexican food, Muchas Gracias is also an inspiring business story, drawing a remarkable number of parallels to the formation of Willamette University itself. Muchas Gracias began nearly 25 years ago when Rodolfo Sanchez left Mexico in pursuit of greater opportunities in the United States.



KAYLA KOSAKI

Muchas Gracias is a popular choice among Willamette students.

The restaurant chain started in California, where for nine years Californians were blessed by the food and service provided by Mr. Sanchez. Then, after a trip to Oregon, Muchas Gracias founder Don Rodolfo Sanchez fell in love and Muchas Gracias moved to The Beaver State. For the people of St. Helens, Oregon - the site of Oregon's first Muchas Gracias restaurant - the concept of Mexican food has forever been changed.

Today, Muchas Gracias operates 54 restaurants in Oregon and southwest Washington. Contrast that story with Jason Lee's Methodist mission and formation of Willamette University, and the pioneering parallels between Rodolfo Sanchez and Willamette founder Jason Lee might just be a

reason for the great appeal to Willamette students.

Though Willamette does not offer an undergraduate business major, Muchas Gracias offers a substitute. The "P's of Marketing" (chiefly price, product, place and promotion) and the power of consistent value to your customer are reflected in the story of Muchas Gracias. Willamette freshmen, you may think Muchas is just a great place for a wee-hours-of-the-morning-Oregon-burrito, but who knew it was so much more?

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Willamette art professor travels to Namibia

EMILIE JENSEN
GUEST WRITER

Over the years, Namibia has experienced occupation, conflict and turmoil before finally achieving independence from South Africa in 1990. The country, which is relatively stable and prosperous by African standards, still faces several obstacles when it comes to development in terms of healthcare, education and infrastructure. Because of these obstacles in the nation's development, it is vital for us to take a closer look at the dreams, foresights and propositions of regional and global visionaries who wish to harness their talents and expertise.

Willamette's own Professor Andries Fourie traveled abroad earlier this summer to Namibia to serve as cultural envoy for the U.S. State Department's Bureau of Education and Culture. He received funding for his project from both the U.S. Government and The Willamette University Center for Sustainable Communities.

Fourie's role as Cultural Envoy was, in part, to train regional arts extension officers and art students from the University of Namibia and Windhoek College of Arts, the only two art schools in the country. He taught his pupils how to design and weld sculptures using recycled materials. He taught his technique through two week-long workshops with the hope and intention that his students would, in turn, pass along what they had learned, spreading his craft throughout the country.

The workshops gave Namibian artists and art educators the opportunity to work with welding equipment, to learn the basics of sculpture and to develop pedagogical skills. After the completion of the workshops, over \$4,000 worth of equipment purchased for the project was donated to the College of the Arts, where it will empower many students to explore materials and techniques that were previously unavailable to them.

Born and raised in South Africa until the age of 21 (at which point he immigrated to the US), Fourie said that he has a complicated relationship with his own (Afrikaner) people, who played a leading role in the occupation of Namibia, the imposition of Apartheid rule and fought the South West Africa People's Organization (SWAPO) from 1979-1980 in Namibia's liberation struggle. "I hold a strong interest in Namibia," Fourie said. "Reconciliation is important; I want to help Namibians come to terms with the past, while I try to do the same."

Fourie, while he teaches at the University also enjoys creating pieces from found or collected materials. This medium of art is popular on campus due to the sustainable nature of the university's community. "I want to serve Namibia's cultural art community as well," Fourie said. He also said that he is optimistic that the workshops he taught in Namibia will help to legitimize the use of recycled material and foster a concern for environmental issues in the Namibian arts community.



PHOTO COURTESY OF ANDRIES FOURIE

A Namibian art student poses by his welding sculpture.

Through art, Fourie believes that many possibilities can be unlocked. As cultural envoy, he had the opportunity to develop abiding relationships with native cultural institutions by means of his interactive workshops. He served as more than just a traditional teacher; his training introduced a combination of practical and revolutionary techniques to the Namibian people that could influence the way the Namibian artistic community develops.

Fourie is equally interested in contributing, through his art and teaching, to the dialogue about reconciliation between Namibians and Afrikaners. He was scripted into the South African Army during the Namibian War of Independence, and some of his workshop students fought for SWAPO during the war. Fourie said that the experience of working collaboratively with former enemies to make and teach art was a valuable and enlightening one which will hopefully lead to increased understanding, tolerance and reconciliation.

He also said that the evidence of the war is still

inescapable in Ovamboland, where one of the two workshops was held. Some of the workshop artists used defused and discarded military equipment left over from the war in their sculptures as a means of embodying the turmoil of the past.

Fourie is currently working on the second piece of his project that is most relevant to the goals of The Willamette University Center for Sustainable Communities. Throughout this coming semester he will be researching a body of work that looks at the relationships between the Namibian people and their land. This aspect of the project will be focusing on the environmental impacts of Namibian culture in order to aid in the advancement of regional and global teachings and practices of sustainability.

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As expected, 'Inception' delivers

MOVIE REVIEW: 'Inception' | PG-13

TOM EHRMANN
REVIEWS EDITOR

If you, like me, were in a movie theater sometime around the beginning of this summer, then you, like me, no doubt saw the previews for "Inception." And if so, you, like me, probably had a minor heart attack from the sheer, unadulterated awesomeness that shone forth from the preview like awkwardness from Tom Cruise. Indeed, they set the bar very high for "Inception," and I am proud to report that the movie lives up to everything the previews make it out to be.

Its greatness is evident, as the film is enjoying its sixth week in the box office top ten. Of course, I would expect nothing less from its writer and director, Christopher Nolan, who also wrote and directed "Batman Begins" and "The Dark Knight," two of my all-time favorite movies. Nolan's new masterpiece is a sci-fi thriller, following the adventures of "extractors," professional thieves and spies who use a special device to enter their victims' dreams and steal secrets from their memory.

Leonardo DiCaprio delivers a stunning performance (as usual) as Cobb, the leader of the extractors, who wrestles with a horrible past and the memory of his dearly departed love, thus making "Inception" the third movie in a row where DiCaprio is in a relationship where both he and his wife are insane ("Revolutionary Road," "Shutter Island"). Is it just a coincidence or some sort of sinister plot? You be the judge.

Cobb's best friend and co-worker, Arthur, is played by Joseph Gordon-Levitt, who is the only bad actor in the film. Despite all the fantastic things happening around

him, Gordon-Levitt's facial expression never seems to vary from a bemused smirk. But, to make up for it, we get to see him in the most awesome slow-motion, gravity-defying fight scenes since "The Matrix."

Ellen Page acts as Ariadne, a young college student Cobb brings onto the team to replace another member who was kidnapped. Her character has a tendency to burrow into the deepest, darkest details of Cobb's past. While this frustrating attribute does lead to important scenes of character development, it also makes her a difficult character to like.

The special effects in "Inception" set a new standard for movies. In keeping with the movie's psychological theme and flavor, the special effects that we do get include MC Escher-inspired staircases, zero-gravity wrestling and portals through mirrors. The whole effect is very impressive and it meshes well with the rest of the movie, unlike Spider Man, for example, when all the web-swinging scenes were entirely CGI and subsequently less credible.

The writing for this movie was very good, but believe me when I say that the story is in no way satisfying. In the movie, our intrepid heroes move through their target's mind in "levels." That is, they enter a dream and then a subsequent one from within the first. This happens several times, and as the movie progresses and the film cuts back and forth between characters on each level, it can get difficult to keep track of where everyone is.

The movie ends on a thoroughly confusing note and leaves you with mixed emotions. Needless to say, this isn't the sort of movie you can see once and understand. But despite that, "Inception" is a great film and a fun ride. Check it out, but be prepared to think.

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"Inception" is enjoying its sixth week in the box office top ten.

Courtesy of fanpop.com

Silent film 'The Metropolis' is back and better than ever

MOVIE REVIEW: 'The Complete Metropolis' | NR

HEIDI ANDERSEN
SUBSCRIPTION MANAGER

This fall, you have the opportunity to witness something truly historic: "The Complete Metropolis," a silent film that was released this summer and will very likely play at the Salem Film Festival in mid-October.

Perhaps I should clarify: this is not the "Metropolis" you first saw with your teenage friends, clustered around a bong in your parents' basement. That 1927 sci-fi epic, written by Thea von Harbou and directed by Fritz Lang, has been missing about twenty-five minutes of footage ever since its American premiere (presumably because the Yanks wouldn't sit for a three-hour silent movie).

In 2008, however, a miracle occurred: a negative of the film, containing nearly all of the "lost" footage, was unearthed at the Museo del Cine in Buenos Aires. At cost of \$840,000, the picture was cleaned up to less fuzzy perfection and reunited with its original Gottfried Huppertz musical score via a contemporary re-recording. What resulted is now the most complete version of "Metropolis" in existence.

Along with making cinematic history, "The Complete Metropolis" has added further complexity to what has usually been classified as a campy sci-fi epic. Thanks to the new film's restored footage, we can now describe Lang's meisterwerk like this: "Metropolis" deals with the eternal conflict between master and slave. Here the masters are the

ruling elite of Metropolis and the slaves are the haggard workers who build the glittering city, but are forced to live deep within the earth, toiling long hours at the monstrous machines that power the Metropolis.

This divide between the oppressor and the oppressed is sharply emphasized by previously "lost" scenes of pleasure women prepping themselves to receive young rich male clients in the "Club of the Sons." The lost scenes of the humble worker Georgi stumbling through an electric world of greenbacks, mint juleps and coy women when a compassionate member of the elite offers him a chance to see how the other half lives are also enlightening. Surely the opportunity to reinterpret and reevaluate "Metropolis," this most iconic example of Weimar-era silent film, is enough to entice any liberal arts student with even a passing interest in film.

If, on the other hand, it isn't, and you still cling to the notion that silent films are either boring or over-done, then I entreat you let go of your ideas about campy make-up and acting and enjoy "The Complete Metropolis" as a lush, sensuous opera with an entrancing score and a busload of just-born sci-fi clichés.

Besides, if you were interred in the insipid suburbs for any amount of time this summer, as I was, then I know you'll appreciate the magical respite of seeing such a film as "The Complete Metropolis" in the enchanting, dream-like solitude of a darkened theater.

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Despicably delightful

MOVIE REVIEW: 'Despicable Me' | PG

TIARA FOSTER
FEATURES EDITOR

This delightful and very visually entertaining film features Steve Carell as a super villain named Gru. His performance was executed well and comedic. At times the character's gesturing reminded me of Michael from "The Office." Gru's accent was perhaps Eastern European, largely goofy, not quite identifiable and handy for many of the jokes that came along during his interactions with other characters.

Gru, the main character, was indeed despicable in the beginning of the film but they quickly turn him into a lovable character about half-way through. However, I was disappointed that they didn't take advantage of his despicability for longer than the first quarter.

The minions were nothing short of adorable. They, at many points of the film, were the most entertaining part. They were mostly background characters, but they added immensely to entertaining children and adults alike. Gru knew all of the minions by name, which was a hilarious detail since they all look similar.

The downfall of the film was the annoying quality of the three girls that Gru adopts to be part of his scheme to steal a shrinking ray. The girls were in an orphanage before being adopted and they quickly go from pitied orphans to spoiled children you wish would stop talking.

The message seemed to be that children should be as abhorrent as possible so they can get what they want. The idea of parenting through appeasement was not one that I found entertaining and it may have sent the wrong message to the children in the audience and made the parents cringe.

The animation was great and the story was imaginative. It captured a world that was separate from the everyday and the homes of both villains were obviously lairs hidden in plain sight. It was good to see a children's movie with no musical interruptions or horribly drawn out emotional scenes. There were some cliché moments but overall the film is worth seeing, though maybe not in the theater unless you go for the special scenes that they included specifically for the 3-D version.

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► Salem Movie Theaters

Regal Lancaster Mall Stadium
831 Lancaster Dr. NE

Regal Santiam
365 Lancaster Dr. SE

Cinebarre Salem
501 Marion St. NE

Salem Cinema
1127 Broadway NE

High Street Cinema
445 High St. SE

Northern Lights Theatre Pub
3893 Commercial St. SE

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For more information contact Lauren Gold at lgold@willamette.edu

The friendly face of the Art Department



KAYLA KOSAKI

Administrative Assistant Amy Sayre Schwartz will bring a smile to your face and help you navigate the Art Department.

HANNAH SCHIFF
ARTS EDITOR

While fabulously informative on all things art related and generally filled with enough goodness to tide you over for the week, there are some things the Arts page just cannot do. For example, it cannot smile at you, ask how your day was or talk with you about your favorite paintings in the student gallery. However, there is someone on campus who is more than able to fill that void. I urge any freshman interested in the arts or who just want to see a friendly face to visit Administrative

Assistant in the Art Building Amy Sayre Schwartz.

Amy is a staple of the arts community, both at Willamette and in Salem. A maker of fine jewelry with a clever eye for design, Amy adds color and spice to the Art Department just by showing up for a day of work. I first met Amy when I signed the papers to officiate my art history major. Before the ink had even dried, my advisor whisked me off to her office and provided me with a very thorough introduction.

I'll admit, I was afraid of being presented to an unfamiliar faculty member. My experiences with

people in other departments had ranged from favorable to cold and distant. Amy, however, welcomed me with a hug and a plethora of questions about myself. We quickly became close friends.

And so, I wanted to take this opportunity to introduce the entire freshman class to Amy, on paper at the very least. Odds are high you will have at least one class in the Art Building during your four years at Willamette, and no matter what door you enter from, walking past Amy's office is just as unavoidable as her smile.

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Subscribe to the Collegian
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What is in store in the arts this Year

HANNAH SCHIFF
ARTS EDITOR

While many incoming students are eagerly tacking their Beatles posters up and testing out the options at Goudy, I know there are plenty of freshmen wondering what variety of arts events to expect at Willamette. The Willamette community takes the arts quite seriously, and activities are bountiful throughout the school year. The following is a brief highlights reel, a quick guide to some of the events you should look forward to attending.

For those of you interested in music, prepare yourselves for a never-ending series of concerts. Instrumentally speaking, Willamette plays host to the University Chamber Orchestra and the Salem Chamber Orchestra, the Wind Ensemble, the Jazz Collective, the University Band, the Waller String Quartet as well as several other ensembles.

Vocally, brace yourself for the sweet sounds of the Chamber

Choir, the Willamette Singers, Voce Femmine, the Male Ensemble Willamette and the Willamette Master Chorus. Additionally, the Dramatic Vocal Arts ensemble provides a much-needed dose of opera to our community. In addition throughout the school year, students perform instrumental and vocal recitals.

If you have an interest in theater, there are many events held on campus that will be worthy of note. From major productions to smaller-scale plays, Willamette embraces the acting interests of many students. Particularly popular are improv events and student written scenes performed in the Bistro. In addition, dance performances are held each semester featuring not only student dancers, but also student-choreographed routines.

However, if visual arts are your favorite, you're in luck. The student galleries are always full, the walls of the art building lined with pieces created in the studio

art courses and the Hallie Ford Museum of Art is less than a block away from campus.

And of course, reigning king among the arts at Willamette is the fabled Wullapalooza earth, art and music festival. A free event held on Brown Field, art sales and face painting kick off the day with student band accompaniments. Past headliners have included Blitzen Trapper, The Blow, Mirah, The Dodos and Portugal, The Man. Every year the festival gets bigger and better and it is the highlight of the spring semester.

Although this list barely scratches the surface of the arts situation at Willamette, you get the picture. This artistic community is thriving, and looking forward to your contribution. Keep your eyes peeled for event calendar updates so you can get to these events take advantage of all the resources and opportunities available.

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Coming home to the Arts page

HANNAH SCHIFF
ARTS EDITOR

Every year since my parents dropped me off for the first day of kindergarten, the crisp breeze floating through the late August air has signified my imminent return to school. I come from a small town, and after that first frightening day, starting a new school year was no sweat. I already knew all of my classmates (with a graduating class of 152, you really get to know everyone) and I knew plenty of older kids who always had stories to prepare me for the next crop of teachers.

Moving from my hometown in New Jersey to Salem, was a big step. I was nervous, once again feeling like the kindergartener I had been years before. This time, however, there was no parent to pick me up at the end of the day to give me some graham crackers and juice. I was on my own for this one.

I know that many of you reading this must be feeling similarly. As much as we hate to admit it, the knowledge that we have a home to return to at the end of the day is comforting. To the freshman class of 2014, welcome to your new home.

At the risk of sounding trite, I would like to encourage all of you to go out and participate in the Willamette community, particularly by joining the Collegian staff. I could say that it's a good way to make friends and get settled on campus. The reality is, as your arts editor, I want you to write for the paper so you can make your voice heard, help fellow students gain arts awareness and most importantly, to not leave me responsible for filling the entire Arts page every week. If the lure of seeing your name in newsprint is not enough, it is true ... you will make friends here.

Aside from welcoming you all to campus and inviting you to make my paper production nights more of a party, I wanted to give you an idea of what you can expect from the arts section this year. First and foremost, you will be able to get information on arts-related events on campus. Everything from student gallery openings to lectures by visiting professors and notable authors will be covered. This is the page to visit if you want to hear about concerts, museum events and literary talks.

The arts page will also play host to a much-anticipated series of articles written by students who are currently abroad. Expect articles from students studying in climes such as Senegal and New Zealand that will highlight other cultures' takes on the arts. Finally, the Arts page will also address a broader range of topics, bringing art and culture from the rest of the world right into our cozy Willamette bubble.

So, freshman class, prepare yourself for literary thrills and unimaginable feats of cultivated genius. After all, this is the Arts page.

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Want to meet the Collegian staff?

Suggest new ideas? Work for us?

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Collegian Office on the

third floor of the UC

Today from 1-2 p.m.

Meet the Collegian



TIARA FOSTER
FEATURE EDITOR
 Salem, Oregon
 Senior
 Feature Editor
 "I wanted to become more involved with Willamette, and because I like the *Collegian*."
 "My section is about taking an in depth look at issues that are of interest to Willamette."
 "I would want Rogue's powers from 'X Men' that could be switched off so that I could touch people."

What is your name?
 Where are you from?
 Class standing? ie. junior, senior, etc.
 What is your job/function at the *Collegian*?
 Why did you want to work for the *Collegian*?
 What is your section about?
 Answer either of the following:
 What super-power would you most like to have?
 Which famous person (dead or alive) would you most want to meet at the Bistro for tea?

Welcome Class of 2014 and all other students returning to campus! Please meet our staff and learn a little about us here at the *Collegian*. We will bring the news, entertainment, events, opinions and arts to the pages of the *Collegian* every Wednesday for your consumption. To the Class of 2011, let's rock this year and keep the *Collegian* pages brimming with accomplishments, mischief and entertainment.

Lauren Gold
 Upland, California
 Senior
 Editor in Chief
 "I have always had an interest in journalism, and I was involved with my high school newspaper so I wanted to continue to have some journalism in my life. I think the school paper has an important role on campus, and it's great to be a part of that."
 "I do all sections? Haha!"
 "I would absolutely love to have tea at the Bistro with Bob Woodward ... he is absolutely my hero in the journalism field and he has continued to write such interesting things, so I think we could have a great conversation."



Michelle Bellusci
 San Carlos, California
 Senior
 Managing Editor
 "I wanted to work for the *Collegian* because it seemed like a good way to get involved on campus and meet new people and I've always been interested in writing and editing."
 "I'm not actually in charge of a specific section; my job is to help edit the entire paper, as well as help the section editors with any issues that might come up."
 "I've always wanted to be able to fly because I imagine it would be very liberating."



Erika Foldyna
 Boise, Idaho
 Junior
 Production Manager
 "I wanted to get more involved with Willamette."
 "Grabbing readers' attention! Since I design the cover, (among many other responsibilities), it's my goal to grab the attention of passersby."
 "Shape shifting (ability to change into any other creature)."



Matt Pitchford
 Silverdale, Washington
 Junior
 Opinions Editor
 "I wanted to work for the *Collegian* because I was excited for the opportunity to practice my writing and learn more about working on a newspaper. I was home schooled, so we never had a school paper."
 "My section is the place where students and columnists get to express their opinion on any topic. It's more than just shouting out ideas, but is meant to be a place that facilitates discussion and thought. That's the goal."
 "I'd love to hang out at the Bistro for tea with any number of great and mostly dead writers. G.K. Chesterton, C.S. Lewis, and Leo Tolstoy take top place. We would probably get it to go, as they may have trouble with the indoor smoking policies. I'm no botanist, but tea and tobacco were among their favorite plants."



Colby Takeda
 Honolulu, Hawai'i
 Senior
 Photo Editor
 "I will lead a team of talented photographers to document life at Willamette."
 "I wanted to work with the *Collegian* to improve the visual appeal of the publication by presenting the readers with emotional and exciting images that complement the articles."
 "I would want to have super-student powers. I'd be able to read really fast, remember everything I learn, and be able to have scholarly conversations with the brightest minds out there."



Jazmyn Li
 Jinan, China
 Senior
 Ad Manager
 "The most basic function of my job is making money for the newspaper. It was something I have never done before, so I wanted to try it out."
 "What is your section about? I don't really have a section."
 "Alexis de Tocqueville. He is brilliant, yet his book made my freshman year hell. I did start to appreciate his work more after my first semester in college."



Jenna Shellan
 Mount Vernon, Washington
 Sophomore
 Designer
 "I was the Editor on my high school newspaper and my favorite part was playing with the layout design."
 "Audrey Hepburn."





Ambe Smith Sweet
Home, Oregon
Senior Webmaster
"I love to write (I started out as a writer and then worked as the news editor).

This year my goal is to snazzy up the Collegian Web site."

"Publishing all stories online as well as providing staff, subscription and advertising information to the general public."

"The ability to evade traffic tickets."

Serena Cualoping
Manila, Philippines
Senior Business Manager
"I wanted to work for the Collegian because I wanted to gain more experience in making business decisions, managing budgets, and learning the business of the industry."



Tom Richard Ehrmann.
Brighton, Colorado
Sophomore Reviews Editor
"My first name comes from the president, my second from the king, and my last is German- it means 'wise man' but my grandmother always said it meant 'smart ass.'"



"I'd always been good at writing, and I've been in journalistic writing now for about a year and a half, across two school papers, one blog and a local paper. All this reporting has made journalism an attractive career option to me, and I plan to pursue it, assuming all the newspapers in America don't dry up before I graduate."

"Entertainment. Specifically, what people should see and what sucks so bad that even light cannot escape."

"Ah! Definitely flight. Do you have any idea how expensive it gets to fly home every summer and holiday? If I could fly without the plane, I make the trip in 15 minutes and could save 15 percent or more! ... Or I could just switch my car insurance to Geico."

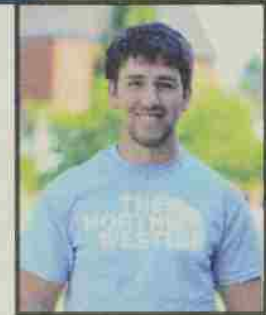
Victoria (Torey) Osborne
The Dalles, Oregon
Sophomore Copy Editor
"I've always loved reading and writing, and thought that the unique sense of community the Collegian brings to the Willamette campus was very special. I just wanted to be part of the process in any way I could."
"I'm one of the editors that goes over the first drafts of an article."
"Time Travel."



Matt Soma
Denver, Colorado
Junior Design/layout
"I like design."
"I would like to fly."



John Lind
Rapid City, South Dakota
Sophomore Sports Editor
"I have worked in Journalism all through high school, and definitely wanted to continue writing in college. I worked for the Sports section as a staff writer all through last year. I like sports writing."



"My section covers all Bearcat athletics and athletes throughout their respective seasons during the school year."

"From what I've heard, meeting up with former Bearcat Hoops Coach Gordie James would be a great time. Oh, or Minnesota Vikings Hall of Fame Coach Bud Grant."

Kristen Kellar
Kaneohe, Hawai'i
Senior Copy Editor
"I want to be a journalist and I thought that working for the Collegian would allow me to contribute to Willamette as well as get more experience."
"Without a doubt, Anderson Cooper. Watching his broadcasts over the years and reading his memoir originally inspired me to be a journalist. He has an amazing ability to report all types of stories about all kinds of people in a variety of different situations. Plus, there's something about those bright blue eyes and grey hair."



Hannah Schiff Metuchen, New Jersey
Junior Arts Editor
"I needed something to do on Tuesday nights."
"Artistic Happenings."
"Wes Anderson"



Michaela Gore
Portland, Oregon
Senior Designer
"To make a little extra cash."
"I wish I had the force."

Heidi Andersen
Senior
Portland, Oregon
Subscriptions Manager
"I deliver the paper around campus before 8 AM every Wednesday and mail the paper to Willamette parents who have subscribed. I also regularly contribute illustrations and comics to the Collegian, and sometimes I write music and theater reviews."
"I love to draw and write, hence my participation as a freelance illustrator and cartoonist for the Collegian. I also wanted to be the subscriptions manager because I thought it would be fun to deliver the paper before everyone is awake, during the cool quiet calm of the morning. I was right. This job is also of some importance, so I don't consider it a drudge, as many other people might. The job is meaningful to me."
"I would either meet Sinclair Lewis (author of 'Main Street' and 'Babbitt') or Conrad Veidt (a devastatingly beautiful German actor from the silent era). It would also be great to chill with Ray Davies (of the Kinks). He strikes me as a really low-key, interesting guy."



Hannah Waller
Bozeman, Montana
Junior News Editor
"I wanted to work for the Collegian because I've always had a passion for writing of several different varieties and I know I will be able to bring fresh and interesting ideas to the paper to make it more enjoyable for everyone to read."
"The news-section is concerned with current events on campus as well as goings on within the student body and how they affect others."
"If I could have any super power I would choose to be able to teleport anywhere instantly because then I could see all of the amazing places the world has to offer and not have to pay for airfare!"



2009-2010 sports seasons in review

Fall sports

JOHN LIND
SPORTS EDITOR

Attention all incoming freshmen (and of course, parents):

Welcome to Willamette University, home of the Bearcats and Bearcat faithful. As the sports editor for this upcoming year, it is my job to help you get up to speed with our many successful and competitive athletic programs. To help you see where we are going, I find it most helpful to show you where we have been. This review details every last varsity sport the 'Cats took part in during the 2009-2010 year and gives you a good idea of how the program plays.

This fall will kick off with Willamette football, volleyball, cross country and soccer. Throughout the school year, you can count on *Collegian* sports writers to give you high-quality, in-depth coverage of everything Cardinal and Gold. But we at the *Collegian* can only tell you about the buzzer beaters, Hail Mary's, game-changing kills and penalty kicks. It is up to you, the fan, to show your Bearcat colors and Bearcat pride and will your classmates and schoolmates to victory. We are all looking forward to a great year. Go 'Cats!

Contact: jlind@willamette.edu

▼ next up

Saturday, Aug. 28

Men's Soccer @
Warner Pacific,
7:00 p.m.

Wednesday, Sept. 1

Women's Soccer vs.
Corbin @ Sparks
Field, 5:00 p.m.

Men's Soccer vs.
Corbin @ Sparks
Field, 7:00 p.m.

Thursday, Sept. 2

Volleyball @ Western
Oregon, 7:00 p.m.

Friday, Sept. 3

Women's Soccer vs.
Chapman @ Sparks
Field, 5:00 p.m.

Women's Soccer vs.
Colorado College
@ Location to be
determined,
7:00 p.m.

Men's Soccer vs.
Colorado College @
Sparks Field,
7:00 p.m.

Saturday, Sept. 4

Volleyball @ SUNY,
5:00 p.m.

Volleyball @ Bethel
University,
1:00 p.m.

Football @
Wisconsin - Stevens
Point, All Day

Sunday, Sept. 5

Women's Soccer vs.
Bethel University @
Sparks Field,
12:00 p.m.

Volleyball @
Nebraska - Wesleyan,
3:45 p.m.

Men's Soccer vs.
Bethel University @
Sparks Field,
5:00 p.m.

Wednesday,
September 8

Volleyball @ Warner
Pacific, 7:00 p.m.

Friday, Sept. 10

Volleyball @
Chapman,
12:30 p.m.

Cross Country
@ University of
Portland Invite,
4:00 p.m.

Volleyball @
Whittier, 5:00 p.m.

Men's Soccer @
Claremont Mudd,
7:00 p.m.

Saturday, Sept. 11

Women's Soccer
@ Northwest
University,
12:00 p.m.

Volleyball @
Occidental College,
3:00 p.m.

Volleyball @
Claremont Mudd,
5:00 p.m.

Football @ Hardin-
Simmons, 6:00 p.m.

Sunday, Sept. 12

Men's Soccer @
Redlands, 12:00 p.m.

Wednesday,
September 15

Women's Soccer @
Linfield, 5:00 p.m.

FOOTBALL

Just one year after a dream 2008 season saw the Bearcats make the playoffs while trouncing archrival Linfield and the rest of the Northwest Conference (NWC), 2009 was filled with several letdowns. The 'Cats lost a highly-touted opener at Concordia-Moorhead, but were able to turn it around through most of NWC play without much difficulty.

In the Willamette-Linfield matchup (which would ultimately determine the conference champion) the Bearcats rallied from double digit deficits on multiple occasions only to have an onside kick sneak past 'Cat hands and out of bounds. Linfield held on to win 30-27 and essentially end any Willamette hope of returning to the playoffs.

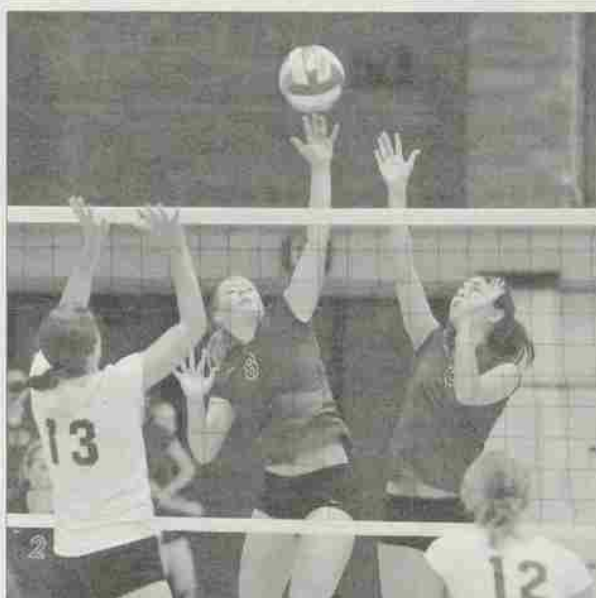
The Bearcats finished with a record of 8-2 (5-1 NWC), which was good enough for second place in the conference but not good enough in the minds of many players and coaches. Worse yet, beloved Head Coach Mark Speckman contemplated a tempting job offer at Division I Portland State. Luckily for the Bearcat faithful, Speckman decided to continue his superb coaching career (71-50) at Willamette.

The Bearcats finished 2009 with 20 players with All-NWC recognition and junior linebacker Ralph Pineda was named an All-American.



COLLEGIAN ARCHIVES

Bearcat wideout Scott Shoettgen pulls in a pass during a 20-13 win over California Lutheran.



COLLEGIAN ARCHIVES

Annika Moffett smashes a kill down during a fall 2009 game.

MEN'S CROSS COUNTRY

The 2009 season was everything but perfect for the Bearcat men. After Whitworth slipped past Willamette in the 2008 NWC championships to break the Bearcats' streak of seven straight, Coach Matt McGuirk sought to get the most out of his runners. All season long, the 'Cats were matched against Division I cross-country powers. Needless to say, Willamette runners ran stride for stride with any and everyone.

Bearcat efforts did not go unnoticed, however, and the squad bolted up the NCAA DIII rankings, sitting as high as 12th. The rightful order of the universe was restored as the Bearcats stormed back to their place atop the NWC, relying on a 2-3-4 finish from runners Leo Castillo, Matt Parker and Stefan Redfield.

Willamette continued its hot streak at the West Regionals, where the team took second behind repeat performances by Parker (fifth), Redfield (eighth) and Castillo (13th). The 'Cats then advanced to nationals, where they placed 20th in team standings. An excellent season culminated with McGuirk being named NWC Men's Cross Country Coach of the Year.

WOMEN'S CROSS COUNTRY

After seven years of relentless NWC dominance, the Bearcat women's cross country team had its reign cut abruptly short. At the NWC championships, the 'Cats felt the absence of departed seniors Maddie Coffman and Jena Winger, who finished 1-2 the year before.

Kimber Martox led Willamette with a sixth place finish, but the Bearcats ran out of steam and finished fifth in the team standings. Nevertheless, sophomore Tina Patel proved to be a bright spot for the 'Cats during the season. After a superb ninth place finish at the West Regional, Patel advanced to nationals, where she placed 92nd out of 279 total participants.

VOLLEYBALL

Bearcat Volleyball continued its resurgence since the arrival of Coach Tom Shoji. Picked to finish eighth in the NWC, Willamette stepped on the court with something to prove - and certainly did. After a slow start to the season, the 'Cats won six of their final eight, finishing at 11-13 overall and 8-8 (fifth place) in the NWC.

Youth was the name of the game for Willamette, as the 'Cats had a staggering freshman class of ten players. The young Bearcats were undoubtedly led by senior Jessie McGraw, who recorded 271 kills with a career high .227 kill percentage en route to Second Team All-NWC honors. More important than her powerful arm was McGraw's maturity and leadership of a young team.

WOMEN'S SOCCER

Willamette women's soccer posted a second consecutive winning season and third place conference finish under head coach Hillary Arthur, going 9-9-2 overall and 8-7-1 in the NWC. Sophomore Stephanie Skelley led the 'Cats with six goals and received First Team All-NWC honors. Aided by a strong freshman class, the Bearcats got major offensive production from first years Andrea Rowan (Second Team All-NWC) and Ariel Wilson, who finished with three goals apiece.



COLLEGIAN ARCHIVES

Second-team All-NWC midfielder Andrea Rowan streaks towards the goal during a fall 2009 game.

MEN'S SOCCER

The 2009 season saw the Bearcats continue and expand both their growth and success. Willamette improved its season record to 6-1-3, doubling its win total from the 2008 season.

The 'Cats ended the season on a tear, winning their final two games against NWC rivals Linfield and Whitman to slide into a fifth place finish. Speedy sophomore striker Erik Kauffman led the Bearcats with nine goals on the season. Kaufmann earned a nod for Honorable Mention all-NWC, while senior captains Casey Dineen and Luke Lagatutta received Second Team and Honorable Mention All-NWC, respectively.

Winter & spring sports

WOMEN'S BASKETBALL

The 2009-2010 season was the second consecutive rebuilding season for the 'Cats. First year Coach Anne Lapray inherited a group led by three returning starters from the previous year's team, including Alex Zennan and Keilyn Fujioka. Both Zennan and Fujioka were major contributors on the offensive end, leading the team with 14.6 and 10.3 PPG, respectively.

Zennan's scoring was good enough to be third in the conference and Fujioka's superb rebounding, 8.1 RPG was second best in the NWC. Nevertheless, Willamette showed it still has a ways to go, compiling a 4-21 (2-14 NWC) record and finishing last in the conference.

BASEBALL

Willamette Baseball experienced an up and down season its second year under Head Coach Aaron Swick. The 'Cats never tallied more than four consecutive wins or losses and played their way to a 16-22 (12-12 NWC) record, good enough for fifth place in the conference.

With the departure of All-American Kyle Stalker, the Bearcats saw many players step up, most predominantly sophomore DH Mitchell Rowan. Rowan led Willamette with a .403 batting average and was also the team leader in hits, runs and home runs. Rowan's numbers earned him a First Team All-NWC nod.

The Bearcats were slotted against perennial NAIA power Lewis-Clark State for a three-game series in April. Although the 'Cats were swept in the series, it was undoubtedly a thrill to watch the team play against inevitable MLB draftees on a nationally ranked team.



Junior catcher Max Stepan makes contact during a game at Spec Keene Stadium.

WOMEN'S TRACK & FIELD

The Bearcat women capped off yet another outstanding season with a furious Day Two comeback to take the NWC Championship for a ninth consecutive year. A mainstay atop the NWC, the Lady 'Cats surged from behind to overtake George Fox with the help of several superb individual performances.

Jennifer Luecht came up big for Willamette, winning both the 200 and 400 while also anchoring the 4x400 relay team to the gold medal. Erynn Rebol further bolstered the comeback with a critical win in the 800 and 2009 All-American Kimber Mattox cruised across the finish line in the 1500. Finally an excellent triple jump of 36'2" allowed 'Cat Rachel Siebuht to help Willamette to a 161-156 finish over George Fox—the closest race in NWC Track History.

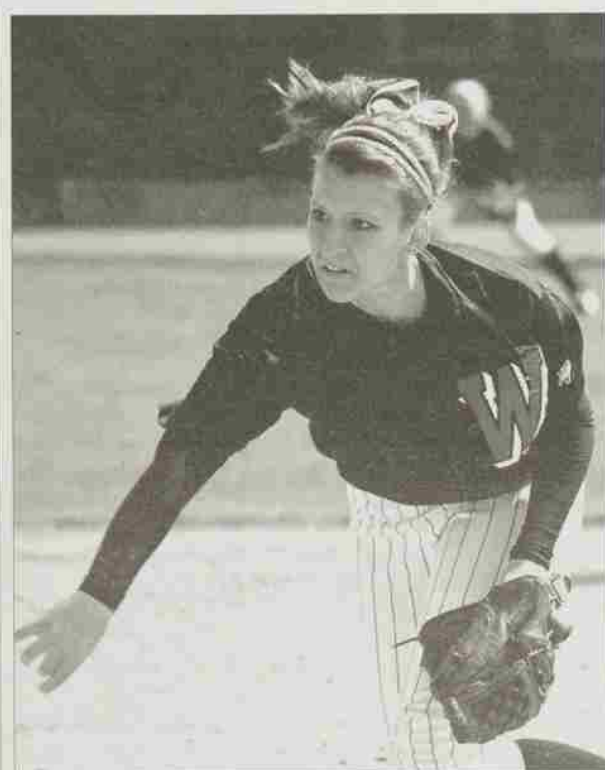
Luecht's stellar performance earned her Athlete of the Meet and head coach Matt McGuirk was named Co-Coach of the Year. Both Luecht (400) and Mattox (1500, Steeplechase) qualified for Nationals along with javelin thrower Katie Peterson.

SWIMMING

Bearcat swimming ushered in a new era during the 2009-2010 season with the hiring of Head Coach Leslie Shevlin, a former assistant coach at the University of New Mexico. The women got their season off to a fast start, defeating Lewis and Clark in their first duel of the season. However, Willamette swimmers began to sink quickly after, with the men's team going 0-7 in duels and the women's team posting a 1-6 record.

Several individuals were bright spots for the 'Cats, including senior Gwen Schulze. Schulze turned up the heat during the NWC Swimming Championships, finishing second in the 100-yard butterfly and third in the 200-yard backstroke.

SOFTBALL



Pitcher Alex Watilo hurls a pitch during an 8-0 shutout against George Fox.

Women's softball churned out another outstanding season on the heels of a controversial playoff snubbing in 2009. The 'Cats lurked around the Division III Top 25 Rankings all season long, climbing as high as No. 16. In March, the Bearcats traveled cross-country to Panama City, Florida to compete in the NFCA Division III Lead-off Classic.

In Panama City, Willamette went toe-to-toe with some of the best teams from around the country and fared very well, going 4-2 in the tournament. The Bearcats earned a 28-12 (20-8 NWC) over the season, good enough for second place once again behind Linfield College. Unfortunately, the Bearcats lost all four games at Linfield, once again squashing their hopes of a playoff berth.

The pitching staff remained strong, as all three pitchers (Alex Watilo, Bri Compton and Talissa Huntsman) posted sub 3.9 ERA's. The offense was anchored by sophomore Jessica Barry, who led the team with 53 hits while batting .411 and starting every game en route to a first team All-NWC and second team All-West Region.



Runners Maya Velez and Sarah McSweeney compete in the 3000m steeplechase at the Willamette Opener.

MEN'S BASKETBALL

The 2009 season marked a major changing of the Bearcats' guard. Willamette embarked on its first season without legendary Head Coach Gordie James, instead handing the reigns to longtime assistant Kip Ioane. The 'Cats found themselves under the leadership of one tenured player, center Cameron Mitchell. The big man proved to be a consistent force throughout the season, leading the Bearcats on both ends of the floor with 21.1 PPG and 12.5 RPG.

Despite his efforts, Willamette could never quite find a rhythm and struggled with consistency throughout the season, totaling just three wins in its first 16 games. However, the young 'Cats gave fans hope for the future with a late-season hot streak, winning five of their final six games - including wins against perennial NWC contenders such as Linfield and George Fox - to finish 9-16 (6-10 NWC).

CREW

Willamette women's crew capped off an excellent season, tying for fourth place in the Northwest Collegiate Rowing Conference Championship Regatta. Much of the hype about the team last year was centered around two-time All-American Hilary Andrus's quest to make the U23 National Rowing team.

In October, the women's team traveled to Boston for the Head of the Charles Regatta. In one of the most prestigious regattas in the world, the women's varsity 8+ placed ninth, a superb showing.

Needless to say, the women's varsity 8+ held ranked status throughout the season, climbing as high as No. 9. Despite limited numbers, the men competed several times throughout the season and showed improvement.

TENNIS

Willamette's men's tennis team showed its prowess during the 2009-2010 season, going 13-8 overall and 11-5 in the NWC. Given a No. 3 seed in the NWC tournament, the Bearcats advanced all the way to the championship round only to be defeated by eventual champion Whirman, to whom the 'Cats had already lost twice that season.

Led by freshmen and first team All-NWC players Joshua Wong and Michael Baumgartner, Willamette also earned a 3rd place finish in regular season play. The women's team garnered a regular season fourth place finish after compiling a 12-9 (10-6 NWC) record. Following the NWC tournament in which the Bearcats placed fifth, top singles player Natalia Agarycheva was selected to partake in the NCAA singles tournament.

Although Agarycheva lost in the first round, her invitation to such a selective tournament spoke volumes. Agarycheva was named NWC player of the year, and was also the lone All-Conference selection of the 'Cats.

GOLF

During the 2010 golf season, the Willamette men had a smattering of different results on both ends of the spectrum. In eight matches, the 'Cats recorded a second place finish, two third place finishes, a fourth, a seventh and three eighth place finishes.

Junior Shane Adversalo was Willamette's most consistent player, often finishing in the top ten. Senior Robbie Beard recorded the 'Cats' highest individual finish (second place at a duel vs. Pacific University) and also had the lowest score for the Bearcats during the NWC Championship, finishing in a tie for 30th.

The women's team had a down season, plagued by a lack of golfers. In the NWC Championship, Haylee Chung had the low score for Willamette, tying for eighth.

MEN'S TRACK & FIELD

The Bearcat men ran and threw strong all season long, but when time came for the NWC Championship, they were unable to repeat as champions. Whitworth University got out of the blocks quickly en route to a runaway win, with Willamette finishing second.

The 'Cats got plenty of help in sprints from Paul Winger, who won both the 200 and 400 meter dashes. The Bearcats also got a 1-2 finish in the 3000 steeplechase from Ben Donovan and Nicholas Rebol. Willamette distance runners Stefan Redfield and Leo Castillo scored big points in the 1500 and 5000 meter runs and the 4x100 and 4x400 relay teams both took gold.

After the NWC championships, the 'Cats saw seven of their male athletes qualify for nationals. Along with Donovan, Rebol, and Redfield, Trevor Bassett-Smith (Hammer), Josh Clothier (Shot put), Evin Colignon (Decathlon) and Brandt Nevin (Javelin) also qualified. At Nationals, Colignon impressed with a 13th place finish in the Decathlon.



Matt's Musings

The Colors of Life



M A T T
PITCHFORD

OPINIONS EDITOR

Next time you get a chance, look at the sun setting. I know that you've seen it before. Each of us has undoubtedly experienced thousands of sunsets, not counting the ones we've seen in photographs or movies. Hundreds of excellent and two-bit poems seek to describe the sunset's transfixing power.

A sunset is incredibly beautiful. But, since we've seen it so many times before, it's hard to remember just how vivid and incredible the colors are. In becoming so accustomed to the wonder and beauty of the end of the day, we sometimes forget to actually see it. There is a difference between looking and seeing.

College has a color. Some of you are experiencing for the first time - and others can remember experiencing it - the plush green of the quad, the ruddy red of Eaton and Cone, the adventure of Goudy, the exploration of a favorite study nook on or off campus. The grand four-year adventure that we call college is chock full of new things. But, once the newness wears off, it gets much harder to see its true worth and value.

All of life has a color. But, as we experience it, most immediately here at Willamette, we can forget to marvel at it just as with a sunset. It can be incredibly difficult to maintain a proper perspective in the midst of the habits of daily life. Day after day, the consistencies of alarms, breakfasts, classes, homework, meetings, people and place can take the color out of life - if you let it.

It's easy to consider this entire concept and conclude that one just has to go outside and breathe the fresh air to get a proper perspective. In fact, it is much deeper and much simpler than that. How you treat the people around you - truly engaging and rooting in community - is a part of it. Actually seeking to know and learn outside the classroom is the next. Doing and experiencing new things is yet another step. College is a unique experience separate from high school in that you aren't told every single thing that you have to do. You can be responsible for your own life. It is also separate from post-collegiate life in that you have a larger degree of freedom with which to create and experiment with. It is here that you can find and pursue what is most important to you.

It is how you live your daily life that truly demonstrates what you care about. It requires a constant watchfulness and considered effort to maintain a proper perspective in this place. Our habits can cause us to take things for granted. Or, our habits can help us to constantly and consistently see the wonder, adventure, novelty and color of our experiences. G.K. Chesterton said it best: "The world will not perish for want of wonders, but for want of wonder."

No matter what year you are here at Willamette, welcome home. Your adventure awaits ... if only you have the eyes to see it.

Contact: mpitchfo@willamette.edu

LETTERS TO THE EDITOR

We invite you to submit letters to the editor. Letters can be sent by postal mail, e-mail (lgold@willamette.edu), campus mail or fax. Letters are limited to 150 words, must include your name and phone number and must be submitted by noon Monday on the week of intended publication. The Collegian reserves the right to edit for length and clarity.

EDITORIAL

You said goodbye to your parents, now what?

We were freshmen too! We, the Editorial Board, have decided to share some of our stories to help the class of 2014 adjust to life at Willamette.

Roommate

Problems: A friend of mine began her freshman year with a roommate who, while she was very friendly, was completely inconsiderate. She never cleaned up after herself and left dirty clothes, food and trash all over the room. To make matters worse, she constantly had friends over when my friend wanted to study or sleep. After a while, my friend decided that the best way to approach the situation was to talk to her roommate directly about the problem. After their talk, her roommate made a conscious effort to be more considerate.

Drinking:

People always get really worked up about the party scene at college, either because they are excited to "get really wasted" every weekend (and maybe even on Wednesdays) or because they don't feel comfortable drinking or doing drugs. They may even feel like not becoming involved in such activities once at college will destroy their social lives and reputations for the next four years.

I came to college believing the latter. However, the great thing about WU is that it is very easy to find a happy medium. Sure, WU kids like to have a good time, but I found that I could have a great social life even though I didn't necessarily want to partake in everything I was invited to do.

WU students are so friendly and welcoming that they could care less if you don't want to drink with them (or if you do), and going to an off campus party or a small gathering in a friend's dorm room can be fun in moderation. WU is great in letting you make your own decisions, so just be sure to make them wisely!

Transferring:

Being a transfer student is awkward. Neither a freshman nor a returning

student, you are trying to find your niche, or at least I was. As a former transfer student, my experience of orientation was that the school seemed to assume that simply because you had prior college experience that you would know how everything worked. To help make the transition easier, remember that Willamette and your last school are different. Also, make sure to get to know your advisor since you'll have less time than other students to complete requirements. And, most importantly, never be afraid to ask questions.

Staying Healthy:

Here are a few things to remember so that you can stay healthy throughout the year:

Exercise! Exercise keeps your mind and body in shape. Students who are active experience more energy, have an easier time focusing in class and maintain or gain healthy weight. Just three 30 minute sessions of cardio in the gym a week fulfills your body's need for cardiovascular health.

Sleep. Get what you can. Prioritize sleep over parties or hanging out with friends. Sleep paired with an exercise regiment will boost the immune system and keep you from picking up whatever germs or flu virus is lurking around campus.

Eat, and do it well. Do not just fill your plate with mashed potatoes, pasta, chicken strips and fries. This diet will quickly lead you down the road to the Freshman 15. You don't have to avoid these foods entirely, but one should get in the practice of eating fatty or sweet foods in moderation. Also, stay hydrated. Make sure to drink plenty of water each day. Dehydration can wreck your attention span and immunity.

Also, cough into your elbow! This will help keep germs from spreading. Don't share beverages, even with friends. Let's keep a flu epidemic at bay by practicing personal hygiene.

Getting Involved:

At Willamette, you are encouraged to be actively engaged outside the classroom as well as in. When I attended the annual Activities Fair in the fall of my freshman year, I was surprised at how many student-run organizations there were. I couldn't join them all, of course, but those I really stuck with helped me meet new people with whom I shared a lot of common interests as well as made me feel like a contributing member of the student community. So, don't be afraid to take advantage of the many resources Willamette has to offer, get out there and explore!

Getting into

a Routine:

The first weeks of my freshman year were altogether tumultuous. For me, time was seemingly abundant, yet I always found things I had left undone or forgotten. What helped me stabilize myself was sticking to a routine throughout my week. I'm not talking about an army-boot-camp schedule here, but finding some consistency within your day is important. For example, I made sure to give myself time to eat breakfast every day. It was a great way to wake up and allowed me to get some extra studying done in the morning. Find what works for you, and living at WU will become much more manageable.

COLLEGIAN EDITORIAL POLICY

The Editorial represents the composite opinion of the Collegian Editorial Board.

MEMBERS

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The Collegian recommends...

The Bistro Buzz/Bars Bars

The Bistro is a delicious place to acquire coffee and goodies. But no delectable snack beats the infamous Buzz Bar. A wonderful late night study treat has a layer of chocolate covering oatmeal, peanut butter and goodness. But if you are more of a cookie person, then we recommend the Bars Bar, with all the goodness of a buzz bar smashed between cookies minus the peanut butter.

Goudy Sandwich Line

Ciabatta, fresh herb cream cheese on one side, pesto on the other, bacon, turkey or chicken, tomatoes, onions, spinach, provolone and then pressed.
There are no limits.

MOJO

Mojo may or may not be an illegal program which the Collegian may or may not recommend ... because it may be against the rules. It is an amazing music sharing program that allows everyone with the same internet network share their iTunes openly with each other ... in a possibly illegal way...because you aren't paying for it. You can also share and steal movies, television shows and anything else you can scrounge up ... so ... don't download it or anything without checking on the legal status... and have an amazing time while expanding your media collection.

OPINION

Why I Smoke

JOSH RICE
GUEST WRITER



In the paragraphs that follow I'm going to be giving—as the title of the article suggests—the reasons why I started/continue to smoke cigarettes. What I'm not going to do is try to speak for all smokers, nor am I going to tell you to start smoking (although you'd probably enjoy it).

I started smoking because I enjoyed the first cigarette I ever had. (Interpolation: this is not true of everyone. Many people don't enjoy their first cigarette, probably due to psychological and/or biological differences from people like me. Such people never become smokers.) Because I continue to enjoy them, I continue to smoke.

In Frank Miller's graphic novel "Sin City—The Hard Goodbye" the character Marv says there's nothing like a cigarette when you haven't had one for awhile. He's absolutely right. The day's first cigarette is the cheapest, quickest way to ride a brief, lovely high.

Another factor in enjoyment is the social aspect of smoking (this can also be one of the most danger-

ous parts about smoking: it's rare for someone to become a smoker if they don't have friends who smoke). Whether I'm smoking with friends or strangers, the group that smokes together is a friendly social subset to whatever interactions are happening around them. There is commonality. There is community.

Going out for a smoke break—investing effort in spending time with a small group of friends clustered around nicotine—is an especially meaningful experience. Any smoker will tell you that some of the best conversations they've ever had are on smoke breaks. A number of my good friends are people I got to know by stepping outside to "burn one."

All of this beats around the proverbial bush of questions regarding the balance between cost and benefit. After all, I acknowledge and have to deal with the fact that cigarettes are bad for me. In his poem "Cigarettes," B. H. Fairchild says: "Yes, they kill you, but so do television and bureaucrats." Walker Percy speaks on a

similar issue in his essay "Bourbon," where he writes: "What, after all, is the use of not having cancer ... if a man comes home from work every day at five-thirty ... and inside the house and outside in the pretty exurb has settled the noxious particles and the sadness of the old dying Western world?"

I suppose the best way I can sum up what these two quotes mean to me is to say that cigarettes give pleasure but shorten my life, and at the end of the day I don't have a problem with that. To take daily pleasure in something that will probably not significantly impact my health for at least the next half-century is justifiable in my book.

Each cigarette is an approximately four minute silent rebellion against what I hate about our society: masses of people bowing to the "experts" who pimp bottled green tea and acai berries to a nation afraid of death.

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OPINION

The Willamette Experience:

An introduction for the rest of us

KEVIN BELL
GUEST WRITER

Hello Class of 2014. So now you're finally away at college. You've been hearing about this wondrous Promised Land from elder siblings, Hollywood and the internet for most of your post-pubescent lives, and now upon arrival, infinite possibilities stand before you. As a small courtesy, I'd like to offer you my perspective on what you can expect to find in the next few months at Willamette.

1 Alcohol Happens

To begin with, you should probably know that yes, there are going to be people on campus who drink. Quite a few in fact. It's a personal choice to either experiment or not. This article does not endorse or advocate getting excessively drunk in the middle of Opening Days and streaking in the quad. Actually, as an extension of that, most ideas that come across your desk while intoxicated are probably pretty poor. While alcohol may happen, it doesn't to the extent you may have been led to believe by sensation-alists. And it shouldn't either. This class stuff they expect us to go to is hard enough. So don't go looking for ragers every night, because unless you live on Matt third, you're probably not going to find one.

2 Responsibility?

Ok, next tip. Now that parents aren't around, and the closest thing you have to an authority figure in your life is your roommate's sleep schedule, you're going to have to take care of yourself. While a diet of microwave popcorn and PBR may seem tempting, you need to diversify if you want to keep from getting outrageously ill after a month. Also, reading and homework may seem no fun, but it still needs to be done. At the very least, be sure you have a couple of important bits underlined to talk about in class the next day.

3 Proactivity: Felonies, sex and working the system

Let's see, what else. ... Don't steal the Toilet Paper (either kind), other people are bored in the restroom too. Try not to sextile your roommate on weeknights (if you need to ask, don't worry about it). And on that note, use condoms, they're free and plentiful, so ball's in your court there. Don't abuse University property. Campus Po doesn't take too kindly to it, believe me. Talk to your advisors and professors. They're good people who know the ins and outs of the system, and they want to help you. They're probably not doing anything too important anyway.

4 Eats: The art of Toleration

Put Tabasco sauce on Goudy food—it makes it MUCH more palatable. Pay attention to how many meal points you spend. I've been stone broke a month before the end of the semester twice now, and only eating all-you-can-eats down at the Gouds is a poor way to live. And tip at the Bistro if you frequent it; the money goes to a good cause.

Hopefully you found this helpful. Willamette's a phenomenal place to go to school and I'm sure whoever you are and whatever your interests, you'll fit right in.

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OPINION

Cubbyhole of Doom: Safety Within

BEN FEEHAN
GUEST WRITER

At some point in our teen years, most of us begin to struggle with the thought that nobody really seems to know who we are. The important people like parents and teachers do not understand us or our problems or our music or our friends or our clothes. We have secret interests, secret friends, secret secrets and we are generally about to explode with a desire to just be "ourselves." Somehow, if only people really knew who we were inside, we could escape our individual cubbyhole of doom, and life would be just peachy.

For centuries, the secret identity has been something to which we can all relate. Frogs become princes, princes become paupers and paupers start multimillion dollar super corporations with nothing but charm and bent spoons. With an upshot in films, TV, books and general media featuring super heroes, spies, suburbia and even sweet cars that turn into humongous robots, the transformation of the uncanny seems all the rage. Even our classic bad boys are actually good guys inside if the current obsession with vampires and werewolves is any tell. Our desire to be known has

given rise to whole new viewpoints on our social interactions as well. Using the power of the internet through systems like Facebook or Twitter we can tell our "friends" who we really are. We might enjoy French onion milkshakes. Or hate our neighbor. Or love Hello Kitty. Whatever the case, we can finally let the whole world know more about us than they ever wanted to know.

But who are we really? Beneath all this craven desire to be accepted and known, are we really who we think we are? If someone peeled away the normal man, would it be anything worth keeping at all? What if instead of the hero under the shirt and tie and corny glasses, there was a villain? Is a vampire ever anything but a vampire?

Science fiction story tellers have been postulating for decades just how and what man would do in the event of an oft foretold apocalyptic event. Be it zombies, nuclear war or some kind of cataclysmic natural disaster that we should have seen coming, these stories nearly always focus on a few select survivors fighting to preserve some modicum of civility. In contrast to them however,

we always find the raiders and cannibals, people just doing what they feel they must in order to survive, and finding they actually enjoy it.

History sadly confirms this speculation. Settlers in Jamestown, Virginia ate their wives when food got scarce. Lynch mobs from the turn of the last century were not universally comprised of redneck, white trash, but often the likes of Mr. Rogers and the Waltons. Kitty Genovese was stabbed for half an hour in New York City while thirty-eight different people decided someone else should do something about it. The horror film industry makes millions off of normal people every year by portraying savagery so inhuman it would make the Romans with their bloody coliseum look away. It makes you wonder, given the circumstances and opportunity what you might actually be capable of.

How many of us are heroes under all this mess? Who among us is a good soul behind the fangs? Perhaps all this talk about our real self is just that: white noise blocking out the screams. Perhaps it's safer in our cubbyhole.

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—Do you have an opinion?—

Do you like to write those opinions down?

If you answered yes, then you are a perfect candidate for the Editorial Board!

If you are interested in joining, please e-mail mpitchfo@willamette.edu

Must be able to appreciate black, white, but not be afraid of other colors.

WE WANT PHOTOGRAPHERS.

for more information contact Colby Takeda at ctakeda@willamette.edu



If you don't want to miss out on football games and homecoming this fall remember to take care of your **WISDOM TEETH.**

Whether you can feel them or not, wisdom teeth are coming and you need to get them out. If you wait too long you could have pain or an infection, which would definitely ruin any extra-curricular activities you have planned. The best thing to do is take care of it now by contacting Dr. David Swiderski, at Mid-Valley OMS, for a wisdom tooth consultation before any pain or damage develops.

BRING THIS COUPON IN FOR A **FREE CONSULTATION**

EXPIRES DECEMBER 31, 2010

Dr. Swiderski is an Oral and Maxillofacial Surgeon who specializes in wisdom tooth extraction, trauma, reconstruction, and dental implants.

David C. Swiderski, DDS, MD

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